

# Tanlac puts flesh on scrawny folks

YOU simply can't expect to get back your health and strength as long as your body is scrawny and underweight. Let Tanlac put some good solid flesh on your bones, put your stomach in shape again and purify your blood. Then see how much better you feel.



Made Her Feel Like New Woman

"My appetite was gone, and I was losing weight fast. Couldn't sleep—my general health was bad. Tanlac brought my weight up 15 lbs. and made me feel like a new woman."

Manola Gunn  
1386 E. 55th St.  
Los Angeles, Calif.

In our files are more than 100,000 glowing letters of praise from men and women who credit their present vigorous health to Tanlac. What it has done for them it can surely do for you.

Tanlac is Nature's great tonic and builder. It is compounded after the famous Tanlac formula from roots, barks and curative herbs. It gets right down to the seat of trouble—makes you feel a lot better right from the start.

Don't put off taking Tanlac another day. Don't go on dragging your poor, sickly body around when this great tonic and builder is ready to help you.

In cases of torpid liver, rheumatism, sleeplessness, lowered resistance, indigestion, malnutri-

tion and general debility, Tanlac will accomplish wonders. Get a bottle this very day and start feeling better tonight.

TAKE TANLAC VEGETABLE PILLS FOR CONSTIPATION

## TANLAC

FOR YOUR HEALTH

### Kingston Music Studios

PHONE 1907. 286 KING STREET  
Piano and Theory Mr. H. Packer, A.T.C.M.  
Violin, Junior and Kindergarten Piano Miss D. Johnson, A.T.C.M.  
Voice and Sight Singing Mr. H. Hill  
Modern methods. Special free advantages to pupils.  
Pupils prepared for examination. Rates on application.

## More than a mere laxative.



ABBEY'S is a sparkling, refreshing drink which corrects the irregularities of the waste eliminating organs, as well as neutralizing excessive acidity in the stomach, bladder and blood.

(Start the day right—take a glass of Abbey's—bubbling with health and good spirits.

# ABBEY'S

"FOR CONSTANT HEALTH"



## Chesterfield Suites

Specially Priced for This Week

3 piece Mohair Chesterfield—Arm and Wing Chair—combination covers—webbed bottoms and backs—well made—regular price \$225.00, for ..... \$175.00

3 piece Tapestry—good quality of cover Chesterfield, and 2 large Arm Chairs—worth \$200.00, for ..... \$150.00

3 pc. Mahogany Set—cane backs, velvet covers, Marshall Cushions—5 extra Cushions for set—worth \$200.00, for .. \$150.00

## Robt. J. Reid

Funeral Service. Ambulance 877.

Celery is delicious served stewed as a vegetable with a white sauce and grated cheese. Canned pears and cream cheese make a tasty salad served with cream mayonnaise.

### LETTERS To The Editor

Hamilton, April 13.—(To the Editor): Three electrical experts have given me an estimate of the average man power employed per horse power of electric energy used.

One says one man constantly for one H.P. is the average.

Another says two for every H.P.

Another says three for every H.P.

For purpose of calculation let us take the most conservative, one man to one H.P., of the 210,000 H.P. we now export would employ 210,000 men here at home, and estimating their average pay conservatively at say \$5 per day, for 300 days per year, equals \$1,500 in wages for one H.P., or over \$300,000,000 per annum for the 210,000 H.P. now exported.

The public should be informed as to the conditions of power export.

Why not somebody publish a copy of the export part of the contract, so we may see definitely whether it is contingent upon Canada's requirements or otherwise.

The Ontario government, whom I suppose made the original contract, would have one, the Ontario Power Commission would have control of or access to it, and the Dominion government would have a copy of the portion providing for their authority to issue licenses.

The Hydro Electric Power Commission of Ontario I think might at least publish that portion of the contract dealing with the duration and export, so the public might know.

We have passed the Ice Age, the Stone Age, are just about through with the Coal Age, and in the infancy of the Hydro Electric Age.

