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On 20 Payment Life Policies is paying this year at the option of the policyholder the following total cash values per \$1,000 of insurance on policies issued 20 years ago, at the following ages:

Age 21 \$ 729.57 950.82 40 1048.64 45 1148.61 51 1292,07 For rates and information on

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Quality Black Tea Guaranteed to please, lb. . 62c.

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1,000 doz. sweet, good size, dozen 20c. Shiriff's Marmalade, 4s. . 69c. Pastry Flour, 24 lbs. . . \$1.16

TUESDAY

Granulated Sugar, 10 lbs. 67c. Certo, Parawax, Metal and Rubber Rings, Sealers, Pickling

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House Wiring and Repairing

All Kinds of Electric Apparatus

Satisfaction guaranteed. Best work at reasonable prices. "THE DOWN TOWN ELECTRIC STORE"

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Accurate eye examination, glasses designed, fitted and adjusted by a Kingston OLD BOY expert. ALL for the price of the GLASSES CONSULT:-

188 WELLINGTON STREET 'PHONE 2201

Official Opening of Kingston's Motor Camp At Lake Ontario Park on Monday Evening

Kiwanis Club Presents Camp With Sixty-foot Steel Flag Pole, Union Jack and an Attractive Sign Board.

monies followed supper in the pa- varieties of shelter, testified to Mr.

ing many ladies (as it was Ladies' ston's American guests. Duets by the president and Matthew the flag. Hanson, and by W. Y. Mills and President Moore asked if any Mayor Angrove were immensely en- American visitors would like Wightman, were welcome guests.

motor camp for the opening cere-then sung. monies, to which the public had been The Kiwanians and their lady invited. In a short address President friends then adjourned to the pa-Moore reviewed the history of the vilion for the concluding item of the camp and described what the Ki- evening, dancing.

The official opening of Kingston's | wanis Club had done in the way of new motor camp at Lake Ontario the flag-pole, flag and sign-board. Park took place Monday evening. That the camp had proven to be im-It was the occasion for the Kingston attendance figures. Up to date 756 Kiwanis Club to present to the camp cars had stopped at the camp. They a sixty-foot steel flag-pole, a large averaged four persons each, bring-Union Jack and an attractive sign- ing the total of visitors to nearly board advertising prominent King- three thousand. The many autos ston merchants. The Club held its from many states, drawn up about meeting at the Park and the cere- the camp, amidst tents and other

The flag-pole has been erected on | The gift of the flag-pole, etc., was the crest of the hill over-looking the received on behalf of the Kingston lake and the bay with Sandy Bottom Automobile Club by Kiwanian W. Y. in the distance. It is said that the Mills, a director of the motor club, flag can be seen, from the Bath who thanked the Kiwanians for the Road. The large sign-board is near-interest their club had shown in the camp. The Union Jack would extend About one hundred guests, includ- a hearty British welcome to King-

Night) sat down to supper in the Mayor Angrove was, then called pavilion. An excellent repast, cold on. On behalf of the people of Kingchicken being a feature, was served ston he thanked the Kiwanis Club by Caterers Arneil and Hambrook. for what they had done for the city President William Moore was in the in the past three years, mentioning chair, and Garnet Lockett and Dr. particularly their looking after the Jack Broom led in the singing, poor in the winter. Then he raised

joyed. An excellent boost was put on speak and Kiwanian L. Tucker, of by | Stewart Crawford, of "Good St. Petersburg, Fla., responded. He Things to Eat" fame. The twelve was very pleased to be present at prizes of pots of jam, etc., were won such a ceremony and he brought by the ladies. Mayor Angrove, H. D. greetings from the club of his dis-Wightman, secretary of the King- tant city to the Kingston Kiwanis ston Automobile Club, and Mrs. Club. President Moore replied by extending greetings to the St. Peters-At 7.30 the Club adjourned to the burg Club. The National Anthem was

THE COMMON WEEDS CAUSE OF SUFFERING

Give Many People Hay Fever -They Should be Early Destroyed.

