# NEWS AND VIEWS FOR WOMEN READERS

Breakfast.

Stewed Dried Apricots

Wholewheat Griddlecakes

Cauliflower

Beet-Banana Salad

Supper

Omelet

## LIFE'S SOCIAL SIDE

Woman Page Editor, Phone 261 Private, Phone 857W.

The numerical strength of the L O.D.E. in Kingston was seen in the crowds of women who attended the inthday party of the order at "Ansandale" on Friday, when Mrs. sell Carruthers gave her home for he pleasant gathering. Mrs. Harry burkholder, Hamflton, regen the provincial chapter had come to stop for the event and received he "Daughters" who were presented to her by Mrs. C. F. Constantine from 3 to 3.30, when many people had the pleasure of a few words with her. Then the programme began and the standard bearers of the six prim-



MRS. J. B. CARRUTHERS

ary chapters holding their standards from which floated the Union Jack. grouped around the provincial cent and Mrs. Carruthers, and the ational anthem was sung. Mrs. H Duff regent of the Municipal Chapter, presented Mrs. Burkholder with a handsome bouquet of roses

The War Memorial, which fully described in the Whig a few days ago in the extracts from Miss Gordon's pumphlet, was spoken of by Mrs. Burkholder, and the chapters were urged to complete the required sum of \$500,000. The speaker had been in the northern part of the province recently and had seen the appreciation of the beautiful pictures which brightened the walls of the lonely little schoolhouses and of the libraries given by the I.O.D.E. which were not only used by the children but by the parents who read and re-read the books.

A musical programme, with plane Sophie Heward. numbers by Mrs. James Rigney and Mrs. A. N. Lyster, a violin number by Miss Telgmann and a song by Mrs. J. L. Jerome, was enjoyed by tertained at the tea hour in honor the guests. Tea was served in the her guest, Miss Cecily Rutherford dining room the regents of the Kingston. chapters pouring ten and the mem-

COLOR IT NEW WITH "DIAMOND DYES"

Beautiful home dyeing and tinting is guaranteed with Dia-mond Dyes. Just dip in cold water to tint soft, delicate shades or boil to dye rich, permanent colors. lach 15-cent packse contains tions so simple any woman can dye or tint lingerie, silks,

ribbons, skirts, waists, dresses, coats, sweaters, draperies, coverings, hangngs, everything new.

Buy "Diamond Dyes"-no other d-and tell your druggist whether the material you wish to color is wool or silk, or whether it is linen, cotton, or mixed goods.

A Stubborn Cough Loosens Right Up

Here is a home-made syrup which milons of people have found to be the
set dependable means of breaking up
subborn coughs. It is chesp and simple,
ut very prompt in action. Under its
calling, soothing influence, chest sorecase goes, phlegm loosens, breathing beimes easier, tickling in throat stops and
ou get a good night's restful sleep. The
sual throat and chest colds are connered by it in 24 hours or less. Nothing
etter for bronchitis, hoarseness, croup,
stroat tickle, bronchial asthma or winar coughs.

ranulated sugar syrup and shake thoroughly. If you prefer, use clarified nolasses, honey, or corn syrup, instead a sugar syrup. Either way, you get sounces—a family supply—of much efter cough syrup than you could buy eady-made for \$2.50. Keeps perfectly and children love its pleasant taste. Pinex is a special and highly concentated compound of genuine Norway in extract, known the world over for a prompt healing effect upon the mem-

for 2% ounces of Pinex with sections, and don't accept anyse. Guaranteed to give absolute tion or money promptly reThe Pinex Co., Toronto,

bers assisting. The table was lovely with jonquils in a silver bowl. The beautiful three-tiered birthday cake, with the Union Jack and the crest of the I.O.D.E. was an object of nterest and the tiers were drawn for separately, Mrs. Halloway Waddell, Mrs. Victor Tremaine and Miss Martha Smith holding the lucky numbers. Miss Ethelwyn Mowat who had charge of the silver bowl which held the offering of the members of the chapters had \$200 when the afernoon was over.

brilliant success ridge and mah jongg given at "Annandale" on Friday evening by the Cataraqui Chapter, I.O.D.E. Twenty one tables were in play and the prize for bridge was won by the regent of the chapter, Mrs. W. H. Macnee, to everyone's very great pleasure. Mrs. Heber Lafferty won the mah jongg prize, Supper was served at the table. The number of men present showed the interest aroused in the masculine hearts by the splendid work of the I.O.D.E.

The dance given by the students of the Kingston Dairy school on Friday evening was a most enjoyable affair. The half was gay with red and white streamers and the attendance was large, Mr. and Mrs. L. A Zufelt received the guests who spent the eyeuing dancing to excellent music. Ice cream and cake was served during the evening.

