

NOW IS A GOOD TIME

to do that shingling job. We can supply all kinds of Cedar Shingles. Also Asphalt Slate-Surfaced Shingles and Rolls.

ALLAN LUMBER CO.
Victoria Street, near Union. Phone 1042

PORTABLE PHONOGRAPHS, \$35
Leatherette Covered Case—plays all Records
THE MELODY SHOPPE
OPPOSITE GRAND OPERA HOUSE PHONE 153.

House Wiring and Repairing

All Kinds of Electric Apparatus
Satisfaction guaranteed. Best work at reasonable prices.
"THE DOWN TOWN ELECTRIC STORE"
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Corner King and Princess Streets. Phone 94.

FOR SALE

BUNGALOW—4 rooms and shed, oak floors, good cellar, buffet, verandah, fine lot with extra driveway. Albert Street, near Princess. Price \$2,000. Terms.

M. B. TRUMPOUR

Phone 704 or 2072w. 270 PRINCESS ST.

Get Ready for Preserving Time

It's none too early to lay in your supplies. We have large assortments of everything you'll need for preserving time—Kettles, Pots, Strainers, Ladles, Funnels, Canning Racks, Enameled and Aluminum ware.

Stevenson & Hunter
85-87 PRINCESS STREET, TINSMITHS AND PLUMBERS.

Summer Furniture



RATTAN CHAIRS—Fumed or Walnut finish, upholstered Spring Seats—
\$10.50, \$12.50, \$15.00 to \$30.00

CAMP CHAIRS, Camp Stools, Steel Cots and Mattresses.

VERANDAH CHAIRS—in Golden—
\$2.50, \$3.50 and \$5.00

HAMMOCK COUCHES.

