

THE EYES AFTER MIDDLE LIFE

People who wear glasses for close work only must have their lenses changed every year or so. As the eyes steadily change, the glasses must be changed to suit. This ageing of the eyes is perfectly natural, and all are subject to it. We can supply you with the correct glasses for the present condition of your eyes.

R. Arthey, Optometrist
142 PRINCESS STREET

Here's the Way to Heal Rupture

A Marvelous Self-Home-Treatment That Anyone Can Use on Any Rupture, Large or Small.

COETS NOTHING TO TRY

Ruptured people all over the country are amazed at the almost miraculous results of a simple method of rupture that is being sent free to all who write for it. This remarkable Rupture System is one of the greatest blessings ever discovered to rupture men, women and children. It is being pronounced the most successful method ever discovered, and makes the further use of trusses, appliances or supports unnecessary.

No matter how bad the rupture, how long you have had it, or how hard to hold; no matter how many kinds of trusses you have worn, let nothing prevent you from getting this FREE TEST TREATMENT. Whether you think you are past help or have a rupture as large as your feet, this marvelous System will so control it and keep it up inside so to surprise you with its magic influence. It will so help to restore the parts where the rupture comes through that soon you will be as free to work as any occupation as though you had never been ruptured.

Thousands of persons who formerly suffered the tortures of old fashioned steel and spring trusses are now rejoicing in their freedom from the danger and discomfort of rupture.

You can have a free trial of this wonderful strengthening preparation by merely sending your name and address to W. A. COLLINGS, Inc., 623 Collins Building, Westchester, N. Y. Send no money. The test is free.

Write now—today. It may save the wearing of a truss the rest of your life.

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RADIO

FRIDAY, FEBRUARY 20.
KDKA (500.1) Pittsburgh, Pa.
9.45 a.m.—"Stockman" reports of the Pittsburgh livestock and wholesale produce markets.
12 noon—"Stockman" reports of the Pittsburgh livestock and wholesale produce markets.
3.30 p.m.—Closing quotations on hay, grain and feed, from the "Stockman" studio.
6.15 p.m.—Dinner concert by Charlie Gaylord's Orchestra.
7.15 p.m.—"Stockman" reports of the primary livestock and wholesale produce markets.
7.30 p.m.—Daddy Winkum, the radio rhymer.
8.30 p.m.—Programme arranged through the courtesy of the Rieck-McJunkin Company, Pittsburgh.
WBE (887) Springfield, Mass.
11.55 a.m.—Market reports.
7 p.m.—Market report by the United States department of agriculture.
7.05 p.m.—Bedtime story for the kiddies.
WMAQ (447) Chicago, Ill.
12.25 p.m.—Y.M.C.A. forum.
4.30 p.m.—Pupils of Bush conservatory.
5 p.m.—"The Lullaby Lady," Mrs. Gene Davenport.
6 p.m.—Organ recital from Chicago Theatre.
6.30 p.m.—Hotel LaSalle orchestra.
8 p.m.—Weekly Wide-Awake club programme directed by Mrs. Frances M. Ford.
8.30 p.m.—Musical geography, Mr. and Mrs. Marx E. Oberdorfer.
9.15 p.m.—Musical programme by the Hyde Park Treble Glee Club.
WPG (206) Atlantic City, N.J.
7 p.m.—Hotel Traymore dinner music.
9 p.m.—Ambassador Concert Orchestra.

AN EVENING AT HOME WITH THE LISTENER IN

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(SEE INSTRUCTIONS FOR USE BELOW)

