

NEWS AND VIEWS FOR WOMEN READERS

Freshly mixed Mustard

— with slices of home cooked ham and fresh bread and butter! It's a lunch fit for a king. The mustard not only adds zest, but it makes the ham more digestible.

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The Aristocrat of Cheese! In the homes of the wealthy, on the tables of epicures—is Kraft Cheese. They ransack the world for the supreme in cheese. Price is no object. Kraft Cheese wins their preference by its inimitable flavor, its unvarying quality—both guaranteed to them, and to you, by the Kraft label. Yet Kraft Cheese can be purchased in the nearest grocery at popular prices. KRAFT CHEESE CHEESE—AND WAYS TO SERVE IT. This is the title of a beautifully illustrated booklet containing nearly a hundred tested recipes for tempting Cheese dishes. It is free. Send Coupon. Kraft-Neutra Cheese Co. Limited MONTREAL.

A NEW IDEA EMBODIED IN A MAN

The International Sunday School Lesson for September 23 is, A Quarterly Review, "The Opening Period of Christ's Ministry."—Isa. 55:1-13.

By WILLIAM T. ELLIS

Ours is the day of new ideas. At says, "the express image" of God's least, so we boast. No fancy, ad- vanced by the most crack-brained "intellectual," can be too fantastic or foolish to find a following. Even the most recent dictionary is inadequate to furnish a nomenclature for the latest theories of scientists and new religionists. Some of the modern cults are frankly beyond the comprehension of their own devotees.

In all this complexity and ob- scurity and jargon of strange terms, which are the shop talk of our "new" literature, "new" art, "new" psychology, "new" religions and "new" physical sciences, our generation takes a queer sort of pride. Its vanity is flattered by these evidences of its own "advanced" culture. We think we are the first to know, that we are the people; and there have been none like unto us heretofore. Our day's "mind- worship" and modernism would be funny, were it not so futile and frivolous.

Even bobbed-haired and bobbed-brained youth may be taught the tremendous truth that all the greatest ideas are simple, and old. Strip one of our verbose "advanced" thinkers of his vocabulary, and he would have to revert to the quibbles and similes which the ages have tested. There is real need that we learn to make a distinction between cleverness in non-essentials, and grasp of the great central verities. There are too many Greenwich Villages who think that knowledge of how to eat Italian spaghetti in the approved style is a mark of real worth-whileness. Once the chaff of worldly sophis- tication is separated from the wheat of true understanding, it becomes clear that essential wisdom is as old as the rock, and as widely dis- tributed as the sunshine. And it manifests itself in the common ways of ordinary human relation- ships.

Behold, The Great Idea!

Once, into a stale world that sorely needed rejuvenation, there came a really New Idea—embodied in a Person. That idea was nothing less than the Supreme Being is not a cold and terrible and distant Deity, easily offended and holding humanity in terror; but, that God is a loving Father, a kindly King, a tender Shepherd, who is deeply concerned for the happiness and true welfare of all mankind.

In short, this Great Idea was that God's other name is Love. Incomprehensible though it was at first to a narrow and intolerant and fear-smitten world, this Idea was expressed in a Man. The most over-whelming truth in the whole Bible is that all of Himself that the Infinite could convey to human understanding was wrapped up in the earthly character and conduct and counsel of Christ. All anybody needs to know, or can hope to know, about God is to be read in the lineaments of the life of our Lord. Jesus incarnated the Eternal, and made plain that all of His thoughts toward the children of men are Father thoughts, of love, and tenderness, and forgiveness and of yearning desire.

Right here is the core of all the teachings of the past three months' Sunday School Lessons in the early life of Jesus. They are but various facets of the one diamond of truth, Christ, the human, fully represented God. Every act and word of the Life lived amid the holy hills of Syria was an expression of the nature of God. Into His Son, the Father crowded all of the Divine character and likeness that mortal frame could contain or mortal mind could comprehend. Jesus was, as Paul

Is God Up Or Down? Does that supreme truth lower God, or does it exalt man? Is God's greatness not magnified by the mercy that made Him crowd close in compassion to man? Is forgiveness any less divine a quality than power? Was it more of a task for the Creator to set his "lovely resplendant in the heavens than for Him to ex- press himself in fullness in the person of Jesus. For when seeing the stars and planets, man merely won- ders about God; but when seeing Jesus Christ, man adores and loves and serves God. All we need to know about God, and all that we can ever grasp of his nature, is to be found fully "expressed in Jesus Christ, his one Son, our Saviour.

