

NEWS AND VIEWS FOR WOMEN READERS

LIFE'S SOCIAL SIDE

Woman Page Editor, Phone 2615. Private, Phone 887W.

The George Richardson chapter of the I.O.D.E. gave a dinner in the Belmont on Friday evening to commemorate the seventh anniversary of the foundation of the chapter. It was on March 23rd, 1918, when the women of the Empire were weary, but still standing behind the men...

On Saturday evening the Salle Dore of the Mount Royal Hotel, Montreal, was the scene of a delightful dinner dance, given by the City and District Badminton Association. During the evening on behalf of the club, Brig.-Gen. E. de B. Panet, president of the association, with a picture, as a token of appreciation of the work of the president, Mrs. Panet presented prizes to the winners of the Montreal City and District Badminton Tournament.

The Woman's Teachers Association, who enjoy a social evening, once a year, are dining tonight in the Y.M.C.A., the Mothers' Council putting on the dinner. Afterwards the teachers will go to the performance to be given by the Faculty Players at Queen's University.

Mrs. Maitland Hannaford, who has been visiting Dr. and Mrs. Brice Hopkins, King street, has returned to Montreal.

Mrs. George Mabood, University avenue, was the hostess of a small bridge on Monday afternoon for Mrs. G. H. Thompson, Peterboro.

Mr. and Mrs. James Richardson, Winnipeg, who spent the week-end with Dr. and Mrs. Frederick Etherington, have left for Atlantic City, accompanied by Dr. and Mrs. Etherington.

Mrs. E. J. B. Pense, West street, left for Toronto today to spend a week with Mr. and Mrs. Fane Sewell. Mrs. J. McKay Robertson and Mrs. William Harrison, who have been with Mr. and Mrs. B. G. Robertson, Lower Union street, and for whom several teas and luncheons have been given, will return to Ottawa on Wednesday.

Miss Nellie Day, Woodbine road, Toronto, returned home on Monday after spending the week-end with her friend, Miss Delta Rodway, Bath Road.

Milady's Handbag. Handbags and purses tell a story all their own among the accessories. Never, they insist, are they to be dismissed lightly by a hasty, random choice, but must be selected with all the thoughtful consideration due their importance as an integral part of the costume.

Mrs. H. R. Duff, the regent of the municipal chapter, spoke briefly, also congratulating the regent and the chapter on their energy, and referring to the enterprise in hand at present, that of selling tea and cakes made on a gas stove being demonstrated in the shop of a Kingston merchant. She reminded them that much as money was needed, the I.O.D.E. stood for the ideals of loyalty to the crown and the development of the best interests of the people of Canada.

A letter was read from Mrs. Frederick Etherington, honorary president of the chapter, regretting that her absence from the city made it impossible to be present and conveying her good wishes.

Song sheets were provided and "O Canada" as well as other old favorites, among them some of the songs popular seven years ago, were lustily sung. Mrs. R. G. Betts played for the songs as well as for her sister, Mrs. J. L. Jerome, who sang "The Kerry Dancers," delightfully. "The King" was the only toast.

Mrs. Peter Devlin, second vice-president, moved a vote of thanks to Mrs. H. R. Duff and Miss Mowat, seconded by Mrs. D. Kennedy and the regent, Mrs. Guild, moved a vote of thanks to Mrs. Jerome and Mrs. Betts, who had by their delightful music so contributed to the pleasure of the evening.

Mrs. Egerton Van Luven, seconded this motion, which was received with applause. Card tables were arranged and many of the guests spent a pleasant hour playing bridge.

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COMING EVENTS

Notice of future events, not intended to raise money, 2c. per word, minimum 50c; if held to raise money, 4c. per word, minimum \$1.00. Reception and Personal Notices 25 words or less, \$1.00.

Mrs. Donaldson, Toronto, will address the Anglican women of Kingston on the Woman's Auxiliary Forward Movement in St. George's Hall, Friday, March 27th, at 8 p.m.

of color against one's costume of navy or black. The silks, satin-striped or moire, tapestries and Beauvais-embroidered suedes, befit the more formal suit or the street frock. Beaded bags range from the generously large models, which may complement the elaborate afternoon costume, to the intriguing diminutive models which, in their newest combinations of jet and cut steel, offer themselves resplendently to our hands for evening!

