The pattern on the floor is Con-

NEWS AND VIEWS FOR WOMEN READERS

child had called her

HE sweetness of cleanness fragranced with Mavis, it is

VIVAUDOU'S EAU DE TOILETTE

"Seven Beauty Secrets" We want you to make a test. Send 35c. for a bewitching boxful of allurementeven separate samples in one container -- the handiest week-end kit ever V. VIVAUDOU OF CANADA Limited 360 St. Paul St. West, Montreal 10

MILE CONTRACTOR

THOMAS COPLEY Carpenter. Phone 987



Start baby on Eagle Brand if you cannot nurse him. Do not experiment with foods and risk his health, may be his life! For 67 years Eagle Brand has been the leading infant food. Write for free helpful Baby Welfare Books





Few Gray Haired Spanish Women Women of Spain have glorious hair, radiant, glossy and luxuriant. Seldom do you see a young gray head

You can have as beautiful hair as any in the world. You need not endure the blight of premature grayness, of faded, streaked or bleached hair. Brownstone is your remedy. Tinte instantly to permanent shades from lightest blonde to deep brown or Spanish black. Guaranteed harmless. Easily applied, requiring only occasional use. At all dealers 50c and \$1.50. Send 10c for trial bottle, indicating color. THE KENTON PHARMACAL CO.



After a bath with Cuticura Soap and earm water Cuticura Talcum du over the skin is soothing, cooling and refreshing. If the skin is rough or irritated, anoint with Cuticura dintment to soothe and heal. Sample Sach Free by Mail. Address Canadian Depot: "Outlears, F. O. Box 2510, Montreal." Try our new Shaving Stick.

grievances and inconveniences, rath- isfactory method for canning the stand the ravages of 600 years.

ADVENTURES OF THE TWINS

By Olive Roberts Barton

MRS. CRACKNUTS HAS GOOD LUCK



The Twins started out to deliver the things.

One day Mrs. Cracknuts telephon-1 ed to the store for some groceries. "I want two cents worth of soap," she said, "and one cents worth of nd a loaf of bread, and a pint of

"I'm sorry," said Nancy who had maple trees." answered the telephone for Mister maple syrup lemt."

ute Mister Bags' store is open tomorrow, I'm going to telephone for some maple syrup. It seems to me I can smell it, I want it so much." "I'm ever so corry, Mrs. Cracknuts," said Nancy, "Is there anything else?"

"No, I guess not!" said the squirrel lady in a disappointed voice. "All right," said Nancy. "Thank you, Mrs. Cracknuts."

Mister Bags got the groceries all ready and put them into a basket and the Twins started out to deliver the things tto Mrs. Cracknuts who lived in Maple Tree Flats. They walked up the stairway in-

side of the big maple tree (their magic shoes made this very easy) and knocked on Mrs. Cracknuts' kitchen door. "Come in." called the equirrel

lady. "Just put the groceries on the table, please. I've got my hands m the dishwater." "Certainly," said Nick, opening

the door and laying out the bread and butter and everything on the nice clean kitchen table.

"When will Mister Bags be having more maple syrup?" asked Mrs.

"I don't think he'll be having any tea, and five cents worth of butter, more," said Nancy, "because it's getting late in the season, he says, and the syrup has all run out of the

"Well, I'm sorry!" sighed Mrs. Bags, "but we haven't a drop of Cracknuts. "The one thing that Daddy and I love better than nuts "Oh, dear!" cried Mrs. Cracknuts. even, is maple syrup. I just feel as "I'm sorry about that. I just took though I couldn't stand it to have work. Estimates given on new floors and I thought I couldn't wait for ness those dishes are done. I'm the store to open this morning. I hurrying to get through, for the pathe store to open this morning. I hurrying to get through, for the pasez to Daddy, I sez, 'Daddy, the min- per-hanger is coming. Something has leaked through my walls and made them all damp."

"That's too bad," said Nancy 'Why, it's runnin down onto the floor, too. It's all over your floor, Mrs. Cracknuts, and it's sticky." "Sticky!" almost shricked Mrs.

