

THE BRITISH WHIG



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The old-time tramp had a tin can also, but it wasn't on wheels.

A living wage depends entirely on who intends to do the living.

You can say one thing for the League. It observes a strict neutrality.

The hardest job the superior races have is to keep on being superior.

It is almost impossible to tell which comes first, contentment or laziness.

An executive is a man who does the worrying while subordinates do the work.

Government waste consists in spending money in some other neighborhood.

The silk worm isn't the only one that bestirs itself to keep daughter in clothes.

It isn't at all difficult to save a little money. The hard part is to keep it saved.

How would some of these Florida diving beauties look plunging into a hot wash tub?

Even in his darkest hours John Bull can thank the Lord that Spain has the Moors.

This is the season when man believes prayers just as effectual if said in a warm bed.

The old-timers didn't have more amusing stories; they merely had more amusing liquor.

Opinions are worth little. We judge another town by the way the speed cops treat us.

Nearly all economic reforms depend on a change of rules that will favor the incompetent.

Business of savages: Hunting and fighting. Business of aristocrats: Fighting and hunting.

The air that man conquered with such triumphal shouts didn't register thirty below zero.

The nice thing about a phonograph is that it doesn't read telegrams between numbers.

Perhaps there is hope after all. The radio is ultra-modern and it gets by without sex appeal.

Correct this sentence: "We replace faulty ones," said he, "just as cheerfully as we sold them."

Radio services are good, but we miss the clink of Deacon Brown's nickel in the collection plate.

There's always another side. Those who trimmed the Prodigal Son may have needed the money.

Doubtless the world's greatest waste of energy consists in denouncing the methods of a winner.

The annual loss by fire seems incomprehensible after one has burned ten matches in an effort to ignite kindling.

BIBLE THOUGHT

RISEN FROM THE DEAD BUT NOW IS CHRIST and become the first fruits of them that sleep.—1 Corinthians 15:20

FIRE.

Every fire is unnecessary and most are inexcusable. Day after day our fire engines are called out by ignorance and folly and the whole community puts its hand in its pocket to pay for the blaze.

It may be as tiresome to re-read as it is afflicting to re-write the old warnings, but line and precept must be repeated, for at every iteration they lodge in the corner of some mind to which they never before had access. So:—

Do not throw snow on or close beside a hydrant. If necessary even do a bit of shovelling to keep it clear. Yours is the house it is protecting. Also do not leave your taps running. That is what bleeds away the pressure in the mains.

Repair your cracked chimneys. Some windy night a spark will sift out of those cracks and then the neighbors will be jumping from their comfortable beds to enjoy watching your house burn down.

Have the flues cleaned annually in the advice of Kingston's fire-chief. Even you who burn only hard coal with a bit of wood and rubbish fall and spring. Chimney fires are inexcusable and a reflection on the cleanliness of the household.

There are probably more dangerous than there are safe flues in the city. The city appoints an official chimney sweep, whose services may be secured by calling the fire or police stations.

The question of the fire hazard at the City Hall is also of the utmost importance to all Kingston. The danger of fire is especially acute during the season of winter festivities. With the promiscuous smoking which goes on there at dances it seems merely a matter of time till some fool flips a butt into a receptive corner and all the fire brigades in the country would be useless against the next chapter. Those historic boards look actually hungry for fire. Nor are dancers the only offenders. The "NO SMOKING" signs in the offices and corridors downstairs should either be enforced or removed.

The property committee is exercised over this urgent matter and has discussed the alternatives of setting aside a room for smoking at dances or of tiling the halls and stairways. With the sufficient backing of public opinion they might well do both. No avoidable risk should be taken with that precious building.

MISCHIEF IN "REALISM."

Those who have observed in current fiction the results that have come from the attempts of the writers to make their stories realistic will be dubious about the plan of the motion picture producers, as announced by the director of one of the big film corporations, to bring out photoplays that are faithful to life as it really is.

The novelists have in many cases, in their zeal to present characters such as are actually found in the world, stripped them of the decencies of life and exposed them, figuratively speaking, in all of their nakedness. "Realism" has been offered as a justification for the many disgusting novels which have been published during the last few years—novels so sordid and shameful that a "clean books league" has been formed to combat them. It is greatly to be hoped that nothing of the sort will be attempted in the movies.

