

Was Constipated For Several Years

If you have suffered from constipation for years, tried all kinds of remedies without getting relief, if you have been subject to all the miseries associated with constipation, wouldn't you consider it a blessing to be able to keep the bowels regular and in a good healthy condition and prevent disease getting a foothold on your system?

Milburn's Laxa-Liver Pills are indicated just for this purpose; their regular use relieving the worst cases of constipation.

Mr. M. Hedican, Sudbury, Ont., writes: "I have been troubled with constipation for several years. I began to use Milburn's Laxa-Liver Pills and find them to be the best remedy I have ever used for regulating the bowels and liver. I always keep them now and recommend them highly."

Milburn's Laxa-Liver Pills are 25c a vial at all dealers, or mailed direct on receipt of price by The T. Milburn Co., Limited, Toronto, Ont.



"ELECTRICITY is the expert cleaner. A vacuum cleaner will for a few cents a week do the work that has been causing your wife to toil through the hours of the day."

BURKE ELECTRIC CO. ELECTRICAL SUPPLIES & SERVICE. PHONE: 423. 74 PRINCESS ST.

From the Countryside

Frontenac

KEPLER. April 15.—"Bobbie" Donnell, who was badly hurt a few days ago, in a runaway accident, is out again. E. P. Lawson is building an addition to his house. J. Wood is doing the carpenter work. George Puttenham occupied the pulpit of the Methodist church, last Sunday; his father, Rev. J. Puttenham, being ill. Farmers report a very successful sugar season. Mrs. Casselman, Kingston, is with her sister, Mrs. Stuart Babcock. A. Hoppins, wife and daughter, Godfrey, were recent visitors at A. Orser's. Mrs. Percy Potter, Kingston, has returned home after spending a few days at R. D. Wartman's. Maynard Rinis, wife and family, Sydenham, spent yesterday at E. Donnell's. S. A. Truscott, I.P.S., visited the school today.

MYERS CAVE. April 14.—House cleaning is the order of the day. The snow is almost gone and the roads are in a very bad condition. Mr. and Mrs. Archie MacGregor have returned to Welland after selling their household effects here. They will be greatly missed as we will have to get a new butcher this summer. E. J. Perry has returned after spending a week in Centreville. The Marshall brothers expect to start sawing the first of the week at E. J. Perry's. A number from here attended the dance in the hall on Friday night. George Perry has returned from Nordde, Alta., where he has spent the last two years. Miss Louise Head is at J. R. Perry's. Ebb Perry spent the week-end at J. McCausland's.

MISSISSIPPI. April 14.—Mrs. W. A. Geddes and little daughter, Alice, visited with friends in Kingston last week. Stan-

ley Geddes, Montreal, is spending some time with his parents, Mr. and Mrs. W. A. Geddes. The extra gang, with Robert Gibson as forman, has commenced work on the C. P. R. Herbie Hanna, Cochrane, is visiting with friends in the village. Mrs. P. White is seriously ill. Mrs. Norman Morris, Appleton, attended the funeral of her grandfather, Duncan Ferguson, Mr. and Mrs. Sandy Ferguson, Sharbot Lake, attended the funeral of the former's father, Duncan Ferguson. Thomas Dowell is visiting with his daughter, Mrs. J. H. Fair, Sharbot Lake.

Leeds

CHAPPEL'S LOCKS. April 17.—The roads have improved very much since the recent rain. Lockmaster Fleming and assistant, E. Rowswell, are engaged at the usual repairs and work on the locks, for the beginning of navigation, May 1st. Mrs. F. Etherington spent last week-end at Fetherclairn. James Lunday has left for Prescott for a few weeks. M. E. Garland and M. J. Brown, Boston, Mass., spent a few days of last week with Dr. Chamberlain. Mrs. Vincent Murphy and Mrs. William Doyle, are convalescing. The trappers report a good collection of fur during the past month. There is a good average attendance at the school since the many pupils recovered from whooping cough. Mrs. F. Alford and little son spent the week-end at Napanee last week.

Lennox & Addington

BETHEL. April 15.—Spring is welcomed by all, especially by numerous farmers whose supply of hay is running out. A baby boy arrived at the home of Edgar Salisbury on Saturday. Arthur Middleton and family are leaving this week for Windsor, where they will reside for an unlimited time. Harold Huffman, wife and family, Napanee, at her parents, Mr. and Mrs. Robert Galbraith. Miss Ethel Moore, Hartington, is spending this week at her aunt's, Mrs. Myrtle McWilliams. Mr. and Mrs. L. Salisbury spent a day recently at Napanee.

AN ENTHUSIASTIC MEETING.

Of the Ladies' Aid of St. Lawrence Church. Pittserry, April 19.—At one of the largest and most enthusiastic meetings held in the history of the Ladies' Aid of St. Lawrence church, reorganization took place at the home of Mrs. Robert Brash on April 9th. Mrs. Joseph Lane the retiring president was in the chair. A financial statement showing a substantial balance was presented by the treasurer, Mrs. Robert Ranons. The election of officers resulted:

President—Mrs. Joseph Lane. Vice-president—Mrs. H. Scott. Secretary—Mrs. G. Brash. Treasurer—Mrs. W. Brash. Organist—Miss Bessie Lane. Directors—Mrs. R. Barclay and Mrs. Cooper.

A vote of thanks was extended to retiring officers for their splendid work. The next meeting will be held at the home of Mrs. G. Matland, on April 23rd.