City	Time	Station	Programme
Albany, N.Y.	7.30	W. J. B.	Health talk
Albany, N.Y.	7.45	W. J. B.	Address, "Some Common Fruits in Spoken English," Theodore Baird, department of English Union College.
Albany, N.Y.	8.15	W. J. B.	Radio drama, "Harvest," by Henry Hamilton, presented by the WJY Players.
Albany, N.Y.	10.30	W. J. B.	American Trio and Lillian Rosenbal, soprano.
Albany, N.Y.	7.30	W. J. B.	Guarantee Trust Choral Society.
Albany, N.Y.	8.15	W. J. B.	"Review of Work of N.Y. Assembly," Julius S. Berg.
Albany, N.Y.	8.30	W. J. B.	Philharmonic String Quartette, direct from Washington Irving High school.
Albany, N.Y.	10 p.m.	W. J. B.	Looseleaf current topics.
Albany, N.Y.	10.15 p.m.	W. J. B.	Monte Carlo's Virginians.
Albany, N.Y.	8.30-8.55 p.m.	W. J. B.	Recital by John F. Gunderman, Jr., and friends.
Albany, N.Y.	9-10 p.m.	W. J. B.	J. L. Knell's Tokio dance orchestra.
Albany, N.Y.	10-11 p.m.	W. J. B.	Larkin Company's string orchestra.
Albany, N.Y.	8.30-8.55 p.m.	W. J. B.	Recital by John F. Gunderman, Jr., and friends.
Albany, N.Y.	9-10 p.m.	W. J. B.	J. L. Knell's Tokio dance orchestra.
Albany, N.Y.	10-11 p.m.	W. J. B.	Larkin Company's string orchestra.
Albany, N.Y.	4.30	W. J. B.	Tea music by Meyer Davis' New Willard Hotel Trio, broadcast from the Palm Room of the New Willard Hotel.
Albany, N.Y.	6 p.m.	W. J. B.	Children's hour, by Peggy Abblon.
Albany, N.Y.	12.15 p.m.	W. J. B.	Noon hour of music.
Albany, N.Y.	1 p.m.	W. J. B.	Hotel Ambassador trio; Henry Van Der Zanden, director.
Albany, N.Y.	4 p.m.	W. J. B.	Doris Makstein, soprano.
Albany, N.Y.	4.15 p.m.	W. J. B.	Karen Spange, pianist.
Albany, N.Y.	4.30 p.m.	W. J. B.	Hotel Belmont tea music.
Albany, N.Y.	5.30 p.m.	W. J. B.	State and Federal agricultural reports.
Albany, N.Y.	7 p.m.	W. J. B.	Bernhard Levitow's Hotel Commodore dinner music.
Albany, N.Y.	8 p.m.	W. J. B.	"Wall Street Journal" review.
Albany, N.Y.	8.10 p.m.	W. J. B.	NYU Atr College; "Psychology," Dean J. E. Lough.
Albany, N.Y.	8.40 p.m.	W. J. B.	Wanamaker programme—Charles M. Courbois, great Belgian organist; Marcel Grandjany, harpist.
Albany, N.Y.	10.45 p.m.	W. J. B.	Beaux arts orchestra direct from Studio Art Club.
Albany, N.Y.	7.30 p.m.	W. J. B.	Bedtime Stories—Uncle Alf.
Albany, N.Y.	8 p.m.	W. J. B.	Dominion Livestock Reports, etc.
Albany, N.Y.	8.30 p.m.	W. J. B.	Musical programme by Moncton Baptist Church Choir, under direction of Prof. C. M. Wright, choirmaster.
Albany, N.Y.	6.30 p.m.	W. J. B.	Luigi Romanelli and his King Edward Hotel Concert Orchestra from the Main Dining Room of the King Edward Hotel.
Albany, N.Y.	8.30 p.m.	W. J. B.	Studio programme by The Canada Male Quartette assisted by Jessie Archer, soprano, and Harold H. Frost, concert pianist.
Albany, N.Y.	7.30	W. J. B.	Bedtime Stories—Uncle Alf.
Albany, N.Y.	8 p.m.	W. J. B.	Dominion Livestock Reports, etc.
Albany, N.Y.	8.30 p.m.	W. J. B.	Musical programme by Moncton Baptist Church Choir, under direction of Prof. C. M. Wright, choirmaster.
Albany, N.Y.	6.30 p.m.	W. J. B.	Luigi Romanelli and his King Edward Hotel Concert Orchestra from the Main Dining Room of the King Edward Hotel.
Albany, N.Y.	8.30 p.m.	W. J. B.	Studio programme by The Canada Male Quartette assisted by Jessie Archer, soprano, and Harold H. Frost, concert pianist.

