# NEWS AND VIEWS FOR WOMEN READERS

CHANGE-OF-SEASON brings troublesome skin worries. Pimples, irritating rashes, blotches, etc., are often harbingers of fiery eczema, psor-A little Zam-Buk will soon put your skin right. Nothing eise takes away pain and irrication so readily as this famous herbal healer. Sinking deep into the tissue, it destroys harm ful germs, expels impurities and makes the skin healthy and clear. Zam-Buk ensures quick anti septic healing and protects inuries against festering and blood poison, and is a widely Medicinal Scap is a valuable



In Pimples, Could Not Sleep. Cuticura Heals.

"My trouble began with ecsema-hich broke out in pimples and read rapidly. It affected my arms fingers. I could not put my hands in water, they itched and burned so, and I could not do my regular " The doctor advised me to

er using one and a helf cakes of ap and one box of Ointme Signed) Miss Sylvia B. May, farebfield, Vt., June 6, 1923.

New Fall stock of Wall Paper just arrived. Choice range of patterns to

see us for estimates on deco-

W. G. VEALE

A CANADIAN PHYSICIAN HONORED

A United States professional journal, The Therapeutic and Dietetic Age of New York City, published for physicians only, has come to Toronto for the talent to edit its Dietetic department, Robt. G. Jackson, M.D., be-

ing the favored physician.

Dr. Jackson, although a Canadian, formerly taught Dietetics in one of the Union's great - Medical Schools. He is the same Dr. Jackson who won the \$1,000 Physical Culture prize for 1924, who won the 1300 mile bicycle contest in 19 days against C. J. Gregory 30 years younger, who inman Meal and whose marvelous physical development has been used as photographs of "Youth at 65" to demonstrate the growth and body-building qualities of Roman Meal

n says it will do far more for those ander 40 and that it is especially val-table for the development of young odies, therefore ideal for nursing and expectant mothers and children

### NOTHERS LIKE TO TREA COLDS WITH VAPORS





TOMORROW'S MENU. Breakfast Stewed Prunes Cereal Fried Liver and Bacon

Lancheon Apple Slump Wholewheat Bread Peanut Butter

Dinner Cream of Onion Soup Corned Beef Hash Baked Sweet Potatoes Peas Cold Slaw Steamed Fruit Pudding

Answered Letters. Mrs. L. M.: "Kindly tell me how chewing gum from a

Hard Sauce

will come off. If the material is a with success?" fabric which would be injured by Answer: It will be interesting to before applying it. B.K.: "Please tell me how to make this paper.

ribbon and pieces of silk?" Answer: It would be difficult to tell you how. You would have to be shown how. So the only thing that I know of to help you, is to advise you to go to the ribbon counter of any large department store and ask the salesgirl to sell you a small bookelt, Kirkman in care of the such as ribbon manufacturers bring Housekeeping" department will be out, giving directions and showing answered in these columns in their pictures of various kinds of ribbon- turn. This requires considerable trimming, including flowers. I have time, however, owing to the greatoften seen such booklets on sale at

white silk sweater which has a black number, and the names of your city band at the bottom, and the black and state.

has run into the white part. The sweater is also soft and shapeless.

Is there anything to be done?" Answer: "I am afraid not. The black dye in the bottom band has dyed the rest of the garment. know of nothing which will take dye out. The shapelessness, too, is another argument against washing a sweater; it is generally better to cleanse sweaters in a basin of gasoline (doing the work out of doors) and dry them flat on a clean towelnever hung. But the best method of all is to send a soiled sweater to a professional cleaning establishment. Sweaters are very difficult garments to dry-clean at home.

Constant Reader: "I wonder if some of our Reader Friends would be good enough to write in about washing palm beach dresses? know they are supposed to be washable, like any other wash material, Answer: Hold a piece of ice but I should like to know what meagainst the material and the gum thods the various housewives use

moisture, put the ice in a piece of see the responses to your suggestion. thin rubber or in rubberized silk Busy housekeepers can write them on a postal and mail to me in care of

buds and roses for trimming out of Mrs. R.: "How does one clean the top of an enameled kitchen stove?" Answer: Simply with soapy water

> and a rinse water. Tomorrow-Some Good English

All inquiries adgressed to Miss aumber received. So if a personal or ribbon counters and I do not doubt quicker reply is desired, a stampyou car, buy one if you search for od and self-addressed envelope must be enclosed with the question. Be Mrs. S. M. S.: "I have washed a sure to usa YOUR ful! name, street

FOR OFFICE OR STREET



ostume it is very appropriate for stree or office. It is of tan worsted with a novelty border running It seems clear that if Roman Meal through the material trimming the an develop such a physique after 55 scarf, hem, collar and cuffs. On cool out of a broken down old man, it be-heaves us to find a place in our die-tary for Roman Meal. And Dr. Jack-the ends are thrown over each shoul-

PRINCE AT RIDEAU HALL. For the visit of the Prince of Vales to Ottawa, where he was the est of their excellencies at Rim hall, everything possible was done for the comfort of the royal latter, a special suite in the west irest Treatment with Vaporising and of Government house having been reserved for him. The large bedroom, having a pretty view over the lawns, across new Edinburgh towards the parliament buildings urnished in mahogany, a pale grey rug on the floor and the hangings of the window over the bed being in soft shades of grey and pink. This room was used as a sitting room by H.R.H. the Princess Patricia durin the years that her parents, the Duke y because and Duchess of Connaught, were in the chest-When so applied Opening off the bedroom is a small be inflamed air sitting-room furnished with coarse passages, loosening the phlegm and making the breathing easier.

