NEWS AND VIEWS FOR WOMEN READERS

LIFE'S SOCIAL SIDE

The dull weather of Wednesday Camp Frontenac, Milton Island, when afternoon made the attendance at a number of Kingston people, who the weekly tea at the Yacht Club have been so fortunate as to receive very small. Mrs. L. T. Best was in invitations, will spend the afternoon charge of the arrangements and Mrs. at this delightful spot. S. Roughton and Mrs. Herbert N. Robertson were pouring tea, assisted Bridge was played by those present, district. who included Mrs. Everett Town-Armstrong (Hamilton), Mrs. C. H. this week from Petawawa. M. Hughes, Mrs. W. Wending Ang- Villa St. Clare apartments, will lin, Mrs. Clarence Chown (Mont- leave for England shortly. real), Mrs. Hansard Hora, In the at which a number of out-of-town a trip to Port Stanley and London, guests were present. Among the Ont. members and friends were Mrs. Philip Du Moulin, Mrs. G. F. Emery, town on Tuesday. Mr. and Mrs. Hansard Hora, Miss Wilna Luxon (Victoria, B.C), Miss Margaret Morrison, Miss Nevada ham." Best, Miss Louise Cays (Oswego, N. | Capt. Stone, R.C.H.A., has re-White, Miss Anna Mahood, Miss street, for a few days. Katharine Hart (New York), Miss Messrs. Fulton Best, J. and P. Mc- in insulin treatment. Leod, P. Donnelly, S. Donnelly, J. McKelvey, Whalley, Leonard Du Moulin, Bert Sutherland (Toronto), Cays (Oswego, N.Y.), Jack Voorhees, to visit friends in Scranton, Pa. Philadelphia.

for her sisters, Mrs. E. J. Schlageter, combrack, New York.

Saturday will be "Guest Day" at

I wo Electric Specials

Electric Curling longs. Special \$1.75. Electric Irons

Special \$3.00, \$4.50.

These are real bargains.

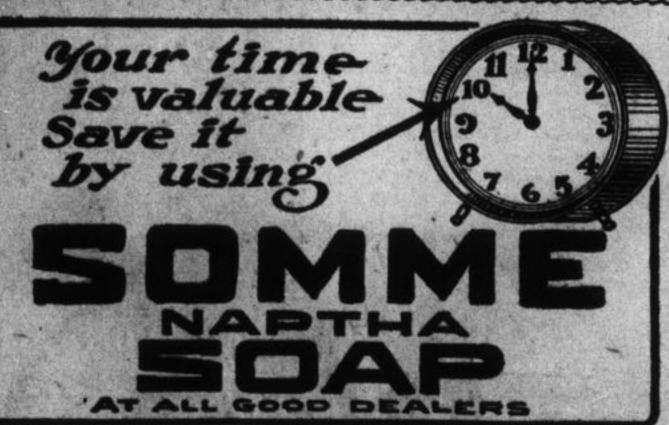
The state of

BURKEELECTRICO LECTRICAL SUPPLIES & SERVICE HONE: 423. 74 PRINCESS ST

GALLAGHER'S TAXI

DAY AND NIGHT





VELVETEX VELVETEX VELVETEX DON'T THROW YOUR OLD CARPETS AWAY The worn, moth-eaten, dirty and dilapidated, we sterilize, shred, re-spin and weave them into the

Beware of imitations... "Velvetex" has a factory and reputation behind it. Our demonstrators are in town to show samples. Phone No. 248 for our truck to call without obligation. It is a pleasure to demonstrate. We pay freight or express both ways. See our exhibit in booth 55, Process Building, Canadian National Exhibition, Toronto, Out., also in the Crystal Palace at the Western Fair, London, Out. Entablished 1909. Send for folder R.

CANADA RUG COMPANY Velvetex Bidg., London, Ont. Branches in Montreal, Toronto, Windson VELVETEX VELVETEX VELVETEX dians, not one of whom can speak and spill if they did."

week-end.

