# NEWS AND VIEWS FOR WOMEN READERS

## LIFE'S SOCIAL SIDE

Private, Phone 857W.

took many people over to the Royal lin, Rev. W. E. Kidd, Mrs. J. B. Mc-Military College to watch the ca- Leod, Mrs. F. E. Dench, Mrs. L. D. dets do all the interesting things Rossire, Miss Rossire (New York), that are included in the annual Mrs. Norman Fraser, Mrs. E. field sports. The band of the R.C. Young, Mr. and Mrs. T. A. Kidd H.A., under the direction of Capt. Mrs. Ford, Mrs. J. W. Robinson, Miss Light, played during the afternoon George Robinson - (Napanee), and the visitors sat in motors or on and Mrs. James Haydon, Mr. and the chairs provided for them. But Mrs. Harold Davis, Mrs. Charles when the programme announced Kirkpatrick, Mrs. Arthur Craig, that the obstacle race was next, one Capt. and Mrs. Westmorland, Rev. and all, old and young, streamed F. W., Archbold, Rev. A. O. Cooke, across the campus to witness the Mrs. Gerald Denyes (Trenton), Dr. trials and victories of the recruit and Mrs. P. G. C. Campbell, Prof. nets, into dirty water, through bar- ler, Major and Mrs. F. Alderson, rels, under canvas they went until Mrs. W. A. Rogers, Mrs. Donald the smart looking lads seen a few MacPhail, Miss Katherine MacPhail, minutes before were transformed Mrs. E. L. Fortt, Mrs. Travers Hora, into ferocious looking youths with Mrs. Raymond Hampton, Oak Park, mud and grease, hardly recognizable Ill., Miss Alison Macdonell, Miss by the fathers and mothers who had Francesca Foulkes (Montreal), Miss come many miles to see their boys' Willis, Miss W. Gordon, Miss Millie first big feat of endurance. But they Ferris, Miss Wurtele, Miss Eleanor were none the worse for it and turn- Phelan, Miss Doris McKay, Miss ed up at the tea and dance as spick Louise Hill, Miss Vera Skinner, Miss and span as the others. Tes was Virginia Fair, Miss Katherine Acer served in the messrooms and after- (Montreal), Miss Peggy Wright wards there was dancing in Currie (England), Miss Elizabeth and Miss

hall for several hours. General Sir Archibald and Lady Mac- Briceland, Miss T. Gallagher, Miss nonell, Col. and Mrs. Victor Ander- Caroline Mitchell, Miss Bute (Housson, Col. and Mrs. H. J. Dawson, Col. ton, Texas), Miss Jessie Torrance, and Mrs. Schmidlin, Col. and Mrs. Miss Elinor Mundell, Miss Mary Mor-Alexander, General and Mrs. R. W. rison, Miss Nevada and Miss Mar-Rutherford, Col. and Mrs. G. H. garet Best, Miss Barbara and Miss Ogilvie, Col. and Mrs. C. F. Constan- Peggy Bidwell, Miss Vivien and tine, Major and Mrs. Leroy Grant, Miss Sylvia White, Miss Edith Rees, The Bishop of Ontario and Mrs. E. Miss Evelyn Ford, Miss Anella Min-J. Bidwell, Col. and Mrs. A. E. Har- nes, Miss Gwen Carr-Harris, Miss ris, Col. and Mrs. J. C. Stewart, Helen Smith, Miss Harriet Gardi-Col. and Mrs. R. J. Gardiner, Major ner, Miss Doris and Miss Gwengolyn day. and Mrs. Jeffrey, Major and Mrs. T. Folger, Miss Mary Ogilvie, Miss A. Walsh, Major and Mrs. Victor Helen Mabee, Miss Gwen Dawson, Tremaine, Major and Mrs. H. T. Miss Aline and Miss Cecily Ruther-Cock, Capt. E. J. Harvey, Prof. and ford, Miss Mary Taylor (Ottawa), Mrs. Frank Day, Capt. and Mrs. F. Miss Mary Macgillivray, Miss Cath-M. Harvey, Capt, and Mrs. Ronald erine and Miss Isabel Minnes, Miss Fortt, Major and Mrs. Henshaw, Margaret Light, Major Wallace Mrs. Ernest Sparks, Prof. and Mrs. real), Reginald Sawyer, Lampman L. N. Richardson, Mr. and Mrs. (Vancouver, B.C.), and Gillespie Twiss, Prof. and Mrs. N. Brown, (Toronto). Capt. and Mrs. S. A. Lee, Mr. and Mrs. Birks, Mr. and Mrs. Hargraft (Toronto), Mr. and Mrs. Ogilvie the guest of her sister, Mrs. Bibby (Montreal), Mr. and Mrs. W. J. and Mr. H. D. Bibby, Barrie street Fair, Mr. and Mrs. H. F. Richard- Mr. and Mrs. Douglas Geiger, son, Mrs. Elmer Davis, Mrs. Man- Kingston, whose marriage took place ley Baker, Mrs. Everett Townsend, on Sept. 25th, have arrived in Mon-Mrs. Felix Johnson, Mr. and Mrs. treal and have taken up their resi-

## Kingston's Leading Florist

Wedding Bouquets, Funeral De-Cor. Brock and Wellington Streets Member F.T.D.