At the same time Vicks is absorbed and stimulates the skin like a liniment or plaster and thus aids the vapors inhaled to break up the congestion.

At all drug stores 50c a jar. For free test size package, write Vick Chemical Co., 344 St. Paul St., W., Montreal, P.Q. this valet completes the suite. Last shairs, couches and mahogany tab-

Byng, visited Windsor castle, her majesty the Queen, with a mother's anxiety for a son, expressed herself as being delighted with the healthful appearance of the Prince of Wales on his return from his Ca-

PERTH ROAD WON OUT.

Carried Off Banners at the Cataraqui District Rally.

Perth Road, Oct. 18 .- The Young People's Banner has again been claimed by Perth Road, there being one hundred and eleven members present at the rally held on Thursday afternoon and evening at Cataraqui. This makes the second time the banners have been awarded to the Perth Roaders.

Mr. and Mrs. B. Guthrie, and family, Elgin, were recent visitors of C.

A number from here attended the chicken pie supper, at Battersea, on Friday evening. J. Ruttan is busy with his threshing machine. Mrs. K. Clough is again very ill, and Mrs. A. Freeman is spending a few days with her. Mrs. R. Guthrie, Miss Scott, Miss Stone and Miss Neegar, of the local schools, attended the teachers' convention on Thursday and Friday. Miss J. Clough, who was visiting friends in Kingston, has returned home. Miss B. Raymond, Ottawa, Normal, spent the week-end at home. F. Smeaton, Kingston, renewed acquaintances here recently. Miss A. Cobet has returned home. Aldred Babcock and friends, Copenhagen, N.Y., spent four days with the former's mother, Mrs. T. Bab-





## DOMINION LINOLEUM RUGS

Buy Them Now at Reduced Prices!

Here is a bargain that every keen housewife will more than appreciate. Genuine Dominion Linoleum Rugs, the durable, non-tearing kind that you have known and admired for years, at greatly reduced prices. There has never been greater value in the history of floor coverings and when you see the uniform high quality and artistic beauty of the rugs themselves at your dealer's, you'll readily agree with us.

House Furnishing, Departmental and General Stores everywhere are featuring Dominion Linoleum Rugs in all the season's newest designs and colorings. Choosing is a pleasure from this fine assortment. You'll find something suitable for every room at prices you'll be more than willing to pay. Shop early. Shop today - the sooner the better - so as to be sure of the biggest possible range of selection.

Dominion Linoleum Rugs are genuine linoleum. They are the cheapest high-quality floor coverings known. Years and years of enduring wear makes them cheaper still while on top of it all is the wonderful saving in labor they effect. No more scrubbing. No more hard sweeping. Light mopping or brushing does all the work, giving you extra hours for rest and recreation. They are sound-absorbing, germicidal and health promoting floors.

Dominion Linoleum by the Yard possesses all the beauty and durability of Dominion Linoleum Rugs and in addition, is muidths sufficient to cover any ordinary room from wall to wall, without seam or crack. Reduced Prices now in Effect

At all House Furnishing, Departmental and General Stores Do not delay. Buy your new floor coverings early, before the choicest patterns go.



THE STORE THAT SETS THE PACE JOSEPH ABRAMSKY & SONS

Largest assortment of Dominion Linoleum Rugs in the City.

### THE WHIG'S ZOO

little squirrel VOU'VE surely ground. A-hopping ro In parks and in Wherenhous shy tail Eats To eat out of your hand.

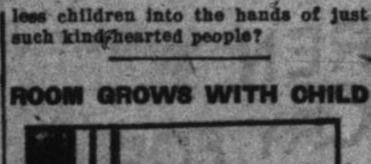
cock, and while there erected a fine | less children into the hands of just such kindshearted people? garage with a four-car capacity. Mrs. S. G. Cronk and children, Belleville, spent the week-end at W. Guthrie's. Mr. and Mrs. H. N. Stoness spent Wednesday at Boyd Alton's, Sydenham. Mrs. M. Orser and sons spent a few days with her

Caring for A Baby. Here is an extract from a foster parent's letter, showing a real gen erous spirit, writes J. J. Kelso, of the Children's Aid Society:

sister, Mrs. Albert Ennis, Kingston.

"The baby we obtained from your society has not been in the best of health, owing, no doubt, to previous neglect. We have had at different times two docors and a nurse assisting us in er care and we have now decided to go to a southern point for the winter so that she may have the benefit of a milder cil-

the splendid work that is being done various stages of oblivalry, etc., in by foster parents. Should not our accordance with the growing intelligence and education of the child.





The baby's room can be made to grow up with the child. This is done by renewing the wall decoraions from those of childhood mur-This is only one indication of all sary raymes upward through the



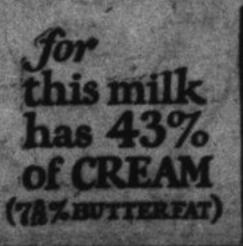
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