

Thermos Comfort for the office, too

As a help to office comfort and efficiency these Summer days - a genuine THERMOS Vacuum Jug full of water, right on the desk.

A cold drink when you want it-and no time wasted going to the cooler.

But be sure it's a genuine THERMOS Vacuum

There are several makes of vacuum bottles, but only one THERMOSthe original, genuine Vacuum Bottle made by us and by nobody else. Always look for the name THERMOS stamped on the bottom of every genuine THERMOS Vacuum Bottle. THERMOS BOTTLE CO. Ltd.

303 West Queen St. Toronto In the United States THE AMERICAN THERMOS BOTTLE CO. Now York. GENUINE

VACUUM BOTTLE



SPARE the ad and spoil the bargain. When ou want to find a tenant or a buyer of any sort, the quick, sure way is to put a Whig Classified ad to work for you.

Phone 243 I

Copright, 1924, by Basil L. Smith



WHY YOU NEED **ORGANIC IRON**

Practical Advice on How to **Develop Great Energy** and Endurance

The food you eat contains carbon. When your food is digested it is absorbed from the intestines into the blood. When the carbon in your food comes in contact with the oxygen carried by the iron in with the oxygen carried by the Iron in your blood, the carbon and oxygen unite and by so doing they give off tremendous energy, thereby giving you great force, strength and endurance. Without iron your blood carries no oxygen and without oxygen there is nothing to unite with the carbon in your food, so that what you eat does you no good—you do not get any strength from it—it is like putting coal into a stove without a fire. You cannot get any heat unless the coal with the fire.

n people usually take, but organic iron in spinach, lentils and apple fron contained in what is known uxated Iron, which may be had

as organic Nuxsted Iron, which may be had from almost any druggist.

If you have been taking metallic iron without benefit such is no proof that organic Nuxsted Iron will not help you. Nuxsted Iron often increases the strength, energy and endurance of weak, nervous, run down folks in two weeks time. It has been used and highly recommended by former United States Senature. Members of Congress, Judges of U.S. Courts physicians and prominent men so that now millions of people are using it. Satisfactory results are guaranteed or the manufacturers will refund your money. Sold by all druggists in tablet form only.

trouble will be far away from that Misagouche by Major Charles Law-

In business, as well as baseball, gles between the French and Engdon't get discouraged by one or more lish during the eighteenth century. At St. John a site was provided by

To those who loved her well

former days. glory fled.

For every noble man that she hath to Canada. Immortalized by art's immortal

Lives in the bronze and marble first fleet of Loyalist settlers, that we raise.

-Henry Van Dyke.

ment was inaugurated by the Do- facing the harbor. Fort Edward, where great deeds were wrought, named Fort Anne. petual reference to the sacrifices and in its train. glories of the past."

In June, 1919, there was created

LL.D., Ottawa.

epresenting Ontario.

epresenting Novæ Scotia.

Canada. representing Quebec.

eration, is composed of some of the practically abandoned when of it is a specialist in some section parks branch and will remain for all of Canadian history and brings to time a romantic memorial of the deknowledge of many years' extensive St. Maurice Forges on the St. Lawchairman, has written extensively Three Rivers, a cairn, tablet and on historic matters for many years fence have been erected to commemand the remaining members have all orate the first forges established in

in their respective provinces.

have been judged to be of national importance and have been recom- SORE FOOT LUMPS mended as worthy of preservation by the Dominion government. The survey is still under way and when completed an historic sites map of the dominion will be published. pinching corns, all such troubles department for the purpose of commemoration either by transfer from other departments, deed of gift, or there are no historic remains but tractor. 25c., all dealers. where it is desired to commemorate historic occurrences, a shaft, cairn or boulder is erected to carry a standard bronze tablet. The central panel of the tablet is occupied with a suitable inscription and historic data and around its border phases of Canadian history are sym-

bolically represented. The following twenty-one sites have been marked by the department and the unveiling and dedication of the memorials carried out:

New Brunswick. Fort Cumberland, about four miles from Amherst, formerly the old French Fort Beausejour, captured in 1755 by the British and named Fort Cumberland, and Fort Monckton, about one and one-half miles from Fort Elgin, formerly old Fort Gaspereaux, grected by the French in 1750 to command the defence of the Isthmus of Chignecto and captured in 1755 by the British; Fort St. Lawrence, about three miles Let the parents act as referees and from Amherst, erected in 1750 at rence and the scene of fierce strug-

Count not the cost of honor to the [the city authorities in Market Square and a large granite boulder, to The tribute that a mighty nation which is affixed a standard tablet, has been erected to commemorate in the landing of the United Empire Loyalists, May 18th, 1783, who left Means more than gratitude for their homes and their possessions in the United States and migrated

Nova Scotia.

