

ACIDS IN STOMACH CAUSE INDIGESTION

Create Gas, Sourness and Pain How to Treat.

Medical authorities state that nearly nine-tenths of the cases of stomach trouble, indigestion, sourness, burning, gas, bloating, nausea, etc., are due to an excess of hydrochloric acid in the stomach and not as some believe to a lack of digestive juices. The delicate stomach lining is irritated, digestion is delayed and food rots, causing the disagreeable symptoms which every stomach sufferer knows so well.

Artificial digestants are not needed in such cases and may do real harm. Try laying aside all digestive aids and instead get from any drug-store a few ounces of Bismarck Magnesia, and take a teaspoonful in a quart of water right after eating. This sweetens the stomach, prevents the formation of excess acids and there is no sourness, gas or pain. Bismarck Magnesia (in powder or tablet form—never liquid or milk) is harmless to the stomach, inexpensive to take and is the most efficient form of magnesia for stomach purposes. It is used by thousands of people who enjoy their meals with no more fear of indigestion.

ADDRESSES GIVEN AT CONSERVATIVE PICNIC

By Hon. J. S. Martin, Hugh Stewart, Dr. A. E. Ross and Hon. W. F. Nickle.

Hon. J. S. Martin, Ontario Minister of Agriculture, Hugh Stewart, M.P., Brockville, Dr. A. E. Ross, M.P., and Attorney-General Nickle were the speakers at the Kingston Liberal-Conservative second annual picnic held at Lake Ontario Park, Wednesday afternoon and evening.

A resolution pledging support to Meighen and Dr. Ross and to Premier Ferguson and Mr. Nickle had just been carried with cheers and the Hon. Mr. Martin had just started when the heavens opened and flooded the grounds. But the sun soon came out again and the speaking resumed.

Mr. Martin's address was commendation for the Ferguson government and condemnation for the King government in respect to the farmer. A good government will help the agriculturalist and he stated two ways in which his party was doing this. The annual grant by Ottawa of a million dollars a year for educational work in agriculture throughout Canada, started by the Conservatives ten years ago, had been cut off last year, though the King government could spend millions on a hotel in Europe. However, Premier Ferguson had guaranteed to make up the shortage. The Ontario government was also bringing blessings to the farmer by subsidizing and making possible hydro power for rural districts. He hoped that the co-operation he had found in Denmark, where the farmer received seventy-five per cent. of what the consumer paid for his produce, could be introduced into Ontario.

The government at Ottawa should protect our markets and prevent the dumping here of American produce, cheap because produced by negro and cheap labor. There should be such a duty on early garden stuff as would put it in the luxury class where it belongs. The Federal government should husband and develop our resources, such as pulp and nickel. Macdonald's national policy in force would again mean prosperity for Canada.

Mr. Stewart's Address.

The members for Brockville claimed Mr. King's promises were made to suit the locality. The maritime provinces were in revolt against him, as shown by the last two elections, because of his failure to carry out his pledges regarding the inter-colonial railway. They promised to reduce the sales tax but they were making more from it now than when they came into power. Discussing the different parties at Ottawa he said the Liberals were in office only by grace of the Progressive party, which was showing signs of splitting, and that the Conservatives were the only party to show an increase in strength since the last election (four per cent.). Canada was looking for help to Meighen and his policy, which stood for the development of Canada's resources, strong Imperial relations and protection of the home market.

Dr. Ross.

Dr. Ross quoted figures to show that the King government's economizing was largely camouflage. The same day that Mr. King said everything was beautiful in Canada, there was a meeting in August of unemployment in London to find means of getting work. Ontario and Quebec were likely to face more unemployment this winter than ever. The Tories' policy of protection meant diversified industries and a high grade laboring class not possible in a free trade and cheap labor country.

Mr. Nickle.

Mr. Nickle, who remarked that this is his twentieth year in public life, first explained his government's fifteen million dollar deficit in their first year, claiming that it was due to the obligations inherited from the Drury administration. The Ferguson government, throughout its departments, was practicing wise economy, the reduction of the road staff from twenty-four to nine resident engineers being an instance. A big loan had been secured for four and one-half per cent, an effort was being made to interest British capital in the rich Northern Ontario mining districts, Ontario's forests were being protected, better social laws introduced, the Bowmanville farm established for the underprivileged boy (the same was to be done for the erring girl) and immigrant boys homes could now be inspected. He defended his effort to have a tribunal appointed to deal with problem cases under the Workmen's Compensation Board, which he dropped due to Labor's opposition.