Mrs. Everett Townsend, "The Winsten," left to-day for Wheeling. West Virginia, to visit her daughter, Mrs. P. H. Swalm. Before returning to Kingston, Mrs. Townsend will pay several visits in the United

Mr. Royal Cortissoz, New York. who will come to Kingston next week to give lectures under the George Taylor Richardson Bequest. will be the guest of Dr. and Mrs. Frederick Etherington.

F. A. Sproule, B.A., Queen's, was one of a committee of the Alumni ssociation of Canadian Universities, that put on a dance at the Chateau Laurier, Ottawa, last night.

At the University ball last at the Chateau Laurier, under Vice Regal patronage, the following ladles were the hostesses: Mrs. F. T. Basken, Mrs. E. R. Cameron, Mrs.

Mrs. Jack Hughson, Ottawa, entertained at mah-jongg this week in honor of Miss Cecily Rutherford. Kingston, who is the guest of Miss

Miss Sophie Heward, Ottawa,

Mr. and Mrs. Wm. Newlands returned from Portland, Oregon, this week after a visit of some months with Mr. Lawrence Newlands Miss Mary Campbell, Queen's University, is spending a few days in

Miss Edna Lockett, Y.W.C.A., is pending the week-end in Belleville. Mrs. Harry Burkholder, who was the guest of Mrs. J. B. Carruthers. "Annandale" during her brief visit to Kingston, returned to Hamilton

Mr. Charles Quinn and Mr. R Starrs, Queen's University are spending the week-end with the latter's monther, Mrs. R. A. Starrs,

Miss Florence Johnston, Kingston Mills, is a visitor at the home of Mrs. Lila Edgers, Smith's Falls. Clare Purdy, Smith's Falls, is spending a couple of days in King-

Mrs. J. L. Boyes and Miss Smith Napanee, spent Thursday in King-

Mrs. E. J. Corkill, Napanee, left for Harriston, where she will sper a few days with her mother.

Mrs. J. Howard Box, Arnprior. and her little daughter, Jean, are with Mrs. J. G. Elliott, Barrie street. Harold Anglin and Bobby Sparks have gone to Toronto to attend a canquet of the counsellors and boys of Ahmek Camp, Algonquin Park. The banquet will be held at Mo-Master University this evening and it is expected that about five hundred guests will be present

Miss Helena Connor and Mr George Connor, Princess street, left on Friday for Trenton to attend the High School "At Home." While there they will be the guests of the

Miss Jean Wilton, Arch street, has left for London, Ont., to attend a conference of S.C.A. workers being held at the Western Univer-

Miss Marion Anglin, Queen street. is spending the week-end at Oshawa.

At Pioton, Ernest Wright has received the appointment of assistant customs officer in place of Capt. George O'Brien who has been super-

annuated.
invitation to return to the Cressy
Methodist circuit for another year.



Loveliness of the Complexion

An "over-night" remedy for chapped hands, sore lips, rough skin and all facial blemishes.

IT PAYS



Radio pays, says Maxine star of "Plane Jane," despite the cry of producers that broadcasting is hurting box office receipts. Her singing, she says, has brought additional patrons to her performance.

AUNT HET



"I didn't know Pa was poutin' at

Free Illustrated lecture by Macoun. Dominion . Horticulturist. Convocation Hall, Mon., Feb. 23rd,

Miss Mahala Pettet, Wellington was the unfortunate victim of a broken wrist. Miss Pettet fell just outside her door and sustained the frac-

Rev. E. Calfry has accepted



Skin eruptions are usually but manifestations of hidden forces at work below the surface. A good complexion comes from within, not from without. You must look after your liver and keep your system clear.

back the natural color to the often needlessly inflicted upon them. complexion; they expel the poisonous products of imperfect digestion and banish disorder, the cause of facial blemishes; they tone up the system and give the skin a healthful bloom.

Cold P.

Sold Everywhere in Canada



Roast of Veal Franconia Potatoes Chocolate Pudding

> French Dressing Lettuce Quick Biscuits Preserves DOING OVER A TABLE TOP.

In time the top of a much-used figured. When this happens the with oil and pumice, taking care to housekeeper can easily renew its sur- make the stroke light and even, so face herself as follows:

carpeting over a block of wood two small fancy tables. inches square, which has a flat face, and dip the felt, or carpeting, into

You have now removed the oil pol- state. ish. No doubt, too, the old stain

TO-MORROW'S MENU.

has been partly removed. Apply new oil stain (this may be a darker color, if desired, as dark oak over light oak), taking pains to avoid streaks. In about 20 minutes this applied stain will begin to set, and you must now wipe off the surplus with a bunch of soft rags, again working with the grain. Let stand for over 24 hours 48 is safest—then, if the grain has been raised by the stain, smooth lightly with number double-nothing sandpaper and wipe

off the dust. The next step will depend upon your personal preference. If you want a varnished finish, choose waterproof varnish and apply coats, 24 hours apart. This treat ment is best for dinner tables. you desire a dull finish, lightly sandpaper the first varnish-coat before applying the second. Let the second table is almost sure to become dis- stand 48 hours and then rub down

as not to cut through the first coat. Remove the original gloss by But if you wish a waxed finish, do scrubbing with one quart of hot wa- not apply varnish at all. Instead, er containing one heaping tablespoon use a coat of shellac and finish with of washing soda. Then fold a piece wax a few hours later. A waxed finof thick felt, or a square of old pile ish is beautiful for library tables and