Hay fever is a catarrhal affection of the mucous membrane of the upper respiratory tract. It is a condition of hypersensitiveness to pollen proteins and is produced primarily preventing them from reaching the by the breathing in of wind borne

The development of hay fever about having time led to the belief that hay was the cause of this condition and it was not until 1870 that the relation of pollen to hay fever was established.

agreed that while there are many na west at 8.10 p.m. plants whose pollen may cause hay fever when applied to the nostrils, only those pollens which float in the air and can reach the nostrils in the responsible for this condition.

It appears also that hay fever in different individuals varies not only tia is at the causeway awaiting orin degree but also in the character ders. of the sensitivity. Although wind borne pollen is so widely distributed that the mucus membranes of every person come in contact with it, yet only those who are sensitized develop

are not sensitive to the pollen of quired. grasses and rag weed. There are still others who react in various degrees to all of these pollens.

well established that hay fever caused by the breathing in of wind borne pollens only, certain flowers and plants hitherto considered on the hay fever blacklist may now be restored to popular favor.

Those plants and flowers which are pollenated by certain insects. such as the goldenrod, the honeysuckle, the lily of the valley, the daisy, the chrysanthemum and the rose, are no longer considered to be important causative factors in hay fever. The disturbing groups are trees, grasses, goose-foots, amaranths, docks, rag weeds and worm-

The type of hay fever which begins in April and extends through May. June and July, is probably caused principally by the pollens of the grasses. In the east, red top it sometimes the offender but more particularly timothy and June grass. In the middle west, June grass and sweet vernal grass are the principal hay fever producers during these

Summer hay fever, which begins in June and extends through July and August, to September, is caused largely by the goose-foots, docks and amaranths. These groups are minor causes of hay fever in many states but are important principal causes of hay fever in some.

The type of hay fever which begins in August and continues until the first frost is caused largely by the pollen from the rag weed, which is found in nearly all sections of the

Investigations would tend to show that the most severe cases of spring hay fever occurring in the eastern part of the country are caused largely by the pollen of timothy. It has been estimated that between 80 and 90 per cent of the cases of hay fever that occur in the east are caused in the spring by the pollen of timothy and in the fall by the pollen of rag weed.

When we realize the very considerable number of people affected

with hay fever and the great suffering which it entails, we can appreciate the importance of concerted efforts to prevent this disease. The first important step in the work of prevention is the education of the public in the responsibility of the pollens of certain weeds for causing hay fever. When the public realizes that the common weeds are the cause of suffering to many people who may be living at a distance it will view these weeds from a new angle and will make use of one of the many ways of destroying them or at least stage of pollenation.

IN MARINE CIRCLES

Clearances on Monday-John Investigators are now largely Richards east at 5.40 p.m.; Corun-

Clearances on Tuesday-Pinebay west at 4.45 a.m.; Bert Barnes for Fairhaven this afternoon; Pat Doris for Oswego this afternoon; course of all pormal breathing are government tug Loretta for Ottawa

The government steamers Concre-

The schooner Mary A. Daryaw is unloading coal at Grove Inn. The steamer Glenella is in dry dock undergoing repairs.

The tug salvage Prince, of the Also, there are people who are assisted in pulling off the Steamer sensitive to the pollen of the rag Rein, a Norwegian boat which went weed and are not sensitive to the ashore on Carleton Island, and was pollen of grasses. Other people re- released Sunday morning. It was a act to the pollen of wormwood but heavy pull and two tugs were re-

The more a man goes around in Since the fact is now generally the world the less cranky he be-

A bachelor calls it "single blessedness" when he wants to marry

Now is the time to buy your furniture at James Reid's August sale.

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TOYS

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Gold Dollar Silk Hose-\$1.50 value for

Eiderdown Comforters

Just received a new shipment of the celebrated McLintock's Eiderdown Comforters direct from the manufacturer in England. They come with beautiful Sateen or Satin Coverings in panel effects or with Medallion centres, with deep borders, in plain colors to match. All prices.

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New arrivals in all pure wool Bed Covers, in pretty Plaids and Stripes, in all colors, with silk bound ends. Priced \$7.50 to \$12.50 each.

PURE WOOL AUTO RUGS

O. V. all pure wool Auto Rugs-pretty plaids in light or dark colors. Good, large sizes with hemmed or fringed ends. Priced \$5.00 each up.

PURE WOOL BLANKETS-all colors.