AUNT HET



"I don't like Sallie Hart, but it was plum' sinful the way I enjoyed seein' her pitticoat draggin' this mornin'."

To Promote International Peace. New York, March 24.—Do women really wish to promote peace? Are women's clubs interested in international relations?

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TOMORROW'S MENU

- Breakfast: Stewed Dried Peaches, Cereal, Scrambled Eggs, Toast, Coffee. Luncheon: Griddlecakes with Maple Sirup, Celery, Prunes, Tea. Dinner: Rump Roast of Beef with Brown Gravy, Potatoes, Lettuce, French Dressing, Apple Pie, Coffee.

Answered Letters.

Miss F. H.: "How are gold and silver chains cleaned?" Answer: Half fill a wide-mouthed bottle with warm suds of castile soap; add one heaping tablespoon of ammonia and one heaping tablespoon of white vinegar. Put the chain into this, cork, and shake well. Rinse the chain in clear water and dry it in jeweler's sawdust.

Puzzled: "How are glass stoppers removed from bottles when stuck fast?" Answer: Pour a little glycerine around the neck of the stopper and let stand till the stopper will lift out easily (which stage may be reached in several hours, or in several days).

Inexperienced: "Please tell me how to launder 'tub silks'." Answer: Make a lukewarm suds with dissolved white soap. Immerse the garment in this and cleanse by gentle squeezing and lifting up and down. Do not rub. Rinse in clear,

The Editor hears

That the bronze grackles are back with us and their handsome plumage may be seen gleaming in the sunshine as they give their discordant call to their less beautiful mate. Near the city park two bluebirds were seen recently, making a very early appearance, and the song sparrows have been in the vicinity for some time, one arriving on March 10th and singing his lovely song in an Albert street garden. Surely the birds know that we are going to have an early spring.

That a subscriber has asked us to draw attention to the cruel practice of leaving horses, that have been closely clipped, standing without a blanket on some of these chilly days. The Humane Society seems to have many calls to prevent cruelty to animals in this progressive city.

That modern girls were defended by Michael Sadler, the novelist who lectured on "The Victorian Woman" to the Six Point Group in London, Eng. "The modern girl is charming to look at and expensive to cultivate, but so were her mother and grandmother," he declared. "I don't find her golf stories any more boring than her brother's. Her dancing is generally good, but except for her short skirts, and dancing for golf, you have something very much like the young lady of the 'sixties'!" The extraordinary change was not in the modern girl, but in manners and customs, which affected men as well as women, said the speaker.

That the Anglican women of Kingston are going to have the opportunity of hearing all about the Woman's Auxiliary forward movement at a meeting advertised on this page today in the "Coming Events" column.

That the removal of supervisors in special departments of the public school system, as proposed by the Toronto Board of Education, was strongly opposed at a recent meeting of the Toronto Council of Women.

That the Home and School Council asked that newspaper comic strips based on vulgarity and unfaithfulness between husband and wife be urged to delete them. The matter was referred to the committee on objectionable printed matter. Dr. Augusta Stowe Gullen proposed a plan by which the council of women of Canada are to honor Lady Aberdeen the founder of that powerful organization. Enthusiastic approval of the idea was expressed by the meeting. It was announced that the banquet would be given on April 29th, for Lord and Lady Aberdeen and the many outstanding women who will be in town for two days on their way to the quinquennial of the International Council in Washington. A Rumanian princess will be among the delegates.

Warden Smith, Lennox and Addington County went through the House of Refuge at Picton and afterwards discussed the use of the Prince Edward County House of Refuge by the County of Lennox and Addington. George L. Collier, Picton, has accepted a position as traveller with the International Harvester Co., and begins his new work next week.

lukewarm water, making sure to get all the soap out. Press between the hands instead of wringing. Pongee, Tussore and Shantung silks should be pulled into shape then hung in the shade till dry, and ironed on the wrong side with a warm iron (a hot iron turns white silk yellow); if this ironing does not remove all the creases, you may cover these creased portions with a damp cloth and press over it. But all other tub silks except the three above-named, should be rolled in a Turkish towel after the rinsing and ironed on the wrong side when just evenly damp. Ironing while too wet, makes the silk stiff and papery. Very thin silks may have the "body" restored by being dipped in the following: Gum Arabic Solution—Dissolve two level tablespoons of gum arabic in one quart of lukewarm water, then strain through cheesecloth. This solution is also splendid for stiffening a child's hair ribbons. The garment, or ribbon, should be dipped into this solution while still wet, after being squeezed out of its last rinse water. Hang on the line in a shady spot, and iron as above described.