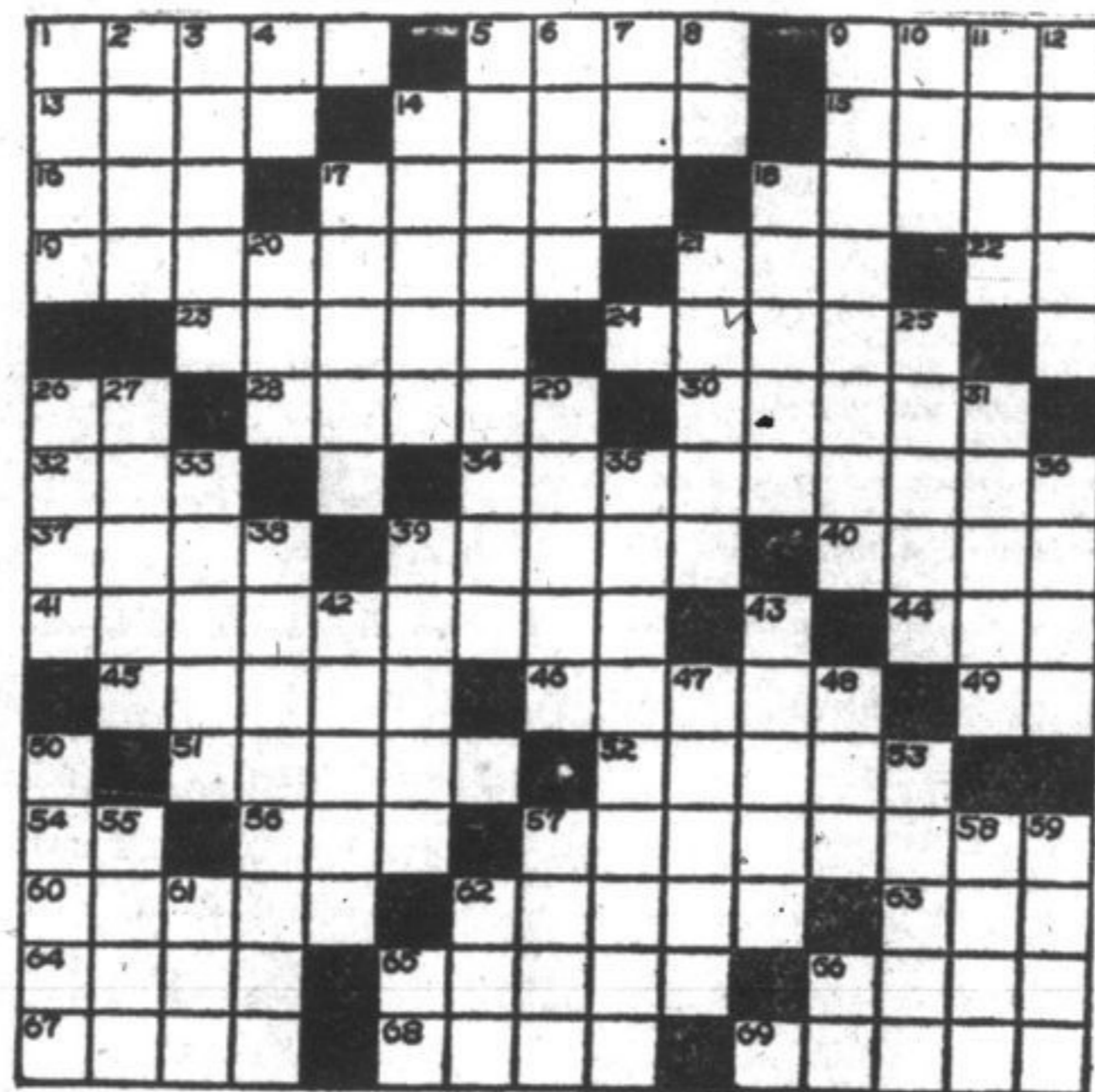
Robt. J. Reid

Funeral Service. Ambulance 577.

Henry Ford has offered \$1,706,000 for the 200 U.S. Shipping Board vessels set aside for scrapping. British Admiralty and Winston Churchill are in conflict over the former's crabs-building plans.

CROSS-WORD PUZZLE

Here's a puzzle with a good word collection. You won't have any trouble for all the unfamiliar words are keyed.



Answer to Monday's Crossword Puzzle.

- Horizontal.
- 1. Country where bull fights prosper.
 - 5. Spring fever.
 - 9. Ventilating machine.
 - 13. Graped.
 - 14. Title for a woman.
 - 16. Verbal.
 - 18. Skill.
 - 17. Pork.
 - 19. Chord passing through the centre of a circle.
 - 21. To fish.
 - 22. Point of compass.
 - 23. Vessel of a special class.
 - 24. Loos color.
 - 26. Either's affinity.
 - 28. Foot lever.
 - 30. Gay.
 - 32. Vessel used in tanning.
 - 37. Always.
 - 39. Allots.
 - 40. Song sung by one voice.
 - 41. Deserters.
 - 44. Accomplished.
 - 45. Evil spirit.
 - 46. Drives.
 - 49. Head of family.
- Vertical.
- 1. Fish.
 - 2. Fairy.
 - 3. Communion table.
 - 4. Hypothetical structural unit.
 - 5. Slashed.
 - 6. Small.
 - 7. Moving truck.
 - 8. Refrains (verb).
 - 10. Constellation.
 - 11. Sleeps.
 - 12. Rests.
 - 14. Palred.
 - 17. Species of nut that stains teeth black when chewed.
 - 18. The eyelashes.
 - 20. Geographical drawing.
 - 21. Quick movements.
 - 25. Fillet worn over hair.
 - 26. Above.
 - 27. Talked wildly.
 - 29. Tardier.
 - 31. Common bulb flower.
 - 33. Principle.
 - 35. Dwelling.
 - 36. Summer drink.
 - 38. Abated.
 - 39. Having a mane.
 - 42. Pierced by tusks.
 - 43. To divide.
 - 47. Portions of medicine.
 - 48. Coin from China.
 - 50. To prance.
 - 53. Heating apparatus.
 - 55. A dark spot on the skin.
 - 57. To shower.
 - 58. Pitcher.
 - 59. Slight depression.
 - 61. To employ.
 - 62. Mineral spring.
 - 65. Hebrew word for God.
 - 66. Half an em.