The film director referred to says life's realities are not to be glossed over hereafter. Sticky sentiment is to be relegated to the limbo of forgotten things. Pictures will be produced in which "the real emotions of real people" will be shown. The heroes are not to look or conduct themselves like "walking collared ads"; the heroines are not to be dressed at all times in the height of fashion.

That will be good if care is taken to avoid going to the opposite extreme. In their revolt against the fiction of the Victorian period, in which the heroes and heroines were paragons of courage and virtue and the villains and their feminine counterparts equally wicked, many of the novellists of to-day have gone too far. In the process of removing the gloss and sickly sentiment they have taken the stand that all persons have sordid thoughts and unworthy feelings and do disgraceful things, and some of them have analyzed these thoughts and feelings and actions with a frankness and minuteness of detail that are not pleasant and serve no good purpose.

That is the pitfall that the motion picture producers must avoid in their striving for "realism."

BACK TO NATURE.

Whatever economic and social evils there may have resulted from the widespread use of the automobile it cannot be lost sight of that the automobile has established a new bond between the people and

their greatest heritage—the out-of-doors. Before decreasing automobile prices and increasing incomes brought the automobile within the reach of even the lowest wage earners it was generally lamented that our people—true children of the out-of-doors—no longer recognized this coveted birthright of their forebears and that the bulk of the nation's population was denying itself the forests, plains, streams, birds and flowers.

Thanks to the automobile, all this has been changed. Immediate contact has been established by the automobile between the open spaces and the thousands who before saw the sky only through a haze of smoke and from between the canonical walls of city streets. There was a time when every person considered it his inalienable right to commune with nature at least part of each year, either in woodland camp, by coursing inland streams, with gun or rod, or outings for the day or overland travel on foot or by horse.

Then came a period when growing cities and expanding towns consumed all time with social and business cares and duties—the out-of-doors was forgotten except by the few who recognized the fallacy in sedentary civilization. The ranks of nature-lovers was gradually thinning year by year until the automobile industry assumed its enormous proportions and good roads, drew continuous streams of motorists out of the cities into the country. Open automobiles carrying their own camping outfit have supplanted closed railroad cars and Pullman sleepers in touring the New World.

It is most evident that the automobile within the past decade has more than tripled the number of picnic parties, camping excursions, tourists and lovers of the out-of-doors and its trees, sky, fields, animals and flowers. Reformers spearheaded with present day morals should find solace in this back-to-nature movement and doctors may expect a vacation now and then in the future.

That Body of Yours

By James W. Barton, M.D.

Keeping Young. You have been reading with interest from time to time, about the operations which some of our older folks are willing to undergo, to try and win back a youthful appearance.

I am not referring to the beauty operations on the face, which apparently have been attended with good results in many cases, but to the transplantation of glands to the human body, or operations upon the glands or vessels near them.

This has been tried on very small animals with some success, but on the higher animals without much success. It would be hardly fair therefore to say much about it at this time.

However, what I had in mind is this, that one of the big points about this matter, is the desire of the man or woman to be youthful again. That they want to go about, to dress, to enjoy life to the full, is a sign that they still have some energy within them.

What is my thought? That they should remember that the biggest and best things we get out of life, are what we accomplish by our own efforts.

That instead of looking to the surgeon for their youth, for ability to work or play, that they should be thinking about their body as their most valuable earthly possession, and that they should try to give it the thought and care it deserves.

That they should let the family doctor examine them thoroughly, and with the knowledge gained thereby, work out a system of living that will keep them young, energetic, and able for work or recreation.

The man who works hard at his business, forgetting all the rules of health, so as to get time for recreation later, is not going to have a body that can enjoy recreation.

You need a strong body for work, and you need a strong body for recreation.

It was written thousands of years ago "By the sweat of your brow you will earn your bread." It can be written just as well to-day. "By the sweat of your brow you will enjoy your bread," with of course all that word means.

You will be "youthful" for many years longer, if you are willing to put a little thought, a little time, and a little work into the simple processes necessary.

Busses for Belleville. Belleville, Jan. 13.—The council has been asked by Frederick Rawson of St. Catharines for an exclusive franchise to operate a motor bus belt line about the east side of the city, with tickets selling at four for 25 cents.

