

M. Campbell Prosident

OUT-OF-TOWN REPRESENTATIVES

Letters to the Editor are published only over the actual name of the

The circulation of THE BRITISI WHIG is authenticated by the ABO Audit Bureau of Circulations

Growing old is just a slow process of shedding enthusiasm. Sometimes a floating indebtedness

rets heavy enough to sink. Suggested slogan for Nurmi's

and: The Finnish finish first, International crisis: Two mules eager for the same ear of corn.

What goes up must come dow exception: the cost of living.

Every man feels at peace with God when thoroughly satisfied with him-

One-half of the world doesn't car a darn about the other half's scan-

Civilization is not going saved unless it makes itself worth

Where there is no vision the people who manufacture silk stockings

Surely it wasn't sentiment that made France charge Uncle Sam for dock space.

The thing that persuades some fellows to do post graduate work is good betting eye.

one of crawling.

gang out for a little poker," said ie, "the wife doesn't mind."

The most significant three-letter combinations are C.O.D., K.K.K., S. O.S., F.O.B., and P.D.Q.

Still, the world hasn't lost much since girls took to gadding about instead of doing sofa pillows.

It is hard to tell which are most significant, a country's political parties or its petting parties.

A smoker in London has 5,36 sipes, which is almost enough to fin one when he is in a hurry.

We approach the day when thirst folk must choose between the tow pump and a stomach pump.

One of the causes of trouble the world is that most persons tr to live up to their dispositions.

Another nice thing about th Venus de Milo type would be her inability to grab the steering wheel.

The woman who married a me to reform him finds solace in th thought that even legislation cannot

Yet most of us would have been awed by a magazine cover if it had seen handed down to us from the year 1246.

Many a man thinks he is getting along quite well if he does not receive notice from the bank that his account is overdrawn.

BIBLE-THOUGHT l or, lo there! for, behold, 7:20, 31.

A SHARY PROPOSITION.

The growers of vegetables and domestic habits. small fruits in Canada appear to be monopolize the home market. But

force the agriculturist to buy home- As contrasted with the conditions of The BRITISH WHIG PUBLISHING oranges, grapefruit or dates in Canzled to hazard a prediction. ada. There is evidently a point beyond which it becomes uneconomic and injurious to overcome the handifor which she is better fitted.

> tion is whether winter grown vege- 450,000,000 bushels; then that Mexico and California at a cost of from \$2.20 back to \$1.85 turally grown foreign product ap- duct. pears like unsound economics. And that is the sort of chicken that always comes home to roost.

der that their business may continue to be profitable. Is this a sufficient advantage to balance the sacrifice they ask of us?

It would seem that the northern vegetable growers on both sides the international line are faced by new and increasingly formidable competition brought about by better means of transportation from the fields of highly organized truck farmers in sub-tropical climates. Canadian producers cry out for the protection of a high tariff wall, but is this necessary or wise? Are the growers in the northern States of the Union, against whom the com-Many a man falls into debt, but petition is even keener, overcoming the process of getting out is usually it by better organization and sales facilities, by specializing in fancy, high priced lines with which the Correct this sentence: "Bring the staler southern product cannot compete and lines which grow better in north? The same methods should bring us relief, but if not we might better abandon the field to the much more efficient producer rather than continue bucking indefinitely against both climate and economics.

THE RENT PROBLEM.

As compared with the days when life was less elaborate, rents now high. They have not been flated to the same extent as oth items in the family budget; yet there is something to be said from the landlord's point of view. In the case of apartments, which have become so popular in all the larger cities an analysis of rents discloses the fol lowing situation: Out of every dollar paid by the tenant 1.7 cents goes for insurance, 5.3 for administration, 8.1 for repairs and re-decoration, 10.1 for taxes, 18.5 for wages, coal and other operating expenses, while 56.3 remain for the landford It represents 7.25 per cent, on his

Over and against that return to the owner must be charged deprech tion and losses through vacancies There is little room for doubt the dwellings and other properties which were built twenty-five or forty years ago are now profitable; but the inrestment in modern structures is large that wise management is ne sary in order to secure satisfactor; results. This is particularly true of office bulidings, business properties

and large apartments. The social changes which have been brought about by high rents are more or less obvious. The first is found in a rising movement from Ziegfeld says that girls are knock- central to suburban areas. Those Wiel, you can't blame the who cannot afford to pay the p vailing rates are driven to the or fringe, where conven er but the cost of living lower. The who do not take part in this migration are often compelled to live in apartments; so that one of the phe- In the long run, it can do nothing the witness' situation can hardly be nomens of our time is the condens. but harm; and it is the long run that abated by the reflection that it is Lo ed living which many families thus counts in human affairs. adopt. It has in considerable degree of God is within you.-Luke changed the physical appointments

have come variations in social and

In our larger cities this concen-In a bad way. For six months of the tration and narrowing of life has year American competition can fairly been primarily due to advancing land values. The apartment is the the tariff remedy which is being natural method or meeting that new strenuously advocated by the Cana- condition. To those who are studian growers looks as though it dents of sociology, a field for specumight easily do more harm than lative thought is at once opened up. What will be the effect a century In his address to the Ontario hence of this cramping process? Will

