

BILIOUS and SICK HEADACHES ARE CAUSED BY CONSTIPATION

Once you allow your bowels to become constipated you will become troubled with bilious and sick headaches, and for relief you must help your liver to remove the poisonous bile that is circulating in the blood and upsetting the entire biliary system. For this purpose there is no other remedy to equal

MILBURN'S LAXA-LIVER PILLS

Mrs. L. G. Nethercott, R. R. No. 1, Crinan, Ont., writes:—"I was awfully troubled with constipation, and sick and bilious headaches accompanied with severe vomiting spells which made me very miserable. I tried different remedies, without relief, but since taking Laxa-Liver Pills the headaches and constipation have disappeared, and I am very thankful for what they have done for me."

For sale at all druggists and dealers; put up only by The T. Milburn Co., Limited, Toronto, Ont.

Joseph Andre Mus. Doc.

Teacher of Voice Production after the most Approved European Methods. Specializes in coaching advanced students for Operatic, Concert and church work and interpretation. For particulars and terms apply: STUDIO, C. W. LINDSAY, LIMITED.

Strain



A quick, sure way to relieve it

Apply Sloan's gently. Don't rub. You'll get relief at once. Sloan's starts fresh, healing blood circulating swiftly through the strained muscle-fibres, easing the pain and repairing the damage. Get a bottle today. All druggists—35 cents.

Sloan's Liniment - kills pain!

HAVE DARK HAIR AND LOOK YOUNG

Grandmother kept her hair beautifully darkened, glossy and attractive with a brew of Sage Tea and Sulphur. Whenever her hair took on that dull, faded or streaked appearance, this simple mixture was applied with wonderful effect. By asking at any drug store for "Wyeth's Sage and Sulphur Compound," you will get a large bottle of this old-time recipe, improved by the addition of other ingredients, all ready to use, at very little cost. This simple mixture can be depended upon to restore natural color and beauty to the hair.

Well-known druggists say everybody uses Wyeth's Sage and Sulphur Compound now because it darkens so naturally and evenly that nobody can tell it has been applied—it's so easy to use, too. You simply dampen a comb or soft brush and draw it through your hair, taking one strand at a time. By morning the gray hair disappears; after another application or two, it is restored to its natural color and looks glossy, soft and beautiful.

Don't Suffer With Piles

No matter if you have had piles for years Pyramin Pile Suppositories give you the relief you want from the pain, itch, strain, bleeding and soreness. Get a 50-cent box today at any drug store. You will then know why Pyramin is the national coast-to-coast reliance.

Loosen Up That Cold With Musterole

Have Musterole handy when a cold starts. It has all the advantages of grandmother's mustard plaster WITH-OUT the blister. You just apply it with the fingers. First you feel a warm tingle as the healing ointment penetrates the pores, then comes a soothing, cooling sensation and quick relief.

Made of pure oil of mustard and other simple ingredients, Musterole is recommended by many nurses and doctors. Try Musterole for bronchitis, sore throat, stiff neck, pleurisy, rheumatism, lumbago, cramps, neuralgia, congestion, pains and aches of the back or joints, sore muscles, sprains, bruises, chilblains, frost-bitten feet, colds of the chest. It may prevent pneumonia and "flu." 40c and 75c, at all druggists. The Musterole Co. of Canada, Ltd., Montreal.



HINTS FOR THE MOTORIST by ALBERT L. CLOUGH

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More Stable Anti-Freeze Mixtures

Some Do Not Need As Close Watching As Alcohol-Water

GREATER SECURITY against large losses by evaporation of anti-freeze liquid and therefore increased constancy of protection against damage from freezing, can be secured by the use of mixtures other than that of alcohol and water.

Glycerine Mixture

A half-and-half mixture of commercial glycerine and water will resist freezing down to zero Fahrenheit and is very slightly subject to evaporation. In fact its boiling point is considerably higher than that of straight water—namely 225° F. instead of 212° F. While the loss of glycerine is only by leakage it is so costly that its use is of questionable advantage except in an engine that is likely to be run very hot at times. This mixture is noticeably sluggish in its flow.

Glycerine-Alcohol Mixture

A half-and-half mixture of glycerine and alcohol diluted with twice its volume of water, so that the resulting liquid is one-third anti-freeze and two-thirds water is very widely recommended. It flows freely even when very cold, resists freezing down to nearly 10° F. below zero and may be run at a higher temperature than an equivalent alcohol-water mixture, with very slight evaporation of alcohol, as its boiling point is not under 180° F. On the whole it is a very good winter cooling liquid although, owing to the presence of three liquids, the hydrometer method of testing its protective power is not applicable.

