

THE BRITISH WHIG



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And yet people still have the nerve to call Dutch pants "quaint."

The question is whether John Bull or Uncle Sam holds the first mortgage.

Once it was said "The good die young." Now it's the reckless driver who does it.

Sometimes Trotsky must reflect on how peaceful was life in the United States.

A pocket full of 17c to-day requires a song of considerably more than sixpence.

It might be worse. Suppose every law required a special set of enforcement officers.

As a general thing the hunger for self-expression is merely a hunger for applause.

Why waste so many words to analyze the heroine's character when she hasn't any?

One thing that makes a girl say "no" is the calm assurance that he will propose again.

Nobody passes resolutions of confidence if he wrecks a bank instead of killing his wife.

The woman always pays. Well, that's fair enough; she's the one that has it charged.

There was evidence of bad taste in old-time restaurants, but it wasn't called atmosphere.

Our guess is that balloon pants are to be developed as parachutes as aeroplanes become common.

The only remaining people who believe all they read are those who move their lips when reading.

Nothing in a show window so enraptures a fair shopper as the mirror at the back of the window.

The way to keep the public from losing interest in a graft prosecution is to work in a little sex.

Some people won't enjoy Heaven. There won't be anybody there poor enough or wicked enough to snub.

France is talking of taxing tourists \$10 to get into that country. And all they have to get out, we presume.

A writer says the modern dance is a wonderful exercise. Well, it exercises almost everything except discretion.

The price of gasoline reminds us, we can let the old jk shirk; and departing leave behind us footprints on the way to work.

Deduction and exemption in the income tax return are not one and the same thing, but they both produce the same desired and soothing effect.

Life nowadays seems to be just a matter of hunting up a lot of new rights to fight for and battling with someone who wants to take away the old.

BIBLE THOUGHT: PURE RELIGION and unadorned before God and the Father is this. To visit the fatherless and widows in their affliction, and to keep himself unspotted from the world.—James 1:27.

ATTRACTIVE ROAD MARKERS.

With continued agitation in many sections against disfiguring advertising signs on public highways, there is likely to come about a suggestion that even the essential road signs be made more attractive than they have been in the past.

Automobile clubs have busied themselves in recent years placing accurate and neat markers along the main travelled thoroughfares of the country. These signs have been an improvement over the old wooden signposts, which were too frequently allowed to drop into unpicturesque dilapidation.

A traveler in one of the less important national forests last year was impressed by the attractiveness of the Forest Service signs. They were small, yet clearly lettered for easy reading. In addition to the neat lettering, every sign bore the distinctive picture of an evergreen tree symbol of the forest service.

Those signs detracted as little as possible from the beauty of the scenery. They were there to guide the passerby when he needed direction, to warn him of danger and to enlighten his interest in fire prevention.

They were there to guide the passerby when he needed direction, to warn him of danger and to enlighten his interest in fire prevention.

Is there any reason why necessary road signs outside of national forests should be less neat, unobtrusive and attractive?

THIS CRAZY WORLD.

Becoming a cynic is as easy as rolling down a hill. All you have to do is to shut your eyes tight to one set of facts and open them wide to another set. Magnify the evil about you and minimize the good; focus your eyes on the faults and foibles of your neighbors; brood often and long on the wrongs done society, not forgetting to regard as hypocrites the great souls who suffered in order to make our rugged way a little smoother; imply ulterior motives to the poor deluded folks who say they believe in their fellows, and do not fail to exercise yourself daily with the hammer, fit emblem of the chronic knocker.

Pursue such a course for weeks and months and you will become an accomplished cynic, a proficient misanthrope, a pessimist of a purple hue.

Fully as easy as the road to cynicism is the way leading to that "Fool's Paradise" where a Pollyanna optimism supplies the rarefied air and provides the cloudless skies.

To shut out the drab and sordid facts of life, to ignore the designs and devices of wicked men, to refuse to see peril in organized evil is to be "forever blowing bubbles, pretty bubbles in the air," and to jeopardize the hard-won achievements in the long fight for freedom and justice.

Of the two extremes the ardent optimist or the morbid cynic, most of us prefer to act on the conclusions of the latter, though we would rather "winter" with the former.