Phones: Office 770. Residence 2603 w

Woman Page Editor, Phone 2613. Sawyer, Mr. and Mrs. Robert Or well, Mr. and Mrs. C. W. Trotter, Mr. E. W. Mullin, Miss Marguerite The bright sunshine of Monday Mullin, Mr. and Mrs. Philip DuMou-

Over greasy hurdles, through and Mrs. Jemmett, Mrs. James Mil-Pat Lyster, Miss Laura Kilborn,

Among those present were Major- Miss Hilda Langwith, Miss Esther Mrs. Logan, Prof. (Montreal), Capt. Burns, Mr. Percy Bridger, Col. and Lowe, Ex-cadets Olmstead (Mont-

> Mrs. Mortimer Odell, Ottawa, is dence at Apartment 9, 271 Girouard venue. Mrs. Geiger was formerly Miss Goldie Bartels, Kingston.

Misses Kirkpatrick, who are present visiting their sister, Mrs. F L. MacGachen, Montreal, are leaving about the middle of the month to reside in Kingston.

occupying Dr. and Mrs. Stephen Lea- was held in St. George's hall on Moncock's house on Cote des Neiges day afternoon. Mrs. Havelock Price road, Montreal, for the summer, are the president, gave an interesting now residing at 58 Park Row west. They are a former Kingston couple.

H. STONE, Manager Hugh, Rochester, N.Y., who have death of her husband was passed

CITTING 1

Your grocer has it—the new Triscuit you

have been waiting for. It is a real whole

wheat cracker, not made of flour. It is

the whole wheat cooked in steam, shred-

ded and baked. The crisp, flavory shreds

of whole wheat encourage thorough

chewing-and the more you chew it the

better it tastes. Full of nutriment and

easy to digest. Delicious with butter or

soft cheese. Tastes better when toasted

STARTER WILES

in the oven to restore

The Canadian Shredded Wheat Company, Ltd.

its crispness.

urday in Kingston on their way

Miss Kay Symes, who is the Commissioner of the Girl Guides, for the Ottawa Valley, has left for Toronto, where she will act as Dominion secretary for a couple of months during the absence in London, England, at the Imperial Headquarters, of Miss Eliza Rickert, the present sec-

Shuttleworth King, who, with her three children, Rosemary, Mac and Ronald, has spent the summer in England, arrived in Montreal on Sunday and went on to London, Ont.

Miss Rossire, New York, is with her brother, Mr. L. D. Rossire and Mrs. Rossire, Clergy street.

Miss Elinor Mundell, Barrie street, returned from Montreal on Rev. Thomas and Mrs. Dowdell, "The Rectory," Lyn, are with the

latter's sister, Mrs. A. H. Fair, West Mrs. F. E. Dench and Mrs. D. E. Mundell motored to Ottawa today. While there Mrs. Dench will be with Mrs. R. C. F. Alexander and Mrs. Mundell with Mrs. J. R. S. McCann. Mrs. Gerald Denyes, Trenton, and

her little daughter, are visiting Major and Mrs. F. A. Walsh, Aberdeen Mr. and Mrs. Havelock Price and Mrs. J. Harrison Pierce left today to motor to Boston where Mr. and Mrs. Price will spend two weeks.

Canon and Mrs. Dealtry Woodcock, Brockville, are with Rev. W. E. Kidd and Mrs. Kidd, Weilington Rev. A. H. McTear, rector of

mittee meeting of the diocese Ontario. The Dean of Ontario returned from London and Toronto on Mon-

Trenton, is in town for the com-

Miss Katharine Acer, who spent the week-end with Mrs. W. J. Fair, "Roland Place," returned to Mon-

Mrs. John Waddell and Miss Lucy Waddell, Earl street, left today for 'Alwyn Lodge," their summer home at Loughboro Lake.

Mr. and Mrs. E. J. Boag, Ottawa celebrated their silver anniversary Friday evening, when they entertained a number of guests at bridge at their home. They received beautiful gifts and the congratulations of their friends. Mr. Ernest B. Boag. Queen's University, was present.

is a recruit, returned to Toronto to- special speakers.

Mr. and Mrs. Hargraft, Toronto, who spent the week-end in town, returned to Toronto on Tuesday.