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THE ALWAYS BUSY STORE

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Rotary Club Activities.

The regular meeting of the Rotary Club will be held on Friday at the British American Hotel but on Tuesday of next week the members of Kiwanis will join with Rotary at the British-American when the speaker on that day will be Judge Fitch of Canandaigua, N.Y. subject will be "Boys."

On Wednesday some of the members of the local club will go to Alexandria Bay to take part in the big Rotary picnic that is being held there by some of the clubs of this district. A boat is to leave the waterworks wharf at ten o'clock Wednesday morning and it is thought Murphy; 3, Gordon Douglas and Miss that many of the local club and their wives and friends will be on

UNDAUNTED



AMERICAN CANOE RACES

The Results of the Contests Held at Sugar Island Gananoque, Aug. 18-The races in connection with the American Canoe Association Camp at Sugar Island were held on Saturday afternoon and

attracted a large crowd. Following are the results: Four Single Blade, 1/2 mile, 1, Pendleton Crew, New York; Reidel, Remignanti, Schmidt, Berg; 2, Syracuse Crew, Heilder, Klein, Fix, Ireland; 3, Chicago Crew, Marshall, Eberson,

Guggin, Smith. Tandem Single Blade, Cruising Class, 1, Hutchins and Vogel; 2, Marshall and Smith; 3, M. A. Shopp. Paddling Trophy, 1 mile racing class 1, Reidel; 2, Smith; 3, G. Thomson.

Tandem Double Blade, 1/2 mile cruis-

ing class, 1, Douglas and Kempson; 2, Murphy and Jacobsen; 3, Warner and Sternkopf. One Man Single Blade, Junior 1/2

mile racing class, 1, Marshall; 2, Berg; Mixed Tandem Single Blade 1-4 mile single blade, 1, A. E. Ireland and Miss E. Forsythe; 2, Smith and Miss

Tandem Single Blade Junior, 1/2 mile . Marshall and Smith; 2, Heilder and

One Man-Double Blade, 1/2 mile cruising class, 1, Warner; 2, Hutchins; 3, Sternkopf-One Man Double Blades, 1/2 mile 1, Reidel; 2, Berg; 3, Franke.

One Man Single Blade, Senior, mile, 1, Marshall; 2, Smith; 3, A, E. Mixed Tandem-Double Blade, 1-4 mile cruising class, 1, Reidel and Miss Betty Phillips; 2, Hutchins and Miss

Murphy; 3, M. A. Shoppe and Mrs. Club Four, Double Blade, 1, New York, Pendleton Crew, Reidel, Remignanti, Schmidt, Berg; 2, Syracuse, Leakey, Murphy, Schroppe; 3, Chicago Crew-Warner, Vogel, Sneider, Stern-

SENTENCED FOR THEFT.

Cornwall Boy Had Stolen Belonging of Tourists.

Cornwall, Aug. 18 .- An eighteenyear-old lad named Riley Roach was yesterday sentenced by Police Magistrate Cline to not less than one year nor more than eighteen months in the Ontario Reformatory for stealing belongings from the cars of Hugh L. Dickson, Los Angeles at- tourists. A party of tourists from orney, lost both hands in a railway Dorchester, Mass., left their car outaccident thirty-six years ago. But side the home of local friends who he never let that stop him, and now they were calling on, and when they he's not only one of the city's lead- returned to their auto an hour later. ing lawyers—he can use a typewrit- a suitcase was missing, the contents he located the goods and arrested

Real Estate

\$7,000-Johnson Street, de tached brick dwelling, stone foundation, hot water heating, 8 rooms, 3 piece bathroom, electric lights and gas, in desirable location.

\$4,400-Earl Street, detached brick bungalou, 6 rooms, 3 piece bath, fireplace, hardwood floors, not air heating, electric lights, new and mod ern in every way.

\$3,200-Montreal St., double brick dwellings, 7 rooms each, electric lights, bath, rents \$450 per annum. Easy terms if desired. Money to loan.

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er, roll his own. cigarettes, shave of which were valued at over \$300. the boy. Roach also stole a cont himself and drive his own automo- The theft was reported to Chief from a Buffalo car in another sec-Seymour, and after working quietly tion of the town.