When the British scientists visited Northern Ontario the Hon. Mr. McCrae invited Mr. Hartly and Mr. Casey, of the Canadian Locomotive Works, to go north too to see if the Kingston industry, a "spotted" one,

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could not manufacture, in its less busy moments, machinery for the mines there.

On behalf of the government and province Mr. Nickle paid a tribute to the late Victor Gilbert, who had given his life in as truly a national cause as if in the war.

J. F. Sowards, president of the local Conservatives, presided.

The Sports.

The winners in the sports, which commenced at 1:30 p.m., were as follows:

- Girls' race, 7-9 years, Edna Jarvis, Vera Mann, C. Hogan.
- Girls' race, 9-12 years, Lillian Stevens, Marion Jamieson, Jean Andre.
- Boys' race, 7-9 years, Malcolm Bews, Lester Quensen, Robert Grey.
- Boys' race, 9-12 years, Clifford Roberts, Ford Davey.
- Girls' race, 12-16 years, Emma Ayling, Verna Westlake, Agnes Kincaid.
- Boys' race, 12-16 years, Joe McQuaid, Sam Mulholland, M. Taylor.
- Young ladies' race, Mabel Frazer, M. McCammon, M. Deyo.
- Young men's race, 200 yards, Harry Murphy, Leo Gorrie, George Laturney.
- Young men's three-legged race, G. Laturney and L. Gorrie, Mr. Mulholland and Mr. Gallivan, Joe McQuaid and Harold Dunphy.
- Climbing greasy pole, S. Harrison, Harry Orr.
- Sack race, young men, L. Gorrie, E. Gahvan, H. Murphy.
- Girls' race, Flora Cunningham, Isabel Forbes.
- Married women's race, Mrs. E. W. Hall, Mrs. B. Clarke, Mrs. F. Joyce.
- Soda biscuit race, H. Dunphy, A. Thompson, W. Davis.
- Ladies' consolation race, Florence Sinclair, Mabel Jones, Agatha Nelson.
- Ladies' nail-driving contest, Mrs. Knox, Mrs. Cunningham, Mrs. Jarvis.
- Threading needle race, Mrs. E. W. Hall, Mrs. J. Knox, Nora Harrison.
- Fat men's race, A. Pullen, W. White.
- Soap race, married ladies, Mrs. J. Knox, Mrs. L. Maddigan, Mrs. L. Marsh.
- Boys with most freckles, Davis Milligan, Bruce Saunders, Harold Dunphy.

Largest family present, Mrs. P. Hughes, sixteen, Mrs. F. Dwyer, ten. Oldest Conservatives present: men, Thomas Smeaton; ladies, Mrs. Agnes Nelson.

There was a large booth on the ground furnishing free refreshments. The street cars ran double in order to carry the large crowd which attended.

PERTH ROAD-NEWS.

A Gathering of the M.L.M.C. at Raymond's Corners.

Perth Road, Aug. 23.—Harvesting is nearing completion. The M.L.M.C. met last Thursday afternoon at Raymond's corners and a goodly number attended. Mrs. T. Babcock is spending some time at her residence. Miss A. Cobet is spending a few weeks at her home here. Mrs. A. Freeman spent a couple of days last week at W. Orser's, Kepler.

Misses Hilda Thompson and Mildred Slack returned on Thursday from a week's visit with relatives at Thousand Island Park, accompanied by Miss Verna Guthrie. Miss Addie Stokes and Miss Jennie Caud visited E. Stokes recently. The many friends of Mrs. W. Wager are pleased to hear of her convalescence.

Miss Edna Orser, Perth, is the guest of Miss Irene Ames. Miss Evelyn Scaling has returned to Rose-dale having spent a few days with Miss Ethel Ames. Mr. O. Middle-ton returned to Lyndhurst with her son, Ross, having spent a week with her son, James.

A fine piece of work is being done on the highway near Raymond's Corners. Mrs. J. Morrey, Kingston, spent a few days with friends here recently.

Having Houses Wired.