As medicine, optimism is the more palatable to the taste; cynicism is a nasty dose, but more likely to prove efficacious.

To look the world squarely in the face, seeing things as they are and taking into account both good and evil is not easy. Only a few are willing to pay the price of the mental and moral discipline necessary to "see life steadily and see it whole."

No portion of the world is wholly good or wholly bad. Everywhere society is an admixture with right dominant in some portions and wrong enthroned in others. To admit this condition is not to accept it as inevitable or unchangeable.

A "spotty" world is not a safe world, and each generation is stung a challenge to rid society of the plague spots which threaten its destruction.

Every mother's son of us is born when the times are out of joint and born to set them right. If it is both a single-handed fight and a mass movement. This crazy world can never be set right until its citizenship goes about the job on a global scale, with no nation or race as a mere looker on, but each and all active participants in the bloodless battle of peace.

In the meantime what is the average taxpayer to do? Why, much in every way, but especially these things:

Sweep the snow from the walk in front of your house.

Register for every election. Vote early.

Never lose an opportunity to play with a baby.

RURAL STEAM LAUNDRIES. "Self respect at a cost of 11 cents." In that phrase sums up the two advantages of the co-operative laundry, which are to be met with here and there in the United States, as seen by an agent of the Ontario Government who reports her discoveries in the women's page of the Globe.

These laundries are of two sorts, those run as a public utility in large cities and the co-operative plants, attached usually to creameries, for rural and small town populations.

The former are patronized by housekeepers, business girls and a great number of men, who bring or wear—their laundry in, rent two tubs and an overall and so achieve the next thing to godliness. While his modest laundry is being dried

the man sits smoking with others similarly occupied, has a bath and presses his suit and emerges clean and self-respecting at a cost of eleven cents.

The rural laundries are even more interesting as they are perhaps more necessary. They are capitalized at about \$5,000, subscribed in the district in five dollar shares which bear six per cent. interest. They are attached to creameries or such places where there is a boiler doing part time duty, which can be made to serve both plants. Much of the laundry is brought in from the farms with the milk and paid for out of the milk cheques. Clothes are washed and dried at one such establishment for 6 1/2 cents a pound, with ironing charged for by the hour. The week's washing and ironing for an average farm costs about two dollars.

Could such co-operative laundries be grafted on to the co-operative cheese factories which so abound in Ontario? There might be some localities in which it could succeed but not in many. Money is scarce on the farm and women's labor even cheaper than men's. There would be a great deal of prejudice to break down before work which had always been done in the home would be sent out regularly. For to a great many women this would seem like sheer slacking. And most Ontario farm women would rather work till they drop than fall in upholding their heavy end of the farm responsibilities.

A SALUTE.

Kingston has followed with mingled anxiety and pride the Kingston skippers and Kingston crews who at this hazardous season have been playing hide and seek with disaster. The odds were about even. Their lives depended on the handling of their stout little steamers, for allied against them were battering seas, snow storms, gales, thickening ice and zero temperatures; and their duties kept them on the ice shores of narrow, turbulent waters. It must be a matter of satisfaction to them, as it is of rejoicing to their friends, that the long trick is over.

KINGSTON IN 1855

Sidelights From Our Files—A Backward Look.

THE FIRST HOTEL.

April 2.—By a notice in our advertising columns it will be seen that a meeting is to be held in the Woodruff House for the purpose of organizing a stock company to build a hotel on one of the islands in the St. Lawrence. The beauty of the scenery and the numerous temptations for a summer resort which those islands and the beautiful waters of the St. Lawrence afford, require only the addition of a good hotel to render it a place of extensive resort.

THE 1854 CRIME SHEET.

There were apprehended in Kingston in the month of January 68 persons, in February 49, in March 90, in April 93, in May 94, in June 98, in July 155, in August 112, in September 148, in October 164, in November 111, in December 94, making in all 1,274 persons.

Six of the above were charged with murder, 2 in the city and four sent to Toronto, 1 with forged, 86 with larceny, 4 for offering counterfeit bills and base coin, 15 for assaults, 633 for drunkenness, 112 for vagrancy, 95 for disorderly conduct, 1 for misdemeanor, 3 insane and 229 received protection. There were 920 males and 354 females. There were 74 under fifteen years of age.

