

THE BRITISH WHIG 92ND YEAR.



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Foolish money, fortunately, doesn't talk.

It might be worse. There is still one day left for work between weekends.

You can't actually read men out of the party, but you can stop passing the pie.

You can tell when you are on the right road. The cross roads have so few wrecks.

Four Lo. Deprived of his hunting grounds and left nothing but oil wells.

"Darn it," said Enoch Arden. "And my mail-order pistol hasn't come yet."

Still, affections that can be alienated can't be worth the sum asked for them.

It isn't always the thyroid gland that makes thieves. It may be an auto complex.

A hick town is one where a customer roars if the banker won't let him overdraw.

Note: Any individual who thinks a proper sentence must begin with the pronoun "I."

The honor an office can confer depends wholly upon the size of the men who have held it.

You can recognize the road to success by the discarded illusions scattered along the way.

The more we have the more it takes to satisfy us and the less we are satisfied with it.

The military age is that within which civilians do mighty little clamoring for war.

The less you pay for a car, the more it is worth after an argument with a telephone pole.

What the peoples of the world desire is a League that will make them better than they expect to be.

That chap who asks what has become of the old-time naughty joke hasn't been in good society lately.

Village life is less straining. When you say, "Gimme the drug store," you can't get the wrong number.

A born leader is a man who can handle a popular prejudice in his hands until people get the idea that he made it.

Correct this sentence: "That cow you killed," said the farmer to the hunter, "was old and poor and dry and not worth much."

It is much easier to deal with successful men. They don't think it necessary to be ill-mannered to prove their importance.

An efficiency expert suggests that all fish be saved for fertilizer. It's a good idea, but what would people do for popular novels?

Now that a questionnaire has established the fact that most girls will spoon, let's ask the ducks how they stand on the subject of swimming.

BIBLE THOUGHT

LABOUR NOT TO BE RICH: cease from thine own wisdom. For riches certainly make themselves wings; they fly away.—Proverbs 23:4, 5.

DOING THE IMPOSSIBLE.

The world has always been in need of men to do the things that could not be done. The need is more pressing to-day than ever.

When Columbus started out to sail around the globe men laughed at him and told him that it could not be done. Columbus did not succeed in the attempt, it is true, but he proved that the thing could be done.

When Samuel Morse started to transmit messages between distant points by means of a tiny wire, people said it could not be done, but Morse soon proved differently.

Fifty years later Marconi showed people how to talk through the air without even the use of wires.

Thomas Edison achieved two things that most people declared to be impossible when he used electric current to produce light and when he reproduced the sound of the human voice.

There are other achievements, seemingly impossible to-day, awaiting accomplishment. They stand as a challenge to the ingenuity of mankind.

THE CIVILIZING FORCE.

According to one conception, the love of money is the root of all evil; according to another, it is one of the great principles that move the world. It is not desirable that love of money leads to the commission of many crimes.

On the other hand, what would be the material and moral state of the world were there no passion for wealth? We should have few of the comforts and conveniences that are now available to most of us.

All the great discoveries in science and every one of the great inventions that have been made might have been brought forth if nobody cared for money.

Knowledge is useful only when employed to the general advantage. If there were no love of money there would be no capital to exploit the products of science and invention.

In the process of refinement through which he has passed during the successive centuries man has denounced as criminal behavior that which could not be condemned in earlier times because it seemed necessary for individual preservation.

In the pursuit of money to-day there is a minimum of injustice. At any rate everybody gets a chance to secure a share of the general store of wealth.

More, everybody who works for money nowadays makes a contribution to the common welfare. The love of wealth moves the world a great deal; it may be responsible for a considerable evil.

However, our progress has made it possible to supply most legitimate wants legitimately; hence there is less need to resort to devious ways to secure money.

LOOK ON THE OTHER SIDE.

When a man buys a house he looks it over, front yard and back yard, inside and out, cellar and attic.

