

NEWS AND VIEWS FOR WOMEN READERS

Miss Eva Roddick Tells How Cuticura Healed Eczema

"My trouble began with an itching and burning of the skin and then eczema broke out on my hands in a rash. It got so trying on my nerves that I scratched it, which caused watery, sore eruptions. It was very painful to put my hands in water, and hard for me to do my work. I also lost my rest at night because of the irritation.

"I began using Cuticura Soap and Ointment and they helped me, and after using almost two cases of Cuticura Soap and two boxes of Cuticura Ointment I was completely healed." (Signed) Miss Eva Roddick, Fallowfield, Nova Scotia.

Daily use of Cuticura Soap, Ointment and Talcum helps to prevent skin troubles.

ATTENTION!

High class Pictures and Frames now at Bargain Prices. Photo Studio Now Open.

S. M. Gartland
One Door Above Harrison's 237 PRINCESS STREET

for Chapped Skin use **Mentholatum**

Jars 30¢ & 60¢ - Tubes 30¢

Efficient Housekeeping

TOMORROW'S MENU

Breakfast
Prunes
Cereal

Sausages Muffins
Coffee
Lunch
Baked Macaroni and Cheese
Wholewheat Bread
Jelly Celery Tea
Dinner
Clear Soup
Broiled Lamb Chops
Beets
Potatoes Steamed in Skins
Lettuce Salad
Chocolate Cornstarch
Coffee

Answered Letters.

M.F.D.: "Can you tell me how to remove the whitish stain from a crock caused by putting down eggs in water-glass?"

Answer: Many housewives have asked me this question and I have consulted several chemists about it, only to find that nobody knows how to remove it. So the best thing you can do is continue to use the same crock for putting down eggs in water-glass. The old water-glass marks do no harm when you use the crock for the same purpose.

Mrs. G. F.: "How can I clean a marble shelf?"

Answer: You should have told me whether the polished surface of your shelf is roughened, or possesses its original smoothness. If its polish is unimpaired just soap and water is the best thing for it, wiping it dry at once. To polish it, rub with another smooth piece of marble and water. If, however, the finish is dulled and rough, smooth the surface with a damp cloth dipped in powdered pumice, then polish with whiting. Acids of any kind will take off all the polish, so if the surface is perfect do not use these on it in any way. But if your shelf is old and badly discolored, try the following excellent cleaning method: Make a solution of one part oxalic acid (POISON) and ten parts alcohol (or have your druggist make it for you), and apply this with a brush or swab; as soon as the stain on the marble disappears,

rub it with a cloth wrung out of cold water, then wet with ammonia. The alkali in the ammonia neutralizes the acid and stops its action. Do not permit the acid to remain on the marble longer than 30 minutes at the longest, as it will destroy the finish. Grease may be removed from marble with a paste of turpentine and whiting; cover the grease stain and let stand for some time, then wash off with soap and warm water. For general cleaning when badly soiled, use kerosene. Salt and vinegar also cleans marble, but the vinegar is acid and should not be left on more than a few minutes.

G. R.: "Please make suggestions for appropriate articles to stand on the top of a lady's dresser and a man's chiffonier."

Answer: Toilet articles such as brush, comb, powder puff, etcetera, are more appropriate for the dressing table than for bureau (indeed, many women keep even these in the bureau drawer today). I suggest a small boudoir clock, a hand mirror, a small photo frame, a color box, small box for studs, and a clothes brush, on the man's chiffonier. For the lady's dresser: a dainty pin cushion, jewel box, hand mirror, button hook, shoehorn, and oval photo frame.

Tomorrow — Dainties For The Christmas Dinner.

All inquiries addressed to Miss Kirkman in care of the "Efficient Housekeeping" department will be answered in these columns in their turn. This requires consideration of time, however, owing to the great number received. So if a personal or quicker reply is desired, a stamped and self-addressed envelope must be enclosed with the question. Be sure to use YOUR full name, street number, and the names of your city and state.

—The Editor.

