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SECOND YEAR.



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"Come, ethereal mildness, come!"

To make a monkey out of a man first get him up a tree.

The modern Cinderella completes her happiness by getting alimony.

Many a young daughter resembles her mother because they paint alike.

The radio set keeps some at home and so does the onion set, but the society set doesn't.

When the Ford air flippers become universal we can find parking spaces on the clouds.

Princess Takka-Takka of Siam says that she never chews gum, yet her name sounds as if she did.

We had rather fish than read. Then we learn what we think instead of what some other man thinks.

The king of Bulgaria has a very hard job. He has to get up early every day and foil a few plots.

Effort to make silver dollars popular in the United States has been abandoned. They made wealth too much of a burden.

When Babe Ruth read in the papers that Ty Cobb had hammered out three home runs in one game, he must have had a relapse.

The early bird gets the worm, but the Portsmouth philosopher says he had rather get the sleep and go without the worm.

Toronto Star: An exchange says that everyone should show a happy face. But what is the fellow to do who hasn't got one?

We are promised a mighty influx of American tourists as soon as 4.4 beer is placed on sale. More ferry accommodation is being provided at this port.

The home merchant, who is he? He is the man who gives you credit when you are financially broke and carries your account until you are able to pay. —Kitchener Board.

The Ottawa Progressives have arrived at the Forks of the roads, and have decided to follow their leader down the lower taxation side-line—Brantford Expositor.

The tourist season draws near. What about a decent tourist camp in Kingston? The one at the fair grounds last summer did not add to the city's reputation. Something better than that is required.

From the way Attorney-General Nickle is safeguarding the sale of his 4.4 beer, one surmises that it must be stronger than coffee, although he told the province that it was not.

The Board of Works should get busy and repair the pavement on upper Princess street. It is full of ruts and holes which are constantly getting deeper and larger. Before laying additional pavement, why not look after that already laid?

BIBLE THOUGHT
SELF-DENIAL:—Whosoever will come after me, let him deny himself, and take up his cross, and follow me. For whosoever will save his life shall lose it; but whosoever shall lose his life for my sake and the gospel's, the same shall save it.—Mark 8:34,35.

THE MOTOR AGE.

They are making a new synthetic alcohol, resembling wood alcohol, in Germany, out of coal and water. It is already cheaper than any other form of industrial alcohol, and will, of course, become much cheaper. For the moment this means that our manufacturers must also acquire the method, or devise another, or else yield the field to the Germans. But in the long run it means that we can contemplate without uneasiness the certainty that the world's supply of petroleum is nearing exhaustion. Before the natural oil becomes too scarce and too dear to use, the synthetic alcohol will be plentiful and cheap enough to take its place. The motor age will be permanent.

HIS HORSE AND BUGGY.

That charming and picturesque international figure, Chauncey M. Depew, says that one of the things he most misses at 91 is his horse and buggy. We don't blame him. The practical disappearance of equine life from our streets has little compensation in the swift-moving and inanimate automobile. The horse was a thing of beauty, even if the buggy was not. He had life, and character, and a winsome faithfulness. He was not entirely safe; but he was infinitely safer than is the motor car.

"The automobile," says this philosophic octogenarian, "has wiped out one picturesque, charming and delightful feature of American life, and that is the family horse." One feels the pathos of that undeniable fact. The loss is real. "The family horse and buggy did more than any other one thing to promote matrimony and happy domestic life," adds Mr. Depew. We catch his point of view, and are disposed to concur. There was a deliberateness about the old-fashioned method of locomotion, and a coziness too, which made for broader and closer comradeship than does the modern auto.

We are losing more than the old family horse and buggy in these days of constant change. There are some people who very clearly discern a dimming of that thing which lay back of the horse and the buggy to which he was attached—the hearth and its hallowed associations. We had better get back to slow and prosaic ways if the price of speed is a weakened home circle. That would be too high a price to pay.

GROWTH OF COLLEGES.

With a budget for next year of \$10,177,860, Columbia University affords some idea of its own great financial strength, as well as of the growth of colleges in general during the past two or three decades. Nearly half of this large expenditure will be met out of the income from endowments and gifts. This suggests two things: The wealth of the American people which makes such generous contributions possible, and the public interest in the cause of education. Nearly all American universities are now handsomely endowed. Forty years ago they were not.