All inquiries addressed to Miss Kirkman in care of the "Efficient Housekeeping" department will be answered in these columns in their turn. This requires considerable time, however, owing to the great number received. So if a personal or quicker reply is desired, a stamped and self-addressed envelope must be enclosed with the question. Be sure to use YOUR full name, street number, and the name of your city and state.

Mr. Vanderwater, Newburgh, is moving his family to Toronto, having taken a position at that place.

Free Trial Bottle Gray Haired People - Learn my story!

It can't be told in this small advertisement, so I ask you to send for free trial bottle and test on a single lock of hair. It proves what I did for all gray haired people when I perfected my restorer—to renew the color in my own gray hair. The single lock test proves how easy is application, how perfect results. That my restorer is a clear, clean, odorless liquid. Mail coupon for absolutely Free Trial Quilt and learn my wonderful story and what it means to you. If possible, enclose a lock of your hair in letter.

Form with fields for Name, Street, City, and a 'MAIL NOW' button.



Use Baby's Own Soap. It's "Best for Baby - Best for You".

GOOD SAMARITAN HOSPITAL Training School for Girls. Probationers required for Spring and Fall Classes. Course, Three Years. One to two years' High School required for entrance. Liberal allowance and maintenance. Apply: LEBANON, PENNA. Superintendent of Hospital

MOTHERS LIKE TO TREAT COLDS WITH VAPORS. Direct Treatment with Vaporizing Salve Immediately Relieves Inflamed Air Passages.

It is no longer necessary constantly to dose the children in treating croup, bronchitis, sore throat, or deep chest colds. Many Canadian mothers now use the "outdoor" remedy, Vicks VapoRub, for the cold troubles of all the family, because it is just rubbed over throat and chest—there is nothing to take. When so applied, Vicks gives off medicated vapors which are inhaled directly into the inflamed air passages, loosening the phlegm and making the breathing easier. At the same time Vicks is absorbed and stimulates the skin like a liniment or plaster and thus aids the vapors inhaled to break up the congestion. At all drug stores 50c a jar. For free test size package, write Viek Chemical Co., 344 St. Paul St., W. Montreal, P.Q.

CROWN BRAND CORN SYRUP. One of the greatest of all Energy-Producing Foods! Delicious for the table and for cooking. A Friend of the Family.

Kingston Music Studios. PHONE 207. 258 KING STREET. Free Class in Piano every Tuesday. Free ensemble class in Violin on Wed. Free Class in Sight Singing every Tuesday. Modern methods. Special free advantages to pupils. Pupils prepared for examination. Rates on application.

GALLAGHER'S TAXI Service 960 DAY AND NIGHT. At a meeting of the quarterly board of the Methodist Church, Tweed, Rev. Mr. Wight was invited to remain for another year. Mrs. William Sutton, Smith's Falls, died from a heart affection. She was about the day before the end came.

New Materials for Underwear. Satinets in all shades - fancy Stripe at 50c. per yard. Drop Stitch Muslins in plain colors at 35c. yard. English Crepes, fancy and plain at 39c. a yard. Nainsook from 25c. to \$1.00 yard. Colored Mull at 50c. and 60c. yd. Sheer Linens from \$1.00 to \$2.00. A large range to choose from. W. N. Linton & Co. Phone 191. The Waldron Store.

LINDSAY'S \$395 The Lindsay Style "L" Piano. Full Iron Frame. Overstrung Bass. Three Pedals. Mahogany Case. Beautiful Tone. Sold on easy terms. Established 45 years 121 PRINCESS STREET KINGSTON.

A hurry-up breakfast. To get Johnnie off to school and Daddy off to work with no kitchen worry, heat two Shredded Wheat Biscuits in the oven to restore their crispness, pour hot milk over them—and such a warm, "comfy," satisfying meal. You can work half a day on it without getting hungry. Lots of "pep" in it for the up-and-coming man who has to keep "on his toes." The Canadian Shredded Wheat Company, Ltd. Niagara Falls, Ontario. Shredded Wheat "It's All in the Shreds"