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CROSS-WORD PUZZLE
Bordering this puzzle are four 16-letter words. Many of their letters are unkeyed, to make it more difficult. But here is a hint. Each of these words commences with "S."
Horizontal.
1. Those who believe in special ceremonies conducted by the church for spiritual benefits.
12. Before.
13. Regions.
14. Tiny green vegetable.
15. Less common.
17. To knock.
18. Luster.
20. Half an em.
21. Minute openings of the skin.
22. Dainty.
23. Indian who dwelled in Utah.
25. Scarlet.
26. Obese.
27. Slave.
29. Evergreens.
30. Exclamation of inquiry.
32. Very small brook.
34. To lease.
35. Part of verb to be.
36. To assist.
37. Fastening with spikes.
38. Self.
39. To exist.
40. Box for sacred utensils.
41. Maple tree.
43. Upon.
44. Prohoun meaning two only.
46. Eons.
48. One in cards.
49. To dine.
51. To drink slowly.
52. Behold.
53. Quiet.
54. Therefor.
55. Theme.
57. Unit.
Vertical.
1. Usefulness.
2. Constellation.
3. Large cactus plant.
4. Mother.
5. Mistake.
6. Closer.
7. Insulated.
8. Like.
9. Kind of wheat (pl.).
10. Tiny gift mowed.
11. Piously (in a hypocritical fashion).
16. To come in.
19. Blood pump.
24. Basic arsenate of copper.
26. Handles.
28. Sudden burst of light.
29. Wall surrounding a field.
31. To hasten.
33. Kindled.
34. Inlet.
35. Time past.
40. Beverage.
42. To lift.
44. Oleoresin.
45. Fowl.
47. Pertaining to fern seeds.
49. Tempest.
50. To fold cloth in even folds.
56. Emissary.
59. Nothing.
61. To accomplish.
62. Third note in scale.

HEARTS ADRIFT
By Mildred Barbour.
"NOW WE'LL SEE!" The pretty wait to whose assistance Patterson had come, swayed against him in the taxi and murmured plaintively:
"I'm so cold and I feel dreadfully ill really. I simply can't go on riding like this. What are we going to do?"
He thought for a while grimly and reached a decision which was the last thing he desired, but there seemed no alternative.
"I have an apartment. It's a bachelor affair, therefore, there will be no woman to look after you, but if you will again trust yourself to me, I will take you there and you can lie down until you feel better. Please understand my motive and don't be afraid of me."
She was too miserable to have any suspicion and she agreed without demur.
He decided grimly that he must go through with it, distasteful as the whole proceeding was. He was used to rescuing outcasts, doing what he could to help unfortunates, but he did not quite relish the idea of taking this strange girl to his apartment at that hour. For himself he did not mind, but he wondered what fresh indiscretion would be added to the list against her if she should be seen going there or coming out.
Nevertheless he did it!
Fifteen minutes later, she was comfortably tucked up on a couch which he had drawn before the fire. He had covered her with a robe, but she lay still huddled in her fur wrap, through whose opened collar he could see the lowest bodice of an evening gown.
He brewed her hot coffee and

HEARTS ADRIFT
Answer To Friday's Crossword Puzzle.
DIPNAPKERS AILS
PINKEEPERS T
OF THE EAT DO
PEW LEADED LEA
TOM SLED GAD
GROUP OF LODES
LO DEEEMED NO
EN DROWNING DO
FACET OD CEVEN
SIP DOER SIN
HAL SADDER ATE
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suggested pain. "I knew what I was doing. I have known it for a long time and have done it deliberately."
Seated in a chair beside her, before the cheerful fire, with a cigarette between his fingers, he studied her gravely.
She moved a little restlessly under his scrutiny and he noted that tears had welled in her eyes and threatened to run down her cheeks.
"You don't seem very happy about it," he said at last. "If you know you are not doing the square thing and you regret it, why do it?"
She thought this over for a while. Finally she said:
"I dare say you are right, but you see, I haven't much chance. Fate decided things for me. I haven't anything in the world to live for or be true to. I used to loathe girls who drank and smoked and went to wild parties, as I do. But that was a long time ago." she ended with a curious reminiscent little smile.
"Aren't you very young to be so cynical?" he countered, "too young to decide whether or not fate has taken everything from you?"
"I don't feel young," she answered with a shrug. "I used to think that nothing could down you if you had the courage to get up and try again, but I have tried it and have failed at every attempt. When I turn the other cheek, it's only for a fresh knock."
"Then you must have been uniquely unfortunate," he told her. "I have known people much older than you and much more unfortunate who succeeded in finding something worth while."
She lifted herself on one elbow. "Then I'll show you what I mean—or rather I'll let you prove it to me and yourself. Do you know who I am? I am the sister of the notorious Madge Bannister—the woman who ran away several years ago with a man named Cartwright. You must have heard of the story. Even people in South America know of it." Her lips twisted bitterly. "Now tell me what you want to say to me. Now we will see how your chivalry will stand up before that knowledge. I am Lila Demerest, I tell you, the sister of Madge Bannister. The whole town knows me!"
(To be Continued)