RADIO

- WEDNESDAY, JULY 21st.
- CNRM, Montreal, Can. (411). 9 p.m.—Orchestra, Whitet Star-Dominion line.
 - CNRO, Ottawa, Can. (435). 8 p.m.—Chateau Laurier concert orchestra.
 - 9 p.m.—Capitol quartette; W. Hughes, baritone; saxophone quintette; C. McDiarmid, tenor; Mrs. A. S. Ponting, soprano; Chateau Laurier dance orchestra.
 - WEAF, New York, N.Y. (491). 4 p.m.—Landau's Blossom Health serenaders.
 - 4.45 p.m.—"Swimming and Life Savings," Captain B. Scully.
 - 6 p.m.—Dinner music, Waldorf-Astoria.
 - 7 p.m.—William Tucker, baritone; Dorothy Hoyle, violinist.
 - 7.30 p.m.—Concert, U. S. Navy band, direction of Lieutenant Charles Benter.
 - 9 p.m.—Ipsan Troubadours.
 - 10 p.m.—Apollo concert ensemble.
 - 11 p.m.—Hotel Bossert Marine roof orchestra.
 - WEBJ, New York, N.Y. (272). 8 p.m.—Club Virginia orchestra.
 - 8.45 p.m.—Philip Krumboltz, tenor.
 - 9 p.m.—Kathryn Connolly, soprano.
 - 9.15 p.m.—Songs, Lee White and Jerry Alexander.
 - 9 p.m.—Thomas Prathrich, tenor, accompanied by Mildred Maves.
 - WOR, Newark, N.J. (405). 6.15 p.m.—Tivoli theatre orchestra.
 - 7.15 p.m.—Sports talks, Bill Wathey.
 - 7.30 p.m.—Vincent Lopes orchestra.
 - 8 p.m.—"Topics of the Day," Spencer Armstrong.
 - 9.30 p.m.—Talk, Dr. Frank H. Vixetelly.
 - Complete radio programmes sold at Canada Radio Stores.
 - WOC, Davenport, Iowa (484). 9-10 p.m.—Erwin Swindell, organist; Ray E. Dupo, tenor.
 - WBZ, Springfield, Mass. (333). 8 p.m.—Dinner concert, Hotel Kimball trio.
 - 8.30 p.m.—Baseball results.
 - 8.32 p.m.—Nature story, Thornton W. Burgess.
 - 8 p.m.—piano recital, Loretta Champagne.
 - 8.15 p.m.—John W. S. Skinner, humorist.
 - 9.30 p.m.—Bernice Rendall, trumpeter; Miss Lindsay, cornetist.
 - 9 p.m.—Hotel Brunswick orchestra.
 - 9.50 p.m.—Baseball results.
 - WHN, New York, N.Y. (361). 7 p.m.—Harry Richman and his club Richman entertain.
 - 7.30 p.m.—E. J. Dantsig's Vestalite society orchestra.
 - 9.30 p.m.—Pallasides Amusement Park orchestra.
 - 10.30 p.m.—Roseland dance orchestra.

THAT YEAR OF FREEDOM

BY MILDRED BARBOUR

THE THIRD DISILLUSIONMENT
In the weeks that followed, Nan saw a great deal of Daly. He rarely failed to drop in at the restaurant in the evenings, order a light supper for her which he shared and drive her home when she had finished her last number around midnight.

On Sunday evenings, when the cabaret was closed, he invariably asked her to dine at his house. After her first experience, when he had proved a courteous and gallant host, in spite of the fact that they had dined en tete-

tete, her apprehensions were completely allayed. She enjoyed the perfect little dinners with the perfect wines served by a perfect butler and presided over by a perfect host, diamond in the rough though he was.

Sometimes she wondered where her appeal for him lay. He was so impersonal to her as a woman. He seemed anxious only to talk and to hear her talk. Sometimes he asked her to sing for him at the grand piano in the drawing room.

"I like to see you sing with the fire-light on your hair," he told her in a sudden poetic flight. "It's so much better than the spotlight in the restaurant. You were meant for the firelight, my dear, for better paths and safety."

She decided finally that he got from her the thing that he really wanted—culture, a glimpse of a world to which he could never belong, a consciousness of social contact denied the man who

Dr. Martel's Female Pills
Have satisfied nature thousands of times in the last century, correcting cause, building up and strengthening system, relieving DELAYED and PAINFUL MENSTRUATION, NEURALGIC BACKACHE, DEPRESSION, etc. Every bottle comes with a sealed wrapper. Cover TIN BOX with original name. Druggists everywhere, or direct by mail, please Enclose \$2.00. Cash on order. Write to Dr. Martel, Toronto, Can. Check enclosed on request.

The Joy of Life



Does early morning find you sprinting down to the beach for a bathe?
Do you come back glowing with vigorous health and with a colossal appetite for breakfast?
If the first splash of the day leaves you cold, it's because you're not as fit as you ought to be—and can be, if you do as Grandpa does.

Here's his secret — "as much as will cover a ten-cent piece every morning."
Each tiny dose of the magic Kruschen powder is a perfect blend of the six salts essential to bodily well-being. It keeps you in perfect trim, because it stimulates the liver and kidneys, gently but surely, to a proper performance of their duty. It frees your system of all the waste matter that collects to clog your inside and poison your blood-stream. It sends clear vigorous blood pulsing through

every vein. It primes every fibre of your being with tingling vitality.
That's what Kruschen does for Grandpa and the rest of the Kruschen Army of Optimists. That's what Kruschen will do for you.
You can buy 160 doses of "that Kruschen feeling" from any druggist for 75c. Get a bottle to-day and start to-morrow.



