

THE BRITISH WHIG 91ST YEAR.



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There are fewer lame ducks in evidence now, but just as many quacks.

A born strategist is a small boy with long curls who gets gum in his hair.

A sordid materialist is any man who makes as much as you would like to make.

An occasional woman thinks it an equality if he works for her and she works him.

Slabbed struggled to shake off the old man of the sea. "Darn those snappers," he said.

Knocking may not indicate carbon in the motor. It may indicate envy in the heart.

In days of old, when knights were bold, their tin pants must have been awfully cold.

Turning mercury into gold may be possible. We know a check boy who does it with brass.

Names mean little. The man who named it the Pacific got killed in a row out there.

If a man says that John Bull was hard on Egypt and Uncle Sam on Persia, try kicking his dog.

If the gossip awakes without a tongue in a hot place full of nice scandal, that will be hell.

A village is a place where a bachelor with \$1,200 wonders if he is loved for himself alone.

If he's a road hog, it's only a question of time until an ambulance will gather up the litter.

Radicalism: "He's rich; swat him." Reactionaryism: "He may grab some of it; swat him."

The theory of evolution offers some hope, anyway. We may yet develop something worth while.

Correct this sentence: "Just a little cash down," said he, "and the subsequent payments are easy."

Unhappy world. There are only 287,442 people who know how to raise children and they haven't any.

We know now why ancient civilizations quit work and perished. Cross-word puzzles are 2,000 years old.

If he says that cross-word puzzles are too easy to interest him, he may be either an expert or a blamed liar.

Suspensoids are becoming popular again, but they are really loved only by those who call them galleons.

The superiority complex means only that the owner hasn't been associating with people who amount to much.

Sixteenth century: skin the Indians. Eighteenth century: skin the animals. Twentieth century: skin one another.

It's better to brag on a small radio station. The others get so many telegrams that they can't announce your name.

BIBLE THOUGHT I HAVE FOUGHT A GOOD FIGHT, I have finished my course, I have kept the faith. Henceforth there is laid up for me a crown of righteousness.—2 Timothy 4:7.

CHEESE GRADING AT MONTREAL.

It is the cheese factories that keep the farmers of Ontario going and it is the English market that keeps the Ontario cheese factories running. Therefore the announcement that the differential price between first and second grades of export cheese has been reduced from two cents a pound to one is of importance to most farmers, and indirectly to most city dwellers. Grade 2 will now be valued at only one cent less than grade 1 and this increase in the price of the lower grade will mean a saving of \$100,000 to the producers.

The grading at Montreal has been regarded with suspicion and hostility by shippers in many Ontario localities. The graders were accused of placing cheese in the lower grade upon the slightest cause, and evidently the shippers' complaints were not baseless. It would be interesting to know who has been quietly pocketing that hundred thousand dollars which it is now admitted was unnecessarily deducted.

With regard to the principle of grading for the export market only one view can be obtained. Grading is the one sure way of building up an unflagging demand. Once the consumer feels assured that he is getting exactly what he got before he will come back again and again. The astonishing business which Denmark has built up in the export of butter, eggs and bacon to Great Britain has, as its very corner stone, accurate grading. Co-operative production has also helped greatly. By adopting the same means, as indeed we are doing, Canada is certain to do at least as well.

FRUITS OF MATERIALISM.

Psychologists and sociologists, studying the mental processes responsible for the epidemic of handi-craft and robberies, are united in the belief that these most vicious criminals have become so through a perverted philosophy that life without great wealth is not worth the living. To gain that wealth they risk the life of others, dare the hangman's noose and face years of imprisonment.

The fault is not essentially with the victims of this most fallacious logic. Somebody must drink the dregs of a society which founds happiness on material wealth and measures material wealth by money in that quantity which allows of extravagance and dissipation. Man is doomed when he cannot find happiness and contentment in honest labor and a living wage.

THIS PROTOCOL.

Canadian cabinet ministers are invited to London, chiefly for the purpose of discussing the protocol; and the average Canadian wonders darkly what in thunder the protocol is. Even editors, who have been setting the word in bold type on the front page for months past, leaf back to see—well, to see that they remember all the finer points at issue.

This particularly important protocol is a sort of shanty or lean-to attached to the League of Nations Covenant by the fifth assembly of the League in October, 1924. Its professed aim is to make the pacific adjustment of all international disputes, whatever compulsory and to outlaw and constrain any nation which resorts to violence in defiance of the new plan. So extensive were its commitments, so imponderable its responsibilities that Great Britain immediately demanded time to discuss its implications thoroughly with the Dominions. That discussion is now about to take place. It is anticipated that the conference will reject the protocol outright or modify it out of all semblance to the proposed plan.

