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staff are to have a holiday.

The British American Hotel will

The significant fact is, not not serve any meals in their dining juries occasionally condemn an inroom on Sunday, June 22nd, as the nocent man, but that occasionally

they convict a guilty one.

Ambulance Phone 577.

Sunday Services in Churches

ing prayer, 7 o'clock, preacher, Canon FitzGerald, M.A.

St. Andrew's Presbyterian-Rev. minister. Strangers cordially invit-3 p.m.

St. George's Cathedral-8 a.m., Godly." holy communion. 11 a.m., morning prayer. Preacher, Rev. W. E. Kidd. er, the Bishop of the Diocese.

Rev. J. K. Curtis, B.A., minister Church Moving Forward." 7 p.m. sage. 'What It Is To Be, a Christian." 2.45 p.m., Sunday school. Seats free. Visitors cordially welcomed.

dom from Nervousness, Fear and Monday at 8 p.m. Panic." June 29th, Communion service. Everybody welcome.

service in the morning. Special rens' Day programme of special greet your old friend and pastor. vices conducted by the pastor. "Thy face, Lord, will I seek."

11 a.m., sermon by the pastor. Vio- Services 11 a.m. and 7 p.m. Sublin solo, Miss Mason. 7 p.m., sermon ject, . "Is the Universe, Including by Rev. J. W. McCallum, Joplin, Mis- Man, Evolved by Atomic Force?" souri, 3 p.m., Sunday school and Wednesday, 8 p.m., testimonial meet-Bible classes. All seats free. Visi- ing including testimonies of healing tors cordially invited. Flower Sun-through Christian Science. Free day, June 29th.

The Fear of the Lord," (Simper); room.

St. Paul's-Morning prayer 11 o'- | solo, "How Lonely Are Thy Dwellclock, preacher, Canon FitzGerald, ings," (Liddle), Mrs. A. Hinks. Seats M.A., Sunday school, 3 o'clock, even- free. Visitors and strangers cordfally welcomed.

Barrie streets-T. W. Savary, rec-John W. Stephen, minister. Services tor. 8 a.m., Holy Communion. 11 kindle loves which may for a long 11 a.m. and 7 p.m., conducted by the a.m. morning prayer and litany, ser- time have been strangers to you mon subject, "Faith Tested and both. ed. Sunday School and Bible classes Strengthened." 3 p. m., Sunday school. 7 p.m., evening prayer and sermon, subject, "God and The

3 p.m., Sunday schools. 4 p.m., holy (The Friendly Church), corner of showers are improving the gardens. baptism. 7 p.m., evensong. Preach- Bagot and Charles streets. Rev. The ladies of St. James guild in Princess Street Methodist Church Sunday school; 7 p.m., "Gift of David Goodfellow have returned Life." The minister at both services. from Toronto. John Chalk, Wagar-11 a.m., subject, "The Christian and A hearty welcome and helpful mes- ville, is having a sale. Mr. and

Bethel Congregational Church, corner Barrie and Johnson streets -Services at 11 a.m. and 7 p.m. Rev. T. J. S. Ferguson, minister. missionary, will preach at both ser-11 a.m., "How to be saved from all vices with the view of receiving a evil' passions?" 3 p.m., Bible call to the pastorate. Sunday school school, 7 p.m., "The Secret of Free- at 3 p.m. Christian Endeavor,

First Baptist Church, Sydenham John Campbell's. minister. Annual flower Sunday Childrens' Day. 10.30 a.m., Childspeaker, Rev. A. Brown, D.D. Belle- songs, recitations, etc. Bible school ville, who will also preach in the withdrawn for the day. 7 p.m., serevening. An opportunity to all to mon theme, "Seeing Things." Ser-

Christian Service, First Church of Queen street Methodist church- Christ, Scientist, 95 Johnson streetpublic reading room where the Bible and all authorized Christian St. Lukes Church, Nelson street- Science literature may be read, bor-Rev. J. dePencier Wright, M.A., B. rowed or purchased, open every afity. 11 a.m., morning prayer, 2.30 days, from 3 to 5 p.m. and on Thursp.m., Sunday school and Bible clas- day evenings from 7.30 to 9.30. A!l ses, 4 p.m. Holy Baptism, 7 p.m., are cordially invited to the services evening prayer. Music, Anthem, and to make use of the reading

preciation of the elements which go

For life is made up of many little

things. There is no one great goal

which should be within the reach of

the humblest. Perhaps this is why simple-minded folk are so rich in

the elements which produce peace

and joy. The bauble chasers, and

even the inordinately ambitious may

WINNERS WHO LOSE EVERY DAY

By the Rev. Charles Stelzle.

Most of us dream of what we'll life is greatest. Tested by this do when the mortgage is pain off and standard, it should not be difficult all the bills equared up, or when to tell to what extent you are actualwe win the prize "just ahead." Then ly living. we'll "settle down" and enjoy the There aren't many men who possess the riches of life which may by comforts of home and family.