Of the above there were 89 three times in the station house, 73 four times, 36 five times, 28 six times, 14 seven times, 11 eight times, 8 nine times, 7 ten times, 4 eleven times, 3 twelve times, 3 thirteen times and 1 seventeen times.

Seven-tenths of the above mentioned crimes were committed by persons under the influence of intoxicating liquor.

There were arrested in the year 1848, 598 persons; in 1850, 448; in 1851, 517; in 1852, 690; in 1853, 919; in 1854, 1274.

Canada's Story Day by Day

December 30.

The staunch old pioneers of the West who set about making history so simply and stolidly, draw from us both praise and smiles. For the most part they were ignorant of the established ways of government and the dignity and ceremonial which enveloped the parliaments of the old land were entirely unknown to them.

The men who sat in the first western parliament took their seats in brightly-colored fannel shirts, with earst castles upon their waists and moccasins upon their feet. Men like this who formed the first legislature in Manitoba were not likely to let a flimsy thing stand in the way of accomplishing what was right and useful for the province.

It was on this day in 1870 that the first Manitoba election was held, and among the men then selected to represent the people was Donald Smith who was to become known to history as Lord Strathcona. In a few years, as time counts in the history of a na-

tion, the Manitoba capital has become one of the great cities of Canada, and her parliament buildings are one of the showplaces of the land.



That Body of Yours

By James W. Barton, M.D. REAL HEART SYMPTOMS.

It is surprising to find so many individuals who imagine they have heart trouble.

Despite the assurance to the contrary on the part of their family physician, or even a heart specialist, they nurse the idea that something is really wrong with their heart.

They feel sure of it because there are times when the heart beats very violently, when it seems to "palpitate" as it is called. At other times it will beat very rapidly, and seem to slip a beat. Then there are others who seem to faint occasionally, and nothing can persuade them that it is not the heart that is the cause of those fainting spells.

Still others have a giddy feeling at times, and the heart is likewise blamed for this.

Now what about this palpitation? Most of it is due to indigestion or to nervousness, and the heart itself is just reflecting what is happening inside. The heart itself is not affected except in the rapidity of the beats. The fainting has nothing to do with the heart usually, but is due to emotional disturbance, or just physical weakness.

The giddiness is due to some liver or ear disturbance, and likewise has nothing to do with the heart. A heart specialist of high standing puts this matter of heart diseases into very simple language. He states that if you can do the ordinary work of your home, can climb stairs at an ordinary pace, can walk at a fair rate of speed down the street, without "getting out of breath," then you should not worry about your heart, even if it is really diseased. So try to remember that one point, and if your heart seems a bit unsteady at times, you actually faint, or have giddiness, don't worry about it; because these things are not important from the heart standpoint.

The big question is "Do you get out of breath on slight exertion?" If you don't, then forget about your heart.

This was likely the advice you received from your family doctor. Isn't that true?

ODD FACTS ABOUT YOURSELF

By YALE S. NATHANSON, B. Sc., M.A. Department of Psychology, University of Pennsylvania

Killed by Suggestion. A good many troubles you fear never really happen. Two of your fellow workers, or your neighbors, or your guests are speaking in a rather low voice. They seem to be turning in your direction. You step up to them and they stop conversing. You are positive of what has happened. You become flushed. You are angry. Your blood fairly boils.

The truth of it all is that they might have been talking about anything else in the world but you, and had completed their conversation when you approached them. But you don't know this and wouldn't believe them if they told you so.

You are victimized by an over-functioning and suspicious imagination which feeds on your great susceptibility to suggestion.

Susceptibility to suggestion is a splendid quality, but one which can react dangerously if not properly checked.

A man went to see a motion picture production—a historical picture of the time of the French Revolution. He was intensely interested. The picture had a great effect on him. He went to see it several times. The thing which most impressed him rather depressed him was the fate which befell Marie Antoinette. He could not forget the sad face of the woman led to her death on the guillotine. A short time later while sitting in a chair a friend sneaked up quietly and struck him on the back of the neck with the edge of his hand. The man fell into a spell and raved like a maniac. He insisted that he had been beheaded by the sharp blade of the guillotine.