Shelburne, as the home of arrived on May 4th, 1783, has been commemorated by the erection of a large boulder and tablet at the in-Five years ago a national move- tersection of King and Dock streets, minion government for the preserva- Windsor, formerly the French Fort tion of historic shrines in Canada, Piziquid, which came into posses-The necessity for such a movement sion of the British soon after their was presented to the government by establishment of Halifax in 1649, and preserve local historic remains, or and Acadians, has also been set aside had erected by private subscription as a national historic site and will monuments to the great dead who be preserved. Fort Anne, at Anhad counted life not dear unto napolis Royal, one of the most notathemselves. It was pointed out that ble sites on the North American conunless immediate action were taken tinent, dating back to 1604, when that already stones hewn from the new world, is now an historic park ian raiders. quarries in the old world and covering an area of twenty acres. brought across the Atlantic to build From the time of its founding until fortifications for the defence of Can- the capitulation in 1710, Port Royal, ada had been carried away by the as it was then known, changed modern buildings. Entrenchments and the English. In 1713 it was re-

for all time, had been levelled by famous French Fort of Louisbourg, the plough and their valuable contri- Cape Breton, erected in 1720-40 at try lost beyond recovery. It is safe and the scene of great struggles beto say that few movements ever re- tween the English and French, has

most distinguished historians in American menace came to an end Canada and its personnel stretches This fort has also been placed under the service of Canadian sites the ripe fence of the Richelieu gateway. At study. General Cruikshank, the rence river, about seven miles from done original and authoritative work | Canada in 1730, which supplied the early settlers with stoves, axes, nails, During the past five years more bars, hammers, spades and other than 800 sites have been considered utensils. During the American inby the board and out of these 126 vasion of 1766, guns were manufac-

DISSOLVED AWAY

Foot soreness, tender callouses Sixty-one sites, recommended by the quickly end when Putnam method-fo board, have been secured by the employed. You take a special hot foot bath (fully described in each package), put on a few drops of the trouble is ended. The name tells the

PUTNAM'S



Absorbine Keep a bottle always handy—you never know when you'll need it. \$1.25—at most druggists or sent postpaid by

W. F. YOUNG INC.

tured there for the defence of Canada. At Three Rivers a boulder. tablet and fence have been erected to commemorate the military operations that took place there during the American invasion of 1776. At Laprairie, a memorial has been erected on the site of the old fort which served as a refuge for the settlers during a quarter of a century of wars from 1687 to 1713. About four miles from Laprairie a cairn and tablet have been erected to commemorate the victory of St. Cirq on August 11th, 1691.

Certain historic monuments already erected in Quebec have been transferred to the control of the Canadian national parks branch for future care and maintenance. They include Chateauguay, erected by the Dominion government in 1895 to commemorate the battle of Chateauguay, October 26th, 1813, when the American army invading Lower Canada and marching on Montreal was repulsed by the militia of the province; Madeleine de Vercheres, situated on the banks of the St. various organizations whose mem- was used for many years for defen- Lawrence at Vercheres, erected by bers had taken practical steps to sive purposes against the Indians the Dominion government in the year 1913 to the memory of Madeleine de Vercheres whose heroic defence against the attacks of the Iroquois in 1692 is one of the most romantic episodes of Canadian history; Eccles Hill, constructed in 1902 by many sites of historic significance de Monts, Champlain and kindred the Dominion government to celewould be obliterated before the brave spirits were sent out from brate the defence of the Canadian march of industrial progress and France to found a colony in the volunteers in 1870 against the Fen-

