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are in big demand yet. We are keeping our stocks up ready for any emergency call. Let's have yours now. Can supply all the best grades of Red and White Cedar.

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No Smoke—No Sprays—No Smell  
Just Swallow a RAZ-MAH Capsule

Restores normal breathing. Quickly stops all choking, gasping and mucus gatherings in bronchial tubes. Gives long nights of restful sleep. Contains no injurious or habit-forming drugs. \$1.00 per box at drug stores. Send for generous trial. Toronto, Ontario.

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Neuralgia

Thousands of Canadians have found that T.R.C.'s give quick and sure relief from Pain. T.R.C.'s act directly on the poisons that cause the pain. They contain no dangerous or habit-forming drugs. Your doctor recommends them. Send for generous trial. Toronto, Ontario.

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SOLID PRESSED BRICK HOUSE—on stone foundation—ground floor has double parlors with fireplace, dining room and kitchen with built in cupboards—second floor has 4 bedrooms and bath. Attic has 2 bedrooms. All bedrooms have clothes closets. Hardwood floors upstairs and down. Cellar 10 ft. deep with hot and cold water and gas. Divided fruit and coal cellar. Electric lights with switches. Extra large furnace. This house has all been newly decorated. Garage. Good deep lot with fruit trees and berry bushes. In one of best locations in city. Sold on good terms. No information over telephone. Please call at office.

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We are distributors for  
**EDISON MAZDA LAMPS**  
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SYRUP OF TAR &  
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Makers also of Mathieu's Nervine, Famous the best remedy for Headaches, Neuralgia and Feverish Colds.

**FEBRUARY**  
**Clearance Sale**

**FURNITURE SALE**

We have a number of Odd Dressers, Chiffoniers and Dressing Tables to clear at a special—

**Discount of 25%**

**SIMMONS' BEDS**  
Walnut finish ..... \$10.50  
Simmons' Springs ..... \$4.50 to \$11.50

Simmons' Mattresses \$6.00, \$8.00 to \$30.

**Robt. J. Reid**  
Funeral Service. Ambulance 877.

# The Home Garden

**TEN-FOOT KITCHEN GARDEN.**  
A ten-foot sunny corner of a back yard will furnish a considerable quantity of vegetables during the course of a year, if properly handled. It will supply sufficient tomatoes to eat raw all summer and for canning for the winter supply. Before it is time to put in the tomato plants it will give a liberal supply of early radishes, leaf lettuce, young onions or spinach.

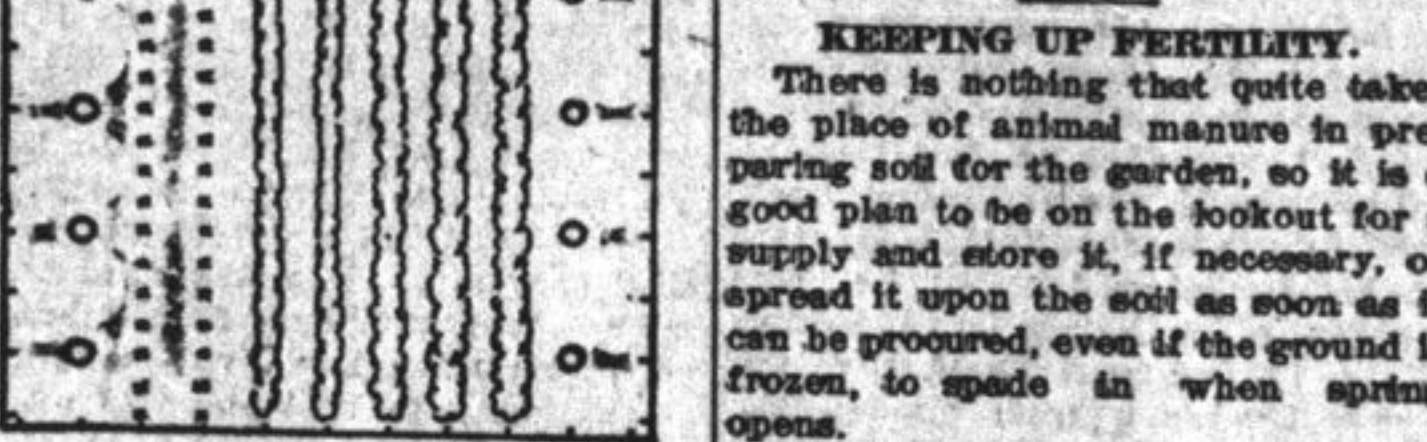
Among the tomatoes during the year a few plants of Swiss chard will give a supply of greens all summer.