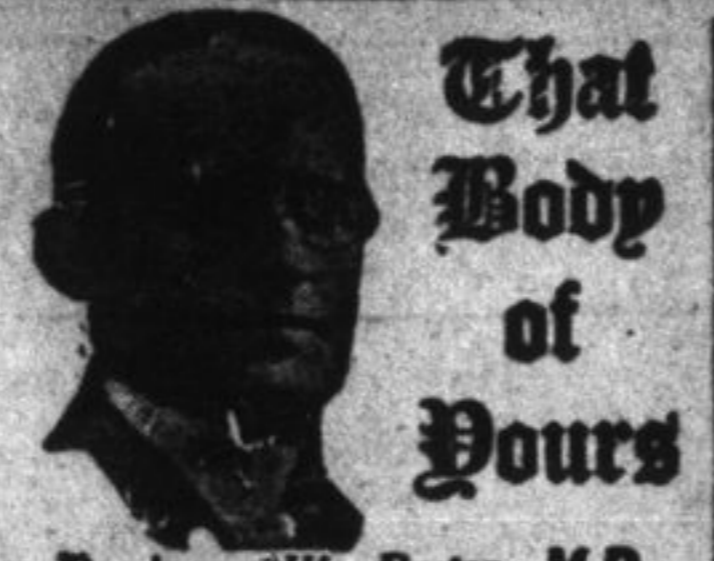
When he buys an automobile he examines the chassis and inspects the top, turns up the seat cushions and opens the motor hood.

No woman would buy a piece of cloth, calico or silk, without turning it over and over, examining both sides with care and caution.

There is a bottom and a top, an inside and an outside, a right side and a wrong side to everything.

We are mighty careful in buying our rugs and our curtains, our wall paper and our table linens, to look on both sides.

That Body of Yours



By James W. Barton, M.D. FOOD AND BLOOD PRESSURE.

A business man past sixty found it necessary to take out some insurance for the protection of his firm.

When he was examined by the physician it was found that his blood pressure was over 160, which was twenty or more points higher than the company liked to have.

There was no heart nor kidney trouble, and the applicant appeared to be in the best of health.

The examiner and the agent were in a quandary because the refusal of insurance in one company is quite properly reported to all the companies, and insurance cannot be obtained except with certain reservations.

He was not refused directly, but requested to call back in a few weeks.

The agent had the applicant consult another physician, who likewise found the blood pressure 160, but everything else normal.

On enquiring as to his daily habits, he suggested that for an office man he should cut down his food supply by at least twenty-five per cent. He was eating too much for his age, and getting no exercise.

No special diet was laid down, except the lessening of the quantity of food eaten.

Further he was to walk to business in the morning, and part of the way home in the evening.

At the end of two weeks the blood pressure was down to 150, another two weeks it was at 140, and he was accepted by the original company which had held up his application temporarily.

Further the applicant felt stronger for his exercise, fresh air, and lessened food intake.

Now, high blood pressure is not an ailment or a sickness in itself. It is just a symptom that something isn't just right in the system.

Some of the British physicians believe that this high blood pressure, where there is no heart or kidney trouble, is entirely due to the poisoning from a lazy intestine.

Other physicians state that it just indicates a sluggishness of the circulation.

Now there are various methods used to reduce the pressure aside from reducing the food and fluids. One of these is cutting down in the salt intake with the food.

Drugs are sometimes used to clear out the excess of salt in the tissues.

However, where there are no complications with the heart or kidneys, it is well to remember that the simple reduction in the food intake, and the using up of tissue by exercise, is a sensible and effective treatment.

KINGSTON IN 1855

Sidelights From Our Files—A Backward Look.

Buckets of Blood. July 2.—The news by the Baltic was not half exciting enough to please the Kingstonsians.

They wanted more blood and murder. Only five hundred English killed in the storming of the quarries! That's nothing. An English admiral dead! Only Admiral Boxer. General Marmora, Jr., killed by cholera! Oh, not the commander of the Sardinians, only his nephew.

In fact the last news we received so coldly that we dared not issue an extra. Now, when the Atlantic brought the news of 5,000 men being slain, no matter whether French or Russian, that was the game.

Extras were sold so fast that the boys were up half the night printing and selling them. Whence this morbid craving after blood? If the people of Kingston were taxed towards the expenses of the war, or if they had brothers, sons or nephews fighting the battles of their country, then such an extraordinary excitement might be accounted for.