Miss Kate Drummond, Albert by Miss Nevada and Miss Margaret street, has been in Ottawa and Best, and Miss Phyllis Roughton. at Blue Sea Lake in the Gatineau

Major and Mrs. H. F. Geary, send, Mrs. John Nicolle, Mrs. Noble | "Calderwood," will return to town Hutchins (Worcester, Mass.), Mrs. J. | Col. and Mrs. F. Owen Hodgins,

Miss Nevada Best, Lower Albert evening the usual dance was held street, returned on Wednesday from

Miss Howell, Hamilton, was in

Mrs. Fred Junkison, Niagara Falls, Edith Rankin, Miss Elizabeth Mayes Ont., is spending a few days in town (Washington), Miss Doris Folger, on her way to Stella, Amherst Is-Miss Kitty Torrance, Miss Muriel land, where she will be the guest of Porter, Miss Flo Cunningham, Miss Mr. and Mrs. W. H. Moutray, "Farn-

ville). Miss Vivien and Miss Sylvia Mr. R. R. F. Harvey, Lower Union

Miss Katharine Sullivan, R. N Bernice de Pencier (Gananoque), who has been in town for a visit, Rev. Kenneth Taylor, Capt. Stone, has left for Toronto to take a course

Capt. Harold Brownfield, Winni peg, is spending a few days in town. Miss Lola Bushell, Kigston, spen H Clark, Bliss Barnum, Bagely Jack a few days in Cortland, N.Y., enroute

Miss Gladys McMahon, nurse-in-Mrs. W. H. Hughes, Alfred street, training at the Kingston General entertained on Wednesday evening hospital, is at her home at Crosby. Miss Mary Taylor will spend the Buffalo, N.Y., and Mrs. R. W. Al- week-end in Kingston with her father, Principal Bruce Taylor - Ottawa Journal.

Mr. and Mrs. David Jackson and Master Keith Jackson, of Oshawa, Mr. and Mrs. A. E. Franklin and Mr. and Mrs. Richard Patterson and Miss Betty Patterson, of Kingston, spent the week-end with Mr. and Mrs. G. McClymont, Ottawa,

Mrs. George Franklin and Miss Noreen Franklin, of Kingston, who spending a week visiting relatives have been the guests of Mrs. F. E. in Oshawa. McLeod, Ottawa, have returned

Mrs. J. G. MacPhail and her daughter, Catherine, Ottawa, have returned home from Stanley Island, where they spent a few weeks.

Mrs. Henry Joseph and her family are returning to Montreal next Thursday from St. Andrew's-by-thethe summer.

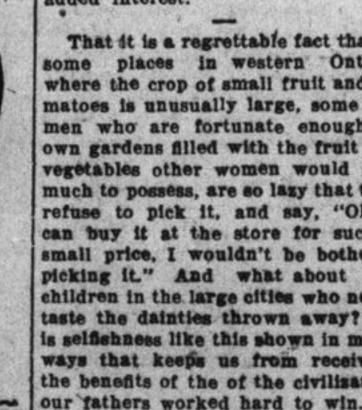
at Dead Man's Bay.

has come to Kingston, and Thousand Islands, where she intends to spend wo weeks' vacation. Mr. Jack Cays and Miss Louise

Cays, Oswego, N.Y., are the guests

960 D. A. Cays, Barrie street. Mr. and Mrs. Percy Hills Mr. and Mrs. Percy Hills and Mr.





That the committees for the historical pageant to be put on in Kingston in September have the matter well in hand, and next week the pageant master of the John Rogers Company will arrive in Kingston and the recitals will begin.

X HAMILTON GIRL IN THE WEST

N.Y., who motored to Kingston, Efficient were the guests of Mr. and Mrs. Matthew Hanson, Wellington street. With Mrs. Hanson the party left today by motor for Bon Echo where Mr. Hanson will join them for the Capt. and Mrs. Howard Penhale, who have been at Petawawa, have

left for Halifax. Mr. Jack Voorhees, Philadelphia, TOMORROW'S MENU Breakfast

Pa., is visiting his aunt, Mrs. Frederick Cays, Wellington street. Capt. and Mrs. J. F. Preston will leave for Halifax this week.

