

NEWS AND VIEWS FOR WOMEN READERS

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TOMORROWS' MENU

Breakfast
 Oranges
 Cereal

Coffee **Fried Eggs**

Toast

Luncheon
 Soup—From Left-Over
 Baked Beans
 Wholewheat Bread

Tea **Rice Pudding**

Dinner
 Lamb Chops
 Boiled Potatoes
 Onion Souffle
 Spinach Salad

Coffee **Baked Apples**

one tablespoon of cold water. This batter will be thin, but that is the way it should be. Bake about 50 minutes in a moderate oven.

Miss A. G.: "Beat two eggs well, then add to them three-fourths of a cup of sugar, two tablespoons of melted chocolate, one-tablespoon of melted butter, one cup of sweet milk and one teaspoon of vanilla extract. Now sift together three cups of flour, one-half teaspoon of salt and two teaspoon of baking powder and add this dry mixture to the above mixture. It will make a medium-soft dough. Toss it onto a slightly-floured bread board and roll one-half inch thick. Cut with a doughnut cutter and fry in deep, hot fat like any doughnuts. When cool sprinkle with powdered sugar. This recipe was recently requested by one of your readers."

A Reader: "Somebody in the column, on March 19, asked for a recipe for the following: Crisp Cookies: Cream together two cups of sugar and one cup of shortening; add one cup of sour milk, pinch of salt, one-half teaspoon of grated nutmeg and enough flour to roll. Bake about eight minutes in a hot oven after cutting out with ordinary cookie cutter and placing one-half inch apart on a greased pan."

Tomorrow—Renovating Your Window Shades.

All inquiries addressed to Miss Kirkman in care of the "Efficient Housekeeping" department will be answered in these columns in their turn. This requires considerable time, however, owing to the great number received. So if a personal or quicker reply is desired, a stamped and self-addressed envelope must be enclosed with the question. Be sure to use YOUR full name, street number, and the names of your city and state.

Cake Recipes From Readers.

Mrs. C.: "Here is my recipe for Sunshine Cake: Add a pinch of salt to six egg-whites, then beat till stiff; add one-third teaspoon of cream of tartar and continue beating till entirely stiff. Now beat into this froth one cup of granulated sugar, six beaten egg-yolks, one teaspoon of any desired flavoring, and gradually fold in three-quarters of a cup of flour sifted three times before being measured. Turn the batter into a greased angel-food pan and bake 15 minutes with the oven-temperature moderate, then increase the heat slightly and continue to bake from 30 to 40 minutes longer. Here is another good cake:

Molasses Spongecake: Mix together three slightly-rounded tablespoons of sugar with three-quarters of a cup of molasses, three-quarters of a cup of boiling water, one whole egg or the beaten yolks of two eggs, one cup of flour and two extra tablespoons of flour, a pinch of salt, one-half teaspoon of ground cinnamon, one-half teaspoon of ground nutmeg, a pinch of ground ginger and, the last thing, add one tablespoon of baking soda moistened with about

Narrow Roman ribbons and regulation men's wear cravats are also worn, while the boutonniere is a recognized part of the smart tailored outfit. White grays and tans in plain or novelty mixtures are being worn in tailored suits, the strongest preference is toward black and white effects. White gilets, white gloves and all white or trimmed hats in white are used to relieve the all black suit. Some women are substituting white stocks for peach and flesh ones with black or tan shoes.

The universe is so great that the highest intelligence in heaven can never fully grasp or know it. Through all eternity, should its lights ever be found, the mind would be shocked.

At the annual meeting of the Tabernacle Methodist church, Belleville, the financial report showed that the contributions for the year amounted to \$11,346.13, a record year.

What we see exclusively we are apt to see with some mistake of proportions.

AUNT HET



"I reckon a woman has got a conscience, but she don't set still and let it lay the blame on her like a man does."

M. McDowell, who moved to Millbrook from Cavanville about one year ago, has established a commercial poultry farm.

Broadcasting Blouse Details

By ELEANOR GUNN

Just as one good turn deserves another, so is a worthy overblouse entitled to a skirt which will not only present it in the most favorable light, but which will be a fit companion for it. The skirt which has a waistband is not as inclined to preserve the straight line of the figure as one which is hung from a camisole. Realizing this, one astute importer has brought over some pleated wrap-around skirts which, hung from an underblouse, certainly solve the problem of dressing neatly and with dispatch.

are interested in the use of linen instead of crepe for the moment, and are repeating many of the details familiar to crepes, in wash fabrics. Both monograms and small pearl buttons are employed, and rick-rack braid, one of the season's novelties, appears on both types. Lace is used on one quite as much as the other. In fact any blouse detail which is acceptable, is used indiscriminately in all materials. Fine dimity and a satin finished cotton broadcloth are among the cottons with social standing, while both eyelet and Swiss embroideries are listed for summer wear. Both of these introduce color, red being the first choice, with blue and green next in favor. When Valenciennes or baby Irish lace is used, which is frequently the case, it is often dyed. Monograms and crests are done in color on white and all manner of interesting inlay effects are relied upon to produce color, which is so essential to modes of the moment.

The summer blouse is just as likely to have no sleeves as decidedly abbreviated ones. Both models shown are the type of blouse worn with the tailored suit in lieu of a vestee. The first model savors a bit of militarism, which is an observation one might make of much that is worn just now. One feature which nearly all smart blouses have in common with dresses and suits, is a pocket, commodious enough to allow a gay handkerchief to peep out or a fob to dangle.