The father of the protocol was Dr. Bonese, of Prague. He framed it to all the needs and quell the particular dangers of those packed states of continental Europe. It provides that all disputes must be submitted for arbitration and that disputes on questions claimed by a state to be solely domestic and outside the proper purview of the League may nevertheless be brought before the League on the initiative of another state. This clause was included after an ultimatum from Japan, who wished to be free, if necessary, to bring before the League the explosive question of Oriental immigration. The protocol further declares that various states shall be prepared to bring into action against an aggressor, military, naval and air forces of a certain strength. And finally, that under the auspices of the League a world conference for the reduction of armaments shall be called next June.

The outlawing of war is a project which the Empire would be first to support if the means justified that end. But if war is to be outlawed by guaranteeing all the impossible national boundaries drawn up at Versailles; by committing Great Britain and the Dominions to unknown and unlimited liabilities; by authorizing that super-national authority so abhorrent to the United States; by preparations that would further alienate Germany and Russia from participation in the League, then the Empire refuses to rush in.

More rejection of the protocol is

not enough, however. If the council of empire finds that these grave faults do exist in the protocol and make it unacceptable, the council must propose some alternative which would more effectively restrain the dogs of war. To that end the leading Canadian ministers will cross the stormy March Atlantic.

IN DEFENCE OF CAROLS.

From the belligerent shouts with which the Ottawa Journal reads the Whig's modest plea for more carol singing one suspects that his Christmas shopping had been proving a little too much for the Journal editor. There are moments in which anything that savors of Christmas is anathema.

The "kind of caroling the Kingston paper favors is usually as objectionable in practice as it is beautiful in theory," he declares, and proceeds to sketch the abuses which have attached themselves to the custom in England. He cites carol singing at its worst, while the Whig was hoping to introduce the custom at its best. For while carol singing in England has sunk to the last stages of mendicancy, on this side the water it is just waking to spontaneous life. In many American cities carol singing has caught the popular fancy—if nothing more—and the singers who go about the streets would as soon think of picking pockets as of ringing door bells for contributions.

It is now two or three years since members of one talented Kingston family sang and played under the windows of some of their friends. The incident remains to this day a pleasant memory in the neighborhoods where their music was heard, and is in a fair way to become a tradition. Ottawa may prefer Christmas nights of the original silent and holy variety, but this journal maintains that Christmas carolling is the ideal introduction to a merry Christmas.

KINGSTON IN 1855 Sidelights From Our Files—A Backward Look.

Righteous Wrath. March 13.—Dear Sir,—Can you tell me why the citizens of Kingston are every night deprived by the Kingston Water Works Company of the supply of water, for which they are so regularly called upon to pay up, and whether said company are not liable to an action at law for so shutting off the water?

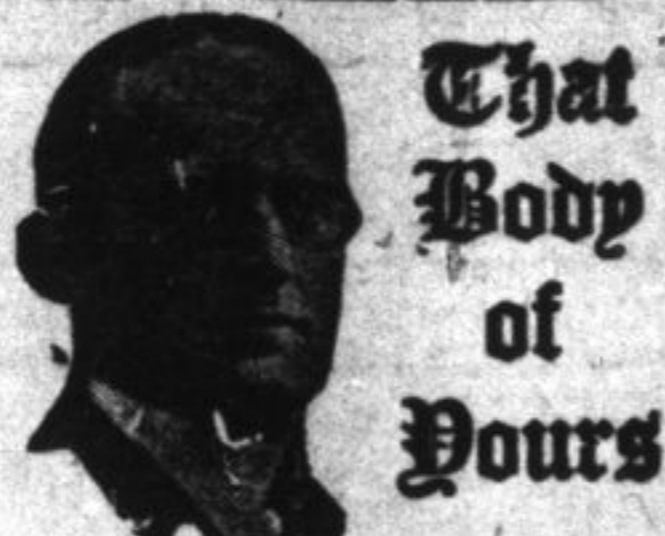
At my house yesterday morning at half past seven o'clock we were without water, and this, without the slightest notice, so that we might guard against such an inconvenience.

Great dissatisfaction prevails among the consumers of water with the manner in which they are treated by the company. Scarcely a night passes in which the water is not turned off, generally quite early in the evening, and not let on again till eight, nine, or sometimes even twelve o'clock the following day. It is generally understood that this arrangement is for repairs, putting in new service pipes, etc., but surely it cannot be turned off for that purpose on Sundays. If people pay the company to be supplied with water, they certainly have a right to expect a supply more than half the time. It has been a regular subject of complaint at several of the late fires that no water could be procured till the flames had got almost beyond control. It is understood that the corporation pays the company a very heavy sum for the supply of the fire hydrants, and certainly those who have charge of the city finances should see to it that they are not paid away without adequate value being received.

