

NEWS AND VIEWS FOR WOMEN READERS



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A "HARD" WOMAN; A GENTLE MAN

The International Sunday School Lesson for August 31st is: "Jesus Talks With a Samaritan Woman."—John 4:4-42.

By WILLIAM T. ELLIS

In the old story, which millions will study this week, we find this modern type of the sophisticated, "hard" woman, who had "lived her own life," flouting the conventions; and who cynically believed that she "knew men," and that she was up-to-date and could not be fooled.

Our notions of the excessive modernity of the "emancipated woman" are rather shocked to find that the Samaritan woman at Jacob's Well, famous in art, in sermon, in song and in story, ran wholly true to the "new" form that is perplexing good people so greatly today.

A Famous Spot; A Famous Story. This great tale is laid in a scene of such absorbing interest that this commentator's temptation is to dwell overlong upon it, as a familiar spot. Three times I have visited Jacob's well, which for about four thousand years has ministered to human thirst, even as it assuaged mine on a hot midsummer day last year.

Thoughts of Jacob, and the long line of reverent descendants who drank from this well along the main highway running north and south through the Land of Promise; and of the Christian pilgrims; and of the Crusaders who built a church over it, are crowded out of the mind of the visitor to the well, now surrounded by a chapel of the Greek Church by memories of the Master, who, wearied, once rested on this very well-curb.

Grooved and worn by the leather thongs and ropes of centuries and millenniums, the stone at the mouth of the well takes its place among the sacrament antiquities. Once it was the seat of the tired Traveller who forgot his own fatigue in ministry to a sin-calcured spirit. This well-curb was the pulpit from which Jesus preached his own Messiahship in terms so clear and unveiled that even the worldly woman understood his identity. Here he set forth the revolutionizing doctrine that "God is a Spirit!"

It is any wonder that those of us who, leisurely and repeatedly, have visited this shrine held in dear and frequent memory? I even prize the sealed bottle of water from the well, such as pilgrims purchase, which one of the monks gave me last summer.

A Man And A Woman. All of us who at times find the load of life long, and its burden heavy, cherish the picture of the weary Master resting at noon on the well-curb. We understand thus that he understands

