

NEWS AND VIEWS FOR WOMEN READERS

LIFE'S SOCIAL SIDE

Woman Page Editor, Phone 2612.

Mr. and Mrs. Joseph Haycock, Jr., are leaving on Wednesday for England...

Miss Aline Rutherford, Kingston, is the guest of Miss Sophie Howard, Ottawa.

Lady Hendrie, Hamilton, has gone to Caccouna to join her daughter, Mrs. Hugh Owen.

Miss Irene Hamilton, Almonte, is in Kingston for July and August.

Miss Minnie McMillan, nurse-in-training at the Kingston General Hospital...

Mrs. Walter Dobbie and daughters, Mahala and Beulah, Port Leyden, N.Y., left for their Canadian home...

Mr. G. B. O'Connor, K.C., of Edmonton, Alta., spent the week-end in town with Mrs. O'Connor...

Mrs. Campbell Laidlaw and her two children are expected to arrive in town from Ottawa today...

Dr. and Mrs. C. T. Smith and their children of Utica, N.Y., have been visiting the former's parents...

Mrs. John Caldwell, Brock street, has left for Watertown, N.Y., to spend a few weeks with her daughter...

Mrs. F. W. Danby and their children, Ottawa, are spending their vacation at the home of Mrs. Danby's parents...

Miss Anne Pollard is spending her vacation in Toronto and Muskoka. While in Muskoka Miss Pollard will be the guest of Dr. and Mrs. R. H. Bell.

Miss Hilda Jarvis, nurse-in-training at the Kingston General Hospital, is spending her vacation at her home here, 7 Ann street.

Mr. and Mrs. C. E. Bulmer, Hamilton, have arrived in Kingston to spend a month with Mrs. Bulmer's parents, Mr. and Mrs. E. J. Hartwick, Division street.

Mr. G. S. Rooney, who has been in Winnipeg for some time, is in town. He and Mrs. Rooney are settled at their home, 126 Bagot street.

Miss Virginia Fair is leaving today for Camp Oconto near Tichborne to spend a week.

Mr. Herbert D. Harling, Toronto, spent the week-end in town the guest of Mr. and Mrs. N. A. Smith, Division street.

Miss Peggy Miller will return this afternoon from the Girl Guides Camp, "Oconto," where she has spent the past ten days.

Mr. William O'Brien, St. Louis, Mo., is the guest of his mother, Mrs. A. O'Brien, Stuart street.

Mr. G. B. O'Connor, K.C., of Edmonton, Alta., spent the week-end in town with Mrs. O'Connor and their little daughter, who are with Mrs. O'Connor's mother, Mrs. Fairlie, Brock street.

Mrs. Campbell Laidlaw and her two children are expected to arrive in town from Ottawa today and will be the guests of Mrs. Laidlaw's mother, Mrs. G. M. Macdonnell, University avenue. Later Mrs. Laidlaw's children will attend one of the Guide Camps.

Canon Fitzgerald was in Ottawa over the week-end.

Miss Pearl Cassels, Kingston, who spent the past couple of weeks with her cousin, Mr. J. E. Dowdall, Appleton, has returned home.

Mr. and Mrs. E. R. C. Dobbs, Toronto, are arriving this week to be the guests of Mr. and Mrs. F. W. Dobbs, Barrie street.

Dr. Stafford Kirkpatrick, Ottawa, was in the city on Saturday. Dr. and Mrs. Kirkpatrick will leave with their family for England on Wednesday.

Mrs. Robert Meek, University avenue, has returned from Sarag, bringing her daughter, Mrs. Calvin Carruthers, with her for a visit.

Miss Sarah Black of Trenton is in town for the wedding of her cousin, Miss Edna Saunders, M.A., to Dr. W. D. Hay, M.A., M.D., which takes place tomorrow.

Mrs. A. B. Dulmage, 214 Union street, has as her guests Mrs. John Dulmage and Miss Ella Hamlin, who have motored from Almonte to spend a few days in town.

Miss Edna Macdonald and Miss Vera Phillips, nurses-in-training, New York, are spending a month at their homes here.

Miss Iwilla Stevens, Delta, is in town for the wedding of Miss Edna Saunders, to Dr. W. D. Hay. The wedding takes place quietly tomorrow afternoon.

Squadron Leader Godfrey, M.C., A.F.C., R.C.A.F., and Mrs. Godfrey (formerly Dora Bulloch, Gananoque), were among the guests at the home of Sir Phillip Sasson, London, England, to meet the Duke and Duchess of York.

Mr. and Mrs. H. Doyle and their children, Toronto, are the guests of Mrs. Doyle's parents, Mrs. M. O'Brien, Johnson street.

