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SIXTY YEAR



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Talk is cheap because they make it out of nothing.

No matter how she hides her age it always tells on her.

God made the country, but only election year makes it influential.

A crank often gets things going when the self-starter fails to work.

It frequently happens that the first false step is stepping on the gas.

A great many people think they are tactful when they are merely liars.

It is the quality that kids you are thinking you like the perfume uses.

Who wonder Cain turned out badly, there wasn't a single book on child psychology.

The objective case seems an affliction. You never hear an owl say "To-whom."

It is all right to have business men in office if they will remember whose business it is.

The Darwinian theory seems reasonable when you observe how many rabbits become seal.

A destructive instinct doesn't handicap a boy; he will make a good baggage handler.

Adam was the first radio fan because he made a loud speaker from his rib—Good Hardware.

A military nation has the faults of a sport model—too much power and not enough utility.

No people is capable of self-government until it can see a detour sign without pointing.

It is especially difficult to love a man whose conscience lets him enjoy things that yours forbids.

"The great problem is that of distribution." Nature falls down here, also. Observe the paunch.

A good party man is one who can be counted on to kill the vote of another good party man.

Correct this sentence: "It is a great privilege," said the husband of ten years, "to kiss your hands."

People are funny. The more they learn to value fresh air the more they try to build their houses air tight.

Those who claim credit for inaugurating the disarmament movement are a little late. The movement was begun 1921 years ago.

Doubtless ancient civilizations perished when everybody became a public office holder and died of plague when none were left to meddle with.

The only person more obnoxious than the chap who boasts of taking a bath every morning is the chap who boasts of taking a cold bath every morning.

BIBLE THOUGHT
WHOSOEVER WILL COME AFTER ME, let him deny himself, and take up his cross, and follow me. For whosoever will save his life shall lose it; but whosoever shall lose his life for my sake and the gospel's, the same shall save it.—Mark 8: 34, 35.

COL. OGILVIE'S APPOINTMENT.
Kingston has furnished the Canadian parliament and the Ontario legislature with not only premiers and other ministers of the Crown, but it has supplied both of them with sergeants-at-arms. For many years the late Col. Henry R. Smith was sergeant-at-arms in the House of Commons and brought great dignity to bear upon this office attached to the assembly of the people. Now another Kingston colonel, in the person of Col. G. Hunter Ogilvie, has been chosen to fill the post of sergeant-at-arms in the Ontario legislature. Col. Ogilvie has had a life-long military experience, and that he will fill this legislative post with the dignity called for goes without saying. The duties of the sergeant-at-arms include the ejection of unruly members. It might not be possible to eject a very unruly member in a dignified manner, but Col. Ogilvie will have behind him the uniformed men of the attorney-general's provincial police force should he need aid.

JAM TOMORROW.
No, no, Sir Henry, it won't quite do. You declare that "No reasonable person can help coming to the conclusion that Canada's problems are almost entirely problems of population. If Canada had twenty-five millions, most of the problems would disappear." And then, doubtless, Canada could sit back with folded arms, not a cloud in her sky, not an obstacle in her path.

The human mind is incurably hopeful. There's always a good time coming, boys, when all the nasty sums will be correctly added and the slate wiped clean. All our troubles will be at an end, says Sir Henry, if we will only import enough immigrants to make his railroad pay.

The settlers are certain to come, and just as surely will the complexity and painfulness of our problems increase. When our population has reached the twenty-five million mark we will look back on these as the brief, happy days of adolescence, when we had won free from the troubles of infancy and had not yet assumed the full burdens of maturity. Harassed statesmen of other countries, including the United States, look on Canada as the only tranquil and enviable country in the northern hemisphere.

The road ahead will be steeper, not easier. But it is only on difficulty and opposition that we grow strong. As long as we are worth our salt we will press on, subduing the wildernesses that we pierce in pursuit of the phantom, untroubled Eldorado of our dreams.