Another interesting story is told of a criminal sentenced to die and who consented to have a group of scientists kill him as they saw fit. The learned professors placed the man on a table, told him they were going to kill him by cutting his throat to see how long it would take him to bleed to death. They then bisected the criminal, arranged a receptacle from which lukewarm salt water dripped into his mouth and then to the floor (to resemble blood), took a piece of ice and wiped it dry and said to the man, "We are now going to cut your throat." As they did so they drew the sharp edge of the ice across his throat. Not even a scratch could be seen. The warm salt water began to flow. The man coughed and choked, his pulse grew weaker and weaker and in a short time he was dead.

Susceptibility to suggestion is a good quality only if controlled and well balanced.

Tomorrow—Your Memory Span. Too many people seem to wish they were some one else.

BIBBY'S MEN'S AND BOYS' CLOTHING. 78, 80, 82 Princess St. New Year's Resolution. After a very successful season we are going to wind up this year and begin the new year by giving some Jim-Dandy bargains. Every statement we make in print, you will find it more than fulfilled at this One Price House. No discounts, no trading stamps, no baits to confuse. Just real Clothing and Furnishings at prices that cannot be beaten. We say to you look about before coming here, for you know the old saying that seeing is believing. Here we go! What do you think of these prices for a starter? More to follow during the month of January.

MONEY TO LOAN. We have considerable funds to loan on Farms, Village and City Properties, at lowest current rates. We have some good farms for sale at present, also some bargains in city property.

T. J. Lockhart. Real Estate and Insurance Agent. 68 BROCK ST., KINGSTON. Phone 2327 or 11973.

THOMAS COPLEY Carpenter. Phone 987. See us for all kinds of Carpentry work. Estimates given on new houses laid. Have your hardwood floors cleaned up with our new floor cleaning machine.

At Echo Lake. Echo Lake, Dec. 26.—Sleighting is very good in this village. The farmers are cutting wood and pulp. A few from here attended the Christmas tree at Parham and reported having a good time. James Knox spent the week-end at Lorenzo Switzer's. Mr. and Mrs. Arthur McLeod and little son spent Christmas under the parental roof, Long Lake. Mr. and Mrs. Philip Wagar and family at Allan Wagar's. Mr. and Mrs. L. Switzer and Mr. and Mrs. M. Switzer, also Mr. James Knox and Nellie Cousins at Mrs. H. Hicks'. Mr. John Dwyer and Mrs. Joseph Dwyer, also Miss Luella McCullough spent Christmas Eve at John Cronk's.

7% Seaman Kent Company, Limited. First Mortgage 20-Year Sinking Fund Gold Bonds at 100 and accrued interest to yield 7%. This Company, twenty-five years established, is the largest producer of hardwood flooring in the British Empire. Earnings for the past five years available for stock interest and appreciation, have averaged \$125,594. This is over four times the annual interest requirements on this bond issue. Full descriptive circular on request. JOHNSTON AND WARD. Bibby's Block, Princess St., Kingston. Member Montreal Stock Exchange and Toronto Stock Exchange.

AFTER CHRISTMAS SALE 1/3 OFF. French Ivory Shaving Sets, Shaving Stands, Manicure Sets, Manicure Rolls, Stationery.

DR. A. P. CHOWN. 185 PRINCESS STREET. PHONE 848.

OUR COFFEE. It is so good we cannot help talking about it. The price 60 cents per pound. We could not reduce the quality—we had to advance the price. The taste most certainly tells. Jas. REDDEN & CO. PHONES 20 and 900. "The House of Satisfaction"

Moving and Hauling. FREIGHT, FURNITURE, PIANOS, ETC. Local and long distance given our careful attention. C. L. HENRY. 647 AIDERS STREET. TELEPHONE 1675F. EACH MAN OF WISDOM IN HIS SOUL—GIVES THANKS FOR PLENTY OF GOOD COAL! CRAWFORD'S COAL QUARTETTE. DURING this thanksgiving period of the year everybody with a tin-full of coal should be mighty thankful and everybody else should give thanks because this coal company is in position to serve you expeditiously and satisfactorily. Send us your next order. Crawford. PHONE 1. 10000 FT.