Home economics bureau for gelatin.
4.50 p.m.—International Sunday school lesson.
7 p.m.—Mark Strand Theatre Orchestra, Albany, N.Y.
7.30 p.m.—Health talk.
7.45 p.m.—Address, "Some Common Fruits in Spoken English," Theodore Baird, department of English Union College.
8.15 p.m.—Radio drama, "Harvest," by Henry Hamilton, presented by the WJY Players.
10.30 p.m.—American Trio and Lillian Rosenbal, soprano.
WJY (405) New York City.
7.30 p.m.—Guarantee Trust Choral Society.
8.15 p.m.—"Review of Work of N.Y. Assembly," Julius S. Berg.
8.30 p.m.—Philharmonic String Quartette, direct from Washington Irving High school.
10 p.m.—Looseleaf current topics.
10.15 p.m.—Monte Carlo's Virginians.
WGR (819) Buffalo, N.Y.
8.30-8.55 p.m.—Recital by John F. Gunderman, Jr., and friends.
9-10 p.m.—J. L. Knell's Tokio dance orchestra.
10-11 p.m.—Larkin Company's string orchestra.
WRC (469) Washington, D.C.
4.10 p.m.—Piano recital, by Eleanor Glynn.
4.20 p.m.—"Beauty and Personality," by Elsie Pierce.
4.30 p.m.—Tea music by Meyer Davis' New Willard Hotel Trio, broadcast from the Palm Room of the New Willard Hotel.
6 p.m.—Children's hour, by Peggy Abblon.
WJZ (455) New York City.
12.15 p.m.—Noon hour of music.
1 p.m.—Hotel Ambassador trio; Henry Van Der Zanden, director.
4 p.m.—Doris Makstein, soprano.
4.15 p.m.—Karen Spange, pianist.
4.30 p.m.—Hotel Belmont tea music.
5.30 p.m.—State and Federal agricultural reports.
7 p.m.—Bernhard Levitow's Hotel Commodore dinner music.
8 p.m.—"Wall Street Journal" review.
8.10 p.m.—NYU Atr College; "Psychology," Dean J. E. Lough.
8.40 p.m.—Wanamaker programme—Charles M. Courbois, great Belgian organist; Marcel Grandjany, harpist.
10.45 p.m.—Beaux arts orchestra direct from Studio Art Club.
CNRA (318) Moncton, N.B.
7.30 p.m.—Bedtime Stories—Uncle Alf.
8 p.m.— Dominion Livestock Reports, etc.
8.30 p.m.—Musical programme by Moncton Baptist Church Choir, under direction of Prof. C. M. Wright, choirmaster.

CNRT (880) Toronto, Ont.
6.30 p.m.—Luigi Romanelli and his King Edward Hotel Concert Orchestra from the Main Dining Room of the King Edward Hotel.
8.30 p.m.—Studio programme by The Canada Male Quartette assisted by Jessie Archer, soprano, and Harold H. Frost, concert pianist.
Complete radio programmes sold at Canada Radio Stores.

Her Nerves So Bad She Could Not Sleep
Mrs. Grace Kitcher, St. George, Ont., writes:—"After having a severe attack of pneumonia I was left in a weak and run down condition. My nerves were so bad I could not sleep nights, and in the day time I had terrible fainting spells, caused by my heart being weak. Finally I got so bad I had to take to my bed for weeks at a time, but one day I read about

MILBURN'S Heart and Nerve Pills
so decided to try them. After taking one box I felt a slight improvement. I have now taken five boxes, and have gained 25 pounds in weight. I am now more than able to do all my own housework as well as considerable outside work. I cannot recommend Milburn's H. & N. Pills too highly for those suffering as I did."



BUGS By Roy Grove

MILLER'S WORM POWDERS
AS SWEET AS SUGAR BELIEVE THE OPINION EXPRESSED BY THE PRESIDENT OF THE BOARD TO RESTORE THE CHILD TO NORMAL HEALTH.

Folly to Suffer With Piles
Step into any drug store, get a 60-cent pkg. of Pyramid Pile Suppositories and stop the soreness, pain, itching and bleeding. Thousands declare it a wonder, many saved from operations. Entire families rely upon Pyramid and recommend them to their friends.
\$9.50 for an Auto.
A public auction at Bayonne, N.J., resulted in the sale of a tight popular car for \$6.50. It is believed to be the lowest price ever paid for an auto.

Dr. Gisborne, Ottawa, W. Delaney, Niagara Falls, Charles Austin, Chatham, J. A. Austin, Toronto, Dr. E. D. Heist, Kitchener, Mrs. Smythe, and Mrs. Fuglesy, Toronto, will be the prohibition deputation to urge the government to withdraw its 4-4 beer proposal and maintain the O.T.A. in its present form.
When trying, add a little salt to the fat and the croquets or doughnuts will not spatter on the stove.
Vegetables are more easily digested if they are served hot with butter sauces than cold with vinegar.

His Mirror Told Him of Exhausted Condition
Mr. R. Paulin, Tooton Aides, Man., writes:
"I became so run down and weak that my heart became affected, and I would sometimes have to remain in bed for several days.
Some one advised me to use Dr. Chase's Nerve Food, so I did, and soon began to gain in weight and feel better. I have taken a great many boxes of these wonderful pills, and am feeling ten years younger. Dr. Chase's Medicines, as well as his Receipt Book, are a great help to us, for we live 40 miles from doctors and railroads."
Dr. Chase's Nerve Food
60 cts. a box of 60 pills, Edmondson, Bates & Co., Ltd., Toronto.

MORE HUMORS OF HISTORY

By Arthur Moreland

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