But now-well, it's night work right be theirs. They are free to and day work and nerve strain and blame others because they have heartache-hoping that some time been "robbed of their heritage," but we'll have a chance to actually ap- actually they have deprived thempreciate the things which are al- selves of those things which constiready ours, but which we haven't tute the great gift of God-the aptime to so much as look at.

But, somehow, the prize that we toward making up the sum of lifeare trying to win is always "just simply because they have neglected It's always just out of them. reach. And so the goal never seems nearer to the eager pursuer.

You're nearing flifty, maybe. You which, reaching, one may say that have been fairly prosperous. It's happiness is now achieved. This is taken a great deal out of you to but just and fair. For, were it rereach your present condition. You'll quired of men to excel in the race never enjoy life more than today, if in order to win happiness, the great only you could stop long enough to mass would be deprived of that take advantage of your opportuni-

You're starving your soul because you never go to a concert or lecture Your wife goes, perhaps, and you feel that you are a kind of martyr because you never go to such affairs. It doesn't matter that she has pleaded with you to take an evening off. or an afternoon, and go with her, but no-you're "too busy." And you feel aggrieved because she goes without you. And therein she exhibits her good sense. If she were to tread the narrow road in which you walk she'd wither mentally and spiritually.

You are doing that, but you don't know it. You have acquired a kind of momentum which you believe is progress. It isn't. You've been ou of the running for some time, but you haven't found it out. Taken out of your routine task, which requires little originality or mental effort,

What an absurd way of living. And when you consider that there aren't so many years ahead of you, it mus seem all the more foolish. It's very much better to get what one can out of one's present possessions and opportunities than to struggle forevermore after bigger and more pretentious ones, and yet never be content

with them when they are won. For this should be remembered As one fights for many of the things ahead the capacity for enjoying them gradually decreases. one's hand closes over the captured prize it seems to crumble in one's

It would be a great thing for you if you could take a quiet walk in the woods. It would helv immensely if you could be persuaded to read a good book. You can't enjoy a book? Doesn't this prove that something has gone out of your life? You haven't a desire to listen to music? There was a time yhen you were fond of both books and music. These still have the same value that they

always had. When the love of music went out of your soul, you died by just so much. And when the desire to read good books passed away you perished in part, in a most vital sense. The man who posssesses the most abundant life is he whose outreach on

hearts, they envy them their freedom from the care which has become a canker in their own souls.

Not to get too far away from the situation in your own life by too much philosophizing suppose you invite your wife to a good show or a concert; or even a little social gathering. Or, what may be even better spent the evening at home with St. James' Church, cor, Union and her, alone, and talk about the oldtime things that bring freshness and

BACK AFTER MANY YEARS.

Thomas Murphy Brought a Family To Parham.

Calvary Congregational Church- Parham, June 18 .- The frequent Frank Sanders, minister. 11 a.m., tend holding a bazaar and dance in "Joy of God's Service;" 3 p.m., the near future. B. J. Snyder and Mrs. James Davidson and Mr. and Mrs. T. A. Wagar spent Sunday at

Mr. and Mrs. M. Cronk and Mr. and Mrs. George Cronk spent a con-Cooke's Church-Brock Street. Rev. Stanley W. Edwards, returned ple of days in Belleville recently. W. E. Clow and W. Simonett are attending Grand Lodge at Guelph. Mr. and Mrs. James N. Smith are visiting their daughter's in Belleville this week. R. Rhyning, Seattle, Washington, at his father-in-law's,

and Johnson streets-Rev. J. S. La Mr. and Mrs. W. O. Clow and Sydenham Street - R. H. Bell, Flair, pastor. Flower Sunday and family motored out on Saturday and visited the former's parents, returning to Kingston Sunday. Mrs. D. Goodfellow and son, Miss McDonald, and Miss Carrie Barr, motored to Kingston on Friday. Miss Barr remained in the city, the rest of the party returned on Saturday.

Thomas Murphy renewed acquaintances after an absence of twentyone years. His wife accompanied him, also his son and family. Mrs White, Gladwin, Mich., visited her cousin, Mrs. M. Storms. Mrs. M Cronk, recently.

James Davidson has gone to Chaffey's Locks for the season. Frederick Clow returned home on Sunday, after spending the past week in Kingston, bringing Mr. and Mrs C. H. Clow with him. Mr. and Mrs D., rector. First Sunday after Trin- ternoon except Sundays and holi- G. A. Smith, Mrs. F. Wagar and Mrs. T. Wagar, attended the celebration in Belleville on Tuesday.