Oils As Anti-Freeze Liquids

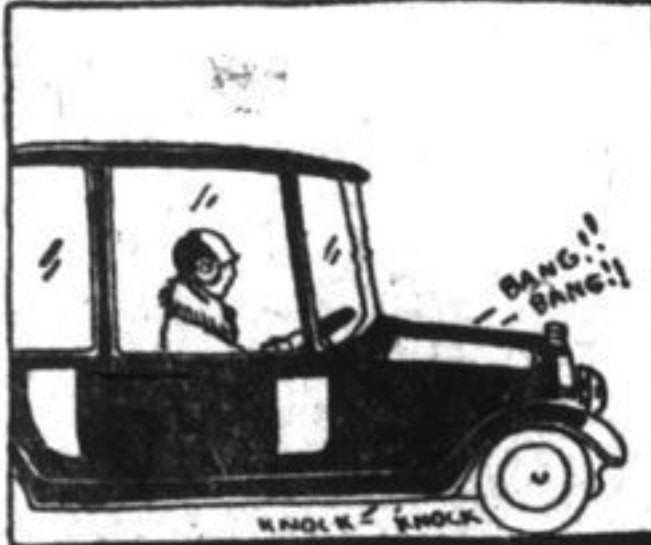
These liquids are used "straight," that is, without water, for obvious reasons, and thus their protective power remains constant. The special oils intended for filling electrical transformer-cases have been occasionally used in motor car cooling systems, but kerosene is the oil most commonly used. Its advantages and disadvantages have been referred to several times recently in these columns and it can at least be said in its favor, that a cooling system filled with it cannot be damaged by freezing. However, it should be remembered that kerosene gives off combustible vapor at 180° F. and above and will burn violently as a liquid at these temperatures or even lower.

PERSISTENTLY ENGAGING CLUTCH



W. R. B. writes: The clutch of my car appears not to fully release when the pedal is pushed, making it necessary to apply the brakes to secure disengagement, which sometimes "kills" the engine. What is the remedy for this? Answer: We can assign no cause for this other than the failure of the throwout collar to move far enough, with forward pedal movement, to separate the two sets of clutch discs. Excessive wear of the throwout fork, its operating linkage and of the thrust bearing may bring about this condition as may also grossly incorrect adjustment of parts. This is an unusual trouble, it being much more usual to have trouble with the clutch falling to hold and we suggest that you consult your service station, asking them to inspect the clutch and its adjustments. If your clutch pedal strikes the floorboards or anything else, when pushed forward, this may account for lack of releasing movement.

AN ELUSIVE KNOCK



F. S. writes: Shortly ago, my engine began a terrific knocking, which at first seemed like that from burned out bearings, but which later disappeared. Since then it has started again. Wiring, coils, timer and spark-plugs have all been renewed without curing it. Apparently the knock comes from under the head. What do you think causes it? Answer: If you will tell us whether this knock is continuous or whether it ceases at times; under what conditions it is the worst and what its character is—heavy or light, dull or sharp—possibly we can help you to locate and remove it, but without these details we cannot even guess what is wrong. Give us a few of the symptoms and we will try to make an "educated guess" like the doctors do.

About Repair Parts

Progress Toward Standardization Has Created The Replacement Parts Industry

WHEN A MOTORCAR PART BREAKS or wears out completely, the problem is to obtain a substitute for it as cheaply and quickly as possible.

If the car is of one of the most widely used makes, maintaining a fully equipped service station in nearly every good sized town, there is usually no trouble in immediately obtaining the desired part, especially if it is for a car of current or rather recent model, but if it is for an old model, the nearest factory branch or the factory itself may have to be appealed to.

Parts For Uncommon Cars

Parts for makes of cars that are not in widespread use, and for which but relatively few service stations and parts depots are maintained, are best obtainable by wiring the nearest factory branch, letting the local representative, if there is any, do the ordering.

The Parts Catalog Important

Every car owner is entitled to and should keep on hand a parts catalog relating to the model of car he owns and he should learn to use it so as to be able to order parts in the quickest and most accurate manner. Owners who live in the country or who own cars of rather obscure origin and who thus cannot readily visit a parts stockroom and get what they want, have to depend on the parts catalog and should inform themselves, in advance of actual need, as to the location of the nearest stock of parts.

Getting Parts From Wreckers

There is another source of repair parts beside the manufacturer of the car in question and his representatives namely, local auto wrecker concerns, of which most sizeable communities can count at least one.