Tasteless in Coffee or Tea

Kruschen Salts

Put as much in your breakfast cup as will fit on a 16 cent piece. It's the little daily dinner that does it.
Good Health for Half a Cent a Day
The ingredients of Kruschen Salts are necessary for healthy life. Your body must, of necessity, obtain these ingredients from somewhere, or you could not live. Normally, your system should extract these vital nutrients from your food—meat, bread, fruit, vegetables, milk, eggs, and so on; but when, owing to impaired digestion, errors of diet, overwork and worry, anxiety, sedentary occupation, and many other causes, your system does not extract from your food the correct proportions of these essential life-giving salts, then you suffer from depression, headaches, constipation or disordered liver.
Kruschen Salts should be your safeguard. Besides cleansing the body of impurities, gently, surely and painlessly they possess a wonderful power of giving new life and vitality to the countless millions of cells of which every body is composed. Fresh blood, bone, brain and nerve are all made up of cells, and every cell requires one or more of the numerous constituents of Kruschen Salts for its healthy life.
SOLE IMPORTING AGENTS: CHARLES GYDE & SON, MONTREAL.

With Your Eyes as Near as Possible Normal

You will enjoy life more. If you have been suffering with an error of vision it is sure to have been a detriment to you, whether you realize it or not. Just as soon as you wear your correction you will notice a decided benefit—a benefit in direct proportion to the effect the eye strain has had on you. We can help you in this way.

R. Arthey, Optometrist
148 PRINCESS STREET

left on Friday, for their home in Detroit, Mich.
Mrs. F. B. Ewing and little daughter, Eva, left, on Thursday last, for Detroit to visit relatives. Miss Kathleen Murphy, Hamilton, and Miss Margaret Rooney, Brockville, are the guests of Mrs. P. J. Ryan.

News From Clarendon.
Clarendon, July 18.—Miss Elizabeth Francis, also Miss Kathleen Burke, have returned home after visiting with friends at Renfrew, Hyndford and Pakenham. Russell Kirkham is spending a few days with Mansfield Francis, Oso. Mrs. M. Appleby, M. Moss, Miss Helen Moss and Miss May Burke motored to Perth Thursday evening last.
Edgar Boles has gone to work for the C.P.R. extra gang at Lavant. Eber Kirkham has gone to Campbellford for a few days. Ruddy Boles is spending holidays with his uncle, Robert Boles.

Sylvestre Renaud Had Finger Amputated

The Operation Took Place in Detroit Quilt Recently.
Westport, July 20.—D. P. Aiguire, I. H. Aiguire and the Misses Mable and Shirley Aiguire arrived from Toronto this week to spend the summer at their cottage, "Kill-Kare," on the Rideau Lakes. Sylvestre Renaud has returned home after spending the past six weeks in Detroit, where he had a finger amputated in Grace Hospital.
Miss Nellie Lynett left this week for Coronation, Alta., where she will visit for a few weeks. Mrs. J. E. McCann returned home, Saturday, after spending a week in Ottawa. Miss Anna McCaffery, R.N., Ottawa, is visiting her brother, Edmond McCaffery. Mr. and Mrs. H. Derbyshire, Kingston, motored here to visit relatives.
Mrs. C. A. King, Buhl, Minn., is visiting her mother, Mrs. James Spengle. Fred Tighe, Carleton place, is spending a few days with Rev. F. G. Strange. Miss Mable Marshall, Brockville, was a visitor in town on Tuesday. Miss Margaret Smith, Belleville, is spending a few weeks the guest of Mr. and Mrs. M. J. White.
Miss Vera Stinson has returned home after spending the past week with friends at Frankville, Ontario. Howard Coburn and A. Moody, Detroit, are the guests of Mr. and Mrs. J. F. Mulvill. Mr. and Mrs. R. J. McCann, who have been visiting friends in town for the past week,

Children Cry for

Fletcher's CASTORIA
MOTHERS:—Fletcher's Castoria is especially prepared to relieve Infants in arms and Children all ages of Constipation, Flatulency, Wind Colic and Diarrhea; allaying Feverishness arising therefrom, and, by regulating the Stomach and Bowels, aids the assimilation of Food; giving natural sleep.
To avoid imitations, always look for the signature of *Dr. J. C. Fletcher* Absolutely Harmless—No Opium. Physicians everywhere recommend it.