The primary result of adequate means is to enable the governors to widen the curriculum and take up highly specialized work. Thus the public is served. We may feel some degree of envy for the advantages enjoyed by American colleges as compared with our own in this matter of monetary resources; but our day is coming. In the meantime the work of our universities is in every respect satisfactory. It is contributing richly to the culture and efficiency of the Canadian people.

CANADIAN WILD LIFE.

A pathetic interest will be aroused by the announcement that the herd of antelope in the Nemiskam National Park in South-eastern Alberta now numbers 235. It was increased by 55 during the past year. This gentle and beautiful animal was fast becoming extinct, when measures were taken by the Government in 1922 to get possession of as large a number as possible and segregate them under conditions which it was hoped would make for their multiplication. The experiment has happily been successful.

The history of Nemiskam National Park is an interesting chapter in the story of wild life conservation. Overcoming what appeared to be insurmountable difficulties, forty-two antelope were enclosed in a fenced-in area in South-eastern Alberta in 1915 and, in contrast to previous experiments, continued to thrive in captivity. Their welfare and propagation, which was at first a matter of speculation, now seem to be definitely assured under the plan adopted in 1922.

The antelope of the North American Continent, as the prized trophy of the hunter and from the ravages of predatory animals, suffered such depletion in numbers that the extinction of the species was freely predicted by naturalists and conservationists. Dr. William T. Hornaday, in "Our Vanishing Wild Life," published in 1913, prophesied that the antelope would be "one of the first species of North American big game to become extinct."

One of the chief obstacles in the path of the conservationists was the natural temperament of the animals. They are delicate, capricious and easily upset. Of a highly nervous disposition, the least excitement is apt to have a deterrent effect on them, and in a great many instances the shock of capture, even when this captivity meant enclosure in spacious areas, was so great as to result in the early de-

mise of the captives. Their fleetness of foot made capture by pursuit impractical, and weather conditions impairing speedy flight were sought as an aid.

Canada once teemed with four-footed game. There were no antelope in this section of the country; but deer were numerous. Venison was the fresh-meat food of the early settler. At the same time wild pigeons were so plentiful that in their autumn migration the sky would often be darkened. To-day not a wild pigeon of the North American species is known to be in existence. We do well therefore when we seek to conserve such game life as has survived the destructive march of civilization; and what is being done in Alberta is in every respect commendable.

LIBERAL WOMEN ACTIVE.

The Women's Liberal Association of Kingston must be commended for its enterprise and activity. Its members are enthusiasts in the cause of Liberalism. Just now they are sponsoring the formation of a Women's Liberal Association to include all women voters in the counties of Hastings, Prince Edward, Lennox and Addington, Frontenac, Leeds and the city of Kingston. Arrangements have been completed for a big organization meeting to be held at the Frontenac hotel in this city on Thursday, May 14th, at 11 a.m. Prominent Liberals, both men and women, will be present and deliver addresses, and an extra fine programme has been arranged for the occasion. The ladies have been successful in inducing Hon. James Murdock, federal Minister of Labor, to come to Kingston and deliver an address. Representatives from the Ontario Liberal Women's Association will bring greetings from that body, so that an excellent list of speakers is assured. All Liberal women voters are cordially invited to be present and take part in the proceedings. A luncheon will follow the business meeting. This is a splendid opportunity for the women of this part of Eastern Ontario to get acquainted and to help in organizing an association that will play a prominent part in the next Dominion election. The ladies have kindly extended an invitation to the men to be present at this meeting. Gallantry requires that they respond wholeheartedly. This is an important event that the ladies have undertaken, and the rank and file of the Liberal party are in duty bound to lend them every possible assistance.

THE HEROIC HOPKINS.

Parliament has its surprises. Some of them are pleasant, and some are not. The latest parrot of both emotions, "This," said the Minister of Railways, "is the most remarkable scene I have ever witnessed." Coming from an old Parliamentarian, and also a seasoned politician in the best sense, it will be at once assumed that something most unusual had happened.

