

NEWS AND VIEWS FOR WOMEN READERS

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**Efficient Housekeeping**  
BY LAURA A. KIRKMAN

**TOMORROW'S MENU.**

Breakfast  
Apple Sauce  
Cereal  
Fish Cakes  
Coffee Muffins

Luncheon  
Omelet  
Wholewheat Bread  
Cocoa Celery Jam

Dinner  
Broiled Halibut Steaks With Maitre d'Hotel Butter  
Parsley Potatoes Beets  
Orange-Grapefruit Salad  
Coffee Cottage Pudding

this bedroom is decorated with a decided French note—lacy glass curtains, silk overdrapes, gold-lace drop-light shade and scrap-basket, and lace runners on bureau and dressing table; in this case, a file-lace two-piece bed set over a silk lining would not be too elaborate, or a two-piece set made entirely of silk.

But most of us have simpler bedrooms—with ruffled muslin glass curtains, linen or cretonne overdrapes, white or cream embroidered bureau runners (or even cretonne runners) and a general tone of simplicity rather than of "frilliness." In such a bedroom as this, we may have an all-cretonne bed set, an unbleached muslin bed set decorated with French knots or with cretonne bands applied on to suit the individual taste of the home-maker, or simply a plain, white or ecru linen bed set.

Yet there is an even simpler type of two-piece set now being used. It is admirably adapted to the use of the woman who must put economy of money and labor before all other considerations. I refer to the new sear-sucker bed sets. They may be laundered easily, and they are simple to make because their only decoration is a colored scalloping which runs completely around the edges of both pieces.

Tomorrow—Some Good Potato Recipes.

All inquiries addressed to Miss Kirkman in care of the "Efficient Housekeeping" department will be answered in these columns in their turn. This requires considerable time, however, owing to the great number received. So if a personal or quicker reply is desired, a stamped and self-addressed envelope must be enclosed with the question. Be sure to use YOUR full name, street number, and the names of your city and state.

"What is the latest covering for beds in the daytime?" writes a Reader Friend who lives on a farm and does not often get in to city shops.

The popular style of bed covering to-day is the two-piece set. The larger piece is a square measuring two and one-half yards long and two and one-quarter yards wide; this covers the entire bed, going under the pillows. The other piece of this two-piece set consists of a long, narrow strip of the same material, measuring two and one-quarter yards long and 27 inches wide; this long strip is laid over both pillows and hangs down on either side of the bed a short distance. The edges of these two pieces may be finished in any desired manner, but the most popular finish is scalloping.

And now comes the question of what material to use in making them. This of course depends upon the general decoration of the bedroom, and also upon the amount of money which the housekeeper wishes to expend.

In a bedroom which is richly furnished, for instance, a more or less "fancy" bed set is required. To give an example, let us suppose that

The Gold Seal, shown below, is posted on the face of every guaranteed Gold-Seal Congoleum Art-Rug and on every few yards of Gold-Seal Congoleum By-the-Yard. It offers the protection of our money-back guarantee and assures you complete satisfaction.



The pattern on the floor, No. 379, is a pleasing all-over floral design in gray and blue. The 9 x 6-foot size costs but \$9.00

**Right out, Jack!  
I'm all cleaned up**

Still early in the morning, and her kitchen is "tidied up"! Thanks to her easily cleaned Congoleum Art-Rug, this housewife has time for play.

For here's a rug that cannot be injured by tracked-in mud, grease or other spilled things. Its sturdy waterproof base and seamless, smooth surface make it impervious to dust and liquids. Surface dust can be removed in a jiffy with a few strokes of a damp mop. No wonder Canadian housewives are choosing these modern sanitary rugs instead of the dust-collecting woven variety!

Gold-Seal Congoleum Art-Rugs are as handsome as they are practical. The patterns are the creations of leading rug designers and come in a variety of colorings so that you can easily find a floor-covering suited to any room in your house. Cheery floral effects like the rug illustrated; rich Oriental motifs adapted to living room or library; a con-

ventional tile design that is just the thing for bathroom, pantry or kitchen.

Gold-Seal Congoleum Art-Rugs lie perfectly flat without fastening and never curl at the edges or corners. And their prices bring them within the range of the most modest purse.

**Popular Rug Sizes—Low Prices**

9 feet x 3 feet	\$ 4.50	9 feet x 9 feet	\$13.50
9 feet x 4 feet	6.75	9 feet x 10 feet	15.75
9 feet x 6 feet	9.00	9 feet x 12 feet	18.00
9 feet x 7 feet	11.25	9 feet x 13 feet	20.25
		9 feet x 15 feet	\$22.50

Gold-Seal Congoleum By-the-Yard, 85c sq. yd. Prices Winnipeg and points West proportionately higher to cover extra freight

If your dealer does not carry the genuine Gold-Seal Art-Rugs, we shall be glad to see that you are supplied. Write us for folder, "Modern Rugs for Modern Homes," showing all the designs.