HAVE ANOTHER EAR.
Alas! brothers, the season for corn on the cob is about to end, and has never a single poet lifted his voice in praise of this delicacy? What could he not make of,

Those vaporous rows of aureate pearls
Glowing beneath the golden tide of butter, keen with salt.

Surely some other literature than that of breakfast-food could wax rapturous over the sweet-heart of the corn, that marvellous, dewy whiteness, honey sweet, which at last yields itself up to strong, queuing teeth.

Sacred literature bears witness to the seductions of corn. When the timid Israelites cowering in the desert fastnesses of Sinai learned that an angel was "a land of corn and wine" they experienced a sudden change of heart and burst across the Jordan. Their deprecations among the corn fields and wine jars of the Hittites, Hivites and Jebusites are reported to have been something scandalous. They knew what was good, did those hairy patriarchs.

But whoever undertakes to tell the world of the joys of green corn must leave a certain incompleteness in his description of the table scene. To those who limit themselves to six or eight large ears at a sitting, there is something almost disgusting about those who do not desert till they have "eaten their length in corn." Their barbaric cries of pleasure, their gasping, rending onslaught and the drip of warm oil from their elbows are quite too suggestive of scenes on the cannibal islands.

But what if shameless barbarism does once a year surround our polite tables? Life is short and false teeth overtake the strongest. So butter your ears and be merry, for Golden Bantam does not grow in the fields of Elysium.

AIRSHIPS AT LAST.
Within three years, according to the cheerful announcement of Air Vice-Marshal Brackner, a man can file the cablegram "See you Saturday" on a Wednesday evening in London and keep the appointment in Montreal. That city will be nearer to London than she is to Saskatoon—for time rather than mileage is the true measure of distance. Orders for the construction of air liners which will cross the Atlantic in two days and a half have already been placed.

The apathy of all the Dominions save Australia to this form of communication can only be excused on

the doubtful plea of ignorance. We stand to benefit in many ways by the proposed service, which we could have had any time these last four years if we had not been content to sit back and let England assume all the risk. Any improvement in communication tends to increase the exchange of commodities, and such a one as this, which more than halves the distance, will have a very marked effect. These airships will show English banknotes on our industrial, mining and lumber developments, for investors who would hesitate to send their funds ten days' journey from home will easily put their money into Canada two and a half days distant. Imperial affairs will also benefit. Personal consultations at London before any important decision would make real that Imperial unity which we profess but do not yet possess. There was some truth in the air marshal's jocular suggestion that the prime minister would now have to spend his brief holidays in flying to Ottawa or Cape Town to make speeches on foreign policy. Many other changes will be accepted as part of our daily life, and we will be amazed at our long delay in adopting so beneficial an instrument as the airship.

At the close of the war, Britain possessed airships, equipment and, above all, personnel such as not even Germany could muster. The question then was how to convert this unique organization to peaceful use. The home government could not afford to maintain it alone, the Dominions refused to interest themselves in the matter and private capital saw no adequate return for the risk involved in operating these ships. One of them made a demonstration voyage to the United States and back; another demonstrated other possibilities by exploding on its trial trip. That was the death-blow to the organization, which lost all expectation of useful employment and disintegrated. Now at last, after wasted years, the designers have been called back to their draughting tables and their ideas, clothed in metal and fabric, will soon be shutting the narrow Atlantic.

