

NEWS AND VIEWS FOR WOMEN READERS

Christmas Stockings Christmas Crackers

Nothing gives the children so much real pleasure. Nothing adds so much to the dinner table.

Come in and see our wonderful supply.

- Stockings, each 20c. Stockings, each 25c. Stockings, each 30c. Stockings, each 35c. Stockings, each 50c. Stockings, each 75c. Stockings, each 85c. Stockings, ea. \$1.00. Stockings, ea. \$1.10. Stockings, ea. \$1.40. Stockings, ea. \$1.75. Stockings, ea. \$2.00. Stockings, ea. \$2.75.

Our Crackers are simply beautiful.

- Crackers, box .35c. Crackers, box .40c. Crackers, box .45c. Crackers, box .50c. Crackers, box .60c. Crackers, box .75c. Crackers, box .85c. Crackers, box \$1.00. Crackers, box \$1.25. Crackers, box \$1.50. Crackers, box \$1.75. Crackers, box \$2.00. Crackers, box \$2.25. Crackers, box \$2.50. Crackers, box \$2.75. Crackers, box \$3.00.

Jas. Redden & Co. TELEPHONES 20 and 990.

LIFE'S SOCIAL SIDE

Woman Page Editor, Phone 2612. Private, Phone 557W.

On Friday afternoon the Junior Auxiliary of St. James' parish gave great pleasure to their friends who filled the hall by an entertainment which included "The Pageant of the Church and the Newcomer." This was portrayed by "Canada" in a white frock and a crown of maple leaves, with her standard bearer holding a big Union Jack and "Mother Church" in cassock and surplice, bearing a cross, welcoming the newcomers who included Russians, Ukrainians, the white settlers from the old land, Japanese, Chinese and East Indians. The Sunday school by post, the mission van and the Girl's Friendly Society were represented showing some of the ways in which the stranger is welcomed by the church in the west. A programme of choruses, very sweetly sung, recitations and songs was greatly enjoyed and an address by Miss Alice Hague, Kangra, India, who herself was a St. James' Junior, was one of the features of the programme. She told her audience with what pleasure the dolls dressed by the girls at home gave the little Indian girls in hospital. 14,808 members of the Junior Auxiliary in Canada gave \$12,308 last year. Rev. T. W. Savary, the rector, gave the benediction after first congratulating Miss K. Wilson, the superintendent and her assistants. Mrs. W. Hurd and Miss Bears on the success of the entertainment.

A very lovely Christmas tree decked with the most fascinating favors is set up in the clubroom of the "Y" and on Friday night Santa Claus made his first appearance in Kingston to rob it of its pretty gifts and to distribute them among the members of the Girl's Fellowship, the Recreation, Overseas Unity and Rainbow clubs of the Y.W.C.A. Mrs. Moscrip and Miss Lockett were present and Miss May Macdonnell, president of the board of directors, presided. Santa Claus had a busy time for more than sixty presents had to find their way to the right people. Miss Hattie Chown told the story of "The Other Wise Man." Miss Myrtle King and Miss Ruth Le. Blair sang and Miss Tideman recited. Refreshments were served during the evening. This afternoon the children of the sewing class were given their annual treat and presents from the tree were distributed by Santa Claus.

Mrs. Gamsby's class at the Orphan's Home held the closing exercises on Friday afternoon when a bright little programme was presented by the children. Rev. T. W. Savary was in the chair and much pleasure was given to the scholars by the gift of mittens and other Christmas remembrances from the teachers of the city schools as well as from the pupils of "Batescourt."

Mr. and Mrs. James Sowards, Aberdeen avenue, are leaving for New York to spend the holidays with Mr. and Mrs. O. B. J. Fraser. Miss M. E. Nesbitt, Toronto, is visiting Mrs. R. W. Nesbitt, for the Christmas holidays. Mr. R. G. Gibson, Detroit, Mich., will spend Christmas with his mother, Mrs. George Gibson, Clergy street west.

Mr. and Mrs. Oliver Chown, Miss Olive Chown and Mr. Hubert Chown, University avenue, will spend Christmas in Toronto with Mrs. T. F. Harrison. Miss Barbara Merchant, Barrie, left on Saturday for Toledo to visit her sister, Mrs. Taylor Farnham.

