# **About Optometry**

#### R. Arthey, Optometrist 148 PRINCESS STREET

NO. FORTY-SEVEN Most defective vision is caused by a defect in the shape of the

Yes, the human eye is seldom perfect, and being imperfect the light entering the eye causes a

It is too long or too short, or its curvature is at fault.

Can the Optometrist alter the shape of the eye? No, but he can place glasses before an imperfectly formed eye and give the effect of normality.

(To be continued)

## COAL Our Coal has been classed

the highest grade of Scranton Pea ..... \$11,75 Try our Virginia Coal and you will never burn any other, as it contains no clinkers or bone.

Aylsworth Bros. Phone U. R. Knight 1795w.

The Royalty of Radio Tubes THE ROICE

Universal Tire & **Battery Service** Cor. of Queen & Ontario Sts.

# WALL PAPER

New Fall stock of Wall Paper just arrived. Choice range of patterns to

ick from. See us for estimates on decoating your home.

V. G. VEALE

# ATTENTION!

High class Pictures and Frames now at Bargain Prices. Photo Studio New Open.

#### S. M. Gartland One Door Above Harrison's

**Batteries** Called For

ana Deliverea We give special attention to Dry and Wet Storage. Specializing in Auto and Ra-Batteries at reasonable

G. McDougall Battery Service
110 CLERGY STREET
(Near Princess)

Just 'phone 275. We call and

## Central Taxi Service Phone 2550 25c

To all parts of city, Outer Depot Driving Job . . . . \$2.00 per hour opping Job . . . . \$1.50 per hour

Kingston's Leading FLORIST

Wedding Bouquets, Funeral De-signs, Cut Flowers, Potted Cor. Brock and Wellington St. Member F.T.D.

Phones: Office 7.70, Residence H. Stone, Manager

CADILLAC ELECTRIC CLEANERS

New Ball Bearing Motor, ex-clusively a Cadillac feature. No oll or grease used. Why wait,

### Her Nerves So Bad She Could Not Sleep

Mrs. Grace Kitchen, St. George Ont., writes:- "After having a severe attack of pneumonia I was left in a weak and run down condition. My nerves were so bad I could not sleep nights, and in the day time I had terrible fainting spells, caused by my heart being weak. Finally I got so bad I had to take to my bed for weeks at a time, but one day I read

### **MILBURN'S** Heart and Nerve Pills

so decided to try them. After taking one box I felt a slight improvement. I have now taken five boxes, and have gained 35 pounds in weight. I am now more than able to do all my own housework as well as considerable outside work. I cannot recommend Milburn's H. & N

as I did."

Marvelous Self-Home-Treatment That Anyone Can Use on Any

COSTS NOTHING TO TRY Ruptured people all over the country are amased at the almost miraculous results of a simple method for rupture that is being sent free to all who write for it. This remarkable Rupture System is one of the greatest blessings ever offered to ruptured men, women and children. It is being pronounced the most successful method ever discovered, and makes the further use of trusses, appliances or supports unnecessary.

No matter how bad the rupture, how long you have had it, or how hard to hold; no matter how many kinds of trusses you have worn, let nothing prevent you from getting this FREE TEST TREATMENT. Whether you think you are past help or have a rupture as large as your fists, this marvelous System will so control it and keep it up inside as to surprise you with its magic influence. It will so help to restore the parts where the rupture comes through that soon you will be as free to work at any occupation as though you had never been ruptured.

Thousands of persons who formerly suffered the tertures of old fashioned steel and spring trusses are now rejoicing in their freedom from the danger and discomfort of rupture. You can have a free trial of this wonderful strengthening preparation by merely sending your name and address to W. A. COLLINGS, Inc., 628 Collings Building, Watertown, N. Y.

Send no money. The test is free. Write now-to-day. It may save the wearing of a trues the rest of your



FOR SCALDS, CUTS AND SRUISES, FOR COLDS, COUGHS AND SROW-CHIAL AFFLICTIONS. FOR STIFF MUSCLES, SPRAINS AND STRAINS AND NUMEROUS OTHER AILMENTS COMMON TO MAN AND BEAST, THERE SO NOTHING SUPERIOR TO THAT OLD TRIED AND RELIABLE REMEDY.

DI THOMAS'

Visitors to Toronto

ARE CORDIALLY INVITED TO MAKE THE

# Queen's Hotel

(Opposite new Union Station) THEIR HEADQUARTERS Special

Winter Rates Now Obtainable

The Queen's high standard o cuisine and service maintains in every particular. American and European plans. Wire your reservations at our extens

