

NEWS AND VIEWS FOR WOMEN READERS

The Quality
of
"SALADA"
TEA H582
is most appreciated in the rich,
delicious flavor. Try it today.

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ICE CREAM

"The Cream of Creams"
Pasteurized and Homogenized.
We freeze to please.
Sold wholesale and retail.

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ELECTRICALLY BAKED

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EDISON MAZDA LAMPS

HALLIDAY ELECTRIC CO.
PHONE 94. CORNER KING AND PRINCESS STS.



There was a wise old
woman who lived in a shoe

She had many children, but she knew what to do when it came to buying shoes for her boys and girls. She bought Chums shoes, because Chums shoes gave wear aplenty and when the soles became worn she could send them back to us through her dealer for resoling and resizing up to and including size 10 1/2. She also kept her children's feet perfect, because Chums — for children of all sizes and ages — are built to give perfect freedom to growing feet. There are no other shoes like Chums. Ask for them by name. Drop us a card and we'll send you our Chums booklet and name of your nearest dealer. Made Only By CHARLES A. AHERNS, Limited, Kitchener

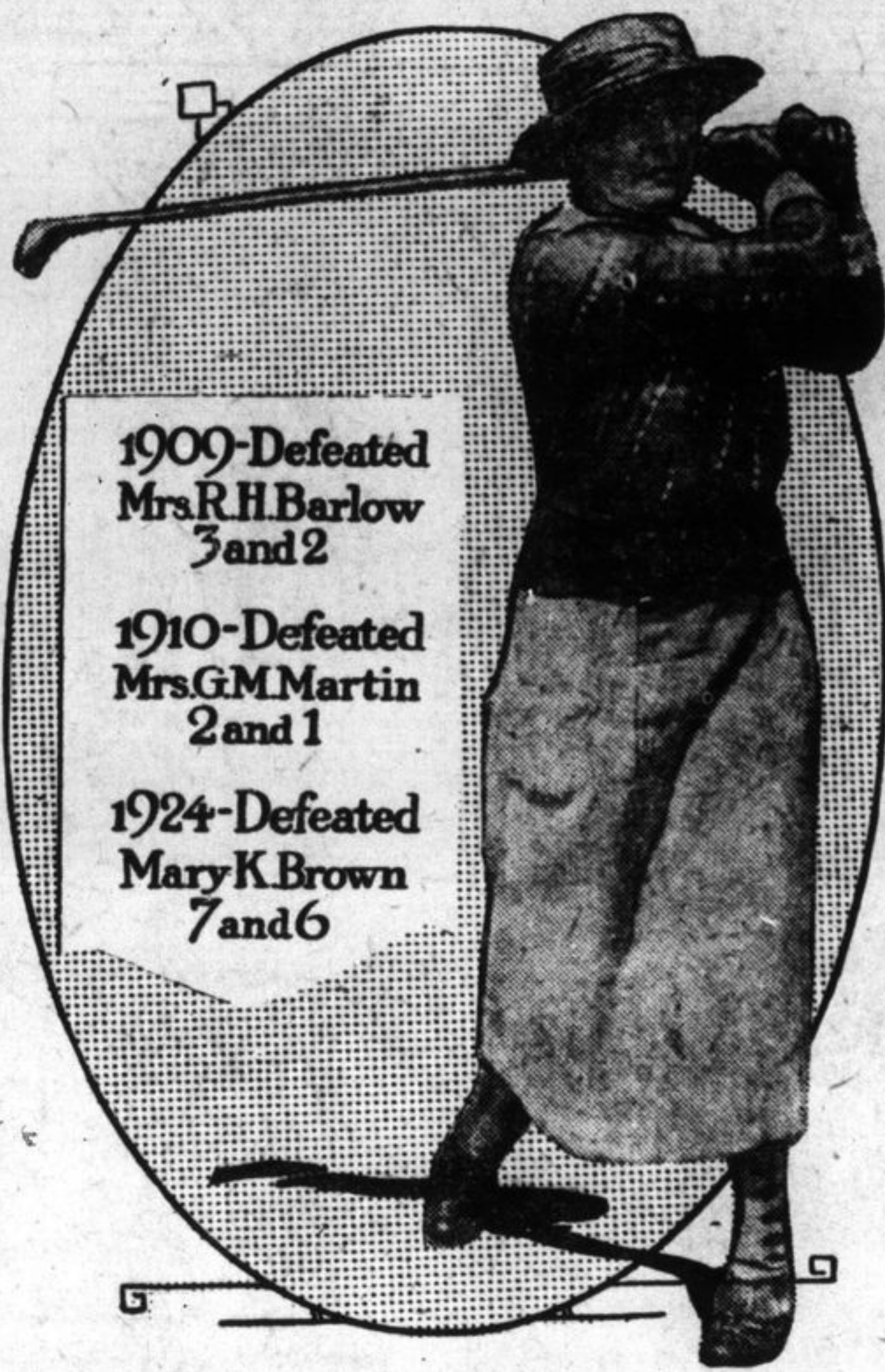
Chums



Charles A. AHERNS Limited
KITCHENER, ONT.