Vegetable Growers' Association, Pre- it affect health and status? In sident Walter J. Cooke, of Cataraqui guessing at the answers, allowance -to whom the Whig extends con- must be made for the marvelous gratulations on his appointment- adaptability of mankind to altered declared, "It is as logical to force the and altering environment. The effect public to eat home grown food as to on the home itself is another matter. made manufactured foods." Despite fifteen years ago, there are so many this assertion we take it that Mr. new influences operating on home Cooke would not favor growing life that one finds himself too puz-

WHY IT HAPPENED.

cap of climate by artificial means, ed in the mental process of the westeven though it is admittedly possible ern farmer as he has watched the to do so. Canada is more prosper- collapse of the speculative wheat ous by buying tropical fruits from markets at Winnipeg and Chicago. the tropics and devoting her own If he has clearly understood that energies to producing those things his wheat rose in market value from \$1.05 to \$1.85 because there had If this is admitted, the next ques- been a world shortage in the crop of tables do or do not fall within the further advance from \$1.85 to \$2.20 class of articles which it is better was due entirely to manipulation by for Canada to import. By the pre- speculators in control both of availsident's own statement winter vege- able supply and the grain exchanges; tables can be grown in Florida, and finally, that the sudden drop 50 per cent. or more below the Cana- brought about by the collapse of this dian cost. Any ordinary assistance speculative movement, all will be to overcome local disabilities would well. He will no longer need to be home product to compete with a na- what he shall receive for his pro-

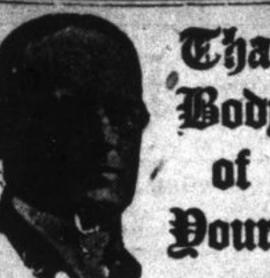
This most impressive object lesson has been opportune. Our friends of the prairies have been lashing them-Of late years we have learned that selves into an unhappy frame of in greens and fresh vegetables there mind, and making everybody else is a life-giving value which is de- unhappy at the same time, because ficient in long stored vegetables and something was not done through milk from cattle fed on old hay, legislative channels to relieve what Winter greens are therefore not a they regarded as their disabilities luxury, for they contribute to the under the unequal play of deflation. health of those who use them. The They should have realized that nothcheaper they are the more widely ing could be done; that they had will they be used, and the higher the been the innocent victims of a law price the more restricted their con- which could neither be modified nor sumption. So that what the Vege- made inoperative by any means table Growers' Association really de- whatever; and that time would bring mands is that many of us should give about adjustment. Of course, many up a higher standard of living and grain growers did grasp that relentgo back to a lower and older in or- less truth, and held themselves aloof from the clamor.

There is a general conviction among economists that we have seen the end of \$1 wheat, except as possible and rare incident. The discouraging market conditions which prevailed between 1921 and the autumn of 1924, were undoubtedly due to the operation of supply and demand; but largely because of an abnormally low demand. Shattered and stricken Europe had to fall back on something else than wheat as a staple food. The impoverished people of many countries were unable to pay the price of white bread. Millions of men and women had to eat something else during those dark years of recenstruction. Co-incident with that condition there were abundant harvests on this side of the Atlantic. The yield of wheat in 1923 was phenomenal on our western

happy change has occurred. Europe is getting back on its feet. The demand for white bread is steadily swelling as the purchasing power of the people rises. That means a looking to us for supplies. It is a reasonable prospect, we are assured by competent authorities. that this ability to buy our flour, our wheat, will be progressive. fair market price for Canadian port wheat is therefore certain. as certain as anything can be in th capricious old world. But our west ern friends will be helping them selves on the road to well-being and contentment if they do not depend entirely on the grain market. They must increase their by-products, which is another way of saying they British ideals in each of the Dominmust adopt mixed farming on the lons. prairies. Excellent results have been won by those who have taken it up, as witness the prosperity of the dairy industry in Saskatchewan and Al-

No greater mistake could be made by the western grain grower than fancy he fights a tone battle. does not. The people of the East are deeply and genuinely interested in his prospertty. Selfish conside tions would lead them into that titude, if there were no other; for the purchasing power of the We has a great deal to do with the in iustrial and commercial soundnes of the East. It is that commonner of interest which makes the class and sectional consciousness of our western friends so regrettable. For tion. the same reason, we must all see the splendid possibilities of hearty and earnest co-operation among all inerests and all sections of the country. The only thing that could po sibly check our national expansion would be this very sectionalis which is now cropping up with respect to the tariff and freight rates

of the home, and with that change sonal liberty from the bottle.



