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Try these sugar coated tasteless tablets for 20 days—if they don't help greatly get your money back. One woman gained ten pounds in twenty-two days. Sixty tablets, sixty cents, and money back if not satisfied. Ask Jas. B. McLeod, Mahood's Drug Store, Branigan's Drug Store or any druggist for McCoy's Cod Liver Extract Tablets. Directions and formula on each box.

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Don't Suffer With Itching Rashes Use Cuticura

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News From District Places

A MOVING PICTURE MACHINE AT DELTA

The Teachers Are Purchasing It for the Benefit of the Community.

Delta, Oct. 8.—Mrs. Juby and daughter, Mary Elizabeth, of Watertown, N.Y., are with her parents, Mr. and Mrs. LaFleshe. Mr. A. Armstrong, Mallorytown, was the guest of Mr. and Mrs. B. B. Ostrom. Mrs. Thomas Grant was in Brockville for a week visiting friends there. Mrs. Mackie, Smith's Falls, was recently a guest of her sister, Mrs. William Stafford.

Miss Luella and Irene Baker were in Kingston last week. Mr. and Mrs. H. M. Kilbourn were week-end guests in Brockville at their daughter's, Mrs. D. Kelsey, Gerald Phelps, Brockville, was at his parents over the week-end. Mrs. Black and Mrs. Dennisoff, Westport, were at Mr. and Mrs. William Burns', also Mr. Andrew and Mr. Kenny, Marlbank and Ivy Lea.

THE INTERNATIONAL PLOWING CONTEST

To Be Held at Brockville—Some Points Are Given for Benefit of Plowmen.

A large number of entries have been received for the international plowing match to be held at Brockville on October 13th, 14th, 15th and 16th, and many more are expected before the entries close. The programme will include the following events: Farm machinery demonstrations; Leeds and Grenville county and township competitions; team drawing contest, open only to team plowing from Leeds and Grenville counties; tractor special; single and double furrow plowing competitions in stubble; tractor plowing; machinery demonstrations; team drawing contest, open to teams weighing not over 3,000 pounds; plowing with oxen; walking plow competitions in sod; tractor plowing competitions, open to all; special time horse plowing oxen plowing competition and a banquet on the night of Friday, 16th.

The land on which the match is held will be staked off and each contestant will be allotted his space by ballot. The first important step is the setting up of his stakes and a stake every five or six rods is about right. The next step is to make a pair of scratches where the first two crown furrows are to rest. The first scratch is, of course, made to the line of stakes already set, and it is only a scratch, not a furrow. Then it is well to re-set the stakes where the second scratch is made on the return. The purpose of the scratch is to make a groove so the first pair of crown furrows will turn smoothly. The material turned up from the scratches should be firmly tamped in the centre as it will smooth vegetation and provide a rest for the first pair of crown furrows. The distance apart for the scratches vary with the make of the plow and the condition of the soil. Using a plow such as a Fluery No. 21, about 24 inches apart is the proper width for scratches, while with a narrow plow 22 inches is about right.

If the scratches are too narrow the first pair of crown furrows will crowd and set too high; if the scratches are too wide the furrows will not meet properly and lie loose and open. The straightest scratch should be selected to start plowing on.

The first pair of furrows should not be heavy, and an inch or two narrower than the width used on the land. The second pair of furrows must be a trifle wider than the first, so they will lie up even and level with the first pair of crown furrows. It is in the third pair of furrows that the plowman regulates the width and depth for the balance of his land and it is those first six heavy furrows constitute the crown, and should be perfectly level if a straight-edge were laid across them. Great care should be taken to have a level tidy crown, as it is much easier to bring the body of the land up on a level with the crown. A heavy crown and a slack hand will be scored heavily. Beginners usually plow too wide and too deep, but the habit can easily be overcome. The rules of the match will be after six heavy rounds the plowman begins to ease away on his neighbors' land, and measurements should be taken frequently to have the finish turn of the proper width.

A good steady team equipped with rope lines and checked from bit to hame ring on the inside, gives the plowman more control of his team. A double tree too long should be avoided.

REPAIRING ROADS OUT AROUND ODESSA

The County Outfit Is Busily Engaged—Some Notes of Interest.