Ontario. In Ontario a number of important historic sites have been commemoshipload for the construction of hands six times between the French rated. Four miles east of Cornwall and near to the Montreal-Toronto provincial highway a cairn and which should have been held sacred Most of the land comprising the tablet have been erected to mark the site of Glengarry House, the residence of Colonel John Macdonbutions to the history of the coun- a cost of about six million dollars nell, and later an important military Parks Branch for care and preservapost during the war of 1812-14. It tion. is said to be the first stone building ceived more general approbation. been secured for memorial purposes. erected in Upper Canada. At King-The beautiful words of Joseph Howe The final capture of Louisbourg by ston a tablet was placed on the walls were accepted as the sentiment of the British on July 26th, 1758, was of the British Whig Publishing area of 960 acres, has been reserved the nation: "A wise nation pre- the first of a series of events which Company, which stands on the site with a view to the creation of a naserves its records, gathers up its culminated in the possession of old St. George's Anglican Church, tional historic park at a subsequent monuments, decorates the tombs of Canada by the British crown. The where Lord Simcoe held the first date. Fort Livingstone was the first its illustrious dead, repairs its great complete destruction of the noble meeting of the Executive Council of capital of the Northwest Territories structures, and fosters national fortress by the British was one of the Province of Upper Canada, July in 1876-77, and there the first sespride and love of country, by per- the great tragedies which war brings 8th, 1792. The Battle of the Wind- sion of the Northwest Council was mill, November 13th, 1838, which held. occurred during the Mackenzie Rebellion, has been commemorated on an honorary Historic Sites and Much attention has naturally been the north bank of the St. Lawrence eventually every historic site of na-Monuments Board to advise the directed to the province of Quebec, river, two miles east of Prescott. A tional importance and interest in government concerning such sites as where many of the great historic tablet has been placed on the exist- the Dominion will be preserved from might be considered of national im- events in the history of Canada have ing monument which marks the Batportance. The board was re-organ- been enacted. One of the most ven- tle of Chrysler's Farm, November the nation's care. ized and reconstituted by Order-in- erable and picturesque ruins on he 11th, 1813. On Christian Island, Council on March 27th, 1923, and American continent is Fort Cham- near Penetanguishene, a boulder and now consists of the following per- bly, situated twenty miles south- tablet enclosed by a fence, have been west of Montreal, on a conspicuous erected to commemorate the Jesuit Brig.-General E. A. Cruikshank, headland of the Richlieu river. This Fort, Ste. Marie II. Here, in the fort was built by the French in winter of 1649-50, the Huron nation, Dr. James H. Coyne, St. Thomas, 1665, of wood construction and af- under the protection of a band of ter many vicissitudes was rebuilt of Jesuit missionaries and their staff, J. Plimsoll Edwards, Halifax, N.S., solid stone by the French in 1709-11. fled for refuge from the Iroquois In 1760 it was surrendered to the and built a stone fort 72 feet dangerous to children. The com-Dr. J. Clarence Webster, Shediac, British and was held by them with square. Faced by starvation and plaints of that season, which are N.B., representing New Brunswick. a small armed force until 1775, when with all but 300 of the once power- cholera infantum, colic diarrhoea and Judge F. W. Howay, New West- it was captured by the Americans, ful Huron nation carried away they dysentry, come on so quickly that minster, B.C., representing Western who burnal everything that was were forced to abandon the settle- often a little one is beyond aid becombustible, leaving only the walls ment. The most probable site of the fore the mother realizes he is ill. Dr. Victor Morin, Montreal, Que., standing. Later it was repaired martyrdom of the Jesuit mission- The mother must be on her guard and garrisoned by Governor Carle- aries, Fathers Brebeuf and Lalement. to prevent these troubles, or if they J. B. Harkin, commissioner Cana- ton, but was completely abandoned by the Iroquois in 1649 at the Mis- do come on suddenly to banish them. dian national parks, Department of in 1851. Steps have been taken to sion of St. Ignace, near the present No other medicine is of such aid to the Interior, administrative officer. arrest the disintegration of the mas- town of Midland, Ontario, was mark- mothers during hot weather as is Arthur A. Pinard, officer of the sive walls and to redeem the ceme- ed by the erection of a cairn and Baby's Own Tablets. They regulate Canadian national parks branch, sec- tery from neglect and decay. An- tablet. At Port Dover an artificial the stomach and bowels and are abother fortress on the Richelieu riv- stone cross was erected to comme- solutely safe. Sold by medicine The administration of the move- er, situated about ten miles from morate the taking possession of the dealers or by mail at 25 cents a box ment was placed under the control the American border, is Fort Lennox, lands of the Lake Brie region by the from The Dr. Williams' Medicine Co., of the national parks branch of the He-aux-Noix, a massive fortress Sulpician priests, Dollier and Gali- Brockville, Ont. Department of the Interior. The built in 1822 by the Imperi auth nee, on March 23rd, 1670. On the board, which serves without remun- orities, at immense cost, to be later east side of the Niagara boulevard, near Chippawa, a tablet was placed on a monument provided by the Niagara Falls Park Commission, to from coast to coast. Each member the care of the Canadian national commemorate the Battle of Chippawa, July 5th, 1814, between Canadian and American troops. Immediately adjacent to the Niagara boulevard, near Bridgeburg, a tablet was placed on a monument erected by the Niagara Falls Park Commission to commemorate the action of Frenchman's Creek, November 28th, 1812, between the Canadian troops and the American invaders. Four miles east of the town of Wel- high society, full of pep, and a love of adventure-intensely human and land, the battle of Cook's Mills, October 19th, 1814, was commemor- bewitching. ated. At Niagara-on-the-Lake the Battle of Fort George, May 27th, 1813, was also marked. On the broker and the rival of the hero. Mountain Road near Thorold, the Battle of Beechwoods or Beaver ed lawyers, gamblers, bullies, boot-Dams, June 28th, 1813, was also leggers and those that encourage commemorated. At Sault Ste. Marie them. a cairn and tablet were erected to

> that time, has received necessary repairs. In Manitoba, Fort Prince of Wales, situated at Churchill, the most northerly fortress on the American continent, built by the Hudson's Bay Company from 1733 to 1747 has been placed under the general protection of the Royal Canadian Mounted Police and steps have been taken to protect the relics from further damage and decay.