On the other side of this awesome truth shines the message of the lift- ing up of man. The highest tribute ever paid to humanity was when God came to dwell in human form, to show men salvation, and to set an example of mortal possibility. Every life that Christ touches be- comes lifted up. All the schools and teachers and philosophers that the centuries have produced have not done so much to exalt the human race as has the example and spirit and power of Jesus. He has been the world's highest education.

Our hope for a better tomorrow for the nations lies only in Christ. It is well to talk of a warless world, but it is better—and a shorter route to the same end—to talk of a Christ- controlled world. Peace cannot come except by the accepted way of the Prince of Peace. Social justice, which also is a necessary antecedent to world peace, will never be real- ized except at the feet of the Carpen- ter of Nazareth.

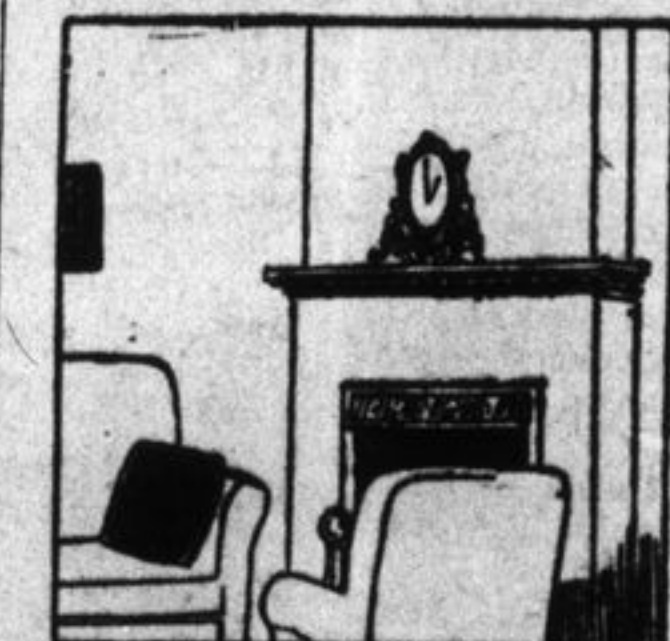
A Persian Parable.

Fully to review the early life of Jesus would require volumes; so I shall merely tell, by way of illus- tration of the major message of the Master's ministry, one of the Persian tales that I have heard in that far-off land of romance, but never have seen in print. It is the story of a man who died and went to heaven's gate; but was told by the guardian angel that he could not enter, except he brought earth's most precious possession as his ad- mission fee.

Back to mortal life the rejected man went, pondering long as to what could be earth's most precious treasure. Surely, he reasoned, it must be the matchless jewels in the crown of Cyrus the Great King. So he searched until he found that dazzling diadem set in gold; and bore it to the portal celestial.

But the angel on guard spurned it, saying, "The streets of this city

LOOK ONLY DECORATION



If you have an old clock that is particularly individual and of which you are proud, place it on the mantel and let no other piece detract from it by its proximity. The entire wall above the mantel may be free of any hanging, so as to emphasize the lines and beauty of the clock.



WILLIE AND GRACIE. As soon as Willie Hoppe, champion billiard player and Gracie Heath had been seen together at the Belmont race track, Dame Rumor had them engaged. But it's only a rumor.

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are paved with, gold; and precious stones are its walls. You must bring something better."

Away the discomfited mortal sped, convinced that, since wealth prevailed not, power surely would; and in time he returned with the sword of Alexander the Great, sym- bol of complete conquest.

"Alexander is dust," sorrowfully replied the angel; "and the least of our messengers slew him in his frailty and shame. Earth's strength is, but as weakness before heaven's gate."

Rebuffed, the applicant gave himself to thought for a long time; and eventually returned with the low Wisdom Books of King Solom- on; for, reasoned he, "It is wisdom that wins with the celestial sentry."