AN INTERNATIONAL WEDDING



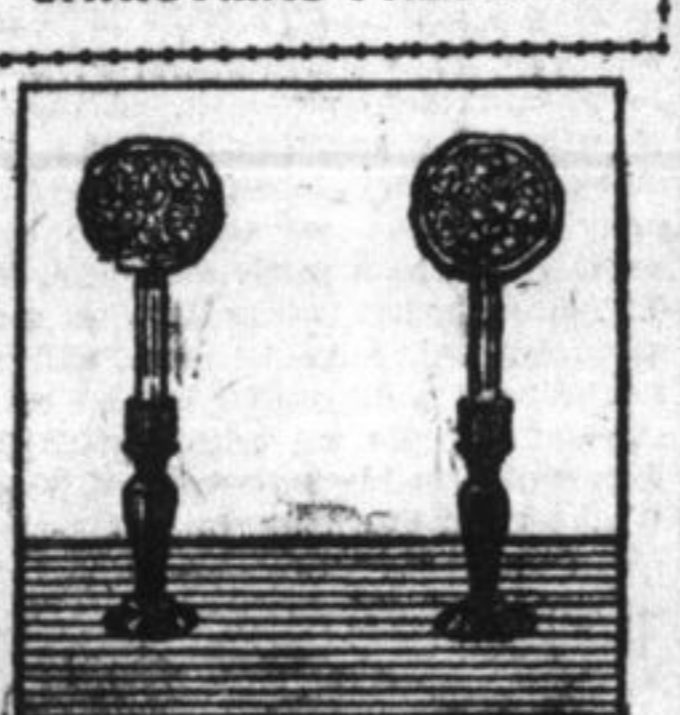
Signor Luciano Mascia, secretary of the Italian Embassy at Washington, and his bride, leaving Notre Dame church, Montreal, after their wedding. Mrs. Mascia was formerly Miss Anne Domville, daughter of Mr. and Mrs. James Domville, of Manoir d'Antan, Rosemere, Que., and granddaughter of the late Senator Domville of New Brunswick. They received the papal blessing by cable.



IT'S GOOD STORY

Jean Acker, former wife of Ruddy Valentino, the patent-leather sheik of the films, returns to America with a story of having been lost in the catacombs in Paris.

CHRISTMAS PRESENTS



CANDLE SHADE.

For decorating the fireplace mantel or the library table a candle shade is an acceptable gift.

A stand of wood, and wire attachment, can be purchased at small cost. Figured cretonne stretched tightly over the frame and sewed on will make the shade. Give it a coat of shellac for preservation, and a quarter-inch gold braid ribbon sewed around the edges will add tone.

A cotton crop of 1,408,000 bales, the largest in the history of Oklahoma, is forecast for this year.

Will of a Nashua, N. H., woman leaves her property to her husband provided he doesn't marry again.

INTERESTING COSTUME



This frock succeeds in being very interesting by means of a tiered skirt, each tier of which is a darker shade than the frock, and thus it shades from cocoa to deep brown. The skirt ends do the same. Otherwise, the frock is as plain and unadorned as a frock could be.

JACKIE COOGAN, YOU BETTER WATCH OUT!



Colette Charry, of Paris, is considered the most talented child actress of Europe. She brings laughter and tears from her audiences, and some critics say she inherently is a greater mimic than Jackie Coogan.

The Secret of Successful Baking



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enjoys the largest sale in Canada simply because housewives have found out that it is always reliable. It contains no alum or adulterants of any kind.

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Winnipeg Toronto Montreal

Tested Recipes

Spice Layer Cake.
½ cup butter, ½ cup brown sugar, ½ cup molasses, yolks of 2 eggs, ½ cup sour milk, 1 teaspoon soda, nutmeg, cloves and cinnamon to taste, 2 cups flour.

Icing for This Cake.
1 cup granulated sugar, 3 tablespoons water, boil until it hairs, and then pour on to the well-beaten whites of two eggs, beat until cool; season with cinnamon.

Potato Doughnuts.
These doughnuts will keep quite a while, and are really good and make a large batch. 4 medium sized potatoes boiled and mashed, 4 tablespoons melted butter, 3 eggs, ½ cup sweet milk, 1 ½ cups sugar, 5 cups flour, 4 teaspoons baking powder. Cream butter and sugar, add eggs well-beaten, and milk, then potatoes. Then add flour and baking powder. Roll, cut out and fry in hot lard.

Bran Buns.
2 cups wheat bran, 2 cups Graham flour, 2 cups sugar, 1 table-



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For your convenience in one, two, three, four and five pound boxes. All sixty cents the pound.

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138 Princess Street



Best Wishes with the best Coffee for the family

YOUR Christmas coffee!

An added touch of thoughtfulness in the form of flavory, fresh-roasted Rideau Hall! The aromatic taste of this choice brand will add relish to the Christmas dinner and introduce to your table the coffee that is kept in the tin as fresh as when it comes from the roaster. Note the key-opening Vacuum Sealed Tin at your grocers. Include Rideau Hall in your Christmas shopping list.

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