Used Parts For Old Cars

If the car to be repaired is an old one, warranting but a moderate outlay, lower priced parts obtained from a wrecker may prove just the thing. In the stocks of these concerns are generally a plentiful supply of parts of the most popular models of a few years previous, together with a varied representation of parts from less well-known models. If one is able to judge the condition of parts offered and is willing to do some "looking about," quick results and perfect satisfaction can often be obtained very cheaply through recourse to such concerns. It not infrequently happens that by a search of wreckers' stocks one may find a piece that it would take several weeks to obtain from a distant factory and obtain it at a very reasonable price. For rather obvious reasons, parts for current or very late models are seldom found in the wrecker's stock, and indeed, for the repair of a new car, the value of which has not greatly depreciated, through age, manufacturer's repair parts, in an unused condition, are far more desirable than second-hand ones.

SALT AS A NON-FREEZANT



R. L. C. asks: How about a solution of common salt as an anti-freezeant? I am told that it is not injurious to the engine or radiator and that it "does the job." Answer: A heavy brine can be used for this purpose, but a solution of calcium chloride is much better and safer. However, the use even of calcium chloride is generally discounted, on account of its rather slow but seemingly inevitable electrolytic action upon the soldered joints in radiators, resulting in leaks. These effects may not become apparent for some time, but finally they manifest themselves by a general loosening up of radiator joints. Salt is very much worse than calcium chloride as regards this electrolytic action and does not offer

for nearly as ample protection as it against freezing and against obstruction of circulation by deposited crystals. It is regrettable that these saline solutions injure radiators, as they possess important advantages, viz: They are cheap, do not waste by evaporation and they permit engines to be run as hot in winter as in summer.

GOOD DESIGN VS. DISPLACEMENT

F. R. D. asks: Does cubic inches of piston displacement necessarily determine the power developed? Is it not possible for a car with a smaller engine, developed to a higher degree of perfection, to excel in performance one with an engine of larger dimensions but less perfectly designed and constructed? Answer: It certainly is possible. Actual results are always dependent upon the quality of engineering skill entering into the design. Assuming equally good engineering and mechanical work, the output of any two engines of the same type, ought to be proportional to their displacements, but that is about all that piston displacement means in a horsepower formula.

Questions of general interest to the motorist will be answered by Mr. Clough in this column, space permitting. If an immediate answer is desired, enclose self-addressed, stamped envelope.

Willys-Knight

PRICE

Reductions

RANGING AS HIGH AS

\$350

make these cars the outstanding values of the year.

The same Sleeve-Valve Motor has been made even smoother with the Lanchester Balancer—which eliminates all vibration.

New body lines more beautiful than ever, have been added—even in the face of these tremendous price reductions.

See these Cars—A real treat awaits you

ARTHUR CALLAGHAN
210-214 Wellington St.,
Kingston

A. W. M. S. Gathering. Wilton, Jan. 23.—The weather is very cold and the roads are full of snow. Sawing wood is the order of the day in this vicinity. The W. M. S. meeting was held at the home of Mrs. John Carr, on Wednesday afternoon, with a large number of ladies present. A good programme was put on. Resolutions for the New Year were enjoyed by all. Mr. and Mrs. Byard Lee spent a couple of days this week visiting their son at Enterprise.

Miss Gladys Wallace is spending a week with friends in Elgin. Mr. and Mrs. William Bamcock have returned from Watertown, N. Y., where they spent the Christmas holidays. Mr. Harold Babcock, who underwent an operation for appendicitis in the Kingston General hospital, last week, is improving nicely. Mr. and Mrs. William Storms, Yarker, at B. Lee's.

END OF THE "JAZZ" TRAIL



Dorothy Ellingson, sixteen, of San Francisco, found the front parlor was not exciting enough for her, so she started on the "jazz" trail to find a good time. Her mother objected, so Dorothy shot and killed her. Now she is staying in at nights behind cell bars, awaiting trial on a charge of murder.

FOR SALE

SOLID BRICK HOUSE—on stone foundation, 6 rooms, 6 bedrooms, lights, gas, 8 piece bath with separate toilet, hot water heating, fireplace, hardwood floors downstairs, built-in cupboards; well decorated.

M. B. TRUMPOUR

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SPECIAL TORTOISE COOK

Six Cooking Holes, Special Fire Box for Wood. Another masterpiece in Tortoise Cook construction. Large and roomy Fire Box for burning wood, and still retaining the advantages of round firepot for coal.

Come in and see this excellent Range.

Stevenson & Hunter

TINSMITHS and PLUMBERS, 25-27 PRINCESS ST.

Strike of 60,000 hard coal miners in District No. 1, Scranton, Pa., appears inevitable.

Treaty between Japan and Russia was signed in Peking at midnight.

Boston's Rum Row which vanished after the Christmas season, reappeared when four schooners were sighted at anchor on Stelwaggen bank.