Cracknuts. "Whatever can it be?" She rushed over to the wall where a tiny stream of clear stuff was trickling down. First she smelled and then she tasted. And then she almost fainted for joy. "It's maple syrup," she said weakly. "There must be a whole tank of it in my wall." "Oh, dear! How lovely!" cried

"I'll make a stopper so it won't be wasted," said Nick. And he took s little piece of wood and stopped the

Daddy Cracknuts and his wife had enough syrup to last them all summer and enough for comp'ny too. Don't you wish you lived in maple-tree?

(To Be Continued)

(Copyright, 1924, NEA Service, Inc.)



Breakfast Oranges Cereal Scrambled Eggs

Boiled Rice and Tomatoes Lettuce Salad Wholewheat Bread

Dinner Fried Flounder with Tartare Sauce Potatoes Steamed in Skins String Beans Strawberry Shortcake

Canning The Tomato. The tomato is the only vegetable which may be canned by this simple method:

To Can Tomatoes Whole: Select firm, ripe comatoes and lower them into boiling water in a cheesecloth bag from one to two minutes, then plunge the bag into cold water for an time, however, owing to the great instant; the skins are now loosened and may be easily rubbed off with the fingers, Also remove cores with a pointed, slender-bladed knife, tak- be enclosed with the question. Be ing care not to cut into the soft flesh of the tomato.

Pack these whole, skinned and cored tomatoes into hot, sterilized glass jars and fill the jar with boiling water to within one-fourth inch of top; add one teaspoon of salt, put on new rubber and sterilized cover. and completely seal (this is, of course, different from the one-per iod Cold Pack Method, in which jars are partially sealed before process ing, instead of completely sealed Place the completely-sealed jars or a rack in your wash-boiler in water to cover them; this water in the was! boiler should be boiling up to the moment the jars are put in. Draw the wash-boiler to the back of the range, those attending the conference as well or take it off the stove completely, the excellence of the equipment. But with the jars in it (again, this four hours are spent on the train. method differs from the One Period Full particulars may be obtained Cold Pack, in which the water in the from any Canadian Pacific Agent or wash-boiler is allowed to boil from F. Conway, C.P.A., Canadian have left the roads very muddy. positions in Robertsville and Wilbur seriously ill. George Hermer had merry month of June. Other visitors around the jars for a certain length Pacific, Kingston, Ont., Phone 1197. Some of the land is almost flooded. saw-mills are Bert Scullion, Wilfred the misfortune to loose a valuable are: John White, Harlowe, at his boller till the water around the jars At Wembley, England, old-fash- on Monday last, followed by a dance nauer. William Currans has also left Denbigh, spent Sunday at her home Plevna, at J. B. Myers'; Nicholas

salads in wintertime.

Chili Sauce: Remove skins from 12 ripe tomatoes as above directed, then cut the tomatoes in slices and put them in an agateware pot off the range; add to the pot two large peeled and sliced onions (two red peppers (seeds removed) cut small, four cups of vinegar, two tablespoons of salt, two teaspoons of ground cinnamon, one teaspoon each of ground clove, nutmeg and allspice, and two cups of granulated sugar. Put this mixture over the fire and let simmer for two hours, stirring often. Then turn it at once into hot, sterilized pint-size jars and seal airtight at once. This relish is slightly sweet and is delicious to serve with cold

Tomorrow-Your Linoleum Floors.

All inquiries addressed to Miss Kirkman in care of the "Efficient Housekeeping" department will be answered in these columns in their turn. This requires considerable number received. So if a personal or quicker reply is desired, a stamped and self-addressed envelope must sure to use YOUR full name, street number, and the names of your city

Shortest Route to Owen Sound for Delegates to Presbyterian

General Assembly by Special Canadian Pacific Train. Delegates to the Presbyterian Genral Assembly at Owen Sound will be iven the usual high standard of Canadian Pacific Service by a special train of parlor car, cafe car and first class coaches, leaving Toronto Union Station at 12.45 p.m. Wednesday, June 4. and arriving at Owen Sound at 4.50 p.m. standard time, with only one stop, West Toronto.

The shortest route will appeal to

er than detract from or abridge the tomato, as the vegetable does not | A good name keeps its lustre shrink (as by the usual method) and the dark.