Miss Margaret Gaskin, Watertown, N.Y., is spending a two weeks' vacation in Kingston.

Miss Eileen O'Driscoll, Watertown, N.Y., is visiting friends in Kingston, Ont. Mrs. R. Stafford and her son

Jack, Kingston, are visiting Mr. and Mrs. Stafford, Watertown, N.Y. Their highnesses, Prince and Frincess Erik, of Denmark, are expected in Ottawa shortly from California to visit the latter's parents, Mr. and Mrs. J. Fred Booth.

Mrs. Alexander Rosamond and her two daughters, Almonte, are the guests of Col. and Mrs. Hubert Neilson, in Quebec.

and his two sons, Hon. Max Aitken, King Edward, Toronto.

Mr. and Mrs. Frank Saunders and their family, Chicago, who have been spending the past two weeks with Mrs. Saunders' parents in Peterboro, arrived in Kingston on Thursday, to spend some time with Mr. Saunders' mother, 'rs. J. O. Saunders, Nelson street. Mr. Saunders and her family made the trip by

Mrs. F. A. Macdonald, Victoria street, and little daughter, Betty, and Miss Marjorie Murray, Kensington avenue, returned, on Thursday, from Ottawa where they were the guests of Mr. and Mrs. A. K. Light. Mr. F. M. Smith, B.Sc., manager-

is visiting Mrs. Smith's father, Mr. C. C. Hodgins, 103 Clergy street Mr. and Mrs. R. Fraser and fam ily, Kingston, motored to and are

of the Stabell Mines, Amas, Que.

W.M.S. of Princess street will hold a tea and sale of home cooking at

680 Princess street, Friday, 3 to 6.

The Editor hears

That Sir Henry Thornton has given free transportation to the exhibits she has completely mastered, and Sea, where they have been spending sent to the Woman's Exhibition at was while the noted Archbishop the Canada National Exhibition open- Matheson was travelling through the Mr. and Mrs. James Stewart, Ba- ing next week in Toronto. Woman's Indian Reserve that he was shown got street, are spending some time work from every province in Canada the letter by an Indian missionary Mrs. E. J. Adams, Johnson street, the big building which has been has reutrned from Ottawa, where given entirely to women, at a great she was the guest of Mrs. George expense to the company. The mem- place for a woman who could speak bers of the Woman's Institute are read and write Cree language. "The Miss Alma Fontaine, Peterboro, welcomed here where there is a tea room and a rest room at their dis- claimed the Archbishop, and so to posal. Institute members are asked the reserve Miss Millen went. to make the fact known as there is a special welcome for them.

of their grandparents, Mr. and Mrs. the British Association who were ex- dren, whose own Cree language she tremely anxious to see some real In- knows almost as well as English. In Luctile Whitmore. This was to dians in paint and feathers on their the course of her splendid work in have been given at the July meeting and Mrs. G. F. Gibson, Cleveland, way to the west, were told at one of Bringing the gospel to these people, but unavoidable circumstances pre-O., with Mrs. E. Oswald, Syracuse, the smaller stations that they would she has translated several parts of vented it being read. It as a papsee several Indians at the end of the the Prayer Book including the bap- er, worthy of merit, and everyone platform. In great haste to get some tismal and funeral services. After present felt they were proud of their snap-shots of the noble red men they her children have gone home for the own Canadian Country. the land of rushed off, making their cameras day, many of them unbelievably long Freedom and of Beauty. ready as they ran. What was their distances, Miss Millen goes back to A plano duet by Misses Knowlton disgust to see three dark, uninter- her little shanty, absolutely compan- and Sterry, followed. A letter of esting looking men in working cloth- ionless, in the midst of the wild and sympathy was to be sent to Mrs. K. es leaning against the fence chewing lonely grandeur of forest and lake. Willows in her hour of sorrow over gum. No paint, no feathers, nothing | Here she plans her work, dreams her | the loss of her daughter. exciting. The ladies returned to the dreams, and sees her visions for the A post card shower was to he train much disappointed.