Mr. and Mrs. Arthur Lingham and their son, Henry, have left for a trip through Western Canada and will spend some time in Vancouver, B.C.

Professor Duncan MacArthur was in the city over the week-end and proceeded to Ottawa where he will conduct a special class in history research.

Mrs. George Lee and her daughter of Toronto are spending their vacation in Kingston renewing old acquaintances. They are at the Y.W.C.A.

Mr. and Mrs. Henry Smith, Stuart street, who have been visiting in Collingwood and Owen Sound, have returned to the city.

Mr. and Mrs. B. S. Liberty, Ottawa, are the guests of Mr. and Mrs. W. S. Sowards, Frontenac street.

Miss Dorothy Murphy, Sydenham street, left today for Cedar Nook Camp, Bath, to spend part of her holidays.

Mr. and Mrs. J. P. Twiss, R.M.C., are leaving for Toronto today to spend the summer.

Mr. W. J. McGill, New York city, arrived in the city on Sunday to spend some time with his mother at their cottage at McDonald's Cove.

Mr. and Mrs. Lorne Richardson have left town to spend some time in Toronto.

Miss Helen McManus, who has been visiting Miss Kit Millan, Earl street, has returned to her home in Worcester, Mass.

Efficient Housekeepers



TOMORROW'S MENU: Breakfast: Apple Sauce, Cereal, Scrambled Eggs, Coffee. Luncheon: Fried Left Over Cereal, Maple Syrup, Lettuce, French Dressing, Berries and Cream, Tea, Cookies, Dinner: Cream of Celery Soup, Cottage Pie (from Left-Over Beef with Potatoes), Corn-on-the-Cob, Spinach, Sliced Tomatoes, Orange Custard, Coffee.

New Dishes This Week: Spinach-Egg Ramekins: This is the main dish for Wednesday's luncheon. I assume that you will have some cold, cooked spinach left over from Tuesday night's dinner to use as follows: Butter individual baking dishes or ramekins, and put one tablespoon of cooked spinach in each. Upon the spinach put one tablespoon of thin sweet cream or rich top-milk. Add salt and pepper to suit individual liking. Break one egg in each dish, season again, and slip the little ramekins into a moderate oven to bake for eight minutes. Serve when the egg is "set" and the spinach hot through.

Baked Ham and Macaroni: Boil two cups of elbow macaroni in salted water to cover, till tender. Drain, place in a baking dish with one cup of cooked chopped ham (left over from the broiled slice of ham called for in the Wednesday morning breakfast menu) and mix well. Add one cup of cream sauce made by previously heating one cup of sweet milk to the boiling point and then thickening it with two tablespoons of flour mixed to a paste with a little cold water. Also add one tablespoon of butter broken in bits, and slip the dish into a moderate oven to bake for 30 minutes. Serve hot. Water Ginger Bread: Stir one-

Saunders. The lecture by Mrs. Revell was on the robin. At the camp fire a play, "The Three Bears," was put on very cleverly by the "Parrots' Patrol." Miss Nadine Harty recited a poem, "The Guiding Star," composed by herself. A reading was given by Commandant Mary Ogilvie. Miss Nina Elmley and Miss Helen Ireland arrived at the camp to spend the week-end. Miss Gladys Green was successful in her second class tests. The officer of the day was Capt. Verna Saunders.

On Saturday morning a lecture on bandaging was given by the camp nurse, Miss Hester Lovick, assisted by Miss Beattie Wilson. Mrs. Revell lectured on the phoebe and the song sparrow, finishing the instructions on six birds as required for the second class tests. In the afternoon the field sports were held, resulting as follows: 100-yard dash—Seniors, Isabel Halliday, Betty Adair; Juniors, Elizabeth Anderson, Nora McGuinness. Hop, skip and jump—Isabel Halliday, Elizabeth Irvine. Three-legged race—Isabel Halliday, Beattie Sheffield. 250-yard race—Seniors, Isabel Halliday, Elizabeth Mulholland; Juniors, Pamela Cook, Mildred Mahood. Ball throwing—Isabel Halliday, Treadgold. Potato race—Elizabeth Irvine, Isabel Halliday. High jump—Isabel Halliday, Elizabeth Irvine, Pamela Cook. Relay race—Parrots, Eagles, Robins. At the camp fire the Robins put on a very clever impersonation of movie stars. Songs with ukelele accompaniment by Miss Kitty and Miss Nora Birmingham were much enjoyed by all. Recitations were given by Nadine Harty and Peggy Milly. Officer of the day—Capt. Nora Birmingham. District Commissioner Mrs. I. G. Bogart has arrived at the camp and will remain till the camp has broken up.