Why the standstill since the Chippawa Power Canal was completed? If development had been actively continued since then, either by a duplicate Chippawa alongside, or Cornwall and other St. Lawrence and Ottawa developments, by this time we would have had employment for a large additional population. In fact the unemployment does between then and now would have provided for a very considerable, and served a much better purpose. Why not brace up to our duties and opportunities immediately, and make Canada go ahead?

Action and results are what the people want to-day.

Yours truly,  
—W. O. SEALEY.

More About Prohibition.

Kingston, April 15.—(To the Editor): I have before me Bishop Eide's letter in your issue of the 14th. He quotes from his article written in 1920 on an English paper. The quotation has to do with the relation of prohibition and the drug habit. The last sentence in the quotation reads: "Other reports allege a dangerous increase in this vice." That is, other reports than those from Toronto and Kingston. What impression would such a statement have upon his English and Canadian readers? Just this, that the bishop considered these reports that prohibition was fostering the drug habit to be sufficiently reliable to quote; for we all feel that when a bishop makes a statement he knows what he is talking about. Yet these reports were not reliable. Now when the bishop found this out he could have corrected the impression caused by his statement as easily as he had made it. He did not do this.

And what about the impression which the bishop now seeks to make in relation to bootlegging, as if it were the child of prohibition, when such bootlegging existed years before the days of prohibition, and has flourished especially in our Canadian provinces that have adopted the

policy of government control? Did not the bishop know this? Well, he knows it now. Will he contradict his statements for the sake of his English and other readers?

—EDWIN H. BURGESS.  
Zion Church Manse, Kingston, Ont.

### LOOKS LIKE MONTREAL IN THE INTERNATIONAL

#### Transfer of Syracuse Club to Montreal Before End of Season.

Baltimore, Md., April 15.—There is no longer the slightest reason to doubt that there is solid foundation in fact for the oft-told story of the effort to transfer the Syracuse franchise in the International League to Montreal. No less an authority than President Phillip Bartelme of the Syracuse club emphatically informed the writer that the Stars will be transferred to Montreal before the end of the current season unless there is a very marked improvement in the support accorded the Syracuse team in the Salt City.

President Joseph Page of the Quebec-Ontario-Vermont League, of which Montreal is a member, is in Baltimore. According to Mr. Page the Montreal territory is well protected against invasion, although his league is inoperative this season. Under the regulations of the National Association, governing body of minor league baseball, it is necessary for clubs, in order to protect their territory rights, to pay their protection fee on Sept. 1st of the year preceding that in which it is desired to protect their territory. This regulation was conformed to by the clubs of the Page League last September, the expectations at that time being that the league would operate this season.

Assuming that the board of arbitration would take the same view of the matter as President Page, despite the failure of the league to operate this season, the Syracuse club would have to deal with the Montreal owners before being allowed to operate in the Quebec metropolis, this probably would not constitute a very serious obstacle.

On the last previous occasion on which it was proposed to take the Syracuse club to Montreal, President Solman of the Toronto club was instrumental in enlisting much more than sufficient Montreal capital to swing the project and to build a new park. "Some prominent capitalist sportsmen were identified with the plan when it failed, owing to objection from certain quarters within the International League.

Montreal has always been one of the sport centres of Canada, and with International baseball in that city under desirable auspices it is bound to be a "go." During the football season last October the White Sox and Giants played two games in Montreal prior to embarking for their European trip. The gate receipts for the two games, at fancy prices, of course, were in excess of \$11,000.

The progress of baseball in Syracuse this season will be watched with interest.

