

Does Every Meal Cause You Distress?

IF IT DOES YOU SHOULD TAKE BURDOCK BLOOD BITTERS

Mr. M. P. Eldridge, Beaver Harbor, N.B., writes: "I was troubled with my stomach for some time, and everything I ate seemed to distress me. I tried many different medicines, but without any results. Finally I was advised to try B.B.B., and after having taken several bottles I was completely relieved of my trouble. I can now eat anything I wish, thanks to B.B.B."

Burdock Blood Bitters puts the stomach into perfect shape by promoting proper digestion; and during the past 46 years it has been on the market has made a reputation, second to none, for relieving all stomach troubles.

Put up only by The T. Milburn Co., Limited, Toronto, Ont.

Cars of Fresh Mined Coal Arriving Daily

Lackawanna Split Pea Coal—clean and bright—\$6.00 ton. STOVE, EGG and CHESTNUT—same good quality—\$16.00 per ton.

W. A. Mitchell & Co. 15 Ontario Street, Sole Distributors for Kingston, Telephone 67.

Canada's First Cough Remedy

Earliest history shows that the Indians utilized the medicinal value of Spruce Gum in the treatment of coughs, colds, hoarseness and inflammatory conditions of the throat. The Spruce Gum in combination with other vegetable medicinals of proven value form the basis of the 60 years of success of GRAY'S SYRUP OF RED SPRUCE GUM.

GRAY'S SYRUP OF RED SPRUCE GUM. W. A. Mitchell & Co., New York.

Batteries Called For and Delivered

We give special attention to Dry and Wet Storage. Specializing in Auto and Radio Batteries at reasonable rates. Just 'phone 275. We call and deliver.

G. McDougall Battery Service, 110 CLERGY STREET (Near Princess).

WALL PAPER

New Spring stock of Wall Paper just arrived. Choice range of patterns to pick from. See us for estimates on decorating your home.

W. G. VEALE, 214 BARRIE STREET.

ATTENTION!

High class Pictures and Frames now at Bargain Prices. Photo Studio Now Open.

S. M. Gartland, One Door Above Harrison's, 227 PRINCESS STREET.

Dr. Martel's Female Pills

Have analyzed nature thousands of cases in half century, correcting cases, building up and strengthening the system, relieving PAINFUL MENSTRUATION, NEURALGIA, HEADACHES, DIZZINESS, etc. YOUNGERS, BAGGAGES, DIETETIC, etc. DRUGS, etc. Sold only in Sealed Packages. Write for FREE BOOK with our signature. Druggists everywhere, or direct by mail, please purchase from Dr. Martel's Female Pills Co., 11 E. South St., New York, Can. Counter called on request.

Your Eyes and Your Nerves

Your eyes are directly connected with your general nervous system. Strain your eyes and the effect may be felt almost anywhere in the body. Headaches are a common result, but there are many other attendant ills. When your eyes receive proper attention this nervous strain is removed, and usually the troubles vanish at once. Let us help you.

R. Arthey, Optometrist, 142 PRINCESS STREET.

Fried eggs are much more quickly digested than fried eggs because they are cooked at a lower temperature.

RADIO

RADIO FEATURE. Concert of the Mendelssohn Club of Albany, broadcast by W.J.Y. and W.G.Y. on Thursday, Feb. 19th, at 8 p.m.

WEDNESDAY, FEBRUARY 18.

KDKA (800.1) Pittsburgh, Pa. 9.45 a.m.—"Stockman" reports of the Pittsburgh livestock markets; general market review and agricultural items.

12 noon—"Stockman" reports of the Pittsburgh livestock and wholesale produce markets.

12.15 p.m.—Concert by Daugherty's Orchestra.

3.30 p.m.—Closing quotations on hay, grain and feed, from the "Stockman" studio.

6.15 p.m.—Dinner concert by the Pittsburgh Athletic Association Orchestra.