W. A. BOARD MEETING. The October meeting of the dioce-Mr. and Mrs. Maurice Aykroyd, san board of the Woman's Auxiliary account of the triennial meeting held in Hamilton last week. A resolution of sympathy to Mrs. Morti-Mrs. A. M. Jack and her son, mer Atkinson, Brockville, on the

tire success."

TO-MORROW'S MENU Breakfast Oatmeal cooked with dates Fried Eggs

Luncheon Baked Rice and Cheese Wholewheat Bread Diced Oranges and Pincapple

Irish Stew (with Potatoes, Onions, Carrots) Corn Muffins Bean Salad Raisin Pie

Letters on Removing the Squeak From Shoe.

er's letter asking how to remove the shoes. This has never failed me." squeak from shoes. The following Anonymous: "For squeak replies have come in:

"M. F." and "C. A. S." advise pracshoe nails in the bottom of the sole in a straight line down the middle (at ball of foot). What causes squeaking is the inner sole and outer sole rubbing together, but this will stop it." "Mrs. R. I. aiso suggests the above method, but with this difference: "Make a hole in the bottom of the sole by driving a finishing nail," or one of smaller size, into it just far enough so that it will not come through the inside. If this hole later becomes packed with

ing shoe to a good shoe repairer and sumber received. So if a personal or have him cut the stitching between | quicker reply is desired, a stampthe soles and insert powdered soap- ad and self-addressed envelope must stone between the upper and lower be enclosed with the question. Be soles, then sew the soles together | sure to uso YOUR full name, street again. This will cause the squeak number, and the names of your city to disappear. I have had several and state

responding secretary to take the neatest of small garments for the place of Miss Ethel Waldron who is tiny brother or sister just arrived leaving shortly for Europe to spend at their house. The nurse teaches some time, was introduced. Deanery them many useful things too, and meetings are to be held in Bath and some of them know how to wash a Picton on October 8th and at Lans- wee baby as well as their mother-Mrs. Birks, who was in town for downe on October 15th. Miss Edith does. The nurses, visiting the homes the sports at the Royal Military Col- Van Straubenzee and Miss Hentig of less fortunate of our citizens, hear lege, where her son, Cadet Birks, will represent the dicesan board as and see genuine cases of need and

## KINGSTON'S OHILD

Day, who has the welfare of the Kingston homes. children of our city so near his heart that he gives a free clinic twice : week to further help along the good work done at the station. On Friday afternoon a visitor to the station guessed she was in time to see the babies by the number of baby babies, for this is a well baby clinic, who could not comb their hair. a place where the babies are kept what date they were there last.

ways satisfied when the mother months too soon. could say she had had medical ad-

vised me to bring her here." "Well." arrival of the Prince of Wales, Calsaid the nurse, "she has gained gary was the Mecca of American wo-

tion is a social service centre. On pess. Saturday afternoons Mrs. Miller teaches a class of fifty little girls to That the freshettes of Queen's sew, and last year they made the have received invitations to

to a cobbler and have two small holes bored in the bottom of the soles. Another way I have heard of, is to put the shoes into a pan containing one-fourth inch of water and let them stand overnight; they must be dried very slowly after this soak-

pairs treated in this manner with en-

"Column Reader: Tell the reader

who asked about removing the

squeak from shoes, to take her shoes

"M. Van H.: Try soaking the sole of a squeaking shoe in heavy oil such as linseed oil."

"M. F." uses the water method. "I put my shoes in a pan of water overnight, having the water cover the Some time ago I published a read- sole up to where it joins the top of

shoes, turn the tops of shoes down as far as possible, then turn back tically the same method "Drive three the sole-lining. Now apply machine oil to the spot where the shoe squeaks, or that part of the sole where you think the squeak is made. there should be no further trouble. Repeat this method

> Tomorrow-Some Good Chicken Recipes.

All inquiries addressed to Miss Kirkman in care of the "afficient earth, it may make the squeak re- | Housekeeping" department will be answered in these columns in their turn. This requires considerable "E. J. U." says. "Take the squeak- lime, however, owing to the great

know of the struggle going on where the reluctance to ask for aid is diffigult to overcome. Kind friends send them clothing and materials needed in their work but there is al-WELFARE STATION! ways a demand for more. At Christmas a tea is given in the Y.M.C.A. for the mothers, and the children of There is a small frame building the sewing class get a treat of lying west of Frontenac Park, a re- oranges and sweets. Baskets are lic of the days when the neighbor- sent to the homes where there is hood near Barrie and York streets need of just that little more that was called the French village. To- means so much to the mother strivday it is the centre of the work of ing to give her children a happy the greatest importance to the city Christmas like the one she had in of Kingston. It is the Child-Welfare her own home; and be the trouble Station and what can be of more im- what it may, those in need of help portance to a community than the are sure to receive it with wise and welfare of its children? Here on kindly sympathy from Mrs. Robinthree days of the week come the Vic- son and Miss Leeder, whose names torian Order Nurses and Dr. A. E. are household words in hundreds of