> the Rebellion of 1837, in honor of

Sir John Colborne, commander of

His Majesty's forces in Canada at

pany in 1797. Fort Wellington,

Situated about two miles from the City Hall, Winnipeg, directly north of Main street, a monument was erected in 1891 by the Manitoba Historical Society on the site of the encounter at Seven Oaks between the men of the Northwest Fur Company and the Selkirk settlers in 1816, when Governor Robert Semple and twenty of his men were killed. This monument has been taken over by the Canadian National

CUT PLUG VALUABL COUPONS EACH PACKAGE AND TIN 1/2 lb. tins

Fort Livingstone, covering

Many other sites are receiving consideration and it is hoped that oblivion and become an object of

BABY'S HEALTH IN THE SUMMER

The summer months are the most

SLAG AND GOLD.

By Phil. H. Moore. Thomas Allen. Publisher Toronto, Price, \$2.00. A vivid story of the gold camps of northern Ontario.

The hero, a product of the picture sque underworld of the old time west; he struggles upward, the heir of two tendencies; those of his sire. who was a famous card-sharp, and trained him accordingly, and those of his mother, who was an idealist, The heroine, an alluring girl of

The villain, strongly characterized as an oily and slick mining stock-A cohort of minor villains, crook-

mark the first Sault Ste. Marie Canal, story; and the picture of the forest surveyed by the Northwest Fur Com- fire is authentic.

The Author knows his subject, the Extractor, and in a short time the Prescott, constructed in 1812-13 as atmosphere of the mining camp is the main post for defence between patently genuine, and the deal in lease of occupation. On sites where story of Putnam's Painless Corn Ex- Kingston and Montreal, has also been mining shares an entertaining obtaken over for preservation. The ject lesson to the investor.

> interesting Glengarry Cairn, situat-"Slag And Gold" is a thrilling Caed on Monument Island, in the St. nadian novel; a story of fierce emo-Lawrence river, opposite the village tions, fights, love, adventure and of South Lancaster, and erected by treasure trove. It will be conducmembers of the Glengarry Militia, ive to late hours for discriminating who took part in the suppression of readers.

SERVE GOOD

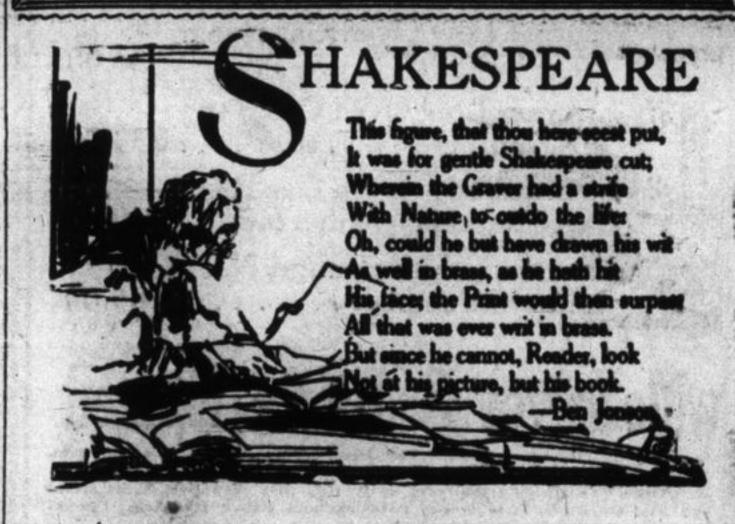
Good meals served to your liking. EVENING PARTIES given first class attention.

THE VICTORIA CAFE

MAKE YOUR WORK EASY

Have the Hotpoint Electric Goods in your home. We have everything you may need to bring comfort-Irons, Toasters, Heaters, etc.

HALLIDAY ELECTRIC CO. PHONE 94. CORNER KING AND PRINCESS STS



Children Gry for



MOTHER:- Fletcher's Castoria is a pleasant, harmless Substitute for Castor Oil, Paregoric, Teething Drops and Soothing Syrups, prepared for Infants and Children all ages.

To avoid imitations, always look for the signature of Carttleteler Proven directions on each package. Physicians everywhere recom

Clean, pure milk from healthy cows. Not pasteurized or steril-

ized in any way. Herd Tuberculin tested.

Purveyors to the Kingston General Hospital, an institution which only buys the best.

Health of attendants, Sanitation, Sterilization, etc., under the personal supervision of Dr. Miller, Professor of Pathology, Queen's University.

We guarantee that every bottle is from our own stable. Delivery to all parts of the city.

TELEPHONE 1105 R-3.

HEMLOCK PARK STOCK FARM