

HEAVEN'S UNSEEN MESSENGER SERVICE

The International Sunday School Lesson for June 21 is "Peter Delivered From Prison."—Acts 12:1-24.

By WILLIAM T. ELLIS

In addition to the familiar "red caps," or porters, New York railway stations now have a green cap messenger service, to fulfill any sort of service that may be needed by a passenger. Heaven has its messengers—which is the English word for the Greek "angels"—to run unexpected errands; and this Lesson recalls how one such was sent to Peter in prison to set him free.

Right at the outset we need to get hold of this old, old teaching of the Christian religion, that God does care for His own individually, and that special providences are an integral part of the Divine law. There is comfort beyond all telling in the assurance, "He shall give His angels charge concerning thee."

What the Lord did for Peter, he still does for his friends. In these restless, troubled times, men and women need to pillow their souls upon the promises of a covenant-keeping God, who, as Jesus assured His friends, knows and cares for our least need. Only so is faith kept vital. Every generation, every individual life, needs its own fresh experience of God. If it requires trouble to afford experience, trouble is cheap at the price.

Newspapers and magazines are vociferous nowadays concerning the doctrinal matters which various kinds of Christians do or do not believe; and there is much talk of "heresy." Sensible folk—and Christians who work at their religion—are usually men and women of uncommonly sound judgment—will not be misled by all this noisy discussion. The greatest heresy of all is simple lack of faith in God's everyday love and care. Underlying all other belief is the confidence that "He keepeth the feet of His saints"; and that the Lord who sent His Angel to deliver Peter from prison still has other messengers to run His errands in this month of June, 1926. Peter's God has not gone out of business.

How Do You Meet Trouble? Actionful and dramatic as a good motion picture, this incident in the life of the early Church opens up a dozen inviting avenues of consideration I want to write about Agrippa I, and the long line of Herods; and the ruins of their proud palace that one may visit today.

Roman criminal procedure, and those "four fours" of Roman soldiers who guarded Peter, take us into entertaining by-paths; with today's question of prison methods, and of political prisoners in particular, calling for discussion. Little more than a year ago I had the privilege, when in the Holy Land, of securing the release from an island dungeon of seven Syrian patriot leaders. So I am particularly interested in that plank of the platform of Jesus wherein He declared, in the Nazareth synagogue, "He hath sent me to proclaim release to the captives."

Instead of following out the alluring byways of the Lesson, we

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In the following charts and data we provide the Canadian mother with the necessary information she may require for the use of Borden's Eagle Brand Milk for her child. You will note that the directions provide for a child from three days of age through until the child is 24 months old.

In addition to the directions for feeding Borden's Eagle Brand Milk, the mother should read carefully the suggestions which should be adopted in connection with the use of Borden's Eagle Brand Milk. The Borden Company Limited is proud of the fact that it has been helpful in the raising of many, many Canadian infants into sturdy boys and girls and men and women who are a credit to their country. For further information, do not hesitate to write direct to The Borden Company Limited—Montreal.

TABLE OF DILUTION STRENGTH AND TIMES OF FEEDING "EAGLE BRAND" CONDENSED MILK

Table with columns: AGE, Hours Between Feedings, Feedings During the Night, Quantity At each Feeding, Quantity Fed in 24 Hours, Teaspoonfuls of "EAGLE BRAND" to ounces of boiled water, Feedings in 24 Hours.

IMPORTANT.—In preparing feeding mixtures it is imperative that all utensils, bottles, nipples, etc., should be sterilized in boiling water before using. Use a dry spoon in removing contents from the can, and in measuring be careful to pour from can to spoon, allowing the milk in the spoon to level itself. Repeat this procedure with every spoonful measured, using the same spoon every time. This will insure accurate measurement and produce the best results.

DIET FOR CHILD DURING THE SECOND YEAR

Usually after the twelfth month, the mother should select a diet schedule. Every new article of food should be carefully prepared, and given at first in very small quantities. All meals are to be given regularly, with nothing between meals. With many children this expansion of the diet list is attended with considerable difficulty. They are thoroughly satisfied with milk, and refuse all other form of nourishment. In such cases, withhold the milk until the more solid articles of food have been eaten. If both are given at the same time, the child will prefer the milk and when he has finished drinking it he will refuse the solid food. The following diet schedule will permit the mother to select a suitable meal from the foods listed. It is never advisable to make a change in diet during very hot weather.

NOTE: One teaspoonful of EAGLE BRAND CONDENSED MILK added to one ounce of boiled water results in a mixture equivalent in nutritive value to whole milk. Whenever the word milk appears in the following diet, EAGLE BRAND should be diluted accordingly.