But as the matter stands, it is, as the New York Herald would say, an inexplicable philosophical problem. Let's hope that the news will be less exciting for the time to come, and that the young Gears of Russia, seeing the defeat of his soldiers and the miseries of his subjects, will reduce the arrogance of his pretensions and consent to an honorable peace.

Canada's Big Farms.

Edmonton Journal. At present there are 711,000 farms in Canada as compared with 5,445,543 in the United States, according to figures published by the Saskatchewan Star.

The average farm in the American republic is 148 acres, while 198 acres represents the average in this country; but the value, however, is in reverse proportion.

The Canadian holding being valued at \$9,263 and the United States one at \$12,054. The net agricultural production per farm in Canada with 1929 figures as a basis, averaged \$2,136, compared with an average of \$1,703 in the United States.

On the basis of all farms, the average expenditure for labor was \$185 in this country and \$210 on the other side of the boundary.

Mayor F. Newman, Picton, has been elected to the executive committee of the Municipal Electric Association.

Before paint or kalsomine is applied to walls, every crevice should be filled with plaster or cement.

AN EXODUS TO CANADA.

This will be a sight worth seeing: Baron Aladar von Gedeon will move to Western Canada from Hungary next spring.

He will bring with him his 5,000 tenants who have been living on his European estates—1,100 families in all.

The baron is buying 200,000 acres of our farm land for his mighty flock. We are pleased at the prospect of immigration on such a big scale by hard-working, law-abiding people.

The Americans, by adopting the quota system, have closed their gates to a considerable extent. But this country, hungry for settlers, is like what the United States was years ago when hordes of Europeans moved into the Mississippi valley and other districts, eager to put the soil to work.

Baron Gedeon and his army of followers, it develops, are leaving Hungary because they are dissatisfied with the way the map has been redrawn. In a sense, they are political refugees.

A greater inducement, we imagine, is the prospect of escaping from European war debts, which impose a terrific burden on peasants in particular.

This newspaper occasionally has predicted big-scale migration of debt-wearied Europeans to other countries. It stands to reason that such people will not placidly continue to reside indefinitely where the economic pinch is so tight.

It is human nature for a man to move on with his family when the task of making a living looks hopeless.

Baron Gedeon heads one of these predicted exoduses. Millions will leave Europe—if they can get out.

Getting out may not be so easy. Some countries over there already have the doors locked in an attempt to keep people at home.