Body Dours

Be James W. Berten, M.D. "Road" Work and the Liver. In putting an athlete into shape, be he a boxer, wrestler, oarsman, or footballer, the trainer puts more emphasis on what he calls "road work" than on anything else.

In truth the man must box, wrestle, or row to acquire the necessary kill. He likewise gets considerable "condition" from this athletic work in which he specializes, but nevertheess the old trainer sees that he gets lots of road work, which is simply jogging slowly along the road or We should all be deeply concern- street, or even around the running

track of the gymnasium. Why is this so important? Because of the tremendous amount of work necessary to throw the body in the air when he runs. In an ordinary jog of one mile, he would lift over one hundred tons weight off the ground, and he would do it in a few

It is not hard, therefore, to see that the heart would have to pump this blood, and the lungs would have to purify it. A strong heart ,and an |

efficient pair of lungs results. Therefore, the ideal way to develop the lungs would be to use the big leg and thigh muscles, and thus call

is a better system of developing the be readily granted. But a perman- told that, in the final outcome, the lungs, than simply taking long ent tax of 50 per cent. or more in inexorable economic law of supply breaths, where all the muscle that order to allow an artificially grown and demand will always dictate you use, is the flat muscles on the

> However, there is one thing that is attained by these deep breathing exercises, and that is an actual masaging of the liver.

This means more to you than you think, because the liver is such a soft organ, that any play of the muscles of the abdomen would tend to squeeze it, and thus bring the bile into the intestine to do its most im-

You may remember that it not only breaks up fats, but takes care of poisons and hurries the intestinal contents along.

Perhaps you sit at a desk or stanby a bench all day, or abdomen get no bending or exercise.

If then in your endeavor to crease your lung capacity, you tak a number of long deep breaths, you will of course increase your lung capacity to some extent, but the lungs pressing down on the diaphragm. that is the floor of the chest, and the diaphragm on the soft liver, will squeeze the liver and help to empty the bile into the inestine.

Thus your breathing exercisesdrawing in and expelling long breaths-might well be termed liver

Press Comments.

The Embargo on Pulpwood. Indianapolis News: In many way Canada and the United States are a economic unit and the stringing economic barbed wire along the bor der is not to be encouraged. It is dangerous manoeuvre to seek, eve indirectly, the destruction of an in dustry in another country. United States, unfortunately, have to combat the fact that its pre sent tariff law has somewhat effect of an embargo on many Cana dian products.

Race or Hybrid?

Glasgow Herald: The world would not come to an end, and civilization would not perish from the earth, i the British Dominions overseas were to cease to be predominantly British in racial composition. At the same time, the history of by-gone empires shows the confusions and disasters that result from a weakening of racial solidarity. Not merely our own interests, but those of the world re guire that there should be a spon taneous solidarity of sentiment throughout the British Empire. This solidarity can be ensured only by the continued and, indeed, the increased predominance of British blood and

End of the Intellectuals.

London Chronicle; At every stage, of social life the intellectual and professional classes are handicapped. They have had no share in the profiteering which has produced the new middle-class. Their small investments have depreciated. Their earnings have not gone up in proportion to the cost of diving (take the examples of dons, schoolmasters, clergymen, doctors and lawyers). But they have to pay income tax. They have to pay for the schooling of the poor. And they have little charges of their children's education. And so that small class which was once the nursery of culture is in danger of suffering gradual extinc-

"British Opr London Post: "When we look back on the days when we were oppressed by England, it would look like Paradise if we could get the same kind of oppression now." Coming from Mr. John Dillon, the old irreconcilable, that is striking testis. mony indeed; and the bitterness a situation which he helped with his own hands to contrive. What Mr. Dillon realizes so painfully is the ruinous inefficiency of this Free State government, with its extrava-

That

BIBBY'S DRESS WELL AND SUCCEED

LOOK THE PART

Good Clothes won't make the man. Quite so; But without good clothes you will find the going hard.

Good clothes are not a luxury, but true economy. pay you real dividends on the investment.



Our New Spring Suits and Topcoats

Are Ready for Your Inspection

Our salesmen have become very enthusiastic over the new models, and have spent many pleasant hours to get themselves familiar with all the new style kinks, etc.