Canada's Story
Day by Day
By B. Owen Davies

SEPTEMBER 25.
When Canada was invaded in 1775 by rebels from the Thirteen Colonies, bent on entangling the Canadian colonies into the revolution, General Guy Carleton who was then governor, made use of the old French feudal system to aid in defending the country. Britain had maintained the old French laws and confirmed the seigneurs in their powers. Accordingly, when Carleton called upon them to perform the military duties which their patents from the government called for they responded with alacrity. Their tenants, however, had grown soft with many years of peace and declined to fight. This reluctance the invaders interpreted as disloyalty, and acted upon their conclusions by sending agents into the country to stir up the inhabitants to active rebellion. History tells the story of their failure. Among the agents sent was Ethan Allan, who headed a reconnoitering party of two hundred men. He spied out the position at Montreal and was told the town was weakly defended. Eager for military glory and rashly underestimating the spirit of the Canadians, he decided to attack the city. Flushed with the fever of his own arrogance, he advanced upon the environs of the little town. Within, the adroit defenders of Montreal allowed Allan's soldiers to advance to a point where they were entirely surrounded and forced to surrender. Ethan Allan himself was captured with all his men. The attack took place on this day in 1775. Allan was sent to England and imprisoned in Pendennis Castle.

Tenth Anniversary
Of the Great War

Sept. 25th, 1914.
Gen. Von Kluck's army, on the right wing of the German front, has been heavily reinforced and the Allies are again engaged in very desperate fighting. There is little change in the situation.
Hon. Sam Hughes says all the Canadian Troops at Valenciennes, totaling 32,000, will be on the way to England by the opening of next week. The transports, conveyed by British warships, will stretch all the way across the Atlantic.
Kingston scored the highest of any city in Canada in her patriotic fund contributions, averaging \$3.65 per capita. Other cities run from \$1.50 to \$2.50.
Sir James Whitney, premier of Ontario, died at noon to-day in Toronto.
Col. the Hon. Sam Hughes, minister of militia, is to be made a major-general.
Principal Gordon, of Queen's University, has two sons going to the front. Rev. Alex. Gordon, of Ottawa, as a chaplain, and Huntley Gordon, of Hamilton. Rev. A. D. Cornett is also one of the contingent's chaplains.

A new soviet regulation imposes a tax of \$50 to \$150 upon visitors to Moscow. Dear at half the money.



By James W. Barton, M.D.

More About Sleep.
In a former article I spoke about a chap who was unable to sleep, because the washer on the water tap being worn, there was a constant dripping of the water. Yet he slept soundly notwithstanding the noise of a trolley car that passed within fifteen feet of his window, every half hour during the night.

Why?
Because the tap was an unusual noise, and the trolley car was not. This unusual sound of the tap aroused his mental faculties and kept him awake.

Another man who always eats a little lunch, or drinks a little warm milk before retiring, will find himself unable to sleep if he omits the lunch or milk.

Why?
Again because his stomach has got the "habit" of expecting this food. The blood goes down from his head to the stomach in order to digest this food, and so his mental faculties become dulled, he goes off to sleep.

If he should begin to think about the fact that he has not had his lunch, his mental faculties will get even further aroused, and sleep will be even further away.

You see in this case of lunch before retiring, there is the mental and physical stimulus that is keeping him awake.

It is not uncommon in hospitals, to give wakeful patients a bowl of warm milk, a few minutes before the lights are put out for the night. Now what about inducing sleep?

I don't want to go into all the methods in use, such as the counting of sheep going over a fence, and other ways of a similar nature. The idea behind these is that the very monotony of the job of counting, will tire you mentally, and you'll drop off to sleep.

In other words you lose interest in the matter, and with the loss of interest comes loss of concentration, and with loss of concentration, comes sleep.

So that to induce sleep, the ordinary method of healthy people, is simply a matter of habit. You eat, work or play, and sleep when the time comes. If you have worked too hard it may come on sooner; if not so hard, then a little later.

But ordinarily you'll go off to sleep in the usual way, at the usual time.

If you can't go to sleep there is a reason.
That reason is likely because something has happened through the day, or may happen on the morrow, that keeps your interest aroused. To get to sleep you must simply lose that interest for the time being.

WH? THE WEATHER?
DR. CHARLES F. BROOKS
Secretary, American Meteorological Society, Tells How.

Why The Rainbow?
The rainbow appears as a series of beautiful concentric colored arcs seen in the sky when light from a low sun or moon shines on falling rain. Sometimes there are two or more rainbows; one above the other; the most brilliant one is called the primary bow and has a red outer border and a blue or violet inner border; the next brightest, the secondary bow, is a larger circle, and has its colors arranged in the opposite order.