of the Kingston Industrial Exhibition | tent with her great mission. will be of great interest this year as it was in 1923. The women of the Frontenac branches will join, and several special features will lend an added interest.

where the crop of small fruit and to- after which the secretary's and matoes is unusually large, some wo- treasurers reports were read, showmen who are fortunate enough to own gardens filled with the fruit and ishing condition. At the close of vegetables other women would give the meeting Mrs. McKendry ,assisted much to possess, are so lazy that they refuse to pick it, and say, "Oh, I can buy it at the store for such a closed. The next meeting will be held small price, I wouldn't be bothered at the home of Mrs. Shurcliff on the picking it." And what about the first Wednesday in September. children in the large cities who never taste the dainties thrown away? It is selfishness like this shown in many ways that keeps us from receiving the benefits of the of the civilization

TEACHES CREE LANGUAGE. Hamilton, Aug. 20 .- Living completely alone in a small shanty, eight L feet by twelve, combining bedroom, V kitchen and livingroom, and built E against the wall of an isolated Indian school in the heart of Manitoba, with not one white neighbor in a

Berries Cereal Fish Balls Pop Overs Luncheon

Apple Slump Wholewheat Bread Cocoa Radishes Jam Dinner Baked Bluefish Baked Potatoes

Carrots Lettuce, French Dressing Floating Islands

Crocheted Silk Boudoir Slippers: These are the "mule" slippers which have a toe-cap but nothing at the back except the quilted sole and attached heel. The materials for mak- straight edge to slipper sole. ing one pair are: Two large spoois with small attached heel.

sts., next to hook, one D.C. into each of next three sts., five D.C. into next st., one D.C. into each of remaining sts., three ch. Turn. You should Meats. crochet six double-crochet stitches to an inch; if you work more to the inch crochet tighter or use a smaller hook; if you work fewer to the inch. crochet looser or use a larger hook. first five stitches, five D.C. over | time, however, owing to the great

five sts., three ch. Turn. Row Three: One D.C. over stitch, working five D.C. over centre stitch be enclosed with the question. Be in increase. Continue in this manner for one more row. Work one row without increasing. Increase in every and state.

any language but their own Cree, the work which engrosses Miss Lillian Millen, daughter of S. R. Millen, Mountain Top, home just now on brief vacation.

Twenty-five years ago an enthusiastic young missionary, Miss Millen left these parts and went to the Peace River district in connection with Anglican Missionary work From there she went on to Wabasco Miss Millen once had occasion write to an Indian, using the native Cree language, which by this time will be shown in the west wing of worker. Greatly impressed he made a point of seeking Miss Millen at Wa basco and told her that that was no reserve is the place for you!"

Later she volunteered for a more distant post and she is now at the Big Eddy school. Here, day after day, That some of the lady members of she teaches her beloved Indian chil-

Glenburnie W. M. S. The Gienburnie W. M. S. held their regular monthly meeting at the home of Mrs. Alexander McKendry. There as a splendid turnout of members. That it is a regrettable fact that in The opening exercises were conductsome places in western Ontario ed by the president, Mrs. Shurlift, ing the Auxiliary to be in a flourby Miss Nellie McKendry, R.N., served a delicious tea and the meeting

AUNT HET



"I ain't never knowed a man to radius of many miles, and teaching wear a corset, but I know some that day after day about 50 young In- wouldn't seem always about to bust other row for six rows. Increase in the next row.

Thirteenth Row: Work over 14 D. C., skip remaining sts. Turn. Slip st., over one D.C., three ch., one D. C., over remaining sts.