Our Mr. Howard Ball, Mr. Bruno Spoor, Mr. Mason or Mr. Sloan will

If you are not yet ready, have your favorite Suit or Topcoo

Our **Duncan Suit** \$33.50

Our Atkins Suit \$30.00

Our Renfrew Suit \$25.00

BIBBY'S

We're Not a Bank But You Can Save Money Here

gant taxation and its indefatigable companies did their duty alike faithconcern for everything but what fully; and it exhibits bad taste on really matters! The maintenance of the part of the Herald to breed disa standing army in so small a coun- sensions between the two companies try Mr. Dillon denounces as "noth- by any such like one-sided praise ing short of crime," as indeed it is; and censure. and he also mocks at the policy of seeking to open embassies in foreign countries.

KINGSTON IN 1858

A Backward Look.

Sidelights From Our Files-

L'HOTEL DIEU FIRE.

September 14th .-- A fire broke out

vesterday shortly after noon in the rear buildings of L'Hotel Dieu in fury for about an hour, destroying much controversy, we may be sure all the buildings in the rear of the hospital, but by the great exertions the main building escaped destruc- | would travel twice as fast as horses confusion and excitement among the trust themselves to the mercy inmates, both Sisters of Charity and such a machine, going at such patients-the former had nearly all rate." The rails of this first road their furniture carried into the street | which was sixteen miles long, were and partially destroyed, while of the of wood, overlaid with strips of their beds in blankets and were mer only. For ten years it was the otherwise much discomposed.

It affords us much pleasure to erica. add that the firemen of Kingston on this occasion did their duty in an exemplary manner, and by their exertions saved L'Hotel Dieu from the flames. If the corporation of Kingston and the several fire insurance companies would but do their duty in like manner, there would be no occasion for newspapers to hint that boys, not men, form the chief material of the fire brigade.

September 15th .- The Herald of yesterday, alluding to the attack upon the Victoria Fire Company, while it praises the deluge company most inordinately. Now it so happens that one company is comof Catholics. We believe that both | matinee, Admission 35 and 50 cents.

Phone 597

en landas Story WEDS IN DAIDED

FEBRUARY 20.

Tense was the air with excite-La Prairie, Que., about this day in 1836, for it marked the inauguration of the first railway in Canada. And horses supplied the motive power! In the following year a steam engine, imported from Brock street. It raged with great Britain, replaced the horses, amid for some of the writers of that day had declared it "abourd and ridicuof the firemen and others assembled, lous" to predict that locomotives tion. There was nevertheless much and in any case "people would not atter, many had to be carried out iron, and it was operated in sumonly railway in British North Am-

eat. Physicians and Dietitians re-

CROTHERS COMPANY.

Phone MARTIN'S III SUALITY STORE STORE

Note the Canada Legend on the Beef. It is the Cana-

dian Government Guarantee of its Purity.

WING STEAKS 180 lb

CHOICE MILK-FED VEAL

Racks of Veal 15c.; Loins 20c.; Fillets 25c.

CHOICE CANADIAN PORK

Roasting Pork 15c.; Pork Chops 20c.

1 Peas, 1 Corn 1 Tomatoes 45c

Black Tea 70c., or 1 1/2 lbs. for \$1.00

Large Bottle Catsup 220

WOODSIDE CREAMERY 350

OUR FAMOUS SAUSAGES SPEAK FOR THEMSELVES Homade 18c. New England 25c. Cravemor . . . 80c.

(Put up in cartons).

272 Princess St.

BLADE ROAST 121/20 lb. THICK RIB

\$4,200 was extended to Rev. Donald M. Chappel, pastor of the Stone Thursday, makes a most unjustifiable Street Presbyterian church of Watertown, by the East Side Presbyterian church of Rochester, N.Y. Don't forget "The Pageant of Famous Women," Y.M.C.A., Friday, posed of Protestants and the other Feb. 20th, 8 p.m., and also Saturday

Phone 597

Sick Room Supplies

necessary in the sick room. Telephone 848 and receive

Bed Pans- all styles in amel, porcelain and delph Urinals—glass and ename Feeding Cups and Tubes.

Cans and Bags, Rubber Sheets Ice Bags and Ice Caps, Air Cushions, Gauze, Cotton and

185 PRINCESS STREET PHONE 843. Prescriptions promptly pre-

Kingston's Leading FLORIST Wedding Bouquets, Funeral De-signs, Cut Flowers, Potted

Cor. Brock and Wellington Sts. Phones: Office 770. Residence

H. Stone, Manager

PURE CLOVER HONEY 5 and 10 lb. tins 15c. per lb.

HONEY IN THE COMB

lections each.... 25c, and 80c

Jas. REDDEN & CO. PHONES 20 and 900.

The Bird of Time has but a little way to flutter and the Bird is on the Wing.

Catch the Bird-hold it for a little while until you consider the matter of Coal values-especially heat. From every point of view you will be forced to the conclusion that 100 per cent, value and satisfaction are obtained by the use of

Scranton Coal mined by D.L. & W. R'y., the standard Anthracite of America—the only Coal sold by

The Home of Good Coal