An application for the recognition of the Sudbury mining school by Toronto university has been favorably received.

ODD FACTS ABOUT YOURSELF

By YALE S. NATHANSON, B. Sc., M.A. Department of Psychology, University of Pennsylvania

Cured by Hypnotism. Does hypnotism have any value? Can it cure disease?

Yes, hypnotism does have a very definite value and is not only important as an aid in general medical practice, but does cure certain kinds of disease.

In surgery there is no end to the value of hypnotism. Often an operation is necessary on a person to whom it would prove serious to use ether. These persons are, instead, placed under the hypnotic spell. It is suggested to them that they cannot feel pain in the area where the cutting is to take place and then the operation is performed painlessly.

One great surgeon has reported more than 300 major operations performed under hypnosis and several thousand minor operations.

Hypnotism has been used very successfully at child birth, amputations, and in fact in all cases where an anesthetic is ordinarily used. The advantages of this method is that the patient does not have to abstain from food for a long time before the operation, as is done with ether; their nervousness about the operation can be eliminated; it is pleasant and absolutely devoid of danger; it can be induced easily and the patient awakened at will; the patient can be placed in any position during the operation, which is often a great advantage to the surgeon; there is no feeling of sickness after the operation as that produced by other anesthetics; and finally, because of the absence of pain during and immediately following the operation, the patient seems to recover more rapidly.

The only reason why hypnotism is not more generally used is because it is difficult to get a person so deeply under the hypnotic spell as to make him immune to pain. However, it is used in many hospitals throughout the world.

As to the other benefits to be derived from hypnosis there are many cases on record.

An actor complained that he was afraid that he would sometime forget his lines while on the stage and be forced to give up his work. He was placed under hypnosis several times and while under the spell was assured he need not fear such a happening. Soon the fear vanished and he returned to a successful stage career.

A girl was successfully cured of fits of stammering by hypnosis. All types of hysterical outbursts have been treated by it with highly satisfactory results.

Indigestion, headaches, nervousness, drug addiction, persons unable to sleep at night, those who have indescribable fears or who worry unduly over various matters—persons who fall into any of these classes have been helped or entirely cured by hypnosis. These cases, to be found in the medical records, testify to cures by hypnotism.

Tomorrow—Walk Off Your Troubles.

Canada's Story Day by Day

By B. Odwens Davies

January 13th.

Three-quarters of a century ago, monarchs made gifts and grants of land with a lavish hand. Vancouver Island, the largest island on the Pacific coast of America, was granted on this day in the year 1849 to the Hudson's Bay Company for colonization purposes.

The intrepid Sir James Douglas was afterwards made Governor of the Island. It was named for Capt. George Vancouver, who had explored it in the years of 1792-94. Capt. Vancouver lies buried in his English homeland, and recently representatives of British Columbia planted B.C. fir trees upon his grave.

KINGSTON IN 1855

Sidelights From Our Files—A Backward Look.

SPARKING AMONG DAGUERREOTYPES.

May 19.—It is not many months since Westcott and Sheldon opened their large skylight daguerrean gallery, corner of Wellington and Brook, entrance from Wellington street; it immediately became a very fashionable resort, the show room being very capacious and affording every possible facility for comfort that could be desired.

An hour or two can be spent very pleasantly at this gallery; for an occasional lounge there is no place in the city equal to it. To test the truth of this, step in, gentle or bewhiskered reader, and see for yourself; if there are not at least a dozen couples present—providing your visit be made at the proper hour—the writer will acknowledge to having innocently perpetrated a fiction. A better style of daguerreotype cannot be found than those taken by Messrs. W. & S.; they have a fine, clear tone, can be viewed in any light, and have the rare excellence of standing completely out from the plate, which gives them an appearance of solidity—another rarity, generally, in this style of picture. They are, perhaps most remarkable for their tone and for the artistic position in which they are

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ERNESTTOWN'S COUNCIL Was Chosen by Acclamation—Burial of the Late Damon Hartman. Odessa, Jan. 12.—The funeral of the late Damon Hartman was held from his late home, Maple Lawn, last Monday afternoon, Rev. S. F. Dixon officiated. The remains were placed in Forward's vault to be interred later in the family plot at Union cemetery. To mourn his loss is one brother, Louis Hartman, Camden East.

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