

Facts About Optometry

By R. Arthey, Optometrist 148 PRINCESS STREET

NO. TWO. What indicates the value of Optometry? The fact that it has been legally recognized in every state and province.

We Can Make

Your gasoline engine as powerful as when new. Arrange with us to have the cylinder reground and fitted with over-size piston and rings.

Automotive Grinders Limited 225 Wellington Street

AUTO TOPS

New and Repaired Cushions. SIDE CURTAINS. Also FURNITURE UPHOLSTERING. L. G. PAUL 392 Princess Street

Auto Tops and Seats Recovered

Side Curtains, All Kinds of Bevelled Glass Lights. R. SINCLAIR 300 BARRIE STREET

CADILLAC

The Master of ELECTRIC CLEANERS. New Ball Bearing Motor, exclusively a Cadillac feature.

J. R. C. Dobbs & Co. 44 Clarence Street. Phone 818.

Moving and Hauling

FREIGHT, FURNITURE, PIANOS, ETC. Local and long distance given our careful attention. C. L. HENRY 547 Albert Street

Rich Richard Says:

THE repeated stroke will fell the oak. And regular reading of the Whig's Classified Ads. will cut down your expenses. Read them to-day!

Very wide Pierrot collars of velvet or satin are used instead of fur on some of the smartest evening capes. The black velvet frock of this season usually has very long, silky sleeves that reach the knuckles.

The Storrington Fair Awards

The prize winners at the Storrington Agricultural Society Fair held at Inverary on Oct. 1st were:

Horses. Brood mare, roadster, E. S. Stern. 2 years old colt, roadster, William Moreland. Yearling colt, roadster, Stanley McCallum.

Holstein Cattle, Pure Bred. Yearling bull, F. S. Ferguson. Milk cow, F. S. Ferguson, 1st, 2nd and 3rd.

Avshire cattle, pure bred - Bull, two years and over, S. Knight. Bull calf of 1924, S. Knight.

Sheep. Long wool - Ram, 1 year and over, William Leatherland. Ram lamb, 1st and 2nd, William Leatherland.

Grade sheep - Breeding ewe, 1st, 2nd and 3rd, William Leatherland. Ewe lamb, 1st, 2nd and 3rd, William Leatherland.

Hogs. Brood sow, 1 year and over, J. O'Neil. Sow of 1924, F. Holmes, 1st and 2nd, J. O'Neil, 3rd.

Poultry. Pair of ducks, G. Bliss, E. Cochran, F. Holmes, Gess, F. Holmes. White wyandotte fowl, G. Bliss.

Special on fowls - Best cock, head and pullet, George Bliss. Exhibit of fowl, George Bliss.

Special on dairy products - 5 pounds of butter, Miss Dennee, Mrs. Gummer and Mrs. George Bliss.

Roots and Vegetables. Winter apples, T. McWaters. Fall apples, T. McWaters.

Grain. Fall wheat, W. Leatherland. E. Cochran, J. E. Dixon.

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Ladies' Useful Work. Quilt, patchwork, Mrs. C. Loney. Quilt, log cabin, Mrs. C. Loney.

Fine Arts and Fancy Work. Crayon Drawing, P. Edwards, Mrs. A. V. Freeman.

Special on Fine Arts. Painting in oil, Mrs. F. S. Ferguson. Painting in water color, Mrs. A. V. Freeman.

Leatherland, White shirt, home-made, Mrs. H. Lyon.

DISDAIN RETURNED. He that loves a rosy cheek, Or a coral lip admires, Or from star-like eyes doth seek, As old Time makes these decay, So his flames must waste away.

Investment Securities - for October. The investor who has funds available at this time will find in the current issue of our booklet 'Investment Securities' many opportunities for sound investment.

The National City Company Limited. 10 King Street East TORONTO. Telephone Main 6126 MONTREAL QUEBEC OTTAWA

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It's a Fine Old Custom

In the morning upon rising - drink a dash of ENO'S in a glass of water. It's a custom that brings inner cleanliness, which is just as important from the standpoint of health, as outward cleanliness.



ENO'S 'FRUIT SALT'

Prepared only by J. C. ENO, Ltd., London, England.

Leatherland, White shirt, home-made, Mrs. H. Lyon.

PERSONAL BUDGET AID TO SUCCESS THROUGH THRIFT

By S. W. Straus, President American Society for Thrift

One of the most successful business men of our day recently said: 'Early in life, when a poor boy, I formed the habit of jotting down a record of every penny I spent. This taught me the value of system and frugality.'

affairs and likewise the careful handling of small amounts of money fits one for the greater and larger responsibilities of life. The value of budget keeping is especially valuable to the young for the habit thus formed early in life is quite apt to be carried along as a permanent routine.



While it may seem a waste of time to laboriously keep a record of every cent one spends, it is a fact that many of our successful men hold themselves to this rigid discipline.

A few pennies or a few dollars wasted here and there do not seem to amount to much at the time they are spent, but when you see the record of these extravagances in cold figures they assume their true proportions and significance.



Good luck in baking is usually due to good judgment in using MAGIC BAKING POWDER

THE DAY MACDONALD ADDRESSED LEAGUE OF NATIONS. Here is the latest picture of the present assembly of the council of the League of Nations, in session. It was taken the day Ramsay MacDonald, premier of Great Britain, made his plea for a new conference for world disarmament.