Games on physical exercises and volley ball were included in Thursday's programme. Running tests were taken on second class work. Lieut. Kathleen Healey gave a demonstration on bed-making. At 4.30 p.m. a party of ten in charge of Commandant Mary Ogilvie and Capt. Nora Birmingham went on an overnight hike to a neighboring island where they bivouacked, returning in the morning. They report a most delightful time. During their absence Capt. Verna Saunders had charge of the camp. At the camp fire a memory test caused much amusement. Scenes from camp life were portrayed by the Tigers' Patrol. Claire Miller gave a recitation and camp fire songs were led by Capt. Verna Saunders. Toasted marshmallows were partaken of. A lecture on first aid was given by Camp Nurse Miss Hester Lovick and "The Sparrow" formed the subject of Mrs. Revell's lecture on nature study.

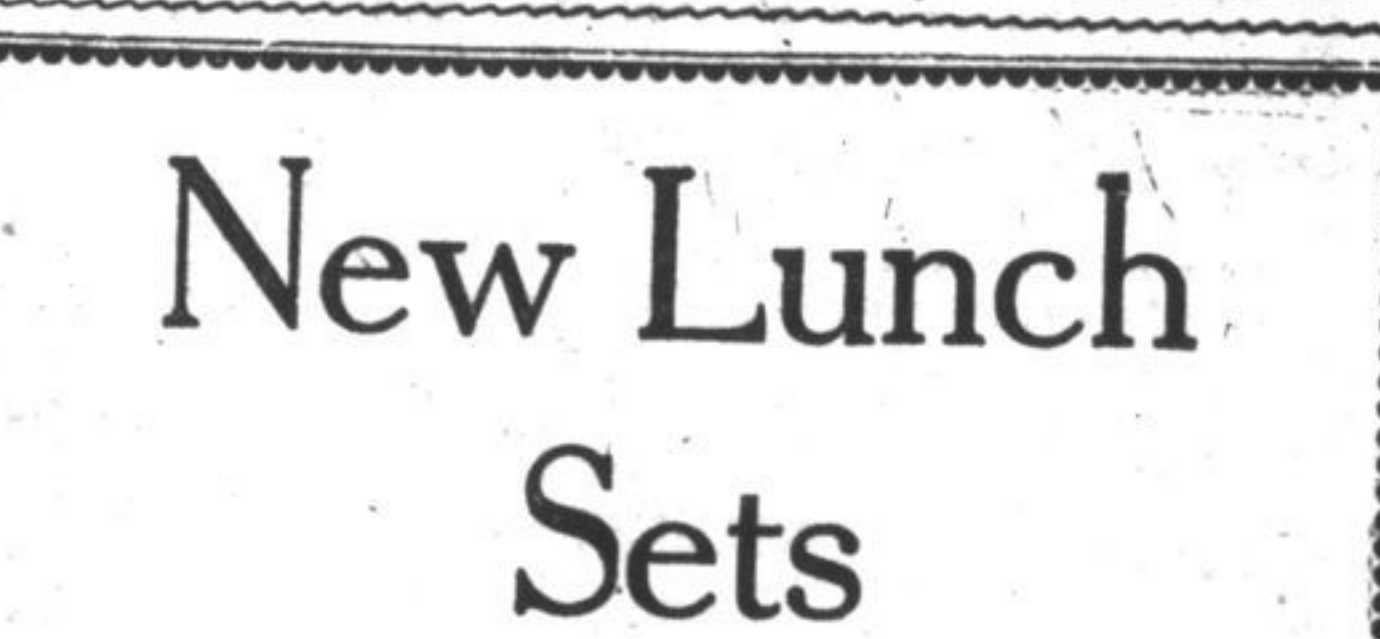
Aquatic Sports. The aquatic sports were the feature of Friday afternoon. Each event was enthusiastically contested, the following being a list of the winners: Canoe race, doubles—Nadine Harty and Isabel Halliday. Canoe race, singles—Elizabeth Irvine, Alice Treadgold. Canoe race, singles, second—Isabel Halliday. Crab race—Isabel Halliday, Buntly Malcolmson. Tug-of-war (four in a boat)—Nadine Harty, Elizabeth Anderson, Isabel Halliday, Betty Harty. Swimming race, 13 years and over—Buntly Malcolmson, Nadine Harty. Swimming race, 13 years and under—Betty Harty, Elizabeth Anderson. Diving—Buntly Malcolmson, Nadine Harty. Signalling and knot-games were taken, the knot game being won by the Robins' Patrol. First class tests were taken by Capt. Verna Saunders, Inc.