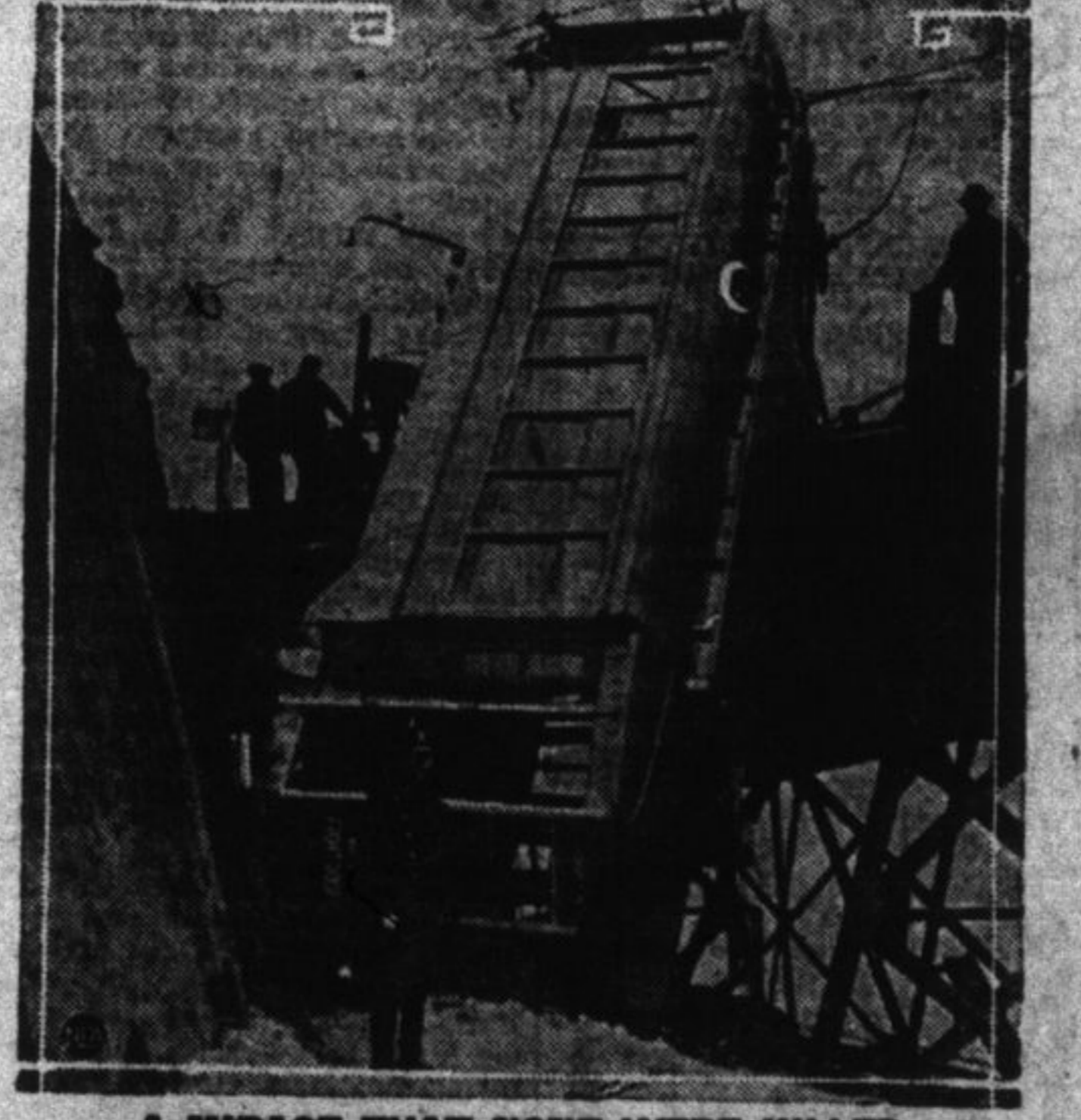
Russia is the most outstanding instance, with a gigantic smuggling organization to sneak emigrants over the border.

As time goes on and Europeans waken to the truth of their predicament and begin to depart in multitudes, governments will take drastic measures to keep them at home.

A resident lost is a taxpayer and soldier gone. If the United States keeps the bars up, Europe's millions will flock to Canada, Mexico, South America, Africa and Australia.

How long would you, for example, continue living in Europe with impoverishing war debts grinding you down and the spectre of another war lurking just over the horizon?

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A MIRACLE THAT NONE WERE KILLED

When this Passaic (N.J.) trolley left the trestle over the West Shore R.R. tracks in Jersey City, N.J., it seemed that a miracle was all that saved the twenty-two passengers from death.

As it was, all were hurled in a tangled heap in the front of the car. Most of them were unconscious when dragged out, but recovered quickly after being taken to the hospital, only two being found to have been seriously injured.

Sir Hugh John Macdonald, P. W. Luce, writing in Toronto Saturday Night, says: Sir Hugh John Macdonald, who has occupied a magisterial bench in Winnipeg for many years, knows by this time that the prisoner in the dock is usually a trifle hazy regarding the correct method of addressing the court.

He has been called "Your Worship," "Your Honor," "My Lord," "Mr. Judge" and "Mr. Magistrate," so often that he no longer regards a breach of etiquette as serious.

A few weeks ago, however, a young American startled the magistrate by using a brand-new title. Sir Hugh explained to the prisoner that he had the option of electing for summary trial before himself, or of going before a higher court.

OUR COFFEE

It is so good we cannot help talking about it. The price 60 cents per pound. We could not reduce the quality—we had to advance the price. The taste, most certainly tells. Jas. REDDEN & CO. PHONES 20 and 290. 'The Home of Satisfaction'

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