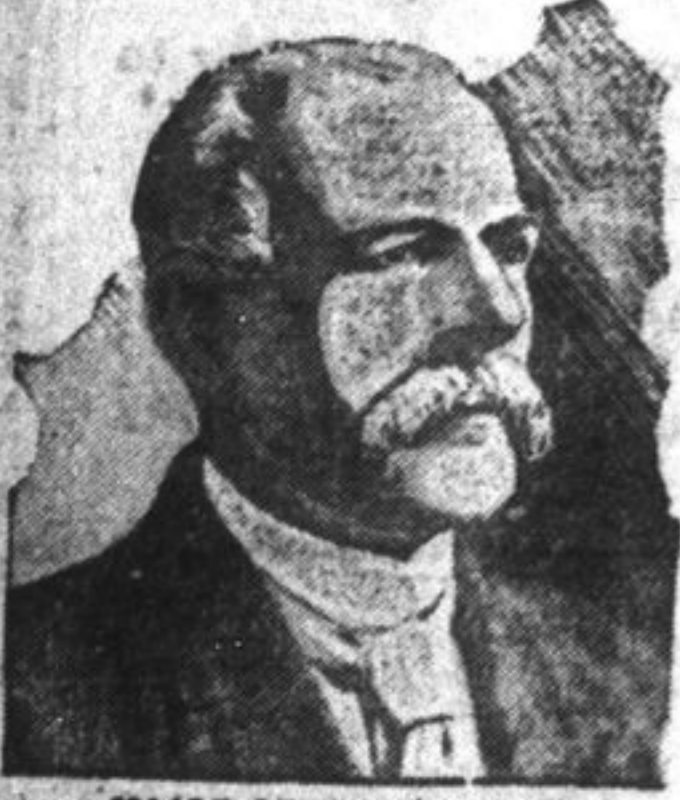


CRIMEAN VETERAN TELLS THE STORY

BROUGHT BACK TO HEALTH BY "FRUIT-A-LIVES"



MAJOR GEORGE WALKER

I am a veteran of the Crimean War and Indian Mutiny, having served under Lord Roberts. Pierce hand-to-hand fighting and continual exposure left me a great sufferer from Rheumatism, so much so, that my legs swelled up, making it impossible for me to walk.

SALE OF WALL PAPER

We have decided to clear out our stock of choice Wall Paper at SACRIFICE PRICES.

W. G. VEALE 314 BARRIE STREET

THE COACH'S JOB

Something of the taskmaster, the general and the diplomat, and a lot of the doctor must be hidden away in the man who would be the coach of a successful football or track team.

TROUBLED WITH ECZEMA 3 YEARS

Scalp Inflamed. Hair Fell Out. Cuticura Heals.

My daughter was troubled with eczema for three years. It broke out on the back of her head and her hair all fell out.

Will the Eyes of Children Change?

Not at all likely. An error of vision caused by an abnormal shape or size of the eyes will never change of itself.

Ontario Holsteins Do Well

The Ontario herd of Holsteins at the U.S. National Dairy Show, held recently at Indianapolis, maintained the high reputation already secured for the cattle of this province at former shows.

WHERE DID YOU COME FROM?

George Macdonald. Where did you come from, baby dear? Out of the everywhere into here.

Do you know that wheat grown under irrigation has a lower protein content than wheat grown with no irrigation?

NEWS OF THE FARM

Still Busy in the Fields—Ontario Holsteins Do Well—Potato Prices Stiffen—Poultry Gossip.

In the old days Ontario farmers at this time of year, with their live stock in the stable, their barns and cellars full, would be toasting their feet before the fire between morning and evening chores, but to-day with farming becoming more diversified there is still plenty of work outside.

This, it is claimed, will give rapid relief. There is still discussion as to the wisdom of pasturing alfalfa, but it is done by many good farmers with apparent success.

Potato Prices Stiffen. With the certainty of a much smaller crop of potatoes in Eastern Canada this year than last, and large orders being received for export to Cuba and the United States, potato prices are rising.

Poultry Gossip. There is a fortune waiting for the man who will take the White Plymouth Rock and breed high producing flocks of O.A.C. with stabling.

Put Garden in Shape. Gardeners are advised to get their land in shape for the winter. The vegetable plot should be dug, incorporating all tops and other refuse with the soil.

In Plowing Down Alfalfa. Farmers who are having their first experience with alfalfa, will find plowing under of this crop rather a hard proposition. The roots are strong and penetrate the soil to a depth of five or six feet.

International Plowing Match. The International Plowing Match at Brockville last week brought out a crowd of 30,000 during the five day contest. Most of the visitors were farmers and came in automobiles, 1,800 cars being parked on the grounds on the biggest day alone.

Ontario Holsteins Do Well. The Ontario herd of Holsteins at the U.S. National Dairy Show, held recently at Indianapolis, maintained the high reputation already secured for the cattle of this province at former shows.

A remedy for bloat. During the past few weeks there have been many reports of losses of cattle from bloat. Some farmers are blaming the deaths on frozen grass in the pasture fields, others on alfalfa.

DODD'S KIDNEY PILLS advertisement with logo and text: 'DODD'S KIDNEY PILLS' and 'THE GREAT KIDNEY PILLS'.

KINGSTON POULTRY FAIR

NOVEMBER 24-25

Cash for Your Poultry of all Kinds AT ARMOURIES

UNDER COVER IF WEATHER IS WET

PRIZES

- 1ST.—BEST QUALITY BY ONE PRODUCER. 2ND.—PARTY COMING LONGEST DISTANCE. 3RD.—LARGEST DELIVERY FROM ONE PRODUCER.

BUYERS FROM ALL LARGE CENTRES

Auspices Agricultural Committee, Kingston Board of Trade.

For further information apply:

- J. S. SIBBITT, Chairman, Agri. Com. JAS. W. BELL, Supt. Poultry Fair. H. D. WIGHTMAN, Sec. Board of Trade.

It's Concentration That Counts IN ALL MARKETS

In every line of endeavor concentration is the one vital force which spells success—and particularly is it so in sales and advertising. To win and hold all markets, concentration must be made in each market, distribution as well as consumer appeal must be thorough.

The Backbone of Ontario IS THE PROVINCIAL CITIES

It is the Provincial cities of Ontario that form the backbone of Ontario, where home life is at its best, and the people live well and happily. They enjoy the best things of life, are interested in new food products, automobiles, luxuries.

The Provincial "Backbone" Markets of Ontario

Each of the Newspapers Thoroughly Covers Its Own Field

Table with 3 columns: City, Population, Paper. Lists cities like Kingston, Kitchener, Lindsay, etc., with their respective populations and newspapers.

Do you know that wheat grown under irrigation has a lower protein content than wheat grown with no irrigation? A Massachusetts farmer in 1790 and operate his farm; all other spent only \$7 to maintain his family; sentials were made on the farm.