7.15 p.m.—"Stockman" reports of the primary livestock and wholesale produce markets.

7.30 p.m.—The Sing Time Lady has some songs for the little folks.

8.15 p.m.—"Science in Industry," talk No. VII, "Clay Produce," by M. C. Boose.

8.30 p.m.—The opera, "H.M.S. Pinafore" (Gilbert and Sullivan), to be given by the KDKA Opera Company, accompanied by the KDKA Little Symphony Orchestra, under the direction of Victor Saudek.

WFI (305) Philadelphia. 10.15 a.m.—Produce market and livestock reports.

1 p.m.—Meyer Davis' Bellevue Stratford Hotel Concert orchestra.

1.50 p.m.—Agricultural report.

3 p.m.—Concert by Kathryn Gross, violinist, and James Wallace, pianist.

3.30 p.m.—Programme of Indian music given by the music section of the Swarthmore Women's Club, under direction of Mrs. C. E. McClung.

6.30 p.m.—Meyer Davis' Bellevue Stratford Hotel Concert orchestra.

7 p.m.—"Sunny Jim, the Kiddies' Pal," assisted by Marie Faye.

WBZ (337) Springfield, Mass. 6 p.m.—Leo Reisman Hotel Lennox ensemble.

7 p.m.—Market report as furnished by the United States department of agriculture at Boston.

8 p.m.—Ruth Wood Terry, soprano, from Hotel Kimball studio, Springfield.

8.15 p.m.—Hotel Brunswick orchestra.

8.30 p.m.—Ruth Wood Terry, soprano.

8.45 p.m.—Hotel Brunswick orchestra.

9 p.m.—Programme broadcast direct from the Home music studio.

9.15 p.m.—Charles H. Young, tenor, from Hotel Kimball studio, Springfield.

9.30 p.m.—Continuation of programme broadcast direct from the Home music studio.

WJZ (455) New York City. 10.30 a.m.—"Music," Mrs. Harriet Seymour.

1 p.m.—Hotel Belmont luncheon orchestra.

4 p.m.—David H. Santrey, baritone.

4.30 p.m.—Hotel Belmont tea music.

5.30 p.m.—State and Federal agricultural reports; farm and home market reports; closing quotations of the New York stock exchange; foreign exchange quotations; "Evening Post" News.

7 p.m.—Bernhard Levitow's Hotel Commodore dinner music.

8 p.m.—"Wall Street Journal" review.

8.30 p.m.—Course on Jewish history and literature, auspices of Rabbinical Assembly of Jewish Theological Seminary; Dr. Elias Margolis.

partment of Economics, St. Lawrence University.

8.20 p.m.—Short talk, "Business Features of Farming," Mr. Van C. Whittemore, Director, State School of Agriculture, Canton, N.Y.

8.30 p.m.—The musical programme will be presented by artists from Crane Institute of Music, Potsdam, New York, and of The Potsdam Normal School, of Potsdam. This will be a programme of old favorites, vocal and instrumental. One of the features of the evening will be a string quintette consisting of two first violins, two second violins, two violas, and cello.

WJY (405) New York City. 7.30 p.m.—Irving Cohen, violinist; Ruth Cohen, accompanist.

8 p.m.—Mendelssohn Club Male Chorus of Albany, direct from Chancellors Hall, Albany, from WGY, Schenectady.

10.15 p.m.—Pierre's orchestra.

Complete radio programmes sold at Canada Radio Stores.

SPECIAL PROGRAMME C.N.R.O. ANNIVERSARY

The Event Will Be Marked on the Evening of Feb. 26th.

Montreal, Feb. 16.—To mark the first anniversary of C.N.R.O., Canadian National Railways Radio Station, Ottawa, a special programme has been prepared to commemorate the event on the night of Thursday, Feb. 26th, beginning at 8 o'clock, and continuing until 2 o'clock the following morning.