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**Borden's ST. CHARLES**

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**Miss O. S. Allen's Tested Recipes**

No. 167

**Cottage Pudding**  
(With a novel lemon-raisin sauce)

1 tablespoonful Crisco  
1/2 cupful sugar  
1/2 teaspoonful salt, 1 egg  
1 cupful milk, 2 cupfuls flour  
2 teaspoonfuls baking powder  
1 teaspoonful lemon extract

Cream sugar, salt, Crisco. Add beaten egg, milk, flour, baking powder together. Add extract. Beat thoroughly. Bake in well Criscoed bread pan.

Sauce  
1 cupful sugar  
1 tablespoonful flour  
1/2 teaspoonful salt  
1 1/2 cupfuls boiling water  
1 tablespoonful Crisco  
1/2 cupful sultana raisins

Stir over fire until it thickens. Flavor with lemon. Add one-half cupful sultana raisins. Serve while hot.

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J. A. McCausland, M.P.P., announces his championship of local option for Toronto should this city vote wet on referendum.

Wine-making is the principal industry of Portugal.



**ENGLAND'S "OIL PRINCESS" WILL INHERIT MILLIONS**

Miss Yoskyl Pearson, who one day may become England's "oil queen." She is the daughter of the Hon. Harold Pearson, son and heir of Lord Cowdry, "oil king" of Great Britain.

The Pacific coast contributed one high-class waterman to Toronto's already large quota last week. He is Billy Kennedy, of Vancouver, ex-champion single sculler of the Pacific coast and the north-west and champion single blade, double blade and fours champion of the same territory.

**BISHOP HUGHES AT PICTON.**

Death of George Brough, Aged Eleven Years.

Picton, June 4th.—Bishop Edwin Holt Hughes, Malden, Mass., will be the principal speaker, at the Centennial conference here. He will preach in the Methodist church on Sunday morning and in St. Andrew's at night and will also address meetings throughout the week.

**WEEK-END VISITORS.**

They Were Quite Numerous at Sharbot Lake.

Sharbot Lake, June 2.—Miss Bessie Erwin spent the week-end at her home here. Miss Mamie Gray is spending a few days at her home in Kingston. Kenneth Smith, Sydenham, and Howard Mallett, Perth, spent the week-end at their homes here.

There passed away at the family home on Main street on Monday afternoon, George Brough, eldest son of Mr. and Mrs. Ernest Bough, aged eleven years. He had been ailing for about three months with lung trouble. The funeral is being held this afternoon at the home, the service being conducted by his pastor, Rev. J. J. Mellor, with interment in Glenwood.

Mr. and Mrs. Rattray have taken possession of the Laird cottage down the bay for the summer.

Dr. and Mrs. Morley Currie are in Toronto for a few days.

The annual meeting of the Liberal Conservative Association was held on Saturday afternoon. Election of officers resulted in Mr. Weese, of Ameliasburg, being chosen president, C. E. Vandusen, vice-president, Edward Boulter was re-elected as secretary.

**FRECKLES**

Now Is the Time to Get Rid of These Ugly Spots.

There's no longer the slightest need of feeling ashamed of your freckles, as Othine—double strength—is guaranteed to remove these homely spots.

Simply get an ounce of Othine—double strength—from any druggist and apply a little of it night and morning and you should soon see that even the worst freckles have begun to disappear, while the lighter ones have vanished entirely. It is seldom that more than an ounce is needed to completely clear the skin and gain a beautiful complexion.

Be sure to ask for the double strength Othine as this is sold under guarantee of money back if it fails to remove freckles.

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Kingston's Largest Home Furnishers. Telephone 147.

here. Mrs. M. Long, Mrs. J. Scott and Mrs. J. Dodds each spent a day in Kingston last week.

Rev. C. Bladwin spent last Friday in Kingston. Mrs. J. Bourk spent a couple of days in Kingston last week. Mrs. S. Meighen and her son, Gordon, Kingston, visited friends in the village a few days last week. Mr. and Mrs. W. Y. Cannon, Kingston, spent the week-end at Dr. K. Suddaby's. Mr. and Mrs. Fred Avery, Perth, visited at M. Avery's last week.

Mr. and Mrs. E. C. Walroth spent Sunday in Smith's Falls. Otto Sargent has purchased a new car. Mrs. Reppard has had her house shingled and is also adding a new verandah. Court of Revision was held here in the new hall on Saturday last.

W. Loucks is doing some painting in the village. Mrs. W. Thomlinson is visiting friends at Mississippi. Mrs. M. Long has gone to Toronto for a few days. Miss Lilla Kirkwood has secured a position in H. Thomson's store. Keith Erwin has secured a position as time keeper for Mr. Sproule on the C.P.R.

Mrs. Henry Armstrong is dead in Montreal aged seventy years. One daughter is Mrs. J. C. Shea, Brockville.

It is announced by the chairman of the Waterloo College board that a faculty of arts will be established with Dr. A. O. Potter as dean.

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