

THE BRITISH WHIG



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One good way to study insect life is to picnic and watch the butter.

Yet all of those who look like hadits are simple-hearted tourists.

Adam wasn't so bad. He ate the apple, but he didn't fall for political plums.

Following in some one else's footsteps will never get you ahead of anyone.

We have hundreds of big men in both parties, but most of them are policemen.

Bah! We've just read a novel by a noted realist, and in it the husband was boss.

A fliverite is a man who suspects speed cops of being partial to eight-cylinder cars.

A camper is a man who burns a forest and later wonders why lumber is high.

The surprise is not that the biggest fish get by, but that the biggest liars get by.

Vacation trips would be much more pleasant if the first stop wasn't the savings bank.

The fountain pen makes letter-writing easier, but otherwise there's nothing against it.

For rain-making you don't need any device more expensive than a new Panama hat.

Whom the gods would destroy, they first make indifferent concerning brake linings.

It must be awful to be a rich relative and suspect all kinsfolk of having shrewd designs.

"A skin you love to touch," on closer examination, proves to have been re-examined.

Correct this sentence: "The liquor was all right," said the man; "it was the feet that killed him."

Some inefficient executives keep their desks littered and have no place to park their feet.

Finland has the best runners, but we had some boys over there a while back who couldn't run.

When he says there is nothing in the paper to-day, he means that nobody has killed anybody.

You can estimate the size of a town by the size of the scandal required to make its tongues wag.

An old-timer is one who can remember when the first essential in learning to swim wasn't a shape.

A hick town is a place where everybody knows where to take the convivial gentleman who collapses in the gutter.

The age of miracles isn't past. Many a filling station man can get seventeen gallons in a sixteen-gallon tank.

There are few good snake stories this year, which shows what happens to a country when its inspiration is gone.

THE CHANGING TIMES.

If the present trend of events continues, there will soon be no provincialism left in this country.

The telephone was the first medium to connect far-lying districts with the life of the cities.

The great national roads form another de-provincializing element.

A sparsely settled district, however far it may be from the larger centres, cannot grow self-centred and peculiar.

In fact, the danger lies in the other direction. Towns tend to grow rather too much alike.

How CANADIANS DO IT. That the lumber industry in British Columbia is experiencing a phenomenal boom is good news.

Yet still more gratifying is it that while the sawmills are working overtime cutting timber for shipment to all parts of the world.

The lumbermen of British Columbia are treating the forests as a crop, which, after having been harvested, is to be replanted.

It is given forth that men must pay more attention to their hair—that is, those who have any.

While the maple leaf has been made known among all nations as Canada's emblem, the story of its origin is not familiar to all Canadians.

As soon as you started to school, you began to hear about the miraculous possibilities of will power.

It is inevitable that he will recite "The Boy Hood on the Burning Deck," play hide-and-seek and have to take an occasional dose of castor oil.

We do not need to consult a clairvoyant to learn most of the things that will happen to us. Take the child. In school he pours over textbooks that were in the making thousands of years before he was born.

It is inevitable that he will recite "The Boy Hood on the Burning Deck," play hide-and-seek and have to take an occasional dose of castor oil.

He and his will power have no more to do with the preparation of this system than the actor has in writing the plays of long dead Shakespeare.

The individual is the slave of the system, and it changes only by mass movements of humanity, without regard to the individual and his reputation.

Few of the really important things of life are the result of personal will power. Sickness certainly is not acquired by any exercise of the will.

Love comes phantom-like, emotional—no will. Marriage occasionally is the result of will power, but usually it's following the line of least resistance toward comfort.

Rotary Moonlight to Clayton Friday, 7.30. Steamer Waubic, dancing.

That Body of Ours



By James W. Barton, M.D. "Nerves."

It is interesting to watch the different attitude of the profession towards "nervousness," "nerves," and "nervous exhaustion," than that held just a few years ago.

If a patient exhibited any of above signs, it was simply said to be due to the brain or nervous system and a rest was advised.

This was good treatment of course but wasn't getting at the cause. In some way the nerves or brain were thought to be responsible for any "queerness" or unusual behavior.

If an individual became hysterical or melancholy, then the brain was blamed for it.

It is now becoming more apparent that various glands of the body are responsible for these conditions.

The thyroid, and other ductless glands, which, while not originating action or life as we might say, nevertheless seem to "regulate" the actions of the body.

A watch may have all its component parts; you wind it up, and away it goes.

But it may run fast or slow, and the regulator is adjusted so as to make the watch keep perfect time.

These glands seem to have the power of making certain processes, nervous and others, adjust themselves properly to the whole body as it functions.

However, these glands themselves can be affected by the blood, which as it passes through them, to nourish them, leaves with them certain harmful materials.

These harmful materials actually cause a change in the structure of the gland, with the result that its action on the system—the nervous system—is quite marked.

Early Frost. "Considerable damage is occasionally done to unmaturing crops by early frosts, especially in years when vegetation is backward," said a government bulletin.

Frost maps show that along most of the northern border of the country, killing frost may be expected to occur in half the years by September 20th or earlier.

In the higher regions of the west, and even in the northernmost United States, the first killing frost occurs before September 1st, in fact is likely to occur at any time during the summer.

On the other hand, along the coast and the shores of the Great Lakes, frost occurs later than inland in the same latitudes, because the air is kept warm by these large bodies of water, which are slow to cool.

Toward the south, dates become progressively later until in the immediate Gulf coast region killing frost does not occur as a rule before November, and at some points not until after the first of December.

Educational Frills. When education as we know it began, it was the privilege of the few, and it was organized for the few.

Who intend to enter the learned professions, it has broadened enormously during the centuries. It is now the privilege of everybody, in some degree at least.

Yet still, even in a young country like this, the old tradition clings, and the organization is in the interest of the few.

The only straight, carefully marked path from the public school upward leads to the university and the learned professions. And few there be that find it.

The vast majority stray off at some points in their course into byways and lanes, and the educational fixings thrust upon them as they journey, and which would have been useful had they continued on the marked pathway, are quickly dropped and thought of no more.

Wherever literature consoles sorrow or assuages pain—wherever it brings gladness to eyes which fall with wakefulness and tears, and ache for the dark house and the long sleep—there it is exhibited in its noblest form.

Beg pardon is the best penitence. Floral designs from cretonne are applied upon the smartest of black silk gowns and stitched over loosely with gold threads.

FASTEST.

O Man, to what undreamed of heights art thou soaring!

A human being has thrust himself, in a crude mechanical device, through the air-envelope that covers Mother Earth, at the rate of 283 miles an hour.

Too much, perhaps, we dwell upon our kinship with the other animals. Man is, after all, the king. He has done what was not done before, and the heart gives a leap of hope at the prospect which lies before him.

What are the limits of speed? In humility, answer that, you who do not know. Here is a gift, a chance, a stepping stone to the stars.

If speed can be increased to the measure of the dreams of man, the universe, not one mere world, is his oyster.

In the hand of Fate we lie the fingers clenched tightly over us. If time and space can be conquered, may not the riddle of life itself one day be resolved?

MAN AND HIS HAIR.

At the congress of hairdressers in Paris prizes of great value are offered for new ideas. The design of a new coiffure is worth a mint of money.

The great cry is for something for the men—something that will gradually supersede the present short, straight-necked effect.

Many men are using the marcel, but the big hit at the French gathering was made by the new three-fourths pompadour, well fluffed out on the sides and with a seemingly careless attempt at parting on the left.

Before these Frenchmen get through with us even the business man and the banker will be carrying his individual curling iron.

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