The primary rainbow is made by two processes, refraction and reflection. The sunlight enters each of a multitude of raindrops and in doing so is bent, or refracted. The red rays are bent less than the orange and yellow, these less than the green and blue, while the indigo and violet are bent most of all. Before the sunlight goes into the drops all these colors are intermingled so that the light looks only white, but the different bending separates the colors so that they can be seen. The several colors are then reflected from the inside of each drop as from a mirror. In the case of the primary bow there is just one such reflection, but in the secondary bow, a double internal reflection which reverses the order of the colors. On leaving the drops the rays are again refracted, or spread apart, some more.

The purity of the colors depends upon the uniformity of the drops. Generally, the larger the drops the more brilliant the coloring.

Napanee District Methodists.
Napanee, Sept. 23.—The Methodist district meeting held its regular session in Grace Church Monday. There was a large attendance of both ministers and laymen. The president of the conference, Rev. J. S. I. Wilson, gave a very inspiring address on the present situation. Rev. Roy McWilliams, Japan, gave a missionary address on Japan. The meeting unanimously endorsed the O.T.A.

The Ottawa Board of Control has decided to rigidly enforce the one-year residence clause, which requires that any person seeking work or relief from the Social Service Department must have resided in the city at least one year.

At Leamington, a girl gave her life to save a family from a blazing house.

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"Petting Parties" Doomed.
New York, Sept. 25.—At a meeting of the city commissioners of Bayonne, N.J., last night, Commissioner Harry Hosford introduced a resolution, subsequently adopted, which provided for better lighting system in the County park between Forty-second and Forty-third streets. Commissioner Hosford said that the park was a rendezvous for "petting parties" and that the local police were unable to cope with the situation. Most of the park habitués, Commissioner Hosford said, were strangers who crowded their automobiles along the park curbs.

1. Farm of 150 acres, 11 miles from Kingston on the main highway, good dwelling with good cellar, furnace and cistern; basement barn, nearly new, with stabling for 25 cattle and 7 horses. Another hay barn, drive house, hen house, hog pen and granary; 110 acres of good clay loam under cultivation; exceptionally well watered; quarter mile to cheese factory and one-half mile to school. Price \$7,500.
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Died Aged 104.
Bayonne, N.J., Sept. 25.—Mrs. Freda Goldsmith, aged 104, grandmother of nineteen and great-grandmother of seven, died on Tuesday in the home of her daughter, Mrs. Sadio Edelstein. She also leaves another daughter and two sons.

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Dancer Would Drop Action.
San Francisco, Sept. 25.—A motion for dismissal "without prejudice" was entered in the United States district court here yesterday by counsel for Eyan Burrows Fontaine, New York dancer, in her \$1,000,000 breach of promise action against Cornelius Vanderbilt Whitney, young New York and San Francisco financier.

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CRAWFORD'S COAL QUARTETTE

Boris Not Assisted.
London, Sept. 25.—A rumor that King Boris of Bulgaria had been assassinated was denied today by Bulgarian legations here and in Paris.

Donald Randall, Merlin, cranked a tractor while it was in gear, and as a result was run over and both legs broken.

SONNET
Oh, how much more doth beauty beautiful seem,
By that sweet ornament which truth doth give!
The rose looks fair, but fairer we it deem
For that sweet odor which doth in it live.
The camber blooms have full as deep a dye,
As the perfumed tincture of the roses;
Hang on such thorns, and play as wantonly
When summer's breath their masked buds disclose;
But for their virtue only is their show,
They live unwoo'd, and unrespected fade;
Die to themselves. Sweet roses do not so;
Of their sweet deaths are sweetest odors made;
And so of you, beauteous and lovely youth,
When they shall fade, my verse distils your truth.
—William Shakespeare.
Crawford
PHONE 9. QUEEN ST.