All inquiries addressed to Miss linseed oil, sprinkle it with powder- Kirkman in care of the "Efficient ed pumice, and go over the table top Housekeeping" department will be with long even strokes, working with answered in these columns in their the grain. Take care to keep the turn. This requires considerable felt or carpeting well moistened with time, however, owing to the great the oil, otherwise the pumice may number received. So if a personal or leave fine scratches. When the sur- quicker reply is desired, a stamped face is smooth to the touch, wipe off and self-addressed envelope must be the pumice with some oil applied to enclosed with the question. Be sure a piece of old, soft silk. Then rub to use YOUR full name, street numoff the surplus oil with clean rags. ber, and the name of your city and

-The Editor



### The Editor Hears

That the Anglican Sunday school children of Ottawa gave \$1,000 towards the Save-the-Children fund of the Near East.

That the members of the Local Council of Women were much pleased with the reports given of the Traveller's Aid work by Mrs. Charles Wright, who ably fills the post of Traveller's Aid in Kingston. The Local Council through the affiliated societies and the assistance of the Ladies' Aid Societies of the Kingston churches, have undertaken to pay a small salary to have the principal trains met, and women and girl travellers set on their way.

That streamer ties are a feature of many of the blouses and frocks worn with ensemble costumes to-day. The streamers are long and the knot may be either close up to the throat or looped loosely as low as the

That the season of sleighing parme yesterday till I saw him tryin' to ties should be considered at an end unless we have another snow storm. The roads in the city are quite bare of snow and in some places on Friday the dust was flying. There is little snow on the country roads and and it is cruel to expect horses to draw loads of children over bare ground on sleighs.

> That the I.O.D.E. celebration was a great success and the members of the various chapters will go forward with renewed with renewed with renewed to the renewed with renewed vigor to carry out the work of completing the War Memor-

famous minstrel shows this year. It is two years since we had the pleasure of hearing these clever young men put on the splendid entertainment to which they give much time

nade to understand how just and noble it is to be humane, even to what we term inferior animals, will do much to give them a higher character and tone through life. There is nothing meaner than bardumb creatures who cannot answer The Canadian Wholesale Distribu

A coat of plaid kasha cloth is often worn over a dress of plain kasha, the plain harmonizing in color with the dominant note of the

Very smart boutonnieres are made of wool flowers in very crude colors.

## WOMAN'S INSTITUTE.

CHAFFEY'S LOCKS. The regular meeting of the Women's Institute was held at home of Mrs. E. Alford, on February 14th. After the business of the meeting, the members and their friends played progressive euchre. Mr. E. Alford won the gentlemen's prize; Miss Jean Alford the ladies' and Miss Mary Simmons the consolation prize. At the close of the games, dainty refreshments were served. vote of thanks was tendered the hostess and the social evening was brought to a close.

# Beauty

A Gleamy Mass of Hair

"Danderine" does -Wonders for Any Girl's Hair



rine" and brush it through your hair. The effect is startling! You can do your hair up immediately and it will appear twice as thick and heavy a mass of gleamy hair, sparkling That the cadets of the Royal Mili-tary College will give one of their parable softness, freshness and luxur-

White beautifying the hair "Danderine' 'is also toning and stimulating each single hair to grow thick. long and strong. Hair stops falling out and dandruff disappears. Get a ottle of "Danderine" at any drug or let counter and just see how healthy and youthful your hair appears after this delightful, refreshing

GALLAGHER'S Service J DAY AND NIGHT

## This Little Brandon Lassie Is Never "Dosed" for Colds

The Browns Now Use the "External" Treatment for Croup and Cold Troubles.

Mrs. John Brown, of 426 24th St., Brandon, Man., is the mother of this fine little girl and one of the many Canadian mothers who now use the vaporizing salve, Vicks VapoRub, in treating the colds of all the family. After using Vicks for some time Mrs. Brown

"I have eight small children—aged from one to twelve years—and can certainly say that Vicks is the only cold remedy I have in the house all winter. If the cold is in the child's head I just put a little up each nostril and it gives relief in a short time. If it is in the chest I rub Vicks well in at night and by morning the cold has almost disappeared. I also use Vicks for chilblains and for burns—in fact, I use it too for severe headaches and find relief in a very short time. I always recommend Vicks as good, too, for adults.



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Women's White Flannelette Bloomers - good, strong quality material with elastic at waists and knees. Tonight for 50c. a pair.

White Hemstitched Pillow Cases all widths, strong, even weave Cotton. Special for 75c. pair.

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