Miss Dorothy Bell is spending a few days with her cousin, Mrs. William Johnson, Oshawa. Mr. McCarthy, Kingston, visiting his niece, Mrs. John Moore, Havelock, left for Peterboro, where he intends spending a few days before returning home.

Mrs. A. Neel, Kingston, is visiting her son, Mr. S. H. Neel, manager of the Union Bank, and Mrs. Neel at their new home on Grand Road, Campbellford.

Mr. and Mrs. R. E. Sparks, Johnson street, left today for Toronto, Ont., to spend Christmas with Dr. and Mrs. C. F. Johns. They will



Treat Colds Externally For sore throat, bronchitis or deep chest colds, rub Vicks VapoRub briskly over throat and chest and cover with warm flannel. Vicks acts in two ways—both direct: absorbed like a liniment and inhaled as a vapor. A quick relief for the cold troubles of all the family.

leave for St. Petersburg, Fla., shortly to spend the winter, visiting several friends on their way south. Cadet Teddy Meighen, Royal Military College, will leave for Ottawa next week to spend the holidays with his parents, Right. Hon. Arthur Meighen and Mrs. Meighen.

Miss Gladys Asselstine, who has been with Mr. and Mrs. F. B. Pense, Albert street, left for Moscow today to spend the holiday season with Mr. and Mrs. Robert Asselstine.

Miss Bessie and Miss Lucia McTear left for Trenton today to spend the holidays with the Rev. and Mrs. A. H. McTear, "The Rectory."

Miss Cora Godkin, Lower Alfred street, gave a delightful kitchen shower on Thursday night in honor of Miss Rilla Gilmour, a bride of next week. After the presentation of the many useful articles, the night was spent in dancing.

Mr. and Mrs. F. J. Moss and their little son, Campbellford, are weekend visitors of Mr. and Mrs. Moss, Wellington street.

Mr. and Mrs. C. J. Harper, Nelson street, will leave on Tuesday, for Aurora, to spend Christmas with Mr. Harper's parents, Rev. Dr. and Mrs. Harper.

Mrs. Mortimer Odell, Ottawa, and Mr. James Odell, Boston, will spend Christmas with Mr. and Mrs. H. D. Bibby, Barrie street.

Mr. and Mrs. Fred Laidley, Princeton street, left on Friday for Chicago, Ill., to spend a month with their daughter, Mrs. W. J. Gillerlain.

Mrs. G. Moon and her children arrived in town on Thursday to spend the holidays with her parents, Mr. and Mrs. R. Paynter, Bay street.

Capt. J. F. Preston will come from Halifax to spend Christmas with Mrs. Preston and his little daughter, George street.

Mr. Hugh Wallace, Montreal, will be with General Sir Archibald Macdonell and Lady Macdonell, the Commandant's Quarters, Royal Military College, for the dance on Monday.

Miss Janet Porteous leaves on Tuesday for Chicago to spend Christmas with Mr. and Mrs. George Porteous. While in Chicago she will represent Queen's Library at a meeting of library boards.

Major and Mrs. F. R. Henshaw, "Densmore House," are spending the Christmas holidays with Mrs. A. S. Henshaw, the Drummond Apartments, Montreal.

Major and Mrs. F. J. Alderson, Mack street, and their little daughter, Mollie, will go to Ottawa to visit Mrs. Alderson's parents, Mr. Auguste Lemieux, K.C., and Mrs. Lemieux, for Christmas week.

Mr. Vyner Brooke, who is attending Queen's University, will spend Christmas in Ottawa with his mother, Mrs. C. J. Brooke.

Mr. and Mrs. J. Fitz Warren Boucher, who have spent some time in Victoria and Vancouver, B.C., will arrive on Tuesday to spend Christmas with Major and Mrs. H. F. Geary, "Calderswood." They will leave for Montreal, shortly on their way to England.