The Ladies' Aid met with Mrs. E M. Barr, on Wednesday. A pleasan afternoon was spent. Miss Hazel Peters at B. Hannah's, Mr. Loucks and children, Sharbot Lake, spent a few days with friends here. Miss Ila Barr, with relatives for a few days, has returned to Kingston;

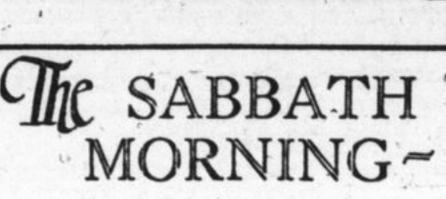
Mayor of Montreal writes to London protesting against alleged libellous statements made by Rev. W. Millson in addressing a temperance

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With silent awe I hail the sacred morn, That slowly wakes while all the fields are still! A soothing calm on every breeze is born; A graver murmur gurgles from the rill;

And Echo answers softer from the hill: And softer sings the linnet from the thorn: The skylark warbles in a tone less shrill. Hail, light serene! hail, sacred Sabbath morn! The rooks float silent by in arry drove;

The sun a placed yellow lustre throws; The gales that lately sigh'd along the grove, Have hush'd their downy wings in dead repose; The hovering rack of clouds forgets to move-So smiled the day when the first morn arose. -John Leyden.

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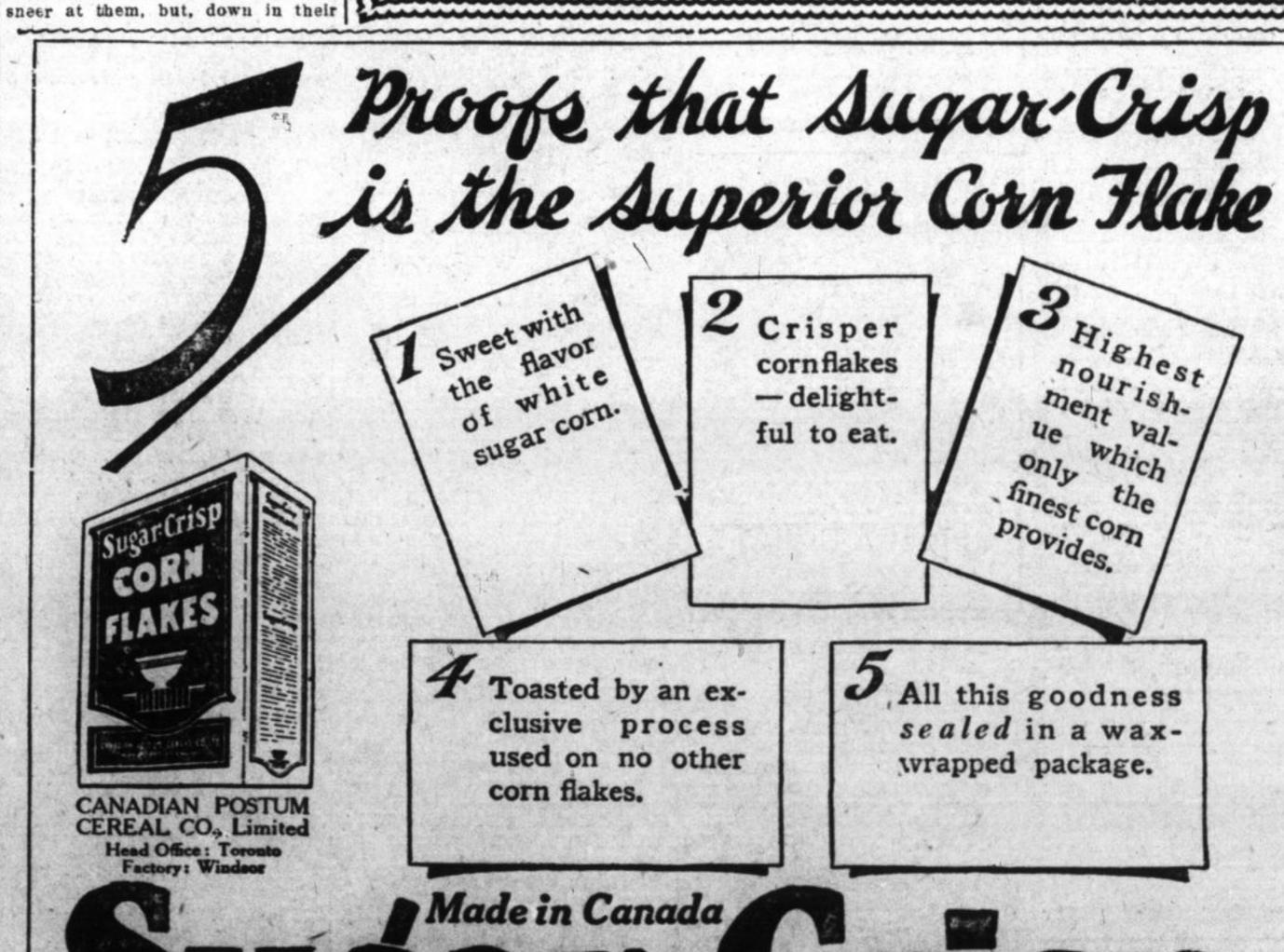
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