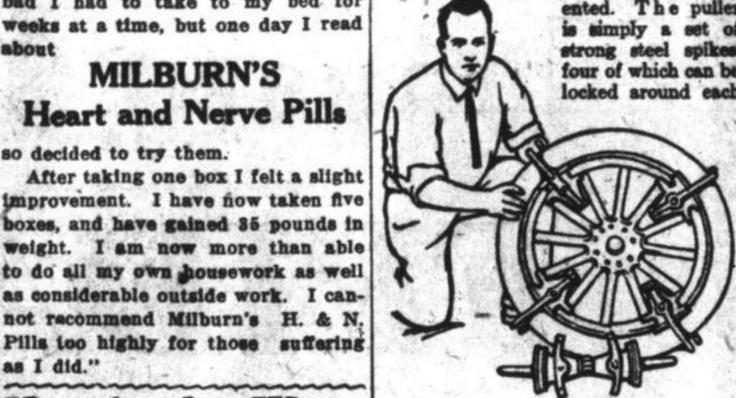
HENRY WINNETT



# What the World Is Doing Cedar Shingles

Spikes on Wheels of Automobile | similar islands have appeared and dis- eral lengths of thick knitting yarn, in a Serve as Mud Puller

A device that, it is promised, will pull an automobile out of any kind of a mud hole or give traction on the slickest dirt



ing halves are fitted into place they just fill the space between two spokes, giving a solid bearing surface which prevents

Ocean Bottom Rises and Falls in Waves, Charts Show

Islands in the seas which have been carried on shipping and marine charts for years are frequently found to disappear suddenly owing to unnoticed sinking of the ocean floors due to earthquakes and gradually became covered with small some of the water runs into the saucers vestigation showed that it sank back to while. a depth of twenty-five fathoms beneath Another good way is to put one end of skates into the ice, or he may be pulled the sea. In other volcanic regions many a wick, made by braiding together sev- back by another boy.

appeared during subterranean disturb- pail of water and the other on the soil ances which pass otherwise unnoticed. in the pot, near the root of the plant. Others reported to exist at certain locali- The wick should reach to the bottom of ties centuries ago cannot now be found, the pail. The water will pass by capilthough they are marked as "doubtful lary attraction from the pail and will existence" and "doubtful position" on the supply plenty of moisture to the soil. maps which guide mariners. Some such Plants cared for in this manner will keep isles thrown up in the past have re- moist for several weeks. mained to be settled by flourishing colonies, while hundreds of tiny peaks come and go with a regularity that gives great concern to the makers of the charts.

#### Resin-Core Solder Aids in Wiring Sets

In conquering the problem of radio frequency, radio engineers and manufacturers learned of the importance of using only a pure regin flux for all soldered joints. Tests show that where acids pastes and compounds are used, they either spatter, fume or run over surrounding delicate parts. This causes leakage and reduces resistance in a manrear wheel. When the hinged and fold- ner comparable to a grid leak. Therefore these fluxes should never be used on

To assist in developing better solder-ing, a special radio solder has been put on the market in a most convenient form. It is a hollow ribbon of genuine tin and lead, having inside a pure resin flux. This flux is in proportion to the surrounding solder and feeds out as the solder is used.

#### Keeping Plants Moist

When leaving home for a visit, and it volcanic action. Many rise again from is not desired to bother neighbors to care the same causes after ages of submersion. for the flowers, put all the pots together The largest isle of a group thrown up in on a piece of tile in a cool and shady place the Pacific ocean by the earthquake in the house (if it is not freezing weather) which destroyed Tokyo, Japan, rose and place a saucer under each pot. After ninety-five feet above the water and giving the soil a good soaking so that vegetation. One morning it was found cover the top thickly with moss, and the to have completely disappeared. In- plants will not need water for quite a pushes the sled backward against the

"The Longest Way Round—"

#### Coasting on Ice

Children who live in level regions, where coasting downhill is not possible, will appreciate the device shown in the drawing, which will enable them to coast on the ice on a pond. A stout clothesline with a heavy coil spring at each end is stretched tightly across the pond, or a bay, between two trees. The sled is oushed backward against the center of the rope as indicated by the dotted lines, and will, as soon as it is released, coast a considerable distance over the ice, due to the action of the coil springs. An old leather heel is nailed to the back end of



rope by digging the sharp ends of his

are in big demand yet. We are keeping our stocks up ready for any emergency call. Let's have yours now. Can supply all the best grades of Red and White Cedar.

ALLAN LUMBER CO. Victoria Street. 'Phone 1042.

## FOR SALE

SOLID BRICK HOUSE-on stone foundation, 9 rooms, bedrooms, lights, gas, 3 piece bath with separate toilet, hot water heating, fireplace, hardwood floors downstairs, built-in cupboards; well decorated.

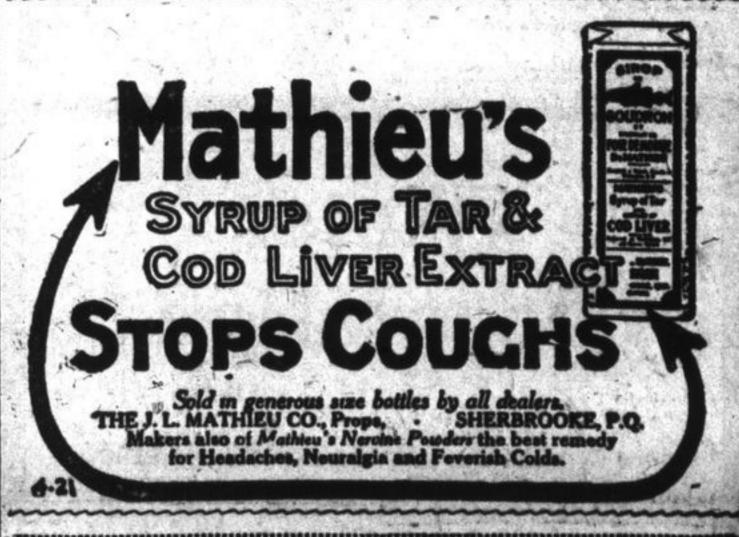
M. B. TRUMPOUR

# See Us When In Need Of Lamps

We are distributors for

EDISON MAZDA LAMPS

HALLIDAY ELECTRIC CO.