Stone Road, Aug. 25.—The farmers are cutting the grain, which is ripening fast. Some have nearly completed cutting grain but owing to the heavy showers, are unable to draw the grain in. A number from here attended the fair at Brockville last week. Edwin Hull is home from Brockville Hospital where he had his tonsils and adenoids removed. Miss Laura Miller returned to Harrowsmith after spending part of her holidays at her aunt's Mrs. A. Wilkinson.

Mr. and Mrs. P. E. Good and son, Donald, Harrowsmith, were recent visitors at F. H. Warren's. Irvin Botting, Burridge, spent a week-end with A. Wilkinson. Edward McNally spent a few days with his uncle, Oliver, at Massauga. Mrs. Nolan and daughter Marion, Brockville, were visiting at her sisters, Mrs. F. McNally's.

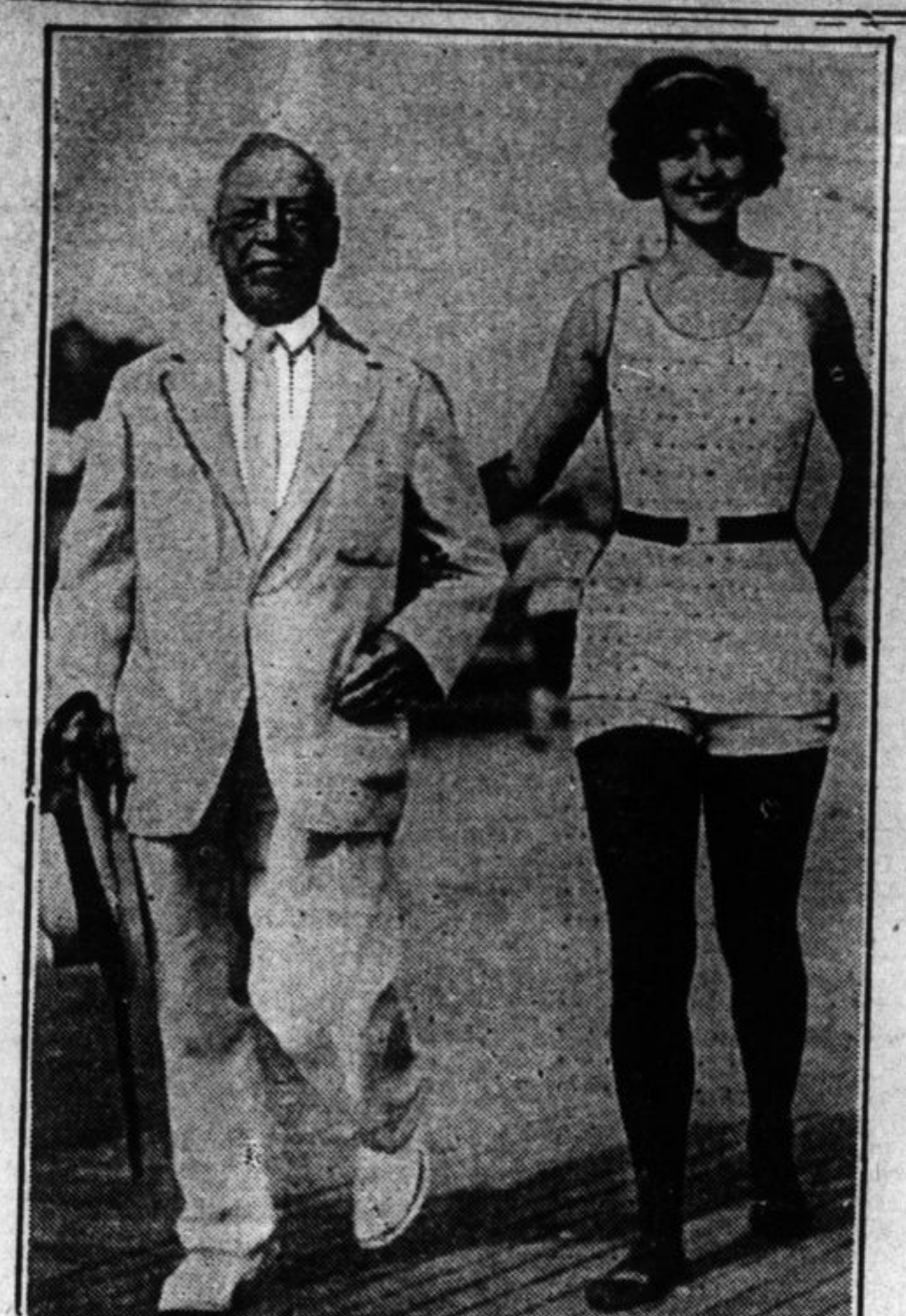
O. S. McNally has returned home after spending a week with friends in Brockville. Mrs. F. McNally is visiting her sister at Brockville. Mrs. A. Green and N. Truelove are getting their houses wired for electric lights. The power passes through here from Bedford Mills to Newboro.