Fifteenth Row: Work over 12 D. C. Turn. Slip st., over last D.C., three ch., one D.C., over remaining st. Continue decreasing in this manner till there is one double crochet left. Join silk at opposite side. Work in the same way as the other

Angora Edging to border of Toe-Cap: Join angora to last D.C., three ch., work three D.C. over same D. Crocheting "Mule" Boudoir Slippers. C., skip end of next row. . One single crochet, into end of next row skip end of next row. Three double crochet over end of next row. Repeat from * all around the curved edge of the toe-cap. Overcast

The Mules are now done except Lord Beaverbrook, accompanied of lavendar crochet silk, a number for decorating the centre of toe-cap Y.), Miss Eleanor Robertson (Belle- turned from Petawawa and is with by his daughter, Hon. Janet Aitken, six steel crochet hook, one ball of in some way. Many women do this white angora wool and one pair with a lavender ribbon rosette. and Hon. Peter Aitken, are at the of slipper soles (the desired size) Others use small silk flowers in delicate pastel shades (that is, pale To Make Toe Cap: With doubled pink, blue, lavender, yellow and lavendar silk chain ten, skip three green). Or pompoms of lavender crochet silk may be made for this

Tomorrow-Relishes

All inquiries addressed to Miss Kirkman in care of the "Efficient Housekeeping" department will be answered in these columns in their Row Two: One D.C. into each of turn. This requires considerable next st., one D.C. into each of next | number received. So if a personal or quicker reply is desired, a stamped and self-addressed envelope must sure to usa YOUR full name, street number, and the names of your city

WOMAN'S INSTITUTE

PHILLIPSVILLE.

The Phillipsville Institute met on Tuesday, August 11th, with Mrs. Ziba Gile, acting president in the chair. After singing "O Canada." the business was proceeded with. A booth is under consideration in connection with the school fair to be held in Chantry. A letter was read from the District Secretary, Mrs. E. H. Halton, asking for reports from the school's as to what would prove beneficial, in the way of school lunches, school equipment and better playgrounds, each report sent in is to be published with other reports in book form, "Educational and Better Schools." Hilliard Davison, the teacher, was given this work to do.

A paper was given by Mrs. Clifford Freeman on "The Value of Birds." it proving very interesting and showing what friends our little feathered

A paper prepared by Hollis Cehaut

coming years. She has no time to sent to Mrs. Chas. Abel, who unforfeel lonely; she asks neither for sup- tunately had broken her limb. Little That the Woman's Institute section port or companionship; she is con- Miss Knowlton gave a piano solo and the roll call followed, on labor savers for ironing day.

The September meeting is to have a quilting and lunch will be served. The directors are Mrs. Coon, Mrs. Carty and Mrs. Dwyre.

Treat Hay Fever Now and Get Well Quickly Catarrhozone the Best Remedy

No need to suffer any longer. Wonderful relief comes from the soothing vapor of Catarrhozone. No drugs to take-you merely breathe healing medication through Catarrhozone inhaler. The awful sneezing, the watery eyes, the coughing, are promptly relieved by Catarrhozone. Your druggist can supply Catarrhozone in one dollar packages. Get it to-day-the sooner you use Catarrhozone quicker your relief will come.

New Ball Bearing Motor, ex-clusively a Cadillac feature. No oil or grease used. Why wait, when \$6.50 per month will buy

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Freshly Mixed Muslard Most Beneficial

Mustard attains its best flavour about ten minutes after mixing. Mixed fresh for each meal you get the full digestive benefit of the essential oils, and have least waste through drying in the pot or bottle.

but it must be Keen's



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PLAIN and FANCY

Good, strong, Irish Huck Towels with hemmed ends, full sizes, for 75c. a pair.

Hemstitched Huck Towels, fine weaves, for 50c. each.

Fancy Damask ends, all pure linen, at 50c., 60c., 75c. and \$1.00 each.

Extra fine Damask Towels, Old-Bleach, J. S. Brown's and other good makes. A very large assortment at \$1.00, \$1.25, \$1.50 up to \$2.50 each.

Fancy Colored ends at 50c., 75c. and \$1.00 each.

Guest Towels at 50c., 60c. and 75c.

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Some of the newest pockets or Shoes having passed through every possible stage of elaboration and street clothes are very large and ap-

decoration are now returning to plied to give the effect of a deapery.