The same plot, after the early spring harvest, may be used for beans all summer, planting it at intervals in succession. It may furnish a supply of green peas planted early and followed by turnips, cabbage, cauliflower or a few stalks of Brussels sprouts to furnish a delicacy for the Thanksgiving and Christmas tables. This vegetable is always expensive, but as easy to grow as a cabbage.

growth, particularly in children, has led to a greater use of vegetables and much greater care is now taken to secure fresh vegetables than ever before. The surest supply and the only guarantee of first quality is in the home garden. Numerous vegetables must be eaten freshly gathered to be at their best, and this, of course, is impossible in the market, where they must be held over night at the least.

No one can have real peas unless he grows them himself. The same is true of sweet corn. These two vegetables cannot be kept longer than four hours after gathering and maintain their quality. With the disappearance of the quality of freshness some of the health-giving properties of the plants disappear. So the spring slogan should be "Garden for Health."

In addition to the benefits to be secured by eating fresh vegetables, the exercise of caring for a garden is not an inconsiderable factor. The man or woman who cannot find the time or the opportunity to swing a golf club can get the same results with a hoe, and produce something besides a score. The home garden gives both food and exercise, both conducive to better health and strength.



There is nothing that quite takes the place of animal manure in preparing soil for the garden, so it is a good plan to be on the lookout for a supply and store it, if necessary, or spread it upon the soil as soon as it can be procured, even if the ground is frozen, to spade in when spring opens.

We are nearing a period of intensive culture. The same space of ground in a French or German garden, horticultural experts tell us, will yield often double as much as the same space in an American garden because of intensive culture and constant fertilization and tillage. Fertilizer and humage should be added to the ground for the vegetables each year.

The compost heap is becoming a regular institution. Grass clippings, weeds that have been hoed or pulled up, autumn leaves, tops of vegetables, old pea and bean vines; in short, all of the vegetable waste of the premises should be stacked up and wet down from time to time during the summer to form humus, which is a very decayed vegetable matter, but the finest fertilizer we have. In addition to the plant food it contains it is especially valuable in adding to the quality of the soil, and because it holds moisture like a sponge.

Humus is now sold by the barrel or by the hundredweight, and gardens of clay or sandy soil, which need it, can be furnished very readily. But spading in decayed or half-decayed leaves each year is much the better method and will soon bring the soil to a high and fertility that will be surprising.

The annual spading does much for the quality of the soil, admitting the air and sweetening it. It should be spaded in the spring and fall. With the application annually of fertilizer, preferably stable manure or home-made compost, with some commercial fertilizers during the growing season, it will be only a short time before the yield will show the results of the work and the growth of the vegetables will be so luxuriant that the owner will feel well rewarded for his toil. Autumn leaves in many garden club communities last fall were at a premium, the members cleaning up the neighborhood for their compost heaps and taking the supply from neighbors who did not have gardens.

Much from the garden should be stacked up this spring to start a compost heap. It is best to make the pile flat-topped, with a depression in the centre to catch the rain and cause it to seep into the centre of the pile to hasten rotting. Sods and table scraps may also be thrown upon the pile with a good advantage, as moisture is necessary to produce compost.

Do you remember the mistakes you made last year? Try to remember them when you plan your garden this year.

Don't plant too many seeds of one thing. Draw your plan and stick to it. If you start out and sow all the seeds in every packet the first thing you know you will find you haven't room left to plant some things you really want to plant. Keep an eye on your plan.

**Kingston Markets**  
Friday, Feb. 6.

**Fruit.**  
Bananas, doz ..... 50-70  
Grapes, Cal., lb ..... 25-30  
Oranges, doz ..... 25-70  
Lemons, doz ..... 30-30  
Peaches, Cal., lb ..... 15-25  
Peaches, Evap., lb ..... 20-20  
Apples, peck ..... 40-90

**Vegetables.**  
Potatoes, bag ..... \$1.15-\$1.25  
Potatoes, peck ..... 25  
Cabbage, lb ..... 4 for 25  
Carrots, peck ..... 30  
Parsnips ..... 25  
Turnips ..... 25  
Beets ..... 35  
Onions, lb ..... 5 for 25

**Unclassified.**  
Sugar, granulated, lb ..... 9  
Sugar, yellow, lb ..... 12 1/2  
Sugar, icing, lb ..... 12 1/2  
Flour, standard, cwt ..... 45-48.50  
Rolled Oats, lb ..... 12