YOUTHFUL AND SNAPPY: This ensemble outfit, worn by Marion Davies, is of pearl gray flat crepe trimmed at the bottom of the coat and the dress with picot-edged petals made of the silk. The lines are straight and youthful, and the only ornamentation allowed is at the hemline. Very Particular. Mrs. Blackstone: "Are you having any trouble in finding a good cook, my dear?" Mrs. Webster: "Indeed, I am. Several applicants called to-day but they didn't seem to be quite satisfied with my references." —E. H. Dreschnack. Risky Business. Turner: "Don't you know it's dangerous business to race trains to crossings?" Fletcher: "Yes, it is. The last time I did it I got a clinder in my eye." —Moyle Flavell. A philosopher is one who, when he has been handed a lemon, sucks it.

Infatigable. "I've tried every kind of alarm clock there is," remarked Uncle Ike, "but I've yet to find anything will get a growing boy or girl quicker than the smell of..."

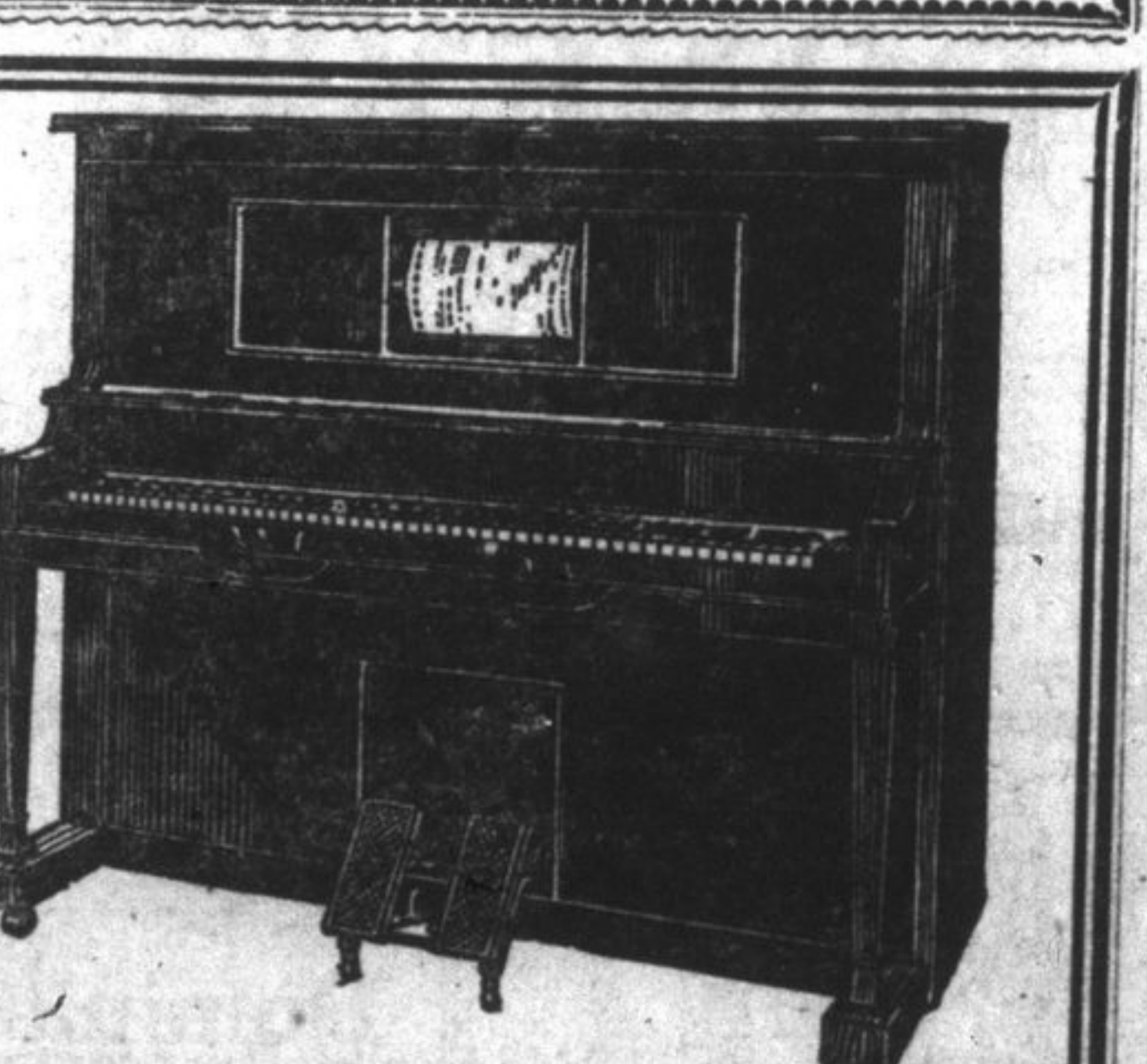


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