12th TO 15th MONTH—FIVE MEALS DAILY 15th TO 18th MONTH—FOUR MEALS DAILY 18th TO 24th MONTH—FOUR MEALS DAILY

- 7 A.M.—Oatmeal, barley, or wheat jelly, one to two tablespoonfuls in 6 or 8 ounces of milk. Stale bread and butter, or rusk and butter.
9 A.M.—The juice of one orange.
11 A.M.—Scraped rare beef, one to three tablespoonfuls, mixed with equal quantity of bread and moistened with beef-juice. Or a soft-boiled egg mixed with stale bread-crumbs; a piece of rusk and 6 or 8 ounces of milk.
3 P.M.—Beef, chicken, or mutton broth, with rice or stale bread broken into the broth. Six ounces of milk, if wanted. Stale bread and butter or rusk and butter. Many children at the above age will take and digest apple-sauce and prune pulp; when these are given, milk should be omitted.
6 P.M.—Two tablespoonfuls of cereal jelly in 8 ounces of milk; a piece of rusk. Stale bread and butter.
10 P.M.—A tablespoonful of cereal jelly in 8 ounces of milk.

The following suggestions have proved to be helpful when properly used with bottle feedings, and they may be used in conjunction with Eagle Brand Condensed Milk.

Always pour the milk from the can into the spoon—allowing it to level itself but not run over. You can readily understand that by dipping the spoon into the can you get more than a level spoonful, because of the milk that would adhere to the bottom of the spoon. This is important. When you have added the milk to the water stir thoroughly. After opening, it is safe to leave the milk in the original can. We recommend that you cover the can tightly with an inverted cup, and keep it in a cool, clean place.

- ORANGE JUICE: When baby is four months old, give one teaspoonful of strained orange juice, diluted with equal quantity of boiled water, once daily before feeding time. Gradually increase the amount until you are giving the strained juice of a half of an orange undiluted, once daily before feeding time. Orange juice may be continued until child is old enough to eat other fruits as well as oranges.
OATMEAL JELLY: When baby is five months old, add one teaspoonful of oatmeal jelly to each feeding. Gradually increase the amount until you are adding three tablespoonfuls of oatmeal jelly to each feeding. To make oatmeal jelly add four ounces of oatmeal to one pint of water; boil for three hours in a double boiler, and add enough water so when cooking is completed a thin paste will be formed. This while hot is forced through a strainer to remove coarser particles. When cold a semi-mass will be formed. Oatmeal jelly may be continued until child is old enough to eat well cooked whole cereals.
CONSTIPATION: Oatmeal water very often relieves this condition. To make oatmeal water add one heaping tablespoonful of oatmeal to one pint of water, and boil for three hours in a double boiler. This will make a little more than half a pint of thick gruel to which add one pint of water that has been boiled. After straining mixture through fine strainer, you should have a little more than a pint of whitish liquid. This should be used with each feeding instead of the plain boiled water. If you find that this makes bowels too loose, dilute oatmeal water with plain boiled water. Barley or rice water may be used instead of oatmeal water. If necessary two to three drops of plain codliver oil may be given twice daily added to the morning and night feedings.
DIARRHEA: Give nothing but plain boiled water for twenty-four hours. Then start feeding with barley water, or rice water, to which has been added a little salt to improve the taste. If these feedings are retained, and bowel movements lessened, small amounts of very weak regular feedings may be started and gradually increased according to baby's condition. If your baby does not improve after trying the above suggestions, consult your doctor at once.

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at prayer. When Christians pray for one another, oftener than they dispute with one another, God's angels are kept busy. Whenever it is true to type, the Christian Church is a fellowship of prayer for all the members in need.

Back at the Old Home Joy untold awaits your letter FRENCH ORGANDIE Writing Paper

The Girl at the Door "Wasn't that just like a woman?" many a man Sunday School teacher will exclaim, as he reads how, when Peter knocked at the door of Mary's home, the girl Rose (or Rhoda, in the Greek), recognizing his voice, ran away in excitement, forgetting to open the door. Quite like a lot of modern churchmen, the assembled Christians, upon hearing the maid's report, got into a discussion as to the nature of the phenomenon she reported. Instead of arguing, they needed only to open the door. So, in place of present fruitless doctrinal squabbles, the Church of our time should open the door, and let in the living Christ who is abundantly able to prove himself. Apparently, there was a rich Galilean burr to Peter's voice (do you recall how it made him a marked man as he slunk away from Jesus

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