

NEWS AND VIEWS FOR WOMEN READERS

LIFE'S SOCIAL SIDE

Mrs. W. H. Craig, Mrs. W. Bartlett Dalton and Mrs. A. W. Winnett were in charge of the tea at the Yacht Club on Wednesday afternoon...

Conservative Association. Covers were laid for fifty at the tables beautifully decorated with asters. The affair was a most enjoyable social event.



A LOVELY HINDU PRINCESS has become the season's favorite at Desauville, France. She is Princess Nyotantsika, who has attracted attention from American jazz with her interpretations of native dances.

Hon. W. F. Nickle and Brig.-Gen. A. E. Ross, M.P., gave a dinner at the Cataragui Golf and Country Club on Wednesday evening for the chairmen and chairwomen of the Liberal...

Mrs. Robert Clark and her daughter, Norma, Alwington avenue, left on Monday for Toronto. While there they will attend the C.N.A. exhibition.

was the guest of Mr. and Mrs. W. S. Herrington at their cottage. Mrs. Thomas S. Duncan, St. Louis, Mo., is at the Y.W.C.A. Dr. Noble Armstrong, Hamilton, will spend Labor Day in town with Mr. and Mrs. John Nicolle. Mr. Armstrong, who has been with her parents, will return with him.

Efficient Housekeeping

TOMORROW'S MENU. Breakfast: Oranges, Cereal. Coffee, Omelet. Lunch: Toast, Luncheon, Baked Beans, Catsup. Dinner: Wholewheat Bread, Lettuce, Jelly, Fried Pan Fish, Potatoes Steamed in Skins, Spinach, Orange-Pineapple Salad, Cottage Pudding.

Knitting a Brown and Yellow Silk Scarf. Buy two spools of dark brown motor silk and one spool of yellow motor silk, also two number five bone or amber knitting needles. I assume that you knit six stitches to the inch; if so, cast on 76 stitches with the dark brown, knit five rows, purl one row, knit one row for three and one-half inches, measuring from last row of cast-on stitches and ending with a row of knitting.

You need Mustard but it must be Keen's. 'Mustard taken in moderation undoubtedly aids digestion' says the medical directory. So remember the mustard for the family dinner table.

For the Prevention of Goitre SIFTO IODINE SALT. Medical authorities recognize that goitre can be treated and prevented most simply and effectively by the use of table salt to which a small quantity of Iodine has been added.



For every wash-day method RINSO is ideal for any wash-day method you use. You do not have to change any of your usual steps—just use Rinso where you used to use ordinary soap.

Mrs. Robert Melkie, Ottawa, and her son, Mr. Urquhart Melkie, and Mrs. Melkie, have been spending the summer months at Alexander Bay, on Lake Deschene.

Mrs. H. R. Chown and Miss E. Chown, Albert street, have returned from a motor trip to Chicago, where they went to hear the music of the grand opera company now there. They returned via Niagara Falls.

Miss Ella Scott, who spent two weeks with her grandparents, Mr. and Mrs. John Rankin, Frontenac street, has returned to Gananoque.

Mrs. H. K. Hill, who has been in Rochester, Minn., with her parents, Mr. and Mrs. A. B. Cunningham, has returned to town.

Mr. and Mrs. R. L. Hinkley, Albany, N.Y., are the guests of Dr. and Mrs. Ernest Sparks, Stuart street.

Mr. and Mrs. J. Gordon Mackenzie, who have been at 'Glen Lyon' with Mr. and Mrs. J. M. Campbell, left for Toronto on Wednesday.

Mrs. J. E. Maekay and her little son, who were at 'Hilcroft' with Mr. and Mrs. W. T. Minnes, have returned to Brockville.

Miss Daisy Dart, Kingston, is the guest of Mr. and Mrs. William Wilson, Toronto, for the exhibition.

Mr. M. P. Keys returned from Howe Island to-day. Dr. Phillips Macdonnell is in town from the Northwest and is with Mrs. G. M. Macdonnell, University avenue.

Miss Marjorie Stevenson, Niagara Falls, Ont., will arrive in town on Saturday to visit General and Mrs. F. W. Hill, Gore street.

AUNT HET. 'I reckon it's stuf of me to let peddlers in when I don't intend to buy nothin', but it gives me a chance to set a spell and be entertained.'

McRAIN-GREENWOOD NUPTIALS. Took Place at the Bride's Home in Toronto. A wedding that may be of interest to a great many Kingstonians took place at the home of the bride's parents, Toronto, on Saturday evening, Aug. 23rd, of Lula Louise, youngest daughter of Mr. and Mrs. J. T. Greenwood, and Dr. Wallace

CHENILLE CREPE. Materials for the coming season are so decorative and so rich looking that they need only to be handled with skill to make the most stunning gowns. This one is of chenille crepe with a shirred panel of plain satin of the same color, edged with fur for relief. The long smock blouse effect is bordered with satin and the under tunic is of the same. This makes an exceptionally attractive outfit for afternoon tea or dinner and yet it may be worn at any hour of the day and not be inappropriate.

YOUNG FOLKS' VISITS. When younger people come to visit the daughters, it is not necessary that their mother stay at home, since the daughters take their mother's place. GALLAGHER'S TAXI SERVICE 960 DAY AND NIGHT

Just received a case of Irish and Scotch Linen Ends. Suitable for Roller and Dish Towels. These are all pure Linen and lengths range from 1 yard to 8 yards. Prices range from 20c. a yard up. A large assortment of qualities to choose from. W. N. Linton & Co. Phone 191. The Waldron Store

The HEINTZMAN & CO. 'CLASSIC' STYLE UPRIGHT PIANO. Sells regularly at the price of \$670. But we have one in stock, slightly used by demonstration, which we will sell for \$600. ON EASY TERMS OF PAYMENT. LINDSAY'S KINGSTON'S MUSIC CENTRE 121 PRINCESS STREET KINGSTON

McNabb's 10 Only Polo Cloth Coats \$12.95. A most fortunate purchase right at the start of the Fall season. Beautiful mode POLO CLOTH COATS in three different styles—double breasted button—fit at the side—and single breasted button. Sizes 16 to 28. The J.A.McNABB Co. LTD. Ontario Chain of Women's and Misses' Ready-to-Wear Stores

The Editor Hears. That the Horticultural Society will indeed confer a benefit on Kingston with free lectures on gardening. There are some very beautiful gardens in the city—just enough to show us what can be done with work and a little money. How splendid it would be if our fine old town had many such gardens to beautify its quiet streets! Prizes for the best gardens would be an incentive, and after the citizens saw what could be done with even a small plot of ground they would want the flowers for their beauty as well as for the prize.

That the great excitement in the United States over the arrival of the Prince of Wales seems strange in a...