An essentially tailored look is what women require most in blouses just now. For even the blouse with a jabot must have definite and beautifully tailored lines. Linens are engaging the attention of cleverly dressed women. Many designers



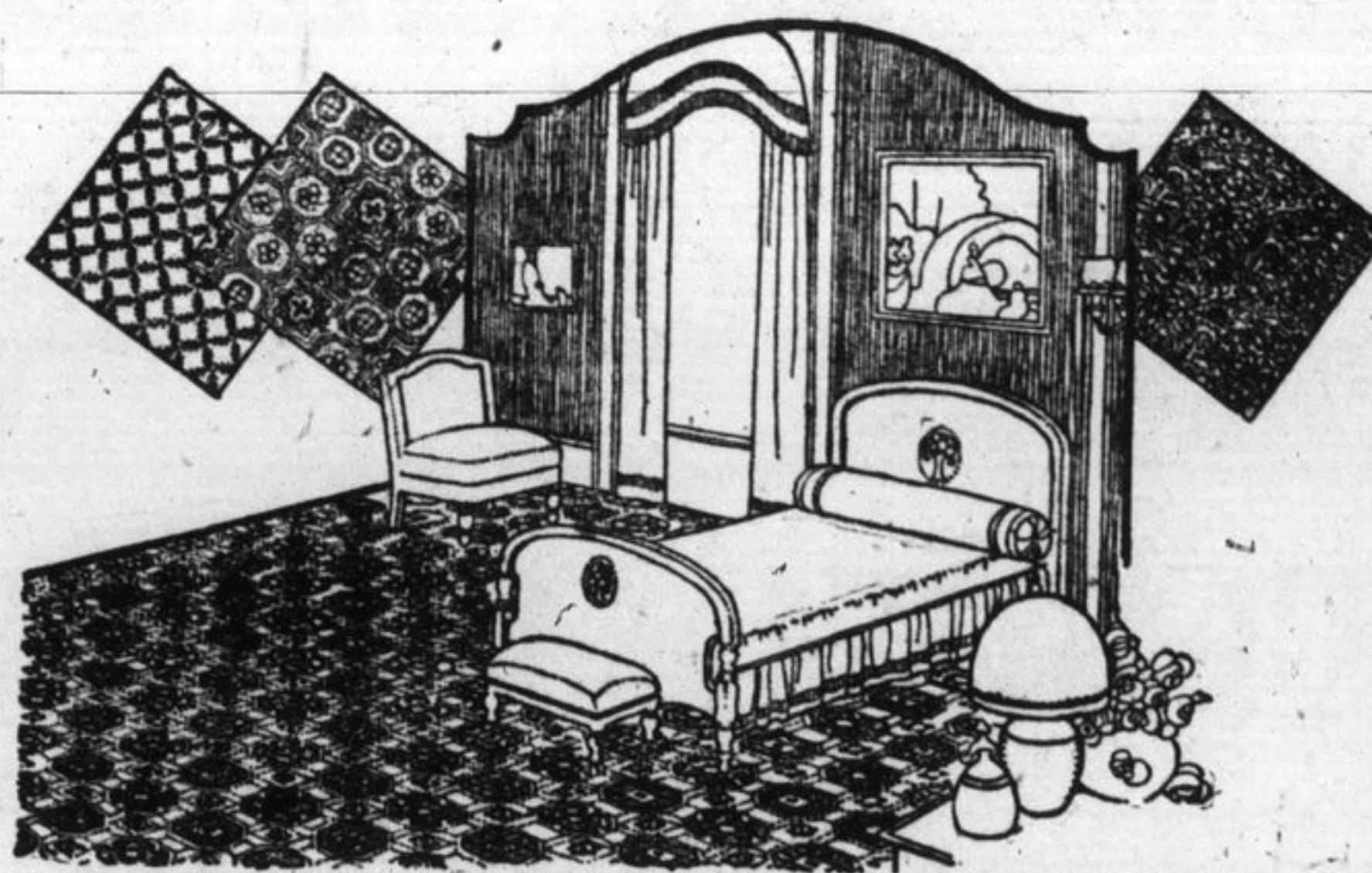
More and more women are effecting manish neckwear. Four-inch hand ties are more or less general in gay crepes with monogrammed ends.

THE HUMAN ZOO

By C. D. Batchelor



"Irene, I'm so happy to have your mother living with us. She's such a cheerful little pal. I'm sure there have been many times when we would be lonesome with out her."



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GRAPE-NUTS QUEEN PUDDING

1 cup Grape-Nuts, 1 quart scalded milk, 2 eggs, separated, 1 cup sugar, 1 tablespoon butter, 1 lemon, grated rind and juice, 2 tablespoons powdered sugar.

Mix the Grape-Nuts, milk, egg yolks, sugar, butter and lemon rind together, stir well and bake about 1 hour, or until set. Take juice of lemon and pour over top of pudding, and then frost with the whites of the 2 eggs beaten stiff with the powdered sugar. Set in oven until a delicate brown and serve cold. This recipe serves five people.

"There's a Reason"

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Don't Squeeze Black-Heads—Dissolve Them

Squeezing and pinching out blackheads make the pores large and cause irritation. Blackheads are caused by accumulations of dust and dirt and secretions from the skin and there is only one safe and sure way and one that never fails to get rid of them—a simple way, too—that is to dissolve them. Just get from any drug store about two ounces of peroxide powder sprinkle a little on a hot, wet cloth—rub over the blackheads briskly for a few seconds—wash off, and you'll be surprised to see that every blackhead has disappeared, and the skin will be left soft and the pores in their natural condition.

INFANTS DELIGHT

Restores soft complexions TOILET SOAP