For Sale At
Lockett's Shoe Store

In the electrical storm of Saturday, Athens, was killed by a bolt of lightning. A day a horse owned by D. S. Hofer.



1909-Defeated
Mrs. R.H. Barlow
3 and 2

1910-Defeated
Mrs. G.M. Martin
2 and 1

1924-Defeated
Mary K. Brown
7 and 6

MRS. DOROTHY CAMPBELL HURD.

By defeating Mary K. Browne of California in the finals of the recent woman's golf championship at Providence, R.I., Mrs. Dorothy Campbell Hurd became the American champion for the third time.

It was, however, her first triumph as an American representative. In 1909, playing as a representative of Great Britain and as Miss Dorothy Campbell, she won the event for the first time, defeating Mrs. R. H. Barlow of Philadelphia in the finals 3 to 2.

The following year as a representative of Hamilton, Can., she won again, her opponent in the finals being Mrs. G. M. Martin of Tavistock, England, 2 and 1.

Incidentally that was the only American golf championship in history which brought together two alien representatives in the finals.

Since those days Dorothy Campbell has become Mrs. Hurd and has joined the ranks of American players.

Always a consistent and steady golfer, capable of matching shots with the best, yet Mrs. Hurd was unable to pass the outer edge of the championship circle since her spectacular bow to the American public 14 years ago.

An exception was in 1920 when she went to the finals, only to lose to Alexa Stirling, 4 and 3. Mrs. Hurd's record of returning to the heights after a lapse of 14 years is almost without parallel in golf.

FOREIGN TRAVEL.

Press, Ashbury Park, N. J.

Foreign touring is usually thought of as requiring a trip overseas and involving considerable expense and difficulty. The British Whig of Kingston, Ont., gives a timely reminder that there is good foreign touring right next door, with everything made easy. The article is intended for Canadian readers, but is of interest to Americans as well.

Getting across the border is simplicity itself. The American can cross over, from any of the northern states, within a day or two of leaving home.

"He can go on driving on the same side of the road. He can go on using his own money (if he does not get too far from the border), and when he has spent it all he can telephone home for more. He can go on buying his own newspapers and magazines, and listening to his own records on his own phonographs. He can drink his own coffee, and in parts, also, other drinks that were his own once but are so no longer. And this individual who is irresistibly impelled by all these considerations to come and travel in our midst is the greatest tourist that the world has ever known, and with every succeeding year he has more money and more time and more cars and more inquisitiveness and a keener desire for the great wide spaces with which Canada is so plentifully supplied.

What would not Switzerland give to have at its doors, not the impoverished peoples of France and Germany and Austria, but these lords of the wealth of the world?"

Our Canadian neighbors are beginning to appreciate us. As for the pleasures and benefits to be derived from visiting their big friendly country, which is to-day in so many ways what ours was half a century or more ago, though with a neatness and order running through its pioneering, much more might be said than our northern neighbors venture to say themselves. Canada is probably destined to be the playground of this continent.

On Sunday, fire completely destroyed the barns and outbuildings on the farm of Charles Edwards, Fairfield, purchased about sixteen months ago from Harris D. McDougall, now of Brockville.

After the association of twenty-seven years with the staff of the Brockville branch of the Molsons Bank, C. E. Baynes Reed, manager of the institution since 1918, has retired.

Mr. Greene, who succeeds Colonel F. C. Denison as American consul at Prescott, assumed his duties. Mr. Green was transferred from Brazil.

Falling down the stairs of her home in Morrisburg, Mrs. Jane Bockus broke both of her wrists.



JACK DOES SOME INTRODUCING

Jack Dempsey bashfully may deny he is engaged—but he can't get away with it among the home-folks in Salt Lake City. For the heavyweight champion and movie actor, with the remade nose, brought Estelle Taylor also of the movies, up with him when he dropped in for a little visit. His mother, Mrs. Celia Dempsey, met them at the depot. And after a while, Jack dropped around to see "Pa" Dempsey and the new step-mother, and duly introduced Estelle to them, also.