The Minister had introduced a resolution respecting the building of a rather lengthy branch line in Saskatchewan, the cost of which would be in excess of a million, when Mr. Hopkins, the member representing the constituency in which the work was to be done, said he could not approve of it. It would cost a lot of money, which could be put to better use in other sections of the province. The house gasped. It completely lost its breath when several other members followed Mr. Hopkins, they also being politically interested, and voiced their disapproval. The motion was held over.

Amazing and extraordinary as was all this, the thing did not stop there. Mr. Hopkins went on to say:—"And now they ask for a line to go across to Regina, a million dollar line running right through my district, and a number of my constituents send me letters and telegrams saying, Mr. Hopkins, support the line. We gave you a good vote last time. I will tell those people that we have got too many lines in too many places, and I will also tell them that they have been built because of just such letters being sent as those sent to me. I will tell them that I consider it a crime for me to support that line when there are people in that country drawing their grain for forty and fifty miles. I will tell them that if they put that line across that territory to Regina, that will be another million dollar white elephant. We have put on six hundred of them in the last five years, and Canada cannot stand any more. Now, I know that that is not going to get me any votes, but I am going to tell you that it is not necessary that I get votes, it is not necessary that I come back to this House, but it is necessary that some men in this country stand up like men and denounce such projects."

hands a baffling and terrifying railway problem. It was in considerable degree because the building of lines in the West enabled politicians to win votes that thousands of miles were constructed which could have been done without. Indulgent legislatures and an equally indulgent Parliament did not use an appraising and unselfish judgment during that feverish period of unreasoning optimism.

"It is costing the country nothing," they argued. "The money is being provided out of guarantees, and Mackenzie & Mann will look after them when they fall due." But Mackenzie & Mann were not even able to look after the interest within eight years after the completion of the first road built on guarantees. The same thing became true of the promoters of the Grand Trunk Pacific. By 1914 every penny of principal and interest lay as a national liability on the doorstep of the federal government. There it lies to-day, along with an insistent challenge to the sagacity of the Canadian people to find some way out from the burden which threatens to overwhelm them.

A world of trouble and loss and discouragement would have been saved if, instead of blind optimists holding the reins of political power in the west and elsewhere, there had been men like Mr. Hopkins to say "this will not get me votes; it may even cost me my seat; but I prefer to tell the truth." The need for such men is actually as great to-day. A pressing and vital problem has got to be solved. The solution will mean loss of railway mileage in many parts of the prairie provinces, as well probably as in Ontario, and selfish interests will be brought into the issue. Unless members of Parliament are prepared to show the Hopkins brand of courage, we are not likely to see a clear sky over us in so far as our railway perplexities are concerned.

That Body of Yours
By James W. Barton, M.D.
A Thought on Goitre.
Many of our surgeons are now suggesting that there are forms of goitre that do well without the use of the knife, and that care and close supervision may cause the disappearance of the goitre.

They point out that many of these cases are due to infection from something that has got into the system, or something that the system itself is manufacturing. Usually from the waste matter in intestine.

They point out further that these poisons, being in the blood, that when the blood goes to the thyroid gland, thyroid has to do two things. First, it has to get from this poisoned blood the materials to keep up its own structure, and second, it has to manufacture its secretion or juice, also from the poisoned blood.

It is not surprising therefore that the structure of the thyroid gland itself becomes changed. Instead of having its normal walls, or cell walls, it has inflamed walls, which when they recover from the inflammation, have a lot of fibrous tissue replacing the natural tissue.

This means that less of the juice making structure is left. And then with its structure made imperfect, the imperfect or poisoned blood from which to manufacture its juice, you can see that the juice itself will not be normal, and therefore will not do its work properly, its work of regulating various functions of the body.

Now what I want you to get from this, is that not only is the thyroid getting this kind of blood circulating through it, but also every other organ in the body is doing likewise.

What kind of muscle tissue, bone tissue, liver or other tissue is likely to be made, when the blood is in this condition?
I am thinking even more seriously of the brain tissue, which guides everything, and yet must have its delicate cells manufactured likewise from this infected blood.
It is wonderful to think that Nature carries on for you just the same and everything functions to some extent. But you can readily see that with a handicap like this, a little trouble is bound to occur, and this little trouble may be in a serious place.

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