

NEWS AND VIEWS FOR WOMEN READERS

WORKING WOMEN, WEAK, RUN DOWN SOON RESTORED

Home Treatment to Create Red Blood, Body Tissue and Vital Nerve Force Costs But Little.

Countless thousands of women must work day after day in stores, offices, manufacturing establishments or in their own homes who are really unfit for their tasks.

They should not be content to drag on, making their sacrifices of health, beauty and happiness. They should, instead, undertake to once the up-building of their bodies; the creation of red blood and flesh tissue that fills out hollow cheeks and wasted forms.

When weighed down by worry and weakness, such women should begin at once a simple, inexpensive home treatment of Wincarnis, the restorative. They can obtain a generous size bottle of Wincarnis from any leading druggist.

The Wincarnis treatment costs only ten cents a day. In twelve days see the improvement Wincarnis brings.

Automatic Rapid Electric Cook Stove

Every Facility of Most Expensive ELECTRIC RANGE at fraction of cost No Extra Wiring Required

Send for Home Science Cook Book "W" and Direct Factory Prices. COOK FOR 50c A MONTH

Wm. Campbell Co., Georgetown, Ont.

THE HUMAN ZOO



Miss—"I'd like to see the husband who wouldn't stay home with me." Mrs.—"That's what we all say till we marry, and then never do see him."

CUTICURA HEALS SKIN TROUBLE

Face Broke Out In Pimples. Were Disfiguring. Extremely Sore.

"My face broke out in a mass of pimples that were very annoying as well as disfiguring. The pimples were small, hard, red lumps at first, but increased in size and came to a head. The pimples were extremely sore and tender, and I was very much discouraged."

"I read an advertisement for Cuticura Soap and Ointment and sent for a free sample. I purchased more, and after using two boxes of Cuticura Soap, together with the Cuticura Ointment, I was healed."

(Signed) Miss Alberta Moore, Salt Springs St., Nova Scotia.

For every purpose of the toilet and bath, Cuticura Soap, Ointment and Talcum are excellent.

Sample Book Free by Mail. Write for it. Cuticura Soap and Ointment, 21 and 23, N. 7th St., St. Paul, Minn. Try our new Shaving Stick.



Alvaro Obregon, the warrior president of Mexico, is shown with his family on the steps of his home after a strenuous military campaign, during which he successfully upheld his government and defeated the rebel movement.

No cooking secrets

You don't have to be an expert cook to serve Shredded Wheat Biscuit in many delicious ways. Most people eat it for breakfast with hot milk, but it is delicious for any meal with fruits or creamed meats. Contains all the tissue-building elements in the whole wheat grain, including the bran which is Nature's greatest laxative. It is ready-cooked and ready-to-eat. The tasty crispness of the oven-baked shreds of whole wheat tempt the appetite and satisfy hunger.

The Canadian Shredded Wheat Company, Ltd. Niagara Falls, Ontario

Shredded Wheat

AT MAPLE GROVE.

H. A. Buck, Sydenham, To Build a Cottage.

Maple Grove, April 18.—The roads are drying up rapidly. There was not much maple syrup made in this vicinity this spring. Herbert Stevenson and his mother expect to move to Rosedale in the near future. Henry Green, who was seriously ill, in Kingston General Hospital, is now at home. Mrs. Venice Green made a business trip to Sydenham on Thursday last. The trappers were successful this spring. Some got nearly two hundred rats, which sold at \$2.15, and some at \$2.10 each. Miss Reta Hagerman, teacher, is spending her Easter holidays at

her home in Rosedale. Mrs. William Wilson has been under the doctor's care for some time. Mrs. Kemp was also on the sick list, but is somewhat improved in health now. Mostyn Lee was in Sydenham on Thursday. H. A. Buck, Sydenham, expects to build a cottage here soon, and Dr. F. R. Sargent is preparing to build a boat house at his cottage in the near future. Oliver Retton is now at the poultry train. A. G. Martin, Ottawa, called on him on Saturday last. Philip Vancouver is moving to Wilmar soon. Mr. and Mrs. Kenneth Babcock are still at their back farm at Salmon Lake. Frank Clarke, constable, was in this neighborhood on Friday. Ernest

Kellar purchased some valuable cows from William Wilson recently. Visitors: Mostyn Lee at Oliver Retton's; Mrs. Annie Stevenson at William Green's; Fred and Minnie Green are at Godfrey; Reta Lee at her aunt's, Mrs. Harry Lee's; Clement Lee at Venice Green's; Mrs. George Kemp and Flossie at William Wilson's; Mr. and Mrs. James Nellis at Bill Green's; Stanley Martin at his home; Mr. and Mrs. Blake Nellis at B. Martin's, also George Nellis and wife, from Kingston; Mack Green and Nelson at Venice Green's.

THE LATE S. S. PETERSON.

A Former Resident of Bongard's Passes Away at Wampoo.

Bongard's, April 9.—S. S. Peterson, a former resident of this place, but who for the past few years had resided at Wampoo, passed away at his home after a short illness of abscess of the brain. Deceased leaves two daughters, Mrs. Kearney, Oshawa, and Mrs. Jamieson, Wampoo. Mrs. Peterson predeceased her husband about ten years ago. Mr. Peterson was a Roman Catholic in religion. Miss E. Campbell spent the week-end with Miss L. McDonald.

Millford J. H. Harrison having spent the winter with his daughter, Mrs. McCormack, in Picton, has returned to his home for the summer months. Miss L. Thurston, who spent a couple of weeks with friends in Picton, has returned. Mrs. Wright visited with friends in Picton for a few days. Miss E. Campbell left on Friday for her home at Cornwall, where she will spend Easter holidays.

Mrs. Lucas who is ill with pneumonia, is recovering. Mrs. Allan Harrison, who has been confined to the Prince Edward county hospital for the past month has returned to her home here. Mrs. Smith, Fredericksburgh is visiting at the home of Mr. and Mrs. I. B. Lucas. Mrs. Thurston has returned after spending the winter with friends in Picton. The cheese factory began operations on April 13th.

Rulers always hate and suspect the next in succession. What is the use of running, when you are not on the right road? No single man is born with the right of controlling all the rest. It is a bad sack that will abide no clouting.



The Maharanee of Takari, wife of the Maharajah of Takari, has been acclaimed by her countrymen as the most beautiful woman in India. She is not considering entering the movies.

"Back was Very Painful I am now Well Again"

Mrs. Wm. Walker, Webbwood, Ont., writes:

"I was sick for several months with my stomach, I had pains in the back, and how I used to dread wash day, for my back would pain so that I couldn't lie down when night came. I also had gas on my stomach, and my appetite was so poor that sometimes I did not care whether I ate or not. The doctor gave me medicine, of which I took a number of bottles without benefit. At last I started to use Dr. Chase's Kidney-Liver Pills, and although I have only used three boxes, I am quite well again."



Dr. Chase's Kidney-Liver Pills 25 cts. a box of 25 pills. Edmondson, Bates & Co., Ltd., Toronto