Coming to the Point.

A pretty girl had a corpulent suitor. It appears that the stout lover went on his knees to propose in the old-fashioned manner. Even this romantic attitude, however, did not soften the girl's mood, and she promptly refused him.

"Well, Marie," said the fat one, still on his knees, "if you will not accept my offer, you might at least help me up."

The shoulder bouquet which may be of real or artificial flowers is equally smart on the chiffon dinner gown or the severe dress.



SAM'S FEELING BETTER, THANK YOU

It may be the bracing air of Atlantic City, and then it may be the congenial surroundings—anyway, Samuel Gompers in this picture seems to be rapidly recovering from his recent illness. But who wouldn't recuperate, with Marion Green, otherwise "Miss Philadelphia," as a walking companion? One suspects the press agent of the annual bathing beauty pageant to have had a hand in this.

AN UNBROKEN FAMILY.

All the Children at Their Parents' Home.

Vennachar, Aug. 23.—A drover from Toronto took a drove of cattle, sheep and lambs from around here last week. August Koellner, Denbigh, was through here this week buying fat cattle for market. Joseph Orser was around here renewing acquaintances last week. Alexander Johnston has gone to the Canadian North West for the harvest.

Miss Iva Johnston, Wilson, visiting at Mrs. Alexander Johnston's, G. M. Bebe, who has been laid up with bronchitis and complications is not much better. His family, four sons and five daughters, have been visiting him, making an unbroken family. Mrs. Purvis Barr, Kingston, visiting her mother, Mrs. Alberta Gregg. Miss Nora Hughes has been engaged to teach No. 2 school and Paul Marquardt No. 8.

Mr. and Mrs. Zara Snider and family have returned from visiting friends at Wolfe Island. Mrs. Sarah Ann Hicks, Glenfield, visiting Mrs. David Stuffs. J. J. Holmes has returned to Kirkland Lake, after spending a few weeks at his mother's, Mrs. V. Holmes', taking of his son, Mr. and Mrs. Archelus Ball and daughter, Marjorie, Oswego, N.Y., at the former's grandparents, Mr. and Mrs. R. W. Conner.

Mr. and Mrs. Albert Faulk, Oswego, N.Y., at the latter's parents', Mr. and Mrs. Andrew Wilson. Mrs. F. Faulk, Denbigh, at Mrs. R. W. Conner's; Mrs. S. Ball, Miss Lucy Ball

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LISBON COMMUNISTS REVOLT—Another unsuccessful attempt at a revolution has been made by radicals of the Portuguese capital. Many bombs were thrown but police and military have retained control of the city and conditions have returned to normal once more.

Mrs. J. Godfrey and Mrs. M. Price at D. McDonald's.

The years teach much which the days never know.

He is happiest, be he king or peasant, who finds peace in his own home. The remedy for injuries is not to remember them.

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All druggists sell charcoal in one form or another, but probably the best and most for the money is in Stuart's Absorbent Lozenges; composed of the finest quality Willow charcoal powdered to extreme fineness, compressed in the form of large, pleasant tasting lozenges, sweetened to be smooth and palatable.

Many physicians advise Stuart's Absorbent Lozenges to patients suffering from gas in stomach and bowels, and to clear the complexion and purify the breath, mouth and throat. They are also believed to greatly benefit the liver. These lozenges cost but thirty cents a box at drug stores. For a free trial send your name and address to F. A. Stuart, Co., 11 Stuart Bldg., Marshall, Mich. You get more and better charcoal in Stuart's Absorbent Lozenges than in any of the ordinary charcoal tablets.

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