Extra Vitality to Push You On

GRAPE-NUTS LUNCH SANDWICHES

1 cup Grape-Nuts, 6 hard-cooked eggs, chopped very fine, 2 tablespoons finely-chopped sweet pickles, 1 tablespoon chopped onion, 2 tablespoons finely-chopped celery, 2 tablespoons Chili sauce, 1 1/2 teaspoons salt, 1/4 teaspoon paprika, 1/2 cup thick Mayonnaise.

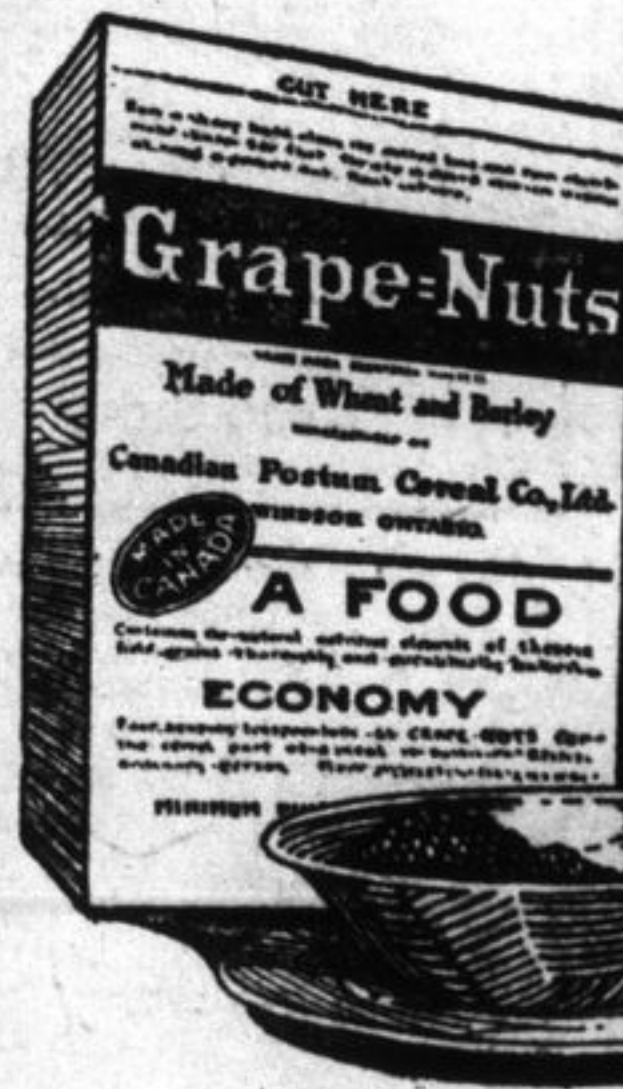
Mix the ingredients until they are well blended, and will spread easily. Use a silver knife and spread on buttered slices of graham bread. This recipe makes filling for eighteen sandwiches.

EVERY hour of the business day your body uses up a tremendous amount of energy—energy which was fresh when you left home in the morning. Look out for four o'clock then! Look out for the time when you feel like slowing up—when your mind becomes sluggish from the all-day grind. That's when you should be able to call on an extra supply of energy from the storehouse which is filled by only the most highly nourishing foods.

Grape-Nuts is the food you need. It's the most energizing food you can give your body. It's composed of whole wheat and malted barley—wonderfully efficient builders of strength and vitality. The goodness in Grape-Nuts is easily taken into the body, too, for a long process of slow baking concentrates all the food value of wheat and malted barley in a highly-energizing form.

Don't slow up at four o'clock! Push on right through till closing time. Start right away to build up your system so that you can do this. Have Grape-Nuts for breakfast tomorrow. It's the most vitalizing, delicious and economical

food there is. Four teaspoonfuls with cream or milk are sufficient for each person and each Grape-Nuts package contains many such servings. Costs 1c per serving. Your grocer can supply you. Ask him for it.



"There's a Reason"

Grape-Nuts

Made in Canada

CANADIAN POSTUM CEREAL CO., LIMITED
Head Office: Toronto Factory: Windsor

Made in Canada

Bon Ami

for cleaning
mirrors and glass—



To make mirrors crystal-clear, there is nothing to equal Bon Ami. It is made in both cake and powder form.

Put it on in a thin soapy lather. It will dry in a minute to a soft, light powder, absorbing the dust, smears and finger-marks as it dries.

Wipe off this powder with a soft cloth and the high polish of the mirror will be left, clear and shining, without a trace of fog or a speck of lint.

So it is with everything. Bon Ami brightens up windows, nickel, aluminum, bathtubs, etc.

"Hain't Scratched Yet"



Cake or Powder
whichever you prefer

BON AMI, LIMITED, MONTREAL