Canadian women. For here is a floorcovering that meets the housewife's every requirement. Its rich, colorful patterns satisfy the exactions of good taste, while at the same time its sturdy materials and sanitary surface make it extremely durable and easy to clean. And in addition, Gold-Seal Congoleum Art-Rugs are very inexpensive.

Waterproof and Sanitary

They are made all in one piece, on a heavy base that water cannot penetrate or harm. Moreover, their smooth, firm, seamless surface cannot absorb dust, ashes or spilled liquids. Cleaning them is merely a matter of wiping with a damp mop.

Another excellent feature of Congoleum Art-Rugs is that they lie perfectly flat on the floor without fastening of any kind. Just unroll them and in a short time they hug the floor; yet they can be easily moved if necessary.

Gold Seal ART-RUGS

of our money-back guarantee and assures you of complete satisfaction. It is on the face of all genuine, guaranteed Gold-Seal Congoleum Art-Rugs and By-the-Yard Goods.

Popular Sizes-Popular Prices 9x3ft. \$4.50 9x71/2 ft. \$11.25 9x12ft. \$18.00 9x41/2 ft. 6.75 9x9 ft. 13.50 9x131/2 ft. 20.25 9x6 ft. 9.00 9x101/2 ft. 15.75 9x15 ft. 22.50

Gold-Seal Congoleum By-the-Yard, 85c sq. yd. Prices in Winnipeg and points West proportionately higher to cover extra freight.

Gold-Seal Congoleum By-the-Yard

The same durable, waterproof, flat-lying material as the rugs but made without border in roll form, two yards wide, for use over the entire floor; in a range of beautiful patterns. Satisfaction is guaranteed by the Gold Seal. Only 85c a square yard.

CONGOLEUM COMPANY OF CANADA, LIMITED 1270 St. Patrick St., Montreal, Quebec



Made in Canada-by Canadians-for Canadians

SANITARY, EASY TO CLEAN, CONGOLEUM GOLD SEAL ART RUGS Furniture, T. F. Harrison Co., Ltd. Pianos. **Furnishings**

We Carry the Largest Assortment of Popular Priced House Furnishings, including GOLD SEAL CONGOLEUM RUGS to be found in any store in Eastern On-**NEWMAN & SHAW** tario. "All that's new, that's all."

SEE OUR PRETTY SPRING DESIGNS IN CARPET **PATTERNS**

JAMES REID

Kingston's Largest Home Furnishers. Telephone 147. CONGOLEUM RUGS IN ALL

THE LATEST DESIGNS

CONGOLEUM GOLD SEAL ART RUGS - BIG STOCK IN ATTRACTIVE PATTERNS

R. J REID 230 Princess Street Telephone 577.

ARDOCH.

an over Sunday visitor with her sis- be recovering is again indisposed. en route to the north. It is reported

chief fire ranger, was a business Wilson. John Smith and Fred Her- ston, made his semi-annual dental Victor Adams, Griffith. in caller in this district recently. Miss mer have also purchased cars. visit to this burgh last week, and M. Clara Rodgers, of The Mountain, was Michael Weber, who was thought to R. Reid, L.P.S., visited school No. 1

May 19.—The recent heavy rains ter here. Those who have secured Mrs. Oliver McClelland still remains that wedding bells will ring in the Michael Schwager had a fencing bee White, Roy Hamilton, and Joe Scho- horse recently. Miss Anna Fraser, brother William's; Everton Flake, is cold—this will take five or six loned craftsmen, to whom modern in the evening. On Thursday he left for Peterboro where he has secured here. She was accompanied by Miss Weber at A. Jeannerett's; Baiden hours. Then take out jars, label, and building methods are still a mystery, for Denbigh where he is engaged in a position. James Derue recently Bertha Stein also H. Warlick and M. Watkins at J. Smith's; J. M. Brown, Every man should bear his own store. This is an easy and most sat- are creating a home which will with- building construction. G. Hass, disposed of a car to Robert Shultz, Schwager. Dr. R. E. Sparks, King- Carleton Place, in this vicinity, also

Children always turn to the right.