Editor's Note:—The above communication speaks very pertinently, but the writer forgets when Kingston was without water works. Surely then there was more reason to complain than now. The plain fact is the consumers waste so much water every night that the company, to guard against actual loss, are obliged to act very economically, perhaps too much so.

Canada's Story Day by Day

DECEMBER 26. This day in December of 1921 was one of great festivity in Canada, for upon it the new constitutional Act, granting constitutional government, went into effect. There were public dinners in all the larger centres and the cities were illuminated, and the streets filled with rejoicing crowds. Of course there was opposition to the act which divided Canada into two parts, with a separate government for each. One of the arguments was that Upper Canada, now Ontario, would have no access to the sea except through Quebec and that Lower Canada would impose import duties on supplies for the western province. It was denied that Upper Canada would ever expand west of Niagara, as the Falls were an insurmountable bar to the transportation of such raw materials as the produce of the land. Mr. Lymburner, who expressed these views, lived till 1836, and saw the completion of the Lachine canal, the Rideau canal and the first Welland canal.



By James W. Berlin, M.D.

That Body of Yours

The Value of Gelatine.

During a strike in one of the large New York hotels the entire kitchen staff went out, from the head chef to the lowliest dishwasher. The manager was delighted one morning when one of the "help" turned up to go to work.

"What do you do?" asked the manager.

"I'm one of the chefs," said the man.

"What particular part do you do?"

"Oh, I do special work. I make all the gelatine desserts."

This of course was published as a joke, because perhaps the least important dessert from a food standpoint was the gelatine dessert.

However, it has remained for a United States physician, Dr. T. Downey, to demonstrate that gelatine renders a wonderful service in cases where the milk seemed to go into tough curds, and come away from the body in this condition. In certain experiments, where two sets of children were given equal quantities of the same milk, some put on weight, and others lost weight.

In these latter cases a small quantity of gelatine, one per cent, was added to the milk, and the babies immediately began to put on weight. How is this explained?

Well, this small quantity of gelatine seems to make a coating over the globules of fat, so that they remain freely divided instead of running together into a tough curd. Then when they pass out of the stomach into the small intestine, the intestinal juices—bile and pancreatic juice—are able to work on them and render them digestible. The system thus gets the benefit of that much more milk or food. It has been known for some time also that there is considerable proteid substance in gelatine, and the idea of giving it to infants as a "builder" is a reasonable procedure.

When you remember that a baby has only the one food, mother's or cow's milk, its very life depends upon it getting this milk digested. This discovery then should be a great boon to children in whose stomachs milk seems to form tough curds too readily.

Infant feeding is truly a wonderful science when we remember the baby's life depends entirely upon the mother and doctor. It is entirely helpless.

ODD FACTS ABOUT YOURSELF

By YALE S. NATHANSON, B. Sc., M.A. Department of Psychology, University of Pennsylvania

Frightened by Wind. The wind starts to howl, dark clouds cover the sky, it thunders in tune with the general feeling of gloom—the baby begins to wall.

In earlier days it was considered that the presence of the evil spirits were tormenting the child, but the light of science and investigation shows us that it is due rather to the depressed feeling caused by the darkened skies or the peculiar monotonous wail of the wind which causes even adults to quake. During the days of the inquisition, people were tortured by having to hear discordant sounds. Dickens tells of a child driven frantic by the sound of running water.

Races which live in storm countries have a different outlook on life from peoples of the calm plains.

Do you feel any of these fears? If you do, you are not alone!

"I am nervous and restless whenever I hear the wind in the trees," reports a high-strung patient.

"A high wind makes me feel myself at sea; makes me feel the rocking motion of the waves and causes nausea," says another.

Others write: "It is the piping and whistling of the wind that gives me the shivers, and sometimes I fancy it is a monster breathing."

"I used to think armies were fighting when there was a gale."

"Often fancied I heard the wind say such words as: 'I am coming; I will push you over,' etc."

"Sometimes I fear the earth may be swept clean, and everything be reduced to chaos."

With the wind fear we find persons afraid of celestial objects as the sky, the clouds, heavenly bodies, weather, etc. Here are the reports of such persons:

"I always shudder when looking at clouds and trace outlines of terrible monsters in them."

"If clouds are low, I feel smothered."

"I used to get dizzy and sick watching the moon running under the clouds."

"I have long had great fear of heavenly bodies, yet was fascinated by them, and would gaze long of the stars. I would overwhelpingly realize my own insignificance and the power of God; I would want to pray to be better, but felt myself too little consequence to be noticed. Star gazing has improved my behavior."

"I had a mental terror of a yellow sky, clouds or light; red in the heavens suggests blood to me and

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