The Allied Guiding Minds of the World War

EFFICIENT HOUSEKEEPING

By Laura A. Kirkman.

TOMORROW'S MENU

Breakfast Peach Sauce Celery

Omelet

Luncheon Baked Beans Catsup Wholewheat Bread Celery

Dinner White Potato Soup Tuna Baked Dish Baked Sweet Potatoes Tomatoes au Gratin Cold Slaw

Pumpkin Pie

A Knitted Sleeveless Slip-On.

ing a seed st. Break off violet yarn. Now, using pumpkin color alone, increase one st. in every fifth st. across row (97 sts.) Work in stockinette st. (knit one row, purl one row) for eight inches. Join a ball of violet and with both colors work eleven sts. in seed st.; work centre sts. with pumpkin in stockinette st. Join ball of violet, work last eleven sts. in seed st.

st., across row, for five inches, form-

Repeat in this way for seven rows, then bind off six sts. each side. Continue as before, having border of five sts. each side, decreasing one st. each side by knitting together the first two pumpkin-color stitches and the last 2 pumpkin sts. every 2nd row 10 times. Then work straight till back measures 21 inches from bottom. Work 5 border sts. Twelve pumpkin in stockinette, thirty-one sts. with double yarn in seed st. joining extra ball of violet, 12 pumpkin stockinette, five border sts. Work seven rows, then bind off 21 sts. in centre, leaving five sts. each side for neck borders.

Slip the 22 sts. of first shoulder off into a holder. On the remaining 22

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sts. start front, continue as before with five border sts. each side and center 12 sts. in pumpkin stockinette. Increase one st. with pumpkin on the sixth st. from neck edge every sixth row eight times, then continue increasing on front edge every fourth row and at the same time increase on sixth st. from armhole edge every second row ten times.

Cast on six sts. with double yarn at underarm edge. Work armhole border same as back. When there are 56 sts. on needle, place on a stitch holder and make other side to correspond. Join, and cast on five sts. for center front.

Continue to work centre 15 sts. with double yarn in seed st. for seven rows. Work all sts. in pumpkin, in stockinette st., till even with the back to border. Then decrease by knitting together the fifth and sixth sts. across row 18 times (99 stitches). Work border, bind off. With double yarn slip st. around neck and armhole to prevent stretch-

All inquiries addressed to Miss Kirkman, in care of the "Efficient Housekeeping" department, will be answered in these columns in their To knit a size 36 sleeveless slip-on turn. This requires considerable sweater, buy two balls of pumpkin time, however, owing to the great color iceland yarn, one ball of violet number received. So if a personal or iceland yarn and a pair of number | quicker reply is desired, a stamped five needles, (Thirteen stitches make and self-addressed envelope must be two inches; seven rows make one enclosed with the question. Be sure With one strand of each to use YOUR full name, street numcolor, cast on 81 sts. K one st., P one ber, and the name of your city and -The Editor.

PHILIPSVILLE BUDGET.

Many Huntsmen Are Deer Hunting in That District.

Philipsville, Nov. 11.—Several carloads of huntsmen, including some of our villagers, have left on their way to camp, where they will engage in hunting at the north woods for a short period. Mr. and Mrs. Roderick Stevens and little daughter, Bernice, motored to Morton, on Sunday, and spent the day with relatives. M. Seeds, Toronto, was with Mrs. Chisholm over Thanksgiving. Miss Loreen Phelps, Delta, and friend, E. Taylor, Athens, called on friends in vollage on Sun-

A few young folks attended the dance in Portland on Friday evening. While others went to one held in Lyndhurst on the same evening. Miss Mamy Downey has returned son and Marshal Foch. home, after an extended visit with Brockville friends. Mrs. J. J. Mullville, Westport, was a guest of her Rev. Father Richard Carry will take daughter, Mrs. M. A. Myers, last his place.

also with Elgin friends. and fifty cents per dozen and are try. very scarce at present.