The reason for the length of programme is that so many artists volunteered their services for the occasion that it became necessary to carry it far beyond the time usually allotted to a radio concert. Artists to the number of 225 have appeared before the microphone in CNRO during the past year and everyone was ready to participate in the anniversary broadcast, but that was something beyond the capacity of the Ottawa station, well-equipped as it is.

CNRO has a number of achievements to its credit. It is the mother station of the Canadian National chain of radio centres and is one of the finest on the continent. The voice of Canada has been carried to great distances from this station, having been heard in every province in Canada, in every state in the United States, in Alaska, in Ungava, Mexico, Panama, Cuba, Bermuda, Hawaiian Islands, the Mackenzie district, and even across the Atlantic.

On Christmas eve a message was broadcast from CNRO for the purpose of reaching an agent of the department of the interior, then at Cumberland Gulf, Baffin Island, in order to convey important information required for an investigation into disease which had overtaken the white fox.

The station at Ottawa has been "tied-in" with other stations in the

Canadian National Group on several stations, and recently participated in the first international "tie-in" being telephonically connected with stations in New York, Philadelphia and Washington.

One of the many useful functions performed by CNRO is the broadcasting of signals from the Dominion Observatory, these signals being sent out from 8.57 to 9 o'clock at night, and so closely does the broadcast sound synchronize with the impulse from the master clock, that it comes within one-tenth of a second of positive accuracy.

Hundreds of requests for information have been sent out from the Ottawa station, but there is a ban on lost dogs. The superintendent of broadcasting, Mr. J. G. McMurtrie, asserts that at least five thousand owners sought the privilege during the year. In conjunction with the Canadian National Telegraphs, CNRO gives listeners in on the hockey scores a service which is much appreciated.

From CNRO a number of public men have spoken and as there is connection with the Chateau Laurier, a number of dinners of important organizations have been made the occasion for broadcasting the speeches made. One of the good "stunts" was to broadcast a circus, microphones being placed in "the big top" while an energetic member of the staff carried a microphone on a long lead wire from animal to animal in the menagerie. Old Leo, the lion being ready to oblige with a special roar. During the time of radio week in Ottawa, CNRO assisted in many ways and one night no less than 1,500 messages of appreciation were received at the station. A great deal of educational matter has been broadcasted from CNRO, all of the governmental departments assisting in contributing to the programme. The entertainment offered has been of an excellent character.

On Feb. 5th at St. Andrew's manse, Perth, Miss Rena Estelle kin, daughter of Mr. and Mrs. James Rankin, Hopetown, and William Warren, Detroit, Mich., were married.