PNEUMONIA
By Dr. Hugh C. Cummings.
Pneumonia causes about one-tenth of all deaths in this part of the world. Pneumonia stands second on the list of diseases arranged in order of the number of deaths caused and is surpassed only by heart disease.
The term pneumonia includes two chief types of inflammation of the lungs. These types are bronchial pneumonia, which is more prevalent at the extremes of life, that is, during youth and old age, and lobar pneumonia, more prevalent among persons in middle life.
From the age of five to adolescence, pneumonia is relatively uncommon and by comparison often mild, but beginning with adult life pneumonia exhibits a steadily increasing severity until in the very old it becomes nearly always fatal. It is strikingly a disease of the cold months.
Pneumonia is a germ disease. Several kinds of bacteria are capable of producing pneumonia. These same kinds of bacteria may be found in the mouths, noses and throats of persons who are apparently in perfect health. Indeed, some of these bacteria are found so commonly in the nose, mouth and throat as to be regarded as the normal inhabitants of these places.
It has been found that the apparently harmless germs taken from the throat of healthy persons are nevertheless deadly to species of animals which have feeble powers of resistance, which fact teaches us that people who are in a debilitated or "run down" condition are more susceptible to pneumonia.
Measles, whooping cough, influenza and other infections very frequently prepare for the development of pneumonia by lowering the resistance of the person to the bacteria already present in his mouth and throat or those brought to him by others.
Severe chilling of the body from sitting in a draft while overheated, or falling into cold water, may profoundly affect the circulation of the blood through the lungs and permit these germs, known as the pneumococci, to gain a foothold there.
Breathing irritating gases or dust may possibly accomplish the same result.
We should always regard the pneumonia patient as dangerous to other persons and should disinfect the discharges from his mouth or nose and all other articles used by him at the bedside.
The bulk of preventive measures must, however, be directed against the predisposing causes. Do not consider yourself so strong, and so hardy that you can afford to sit in a cold draft when you are overheated or dispense with an overcoat on long cold rides. If such exposure has been unavoidable do your best to restore a normal condition of circulation before you go to bed. A warm drink, a bath, a rubdown and warm, dry clothing may readily make the difference between continued health and an attack of pneumonia.
Try to keep yourself fit by the rational use of air, food, sunlight, work, recreation and sleep. If you are attacked by any disease which is accompanied by fever, go to bed at once.
An important factor in preventing pneumonia is the avoidance of other acute infectious diseases.
It is as bad to be wrong at the right time as it is to be right at the wrong time.

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Pale, Tired Mothers Should Beware of Chronic Fatigue
Many a discouraged mother thinks that her thin, pale, tired-out condition is due to exhausting housework and care of children—when as a matter of fact the real cause of all her distressing ailments is chronic fatigue.
Don't confuse chronic fatigue with the ordinary fatigue you feel after a good long walk. Chronic fatigue comes from within. Your organs and muscles have become debilitated due to lack of sufficient organic iron in your blood. To conquer chronic fatigue you must strengthen your system by restoring this organic iron to your blood. But don't take the older mineral iron medicines which many doctors now say do little good. Take organic iron—Nuxated Iron—which is like the iron in your blood and like that in spinach and lentils. Unlike ordinary mineral iron it will not injure the teeth or disturb the stomach, but is promptly assimilated.
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