# FINDLAY SPECIAL TORTOISE COOK

Six Cooking Holes, Special Fire Box for Wood. Another masterpiece in Tortoise Cook construction. Large and roomy Fire Box for burning wood, and still retaining the advantages of round firepot for coal.

Come in and see this excellent Range.

Stevenson & Hunter

# PROVINCES HOLD UP PENSION PLAN

"I'll telephone the Niagara Power commission.

House," said the chief. He did, and Realizing the seriousness of

Four, Including Quebec, Have Not Responded to Ottawa Request for Advice.

Ottawa, Jan. 21 .- Drafting 0 old age pension legislation for Canada remains in abeyance pending i complete report from the province: on the proposal that these should divide a fifty per cent. responsi bility, the Federal Government to assume the other half. A committee of the Ottawa House last session recommended the adoption of a pension system for deserving indigen ersons of seventy years or over and that the cost should be divided equally between the Federal Gov ernment and any of the provincia governments adopting the system Acknowledgements of the Govern posal have been received from five provinces, Nova Scotia, Ontario laskatchewan, Alberta and British Columbia. Saskatchewan suggested Canada best the adopted by the Fed eral Goernment alone. The British Columbia Legislature has since adopted a resolution approving the principle of old age pensions and advising the early enactment of legislation by the Dominion Parliament to bring it into effect. The other provinces have not replied to Dame West, Montreal.

The French hairdressers are introducing a delicate fringe of slight-it's splendid for irritable throat, relieves headache and quickly drives out the germs of Catarrh. Grippe and Bronehitis. Get Catarrhozone to-day. Complete outfit \$1.00 and lasts two months; smaller size 50c. At all druggists, or by mail from The Dr. Hamilton Pill Co., 211 Notre of hard water and soap.

the Federal Government' on the It was estimated last session tha

What a storm! flash, bang! There goes our last line!"

The speaker was the engineer at the Dundas Hydro sub-station. He and his assistants had been striving ever since the elect storm started, to keep the electricity flowing. But the storm King was too strong, as the blown fuse indicated.

But the chief had little idea of how that telephone call got through. Not until sometime afterwards did he learn that owing to the same storm which disabled his power leads, the telephone connection between Hamilton Long Distance operator took a chance when the Dundas call for Niagara Falls came in. She called Toronto asking for a connection via Montreal, New York, Buffalo and thence to Niagara Falls, Ont. It worked, and as the power people stated, Miss Florences Caulfield's quick work in the emergency saved them thousands of dollars. The twelve-hundred-mile talk was the shortest way to safety.

Grippe, Influenza, **Promptly Relieved** 



with so much Grippe in the air. It is easy to keep the throat and nostrils clear of infectious germs by inhaling the balsamic vapor of CATARRH OZONE. By this means you send the healing and soothing properties of the famous "Blue Gum" of Australia al through the air passages of the head

98,841 persons would be eligible for pension under the proposed scheme and that the Federal Government's share of the cost, if all provinces collaborated, would be \$11,860,920 This amount, however, would be re duced by private incomes or partial savings.

LAST VICTIM DIES

NEW YORK

Husband, Wife and Five Children Wiped Out by Fire. Cochrane, Jan. 21 .- Samuel Bedour, settler, the victim of last Friday's fire, which burned his cabin and snuffed out the lives of his wife and five children, died last night in hospital here from burns and exposure. Bedour, the only member of the family to escape from the burning building, walked over a mile barefooted in sub-sero weather to the home of a neighbor. He said he woke just in time to see the roof fall in on the bed where his wife and some of the children lay.

If you have any cold lean meat left after a meal you can utilize it for lunch by warming it in gravy or sauce sufficient to moisten it, and spread it on slices of crisp toast.

The French hairdressers are in-

# The Vancouver Express Leaves Toronto Every Night

De Luxe Service Across the Continent. Splendid connections at Regina for Saskatoon, and at Calgary for Edmonton.

Leave Toronto at 9.00 p.m. Ar. Winnipeg 10.00 a.m. Ar. Calgary 4.30 p.m. Ar. Regina 11.05 p.m. Ar. Edmontop 11.10 p.m. Ar. Saskatoon 6.05 a.m. Ar. Vancouver 7.00 p.m.

DINING CAR, TOURIST, STANDARD and COMPARTMENT OBSERVATION SLEEPERS