Not a Village in All Canada

But Can Tell of Genuine Relief by Dodd's Kidney Pills

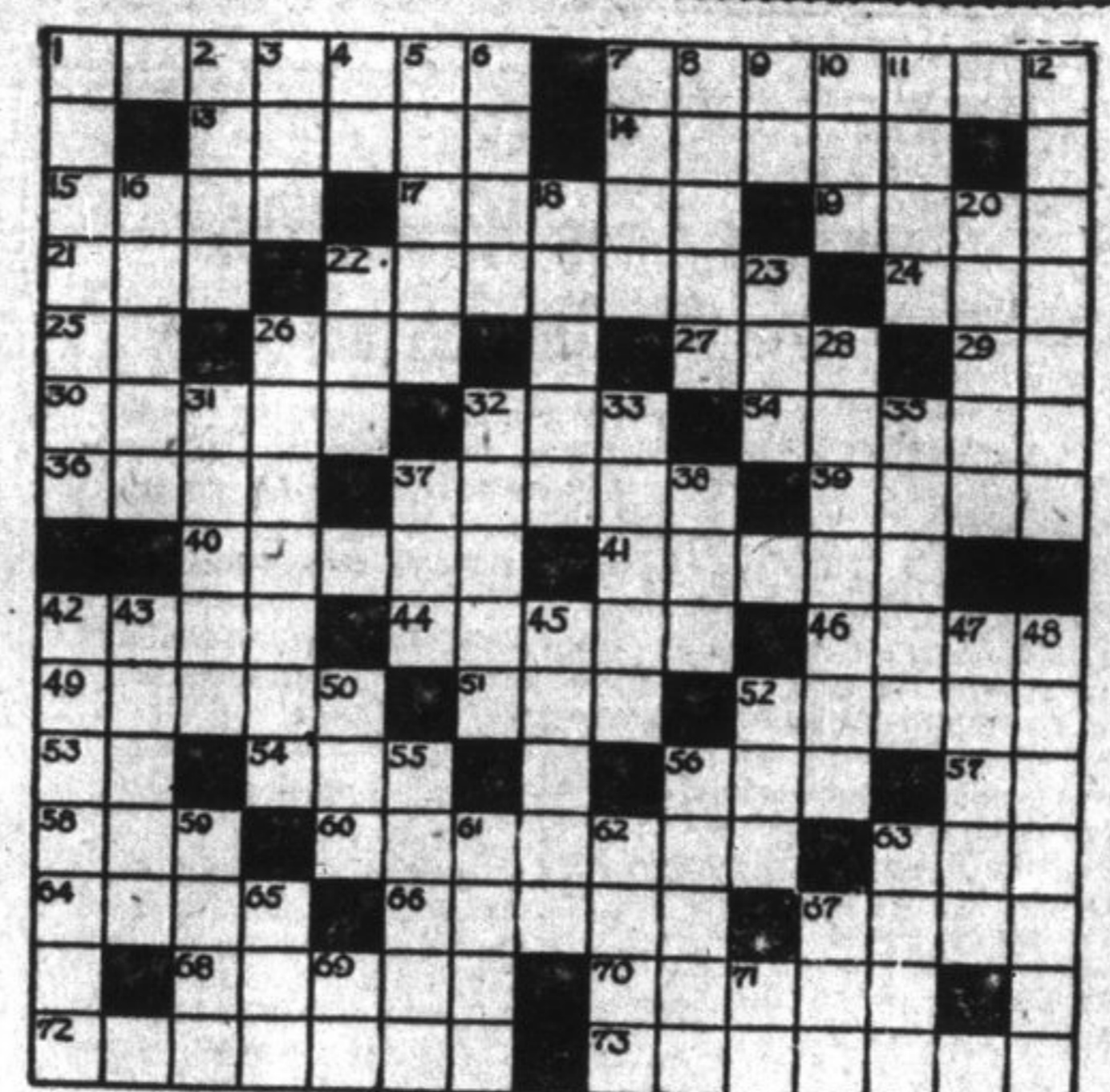
Quebec man tells how quickly they built him up and brought him back to perfect health.

St. Fulgence, Que., Feb. 16. (Special)—That there is not a village or postoffice in Canada that cannot provide a case of genuine relief by Dodd's Kidney Pills has been shown again and again. In this little village many people bear grateful testimony to the wonderful healing powers of this simple remedy. Mr. Philippe Gagnon is one of these.

"Your pills are very good," Mr. Gagnon states. "I have suffered a long time with kidney trouble. Six boxes of Dodd's Kidney Pills have done me much good that I intend continuing the treatment until I am completely relieved of my trouble. I tell all my friends who suffer with kidney trouble to take them."

Dodd's Kidney Pills simply strengthen and heal the kidneys. The work of the kidneys is to strain all the waste matter out of the blood. If the kidneys are out of order they fail to do their work, and the waste matter remains in the blood, causing serious diseases.

CROSS-WORD PUZZLE



Mexicans ought to be able to get 22 horizontal easily, and sailors might find 31 vertical easy. But the rest of us shouldn't find these difficult because all letters are keyed.

Horizontal.