Yarker, Oct. 8.—The county road outfit is repairing the road. Repairs are very much needed between Yarker and Colebrook. A runaway car struck the Yarker bridge, bending the iron work badly. M. Foster is again able to look after his garage work after a recent illness. Rev. Mr. Crawford, of the Standard church, is attending a conference at Brockville. Mrs. (Rev.) James Bristowe, Selby, has been the guest of Mrs. (Dr.) Oldham for the past week.

Mr. Walroth and family, Harrow- 10, intend moving to Yarker, having rented the Edna Dupuis residence. Elwood Holland, Rochester, N.Y., was home over Sunday. The stork called on Mrs. James Pero and left a fine baby girl. George Woodhouse is able to resume his work on the C.N.R. William Warren, Kingston, is here for a few days' visit. Mrs. A. Connolly left for a visit with friends in Montreal.

Mr. Burke and S. Connolly and their wives, who were here attending the funeral of the late Mrs. J. A. Connolly, left for their homes in Montreal. Mr. Ferrier attended the bankers' meeting in Toronto.

Work has been commenced on the extension of the league hall. The Ladies' Aid bears the expense of this work. The rains are holding back the harvest of buckwheat.

Roy Skinner and family, Toronto, motored to Yarker and are spending a few days at the home of S. Winter. Mrs. H. Deane, Toronto, is home with her mother, Mrs. A. M. Montgomery, for a few days. Mr. Whalen, arriving from Regina, Sask., reports winter as having set in there. Merchants report business as quiet in the country. The pheasants liberated by Russell Smith and James Smith are seen flying around the village and are very tame.

CAMDEN EAST NEWS.

A Lad Was Kicked on the Face by a Horse.

Camden East, Oct. 8.—School was closed Thursday and Friday for the teachers' excursion to Ottawa. Those going from here were Misses Higgins, Alkenbrack and Macdonald. A. Alkenbrack has had his residence repainted and is also having the barn done. Mrs. D. B. Amey has returned home after being ill at her mother's, Mrs. W. Bell, Desmond, for over three weeks.

Mrs. Bruce Saunderson and little son returned home on Friday after spending several days at her parents, Mr. and Mrs. J. Yeomans. Mrs. McKown and son, Ottawa, at her sister's Mrs. W. Gehan. Miss Martin is at home again having spent about three months with her brother, Harry Martin and family.

Mr. and Mrs. Walter Silver and two children, Switzerville, at his sister's, Mrs. C. Wright, on Sunday. Mr. and Mrs. Fred Switzer and children, Desmond, at J. Yeomans' on Sunday. Mrs. J. W. Perry left, on Monday, to visit her sister-in-law, Mrs. Will Galbraith at Peterboro. Before her return she intends motoring to Toronto and spending a few days there also.

Mr. and Mrs. Tison left, on Tuesday morning, to spend ten days with friends in Toronto. R. W. Saul has secured the contract of painting the bridge at Colebrook. Mr. and Mrs. A. Embury and Thora, Mr. and Mrs. C. Snider and Mr. and Mrs. G. Hawley were visitors at Mrs. J. McGarvey's recently. Lorne Williams was kicked on the face by a horse, on Sunday morning. Mr. and Mrs. George Black returned home, on Tuesday evening, after spending a month with her niece, Mrs. Dr. Huxtable in New York state.

OUT OUR WAY.

Call to Dr. Watt Smith. A largely attended meeting of the United Church of Canada was held at Bristol, Que., at which a hearty call was extended to Rev. Dr. Watt Smith, Ottawa, formerly of Glen-garry. Representatives were present from Knox Church, Bristol, and Bristol Prick Church. Rev. G. A. Macdonald, the moderator, presided.

WELSH COAL

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DEFIES DENTISTS



Although John McGee of Superior, Wis., will be 100 next June, there isn't a false tooth in his mouth. He has smoked since he was a boy and attributes his longevity to the fact that he never bothered about "balanced diets."

Central American Indians were using rubber to make balls and rubber dolls as far back as 600 A.D.

A 12-inch phonograph record that will play 100 minutes has been invented in Germany.

OUT OUR WAY.

By Williams



WAY MOTHERS GET GRAY.