R. Myers, Moncton, N.B., made a Mrs. Mary Dwyre's. short visit with near relatives and left for Montreal where he is spending a few days at the Royal Victoria Hospital, before returning to his Masquerade Party at the Home of home, Miss Ersula McNamee, Toledo, called on friends here recently. Merton Denny, Detroit, Mich., is in nard Mills has returned home aftertown for a few days.

All are sorry to note that Rev. ter, at London, Ont. on Wednesday for Erinsville, and with Miss Bertha Scott, Westport,

Upper left, Georges Clemenceau; upper right, Lloyd George. Below, late Woodrow Wil-

to the northwest, drew a large crowd for treatment. Eggs are going locally at forty-five from here and the surrounding coun-

C. Topping, Elgin, has moved in Audrey Kenny were recent visitors Denison left on Monday for Toronto on Main street, and has taken up re- of Mrs. Fred Hutchings. Joseph Jor- to visit friends. sidence in the Baker house. Dr. A. dan, Elgin, was a Sunday visitor at

AT WILTON WEST.

Mrs. K. N. Storms. Wilton West, Nov. 5 .- Mrs. Ber-

spending a few weeks with her si.

the home of Mrs. K. N. Storms, in Miss Sharpe at Mrs. Bradshaw's; aid of the Women's Institute, Sun- Miss J. Reid at L. Innis'.

Mr. and Mrs. Hedley Babcock had tea at Mr. Harvey Mills' Sunday. Mr. and Mrs. W. F. Scott and son, Billie, have returned to their home in Geneva-after spending their vacation with the latter's parents,

Mr. and Mrs. John Frink. Mrs. O. Henderson and her mother spent Tuesday with Mrs. Earl Perry. The Ladies' Aid held their monthly meeting at the home of Mrs. A. W. Babcock Wednesday. A large number were present.

Mr. and Mrs. Sidney Little and son, Douglas, Bay View, Mr. and Mrs. Leonard Frink, and family, Harrowsmith, Mr. and Mrs. Harold Babcock, Wilton; Mr. David Frink and family, Maple avenue, spent Sunday the guests of Mr. and Mrs. John Frink.

Mr. Joseph Newman purchased a new car. The young people are practicing for a play to be given at the bazaar on Dec. 4th. Mr. and Mrs. Walter Frink, Collin's Bay, spent Friday with his brother, John



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Notes From Selby. SHAH SHORN.

Selby, Nov. 11 .- Quarterly service The farewell party given Mr. and was held in the United Church on Miss Josephine McBrady, Oshawa, Mrs. H. McKenny, Portland, on Mon- Sunday night. Miss Myrtle Coolidge spent the week-end at Peter Nolan's, day evening, before their departure is in the General Hospital, Kingston,

The W.C.T.U. ladies will meet in the church on Wednesday afternoon, Miss Inez Elliott and guest, Miss Mr. and Mrs. D. Denison and B.

Mr. and Mrs. Pringle and son and Mr. and Mrs. L. McCutcheon, spent Sunday in Napance, at Mr. Hall's. A number around here are on the sick list. Miss F. McCauley is visiting friends at Kingsford.

Mr. and Mrs. Tummon and children spent Monday with his parents, at Lata, Mrs. B. Martin spent a few days last week visiting her parents, at Thurlow. We are Forry to Father M. O'Hanlon, who has been Miss Hazel Frink has returned say F. Ballance is still quite ill, in this parish for nine years, leaves home, after spending the past week though better at time of writing. Visitors: Mr. and Mrs. W. Denison at D. Fitzpatrick's; Mrs. Schewer-A masquerade party was held at horn and Mrs. Fox and D. McKim's;

> Fully Explained. Little Eddie (with newspaper)-Mother, it says here that the baseball team won three games in succession. What's that mean?

Mrs. Highbrow-That means consecutively, dear.



Mrs. Frederick C. Nano, wife of the secretary of the Rumanian legation at Washington, has returned to the United States after visiting her home. She is considered the most beautiful wife in the diplomatic corps.



The National Assembly of Persia has just adopted a resolution deposing their ruler, Shah Ahmaed, above, in favor of Premier Reza Khan. The overthrow of the Kajar dynasty, which has ruled Persia for sult of Shah Ahmaed's refusal

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