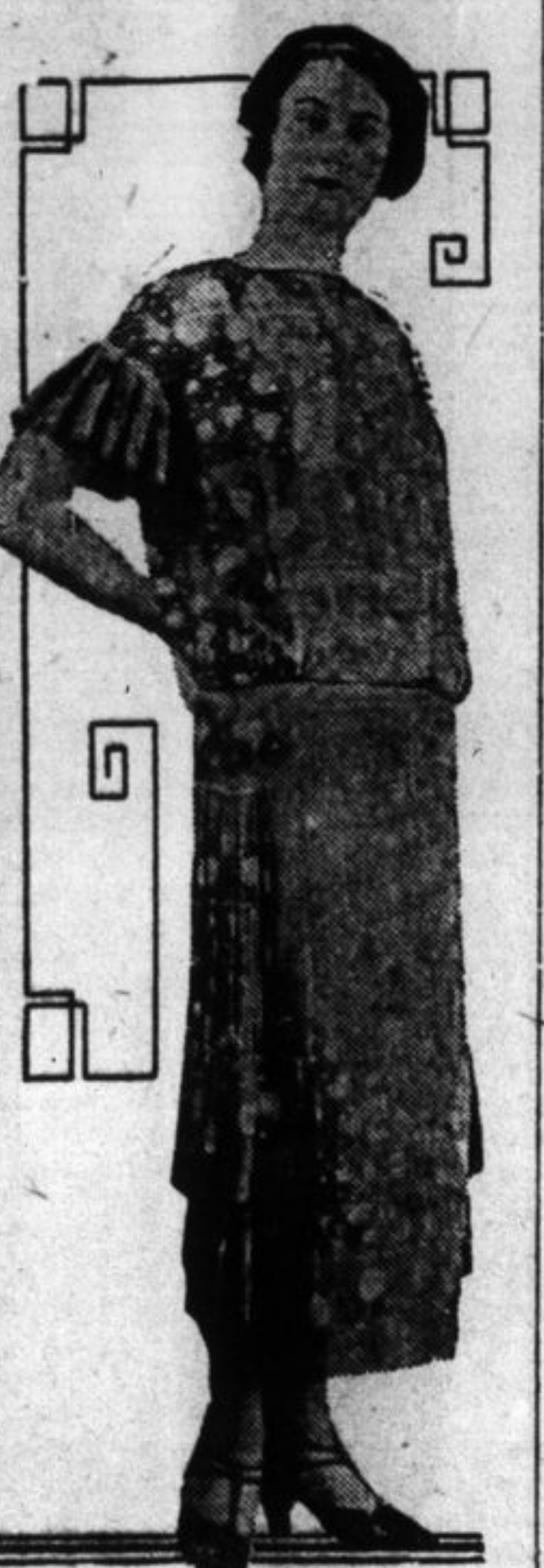
POINT VENISE LACE USED



Point Venise lace gives a delightfully picturesque and feminine touch to this black charmeuse gown that is otherwise quite straight and plain. It suggests a very clever way of refurbishing a dress that is out of last season's stock.

deep well of the Water of Life. Our day has tried everything else; is the Church equal to the task of inciting it to try now the water which quenches all thirst?

EXCEPTIONAL FROCK



This is exceptional. Six handkerchiefs have been used by a clever young Paris dressmaker to make this smart afternoon frock. It is a Paul Caret model.



MARCHIONESS OF QUEENSBERRY. Wife of the tenth Marquis of Queensberry, who was prosecuted at the first court of the season at London.

As To Hats. Gilded trimmings are prominent in touches on feathers, flowers and ribbon.

Wide naere satin ribbon used in many looped bows for small tailored hat.

Leather introduced in small appliques and some little brims, but in brilliant red prominent in displays as entire hats or introduced in the brim.

Small Milan shapes hold interest in straw, with hair the feature of the large summer dress shape.

Navy blue comes back into favor and is especially stressed for the tailored small hat.

White and navy combinations are also very prominent for suit wear.



MRS. REGNA MORELY. Because she loved her husband and could not bear to lose him through a divorce suit he had filed, Mrs. Regna Morely, 23 of Kansas City, shot and killed James Emmett Morley, 33, when he visited the home to see his 28-month-old baby. They lived in the fashionable residential district in their home known as the "House of Hearts."

The Psychology of Resting

Rt. Rev. F. H. DuVernet, Archbishop of Caledonia.

The tendency of our age is toward greater mental stress and physical strain. The scores of new inventions, such as the motorcar and the flying machine, are setting the pace, and it is the pace that kills. Life, it is true, consists in activity for a progressive purpose but the inward energy of living beings must be harmoniously adjusted to their outward environment.

There is, however, one hopeful feature. The new science of the mind can teach us the art of resting. There is a close connection between the subconscious mind and the sympathetic nervous system. The three links in the vital chain are mind energy, nerve energy and muscular energy.

In seeking to counteract the tendency of this rushing age toward premature physical collapse, the first requisite is a restful mind. To secure this it is necessary to drop the idea of rest deep into the subconscious mind. Without any effort the conscious mind slowly revolves round this idea of rest to the exclusion of all other ideas.

Half an hour each day of systematic muscular relaxation and perfect mental rest would work wonders with high-strung nervous people. To anyone willing to learn the art of resting we would say: Sit in a reclining chair with the body stretched out in a comfortable position and the feet up. Give yourself firmly the repeated suggestion: "I am relaxing. All the muscles of my body are growing limp. My mind is resting." Then bring your attention to action. Rest in the Lord. Claim the promise of perfect peace made to those who stay their mind upon their God.

Only by combining the help of both psychology and religion can we hope to offset the killing pace of this rushing age.

In this connection nothing could be more appropriate than the words of Whittier: "Drop Thy still dews of quietness, Till all our strivings cease; Take from our souls the strain and stress, And let our ordered lives confess The beauty of Thy peace."

There is a certain charming femininity even to the most tailored frocks that Paris is making up for winter—little inconsequential bows or bits of embroidery keep them from looking too serious even

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