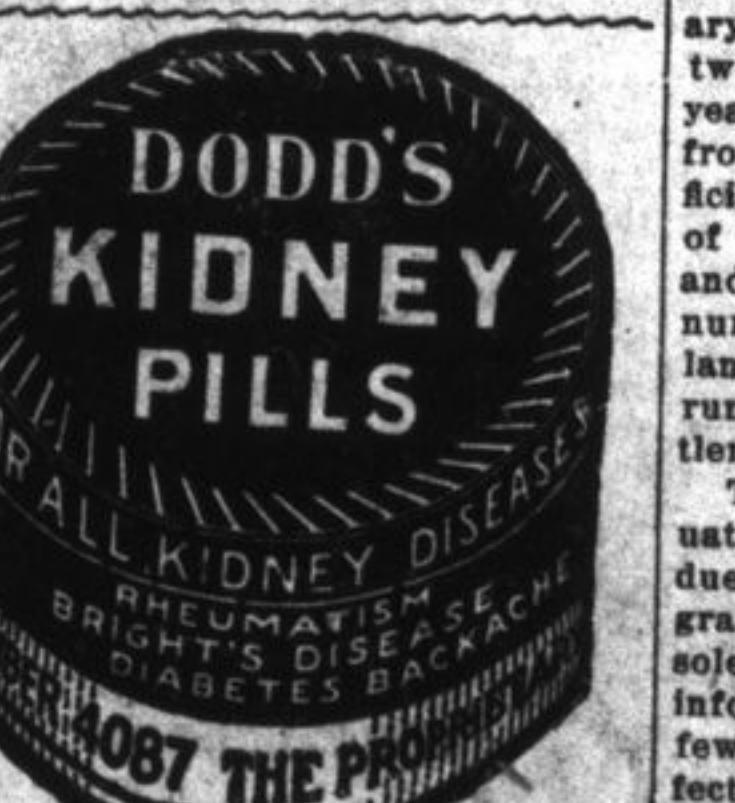
It is not improbable that Montreal will be in the Toole circuit before the second week in July.

AMERICAN FARMERS BUY CANADIAN LAND

#### Movement Over the Boundary Into West Anticipated This Summer.

Ottawa, April 16.—Immigration so far has not given indications that it will be heavy this year, the arrivals during January and February having been the lowest for these two months combined for many years past. At the same time, reports from the west, especially from officials of the land settlement branch of the Department of Immigration and Colonization, indicate that a number of Americans are buying land, which probably is the forerunner of another movement of settlers from across the line.

The improvement in the farm situation on the prairies appear to be due primarily to the much higher grain prices. But this is not the sole factor. According to reliable information, the adversity of the last few years had had a beneficial effect, in that it has taught the farmers better methods of cultivation



DODD'S KIDNEY PILLS  
FOR ALL KIDNEY DISEASES  
RHEUMATISM  
BRIGHT'S DISEASE  
DIABETES  
BACKACHE  
1087 THE PHARMACY

### MORE HUMORS OF HISTORY

By Arthur Moreland



A.D. 1101.—Still pursuing his policy of conciliation, Henry published a Charter of Liberties in which he engaged to put in force the laws of Edward the Confessor. To the Church he promised not to retain, harm, or sell vacant benefices. He granted his vassals, and required others to do the same, immunity from arbitrary exactions; that the overlord should not interfere with the marriage of their daughters, and that heiresses and widows should not be compelled to marry against their will.



### Mathieu's SYRUP OF TAR & COD LIVER EXTRACT

## STOPS COUGHS

Sold in generous size bottles by all dealers.  
THE J. L. MATHIEU CO., Props. SHERBROOKE, P.Q.  
Makers also of Mathieu's Nervine Powders the best remedy for Headaches, Neuralgia and Febrile Colds.

## The Frontenac Bowling and Recreation Academy

Harrison Building - Princess Street  
Eleven of the Finest Alleys in Canada—Special provision for Ladies

### Fourteenth Battle of Five Pins—7 p.m. Tonight

Cups on exhibition at this Academy—Limited number of spectators welcome.  
Highest individual and team scores, in the city, made at this Academy.

LADIES FIND IT CONVENIENT AND CONGENIAL TO BOWL IN THE AFTERNOON.

Come, Bowl, Sleep Well, Eat Well, Feel Well, Save Your Appendix and Forget "THE CONSTANT ROUND OF LITTLE IRRITATING CONCERNS."

F. J. Moran, Mgr.

Book Alleys and Teams at 290—between 12-1.30 p.m. and 5.30-7.00 p.m. Phone 780