TOMORROW'S MENU Housekeeping—SAT— Breakfast Grapefruit Cereal Fried Eggs Coffee Dinner Roast of Beef Potatoes Canned Peas Cabbage Salad Lemon Tarts Coffee Supper Bacon-Cheese Delights Fruit Salad Hot Biscuits Cake Tea

Fruit Dishes for the Invalid. Lemon and orange flavoring from the fresh fruit is especially beneficial in invalid cookery. Its acid stimulates the appetite. In these two fruits is found a large percentage of "Vitamin C."

Lemon Jelly: Soak one teaspoon of granulated gelatine in one tablespoon of cold water for five minutes, then dissolve this in one-third cup of boiling water and add two and one-half tablespoons of granulated sugar. Cool slightly, then add two tablespoons of lemon juice and turn the mixture into a serving dish. Set in a cold place till firm.

Moulded Rice: Soak one teaspoon of granulated gelatine in one tablespoon of cold water for five minutes, then dissolve it in one-half cup of boiling water and add to it four tablespoons of sugar, a few gratings of lemon rind, and two tablespoons of lemon juice. Set it aside in a cool place till it begins to harden (that is, till it clings to the sides of

the bowl but it not firm in the centre.) Now fold into it three tablespoons of cooked rice and one-eighth of a cup of whipped cream. Turn the mixture into small glass cups and place them in a cool place to become firm. Just before serving, top each little cup of moulded rice with a dab of whipped sweetened cream (for this, use another eighth of a cup of the cream mixed with two teaspoons of confectioners' sugar). Sprinkle a little ground nutmeg and cinnamon over all.

Orange Blossom: Soak one and one-half teaspoons of granulated gelatine in one tablespoon of cold water, then dissolve it in one-half cup of boiling water; add three tablespoons of sugar, one-fourth cup of grated orange rind, one-fourth cup of orange juice, and cool till it begins to adhere to the sides of the bowl as above described. Then fold into it one-fourth cup of whipped double cream and turn the mixture into glass cups to harden. If desired a small amount of the cream may be held out to be sweetened and used for decorating the tops of cups.

Orange Egg Nog: Beat one egg till the white and yolk are mixed, then add two teaspoons of sugar, one-half cup of orange juice, and one-fourth cup of sweet cold milk. Strain into glass, sprinkle with ground nutmeg and a pinch of salt and serve.

All inquiries addressed to Miss Kirkman in care of the "Efficient Housekeeping" department will be answered in these columns in the time, however, owing to the great number received. So if a personal or quicker reply is desired, a stamped and self-addressed envelope must be enclosed with the question. Be sure to us YOUR full name, address, number, and the names of your city and state. —The Editor.

In the comfortable country home of Mr. Wardle or in the home of the impecunious young couple who called old Mr. Scrooge "Uncle" or in the humble Cratchit home, where the goose—such a small goose for such a large family—was eked out with stuffing and apple sauce to the complete satisfaction of everyone.—The Canadian Farmer.

The Editor Hears

That superstition is hard to kill. Not even a university course including the higher mathematics can entirely do away with it. This week the student girls of the "Y" have formed a boot brigade, whose duty it is to throw shoes after the girls leaving the "Y" for the college to try their examinations. An older woman passing through the hall asked the two girls on duty who had strings of shoes—tied together in their hands and an air of mystery in their laughing faces, if there was a wedding on hand and was told that "he shoes were thrown out the door after each student and those they hit would be lucky in their examinations."

That the educational movies put on every Friday evening in Sydenham Sunday school hall are proving a great success. From two hundred to three hundred children see the pictures and receive a great deal of instruction. Some comic pictures are shown and music is provided. A silver collection is taken up and the money used to buy more films. St. James' also has educational movies attended by a large number of children. These Sunday schools have found one way in which the movie, sometimes harmful to children, is used to their advantage.