Shaking his head sorrowfully, the angel replied, "Man's wisdom is idle folly in heaven; where all things are known fully. You must bring a gift far more precious."

Baffled, the man once more re- turned to earth and ranged far and

near; but in vain; he could find nothing precious enough to take to heaven. So he resolved that he would return to the angel and re- port his failure; and accept his doom.

On the way, he passed a poor, bro- ken, bleeding beggar by the road- side; and he stopped to minister to him, weeping in sympathy the while.

He was still weeping when he reached the angel's presence. Before he could report his complete failure, the angel stretched forth his hand in excitement crying "You've brought it! There it is!"

"Brought what?" asked the be- wildered suppliant. "I have come only to confess that I can bring nothing."

"But, see!" replied the angel, picking a glistening object from the man's cheek: "you have brought earth's most precious possession, the priceless pearl of compassion. Enter into honor and bliss."

A key to the character of Life we

are studying is this word from Mat- thew: "When he saw the multi- tudes he was moved with compas- sion, because they fainted and were scattered abroad as sheep having no shepherd."

Aged Man Dying.

Elgin, Sept. 21.—Miss Gertrude Bot- ting is spending her vacation in Westport. Mr. and Mrs. Stanley Cole left Sunday morning for their home in Windsor. Rev. F. Horton, of Westport, exchanged pulpits with the local minister Sunday evening. Mary Irene, infant daughter of Mr. and Mrs. E. Ralph Sanderson, Orillia, was baptised in the Methodist church last Sunday morning. Mr. and Mrs. J. E. Earl and Mrs. H. Brown were visitors in Kingston Tuesday. John Dancy, perhaps the oldest citizen of the township, is dying at his old homestead. He is a man of sterling quality, who has taken a full share in the develop- ment of this township.



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Your stock of jams and jellies is not complete unless you have a good supply of grape—one of the most luscious of all fruits. So quickly and easily made with Certo and the results are certain.

Certo is concentrated fruit pectin—the natural jellifying nature of fruits, and contains no gelatine or preservative.

The short boil—one minute only—re- tains all the flavor and color and your jams and jellies have the natural, fruity taste never possible by the old method.

With slightly more sugar you get 50% more jam or jelly, which keeps perfectly, and the cost per jar is less.

Make jelly and jam from all your favorite fruits this season, including grape, peaches, pears and apples.

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Follow exactly the complete simple directions in the Certo Booklet of 73 recipes which goes with every bottle

Certo is pure pectin extracted from fruits

Recipes

Apple or Crabapple Jelly

Remove stem and blossom ends from about 3 lbs. apples, and cut in small pieces. Add 3 cups water, cover pan and simmer 10 minutes. Crush with masher, cover pan and simmer 5 minutes longer. Place cooked fruit in jelly bag and strain out juice. Measure 4 cups juice and 7 1/2 level cups sugar into large bottle, stir and bring to a boil. At once add 1/2 bottle (containing 1/2 cup) Certo, stirring constantly and bring to a FULL BOIL for 2 1/2 minutes. Remove from fire, let stand 1 minute, skim and pour quickly.

Grape Jelly

Wash and crush thoroughly about 3 lbs. grapes. Add 1/2 cup water, stir until boiling and simmer 10 minutes in covered sauce- pan. Place in jelly bag and strain out juice. Measure 4 level cups juice and 3 level cups sugar into large bottle, stir and bring to a boil. At once add 1/2 bottle Certo, stirring constantly and bring again to a FULL BOIL for HALF minute. Remove from fire, let stand 1 minute, skim and pour quickly.

Grape Jam

Use about 3 lbs. ripe grapes. Separate skins from pulp, halving skins. Simmer pulp 5 minutes in covered pan and remove seeds by straining through sieve. Crush skins and mix with 1/2 cup water, stir until boiling and simmer 1/2 hour in closely covered pan. Measure 4 level cups cooked fruit into large bottle, adding water, if necessary, to fill fourth cup. Add 7 level cups sugar and mix well. Use hot- water fire and stir constantly before and while boiling. BOIL HARD for ONE minute. Remove from fire and stir in 1/2 bottle (containing 1/2 cup) Certo. Skim and pour quickly.