- 1. Variety of coal. 7. Slipping. 13. External. 14. Foreigner. 15. To glance over. 17. Artless. 19. Sound repeated. 21. To make lace. 22. Mexican plant having scarlet blossoms. 24. In what way. 25. Within. 26. Bird resembling a rat. 27. Point. 29. Myself. 30. Nude. 32. Wager. 34. More crippled. 36. Valley (secluded). 37. Stone worker. 39. Not as much. 40. To exclude. 41. Most evil. 42. Historical tale. 44. Refresh. 46. Colored part of eye.

Vertical.

- 1. Keeling to one side. 3. Agile animal noted for butting. 5. Woman devoted to a religious life. 4. Neuter pronoun. 5. Dogma. 6. Epochs. 7. Wash. 8. Watchful. 9. 3,1416. 10. Look. 11. One-twelfth of a foot. 12. Farmers. 16. Artificial channel. 18. Small islands.

DO YOU REALIZE THAT THE GOOD, OLD WHITE PINE IS GETTING SCARCER EVERY DAY. Let us have your order now. ALLAN LUMBER CO. Victoria Street. Phone 1042.

Insist on the Genuine RUBEROID ROOFINGS! 50 DIFFERENT GRADES. The better Roofings that cost no more. THE RUBEROID CO. LIMITED. MONTREAL TORONTO.

Answer to Monday's Crossword Puzzle: SERIOUS PAGEANT ONE SATAN TREE BASSO LET MATED SEER TAT ACID QUINE RISEN TRIO ART QUEERED BEL ME SVER NEAR RE N WEE NOT A IN TERM DUCT AT NUT NOURISH HUE GRAY DRONE MESS TREY RUN LEAD CURSE ATE AITIC ARE PIERS EQU BEDOUIN SOUNDED. When mayonnaise dressing curdles the quickest way to restore it is to take a spoonful of cold water and mix in it a generous pinch of cornstarch and stir to a smooth paste, then beat this slowly into the curdled dressing. Keep the outside of tea kettle polished and free from grime and grease.

To Merchants and Salesmen An Immense Advantage over Competitors. Dealers who wish to secure the lower prices and more liberal discounts allowed on large orders, buy more than they need and, while the goods are still in transit, sell the surplus by Long Distance. Carload lots are diverted before arrival; lesser quantities are delivered on arrival, which saves the time, labour and trucking-charge for taking them into warehouse. By making such large-scale operations possible, Long Distance gives the wide-awake buyer an immense advantage over less enterprising competitors. A. J. EVANS, Manager.

MORE HUMORS OF HISTORY By Arthur Moreland No. 20—Alfred and the Danes.

A.D. 871—Ethelbert died in 866 and Ethelred in 871. Alfred became King at the time when the country was ravaged by Danish pirates. After a defeat he hid in the cottage of a wineherd in the marshes of Athelney, and from there, disguised as a minstrel, he penetrated the camp of Guthrum, the Danish leader, learnt his plans and defeated him. I'M ALL RIGHT MRS. GURTH. IT'S ALFRED DISGUISED AS A MINSTREL. LISTEN! I'LL SING YOU A BALLAD. DOES THE SPOONWINE TASTE ITS FLAVOUR ON THE END OF BEING SWIGGED? CAN YOU SWELL YOUR GUMS GURTHING? I AM FRIEND MIT HARD WHO GO DER MUSIC TO MAKE FOR GUTHRUM. PASS FRIEND WITH HARD WYELL. STOP THAT STRUMMING AND CATER WAWLING UNTIL WEVE MADE OUR PLANS FOR THE AL FRED. EXCUSE, I WILL NO MORE MUSIC MAKE. I'M THE MUS ALFRED YOU WIN, BUT FOR THE LOVE OF MIKE, NO MORE HARP MUSIC. TUT TUT I WILL NOW PLAY THE DANISH NATIONAL ANTHEM WITH VARIATIONS.