That a word of caution comes from an elderly lady who has done much for Kingston. She says: "Don't let the little ones make the mistake of thinking that the festival of the Christ Child is the festival of Santa Claus." Surely the story of the Babe of Bethlehem, born in a manger, "with the oxen standing by," the song of the angels from the starlight heaven; the worship of the simple shepherds and the lovely young Hebrew mother with the Lord of all the worlds in her arms, will make a stronger appeal to the little ones than good St. Nicholas with his reindeer, no matter how many presents he brings in his pack. Down in all our hearts is the feeling that Christmas is a real thing and the greatest gift the world has received is in a sense more real to us at this holy season. Don't keep the little ones from the realization of the real meaning of Christmas by stressing the coming of Santa Claus. They are quite able, more so than we are perhaps, to realize that the reason we give and receive gifts is to show our gratitude to God for His great gift of His only Son.

Bankrupt stock sale. The Club, three doors below Grand Opera House.

The thinnest of silk hose have very delicate lace clocks as their adornment.

Remember the General Hospital at Christmas time.

Old Dutch for ALUMINUM WARE Utensils look brighter and last longer. Old Dutch contains no lye, acid or grit. Use it for all your Cleaning. MADE IN CANADA

Rideau School Closing. The closing Christmas exercises in connection with Rideau school which were held on Friday afternoon were a great success. Harry Hill, director of music in the schools was present and the children sang carols. Mr. Hill played a number of selections on the new piano which was recently purchased. The Home and School club gave the children a fine treat of candies and oranges. Miss Emma Wilder is principal of the school. And he gave it for his opinion, that whoever could make two ears of corn, or two blades of grass, to grow upon a spot of ground where only one grew before, would deserve better of mankind and do more essential service to his country than the whole race of politicians put together.—Dean Swift.

FLOWERS — KIRKPATRICK'S ART STORE (Established 1874) Artistic Designs for Any Occasion. Telephone 452. Res. 12187. 159 PRINCESS STREET

For To-night Men's Ties, Shirts, Braces, Scarfs, Umbrellas, Sweaters, Pyjamas, Socks, Gloves, Handkerchiefs. Women's Hosiery, Handkerchiefs, Scarfs, Umbrellas, Sweaters, Gloves, Underwear. Fancy Linens of all kinds — large variety — popular prices. W. N. Linton & Co. Phone 191. The Waldron Store

Gifts Worth While For CHRISTMAS LET US SHOW YOU THE WONDERFUL COLUMBIA STYLE 239 PERIOD MODEL GRAFONOLA —AT— \$100.00 EASY TERMS ARRANGED. LINDSAY'S G.W. LINDSAY LIMITED Established 47 years. 121 PRINCESS STREET KINGSTON Store open evenings until 9.30 p.m. from now until Christmas.

AUNT NET Illustration of a woman mending a net.

"My boy John was the best fighter in the lot, but he had a better chance. He had curly hair to defend."

Home-made, but Has No Equal for Coughs Makes a healthy supply of really reliable cough remedy, and saves about 25¢.

If you have a severe cough of chest cold accompanied with soreness, throat tickle, hoarseness, or difficult breathing, or if your child wakes up during the night with a cough and you want quick help, try this reliable old home-made cough remedy. Any druggist can supply you with 2½ ounces of Pinex. Pour this into a 16-oz. bottle and fill the bottle with plain granulated sugar syrup. Or you can use clarified molasses, honey, or corn syrup, instead of sugar syrup, if desired. This recipe makes 16 ounces of really remarkable cough remedy. It tastes good, and in spite of its low cost, it can be depended upon to give quick and lasting relief. You can feel this takes hold of a cough in a way that means business. It loosens and raises the phlegm, stops throat tickle and soothes and heals the irritated membranes that line the throat and bronchial tubes with such promptness, ease and certainty that it is really astonishing.

Pinex is a special and highly concentrated compound of genuine Norway pine extract, and is probably the best known means of overcoming severe coughs, throat and chest colds. There are many worthless imitations of this mixture. To avoid disappointment, ask for "2½ ounces of Pinex" with full directions and don't accept anything else. Guaranteed to give absolute satisfaction or money promptly refunded. The Pinex Co., Toronto, Ont.

Make Us Prove It The best assortment of Christmas Greeting Posters in the city. All new designs. Reasonably priced. 5c. to 50c., at PRINCESS PHARMACY

GALLAGHER'S TAXI Service 960 DAY AND NIGHT