### The Editor hears

That Commissioner Thomas Estill head of the Salvation Army in the carriages out side the building, and United States, states that the Salvaentering, found Mrs. F. R. Robin- tion army is organizing the Salvation son, V.O.N., hard at work, but never Army Home League, the purpose of too busy to tell the young mothers which is to educate incompetent gathered in the bright sunny room, wives. There would be 5,114 housejust what to do for the baby. Not wives' clubs formed throughout the only the sick babies, but the well east, he said, for married women

well. The babies and young chil- That many people spent the weekdren are brought here monthly and end in the country, now lovely in its given cards marked with their October dress. The coloring is not weight, etc., and this year a new so bright as it sometimes is, howcard system has been instituted ever, for the frost has been so slight whereby the mother, who began the that only here, and there a maple good work of bringing their little flames on a hillside. On the granite, ones to the station, are reminded at however, the blueberry leaves are a blood red and the sumach flaunt The children seemed to like being long fingers dipped in scarlet dye. weighed on the scales, and the On Sunday a rambler in some nearmothers watched eagerly to see what, by woods found a bit of deep red was the gain, since last time. Mrs. blueberry with the small white belis Robinson had all sorts of questions familiar in May. The damp weather to ask about the feeding, and was al- had coaxed the blossoms to life six

That Byrtra L. Stavest writing of "My brother is a doctor," said one the activities of press-women during of the young mothers, "and he ad- the prince's visit says: Before the men journalists. They came chiefly Mrs. Robinson said she had al- from New York and Chicago, and ready weighed twenty bables that varied from the bobbed-hair, flapafternoon, and apparently the fun perish type sent out by the Hearst was just beginning. Pamphlets on publication to the sedate, silver-hair-various phases of child welfare were ed veteran of the press, who hides on the table, ready to be taken home her real purpose of collaring our and passed on to friends. One moth- poor prince under the too transer was there with a bonny baby from parent clock of collecting material Westbrook and one from Napanee for a Canadian novel. There was been weighed recently. The nurses Queen Mary's secretary, written at are glad to give advice, which sometimes is "See a doctor at once." the request of Her Majesty, commending this particular American The tiny building is spotlessly lady for her war work, which the clean and the afternoon sun could dear lady, who is also stalking the find no spect of dust, a table, a splen- prince, was confident would serve as did new medicine chest and benches sufficient introduction to gain her constitute the furniture. The sta- an audience with His Royal High-

'Children's Party," on Wednesday evening and are much mystified over some of the requisites needed for their proper appearance at this unique gathering.

#### THANKS FOR BALE

Sent To Labrador By Prince Charles Chapter I.O.D.E.

The following letter of acknowledgement of a bale sent by Prince Charlie Chapter I.O.D.E. to the Labrador Mission, has been received by Mrs. C. F. Constantine, Earl street Harrington Hospital. Canadian Labrador.

May 17th, 1924. Dear Mrs. Constantine: We wish to thank you so much for the lovely boxes and bale sent by your society. Everything is perfectly splendid. Those nice warm blankets are going to help out so much next winter. Winters here are so cold that we need so many blankets. The yarn, too, is so nice and people are always wanting yarn,

I had been wishing for dressing gowns, bedroom slippers and bed

kinds are running short. All the things, indeed, are most accep-

And such a supply of soap and talcum! Things we need so much. The pillow cases are so nice. Those we will keep for staff use as we were quite short of them.

In fact, everything sent will be of so much use to us. The boxes arrived in perfect condition. With many thanks for your kindness, I

> Yours very sincerely. -MARY A. BROWN. (Nurse-in-charge)

"Yardley Lavander Water," Gib-

**AUNT HET** 



but now she can git by if she knows

REDUCE YOUR FAT

jackets for the wards, we were get-ting so short of those things.

As for the canned vegetables, we cannot thank you enough. Coming Motors Bldg., Detroit, Mich.

### NOTICE **GALLAGHER'S** SERVICE 960 TAXI

Complies strictly to the city tariff For One Passenger .... 50c For Two Passengers .. 50c For each additi'l person 25c

Per Hour \$2.50 All Seven Passenger Sedans used

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Over 200 dozen plain Cashmere and Ribbed Wool in a great variety of colors: Grey, Fawn, Coating, Tan, Lovet and Black. Specially imported from the best makers in Great Britain and guaranteed all pure wool. Sizes 10, 10½, 11, 11½. All for one price.

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