**Fish.**  
Cod, lb ..... 15  
Filets, lb ..... 20-25  
Pinnac Haddock, lb ..... 18  
Haddock, fresh, lb ..... 12 1/2  
Halibut, fresh, lb ..... 30  
Kippers, pair ..... 20-25  
Perch, lb ..... 12 1/2  
Pike, lb ..... 15  
Salmon, lb ..... 25-35

**Fresh:**  
Trout, salmon, lb ..... 20-25  
White Fish ..... 20-25

**Mothers' Best Friend**  
In Rearing Children

Pain and sudden sickness are apt to come upon us at any time and safety lies in having always handy on the shelf a reliable pain relief like good old "Nerviline." For nearly half a century Nerviline has been a family standby, and most mothers have come to rely upon it in case of colds, sore throat, tight chest, sprains, cramps, nausea and sudden attacks of sickness at the stomach. For internal or external use, Nerviline is worth its weight in gold in every home, and costs but 35 cents at any dealer.

# OUT OUR WAY.



**Market Prices**

Lake trout ..... 20  
Sole Fillets ..... 40  
Flounders ..... 15  
Haddock, fresh, lb ..... 12 1/2-15  
Scallops ..... 70  
Shrimps ..... 70  
Smelts ..... 30-40-50

**Dairy Produce.**  
Butter, creamery, lb ..... 38-42  
Butter, dairy, lb ..... 35-38  
Cheese, new, lb ..... 25  
Cheese, old, lb ..... 30  
Eggs, new laid, doz. .... 65  
Storage ..... 50-55

**Meats and Poultry.**  
Beef:  
Steak, porterhouse, lb ..... 25-30  
Steak, round, lb ..... 25  
Boiling cuts, lb ..... 12  
Stewing cuts, lb ..... 8  
Beef, western ..... 12 1/2  
Beef, local, lb ..... 8-10

**Pork:**  
Loin, roasts, lb ..... 30  
Shoulders, roasts ..... 20  
Hogs, live weight, cwt. .... 9  
Chops, lb ..... 25-35  
Hogs, dressed, cwt. .... 12-16  
Bacon, breakfast ..... 28-32  
Ham, smoked ..... 35

**Lamb:**  
Hinds, lb ..... 30  
Fronks, lb ..... 30  
Mutton, chops, lb ..... 20-25  
Mutton, carcass ..... 20

**Poultry:**  
Fowl, lb ..... 20  
Geese, lb ..... 25  
Chickens, lb ..... 25-30  
Turkey ..... 30-35

**Hay and Grains.**  
Cream of the West ..... 55.50  
Household ..... 55.50  
Straw ..... 55.00-56.00  
Barley ..... 1.00  
Bran, ton ..... 37.00  
Buckwheat, bus. .... 80-85  
Corn, imported ..... 11.45  
Hay, baled, ton ..... 111-112  
Hay, loose, ton ..... 110  
Oats, local, bus ..... 65  
Middlings, ton ..... 347.00  
Shorts, ton ..... 339.00  
Wheat, local ..... 1.25-1.30

**Hides, etc.**  
Deer skins, each ..... 80-81  
Horse hides, up to 33  
Beef hides, lb ..... 10  
Bulls, over 80 lbs ..... 07  
Veal skins, lb ..... 15  
Yeast skins, lb ..... 12  
Sheep skins, fresh, up to \$2.50  
Tallow, rendered in cakes, lb .06  
Glensong, wild, lb ..... \$10  
Bees wax, clear, lb ..... 25  
Wool, unwashed, lb ..... 25-30  
Wool, washed, lb ..... up to 35

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**Dr. Martel's Female Pills**  
Have cured nature thousands cases in half century, correcting nature, building up and strengthening organs, relieving DELAYED, PAINFUL MENSTRUATION, NEURALGIC, RHEUMATISM, DIZZINESS, etc. YOUNG MEN, BACKACHE, DIZZINESS, etc. no dangerous drugs. Sold only in Sealed Blisters. Cover 25¢ BOX with our signature. Druggists everywhere, or direct by mail, plain postage 2¢. Dr. Martel's Female Pills, 71 E. Front St., Toronto, Can. Circular mailed on request.

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**MILLER'S WORM POWDERS**  
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44 Clarence Street.  
Phone 819.



Nig, woman-hating cat of San Francisco city prison, in the arms of Dorothy Ellingson, called "jazz slayer" because she killed her mother in an argument over dancing, and laughed about it. She doesn't laugh at the cat. She thinks the cat has her mother's soul, she tells prison officials. So she pets Nig and feeds him.

A good soap for laundry purposes is possible much more quickly by powdered or flaked soaps than with bar soaps.

One way to test linen is by rubbing it with a damp cloth. Linen remains smooth while cotton roughs up and appears fuzzy.