The Pittserry U. F. O. and U. F. W. O. joint club held its April meeting at the home of Mr. and Mrs. J. A. McMaster, on April 15th. The president, G. Matland, occupied the chair in his usual pleasing manner. After the general business was disposed with and discussion held on the co-operative egg pool, the meeting adjourned to meet at the home of A. Grant, on May 6th. The rest of a very pleasant evening was spent in playing progressive euchre. The ladies' prize being won by Mrs. H. McLean, the gentlemen's prize, by Percy Millions, the consolation prizes going to Miss Marjorie Wilson and W. Lane. The last part of the programme was serving all with an abundance of maple sugar, a real novelty.

The many friends of J. L. McMaster are pleased to learn of his speedy recovery after so serious an accident.

Miss Emma Scott spent the week-end with Miss Maude Cooper, Gananoque. H. Jackson spent Sunday at E. C. Grice's, Springfield. Mr. and Mrs. Robert Edgar, Calgary, Alberta, are renewing old acquaintances here. Mr. and Mrs. R. Barclay at J. Spence's. G. Ranons at J. McClement's the guest of G. Woods. Clifford Jackson and Victor Ranons at Kingston.

HAT BRIMS.

By ELEANOR GUNN

After several seasons of utter dejection, hat brims are beginning to turn up instead of down. What a refreshing change it is, for convenience as the cloche may be, one wearies even of a good thing.

Just now milliners are struggling to retain most of its endearing features but at the same time are experimenting with the brim of the cloche. In other words, hats continue to be close fitting but are more inclined to off-the-face effects, the modified tricorne being a popular conception of the new line. Brims continue to be narrowed to almost nothing at the back and have acquired an irregularity which, while not new, seems so.

It is several seasons since fashion has approved unbalanced lines. And



Dishwashing—with dainty hands.

NOT possible, you say? Perhaps it wasn't, before Lux was discovered for dishwashing. But now, Lux, with its instant soapy suds, not only cleans your dishes thoroughly, but is as easy on the hands as the finest toilet soap.

Ordinary soaps or washing powders are too hard on the skin, making it rough and red. The ingredients in Lux are helpful—the Lux

suds if constantly used will keep the skin smooth as Nature intended. You can do your own dishes, and not be ashamed of your hands, because they will never show that they have been in the dishpan.

Just a single teaspoonful is sufficient for your breakfast or lunch dishes—you may possibly have to use two teaspoonfuls for your dinner dishes. Try it just once. You will be so delighted that you will want to use it always.

Your hands will show improvement at once. Keep a package of Lux handy on your kitchen shelf. Use it for all your dishes.

Lux is economical for all dish-washing. One packet contains sufficient for 54 dish-washings—nearly all the dishes for three weeks.

LUX

Lux is sold only in sealed packets—dustproof!



LEVER BROTHERS LIMITED TORONTO

Victory Bond Coupons

WHEN your interest coupons on Victory Bonds become due, deposit them in a Savings Account in the Bank of Montreal, where interest is paid on all deposits of One Dollar and Upwards.

Branches in all Important Centres in Canada. Savings Departments in all Branches.

Bank of Montreal

Established Over 100 Years

Counteract Your Tendency toward Acid Mouth . . .

By letting WRIGLEY'S give you relief, lasting joy and benefit.

It removes the food particles that lodge in the teeth and cause fermentation and decay. It WASHES the mouth and teeth, counteracting the acidity that does so much damage.

WRIGLEY'S after every meal

is prescribed by dentists and doctors. Says one dentist: "If chewing gum is used regularly it will result in a noticeable benefit to the teeth." Get your WRIGLEY benefit today.

NOTE: Tests show that the glands of the mouth are twenty times more active when we chew. The acid from these glands neutralizes the acid in the mouth and washes it away.



MAKE IT THE CHILDREN'S TREAT

one must admit that it adds interest to the prospect of shopping for a new hat to know that one is not confined to bell and mushroom shapes but can be lured by a sailor or intrigue by a tricorne without being in danger of overstepping any restrictions placed upon our heads. Crowns continue to be rather high and the base of much of the trimming.



Belting ribbon continues to be of millinery importance and interesting little feather novelties find themselves responsible for a note of color at the side or front of a hat. Red underbrim facings which show a cording of red at the brim edge or even more are another timely item for white black hats lead by a large majority in more excited circles, a touch of color is not amiss.

Among the feathers used one must not overlook ostrich that is made into bands sometimes bowed at the side into all manner of flat leaf and other effects to be applied upon the hat.

The most important use for ostrich is in boa form, there being a concerted effort on the part of the ostrich industry to re-establish the ostrich boa, this ambitious achievement being fostered by the knowledge that things which are for adornment of one's neck are of vital style interest just now. Devotees of the ostrich boa argue that it is another form of neckpiece; its chances are equally good with that of all sorts and conditions of scarfs.

PRODUCE MARKETS

Napanee Retail Market. Napanee, April 21. Apples, pk 12-50 Apples, Golden Russets, pk . . . 12-50 Apples, choice spys, bush, \$2.50-3.25 Maple Syrup, gal \$1.50-\$1.75

Maple Sugar, lb. 10-25 Lettuce, leaf, bunch 10-25 Lettuce, head 15-25 Celery, bunch 15-25 Cabbage, head 10-25 Cauliflower, head 15-25 Onions, domestic, pk 60 Potatoes, bag \$1.75 to \$2.00 Potatoes, pk 30 to 35 Butter, creamery, lb 33-35 Butter, dairy, lb 33-35 Cheese, new, lb 23-25 Cheese, old, lb 35 Eggs, fresh, doz 18-25 Lard, lb 17-20 Sugar, granulated, cwt \$10.35-\$10.50 Shorts, cwt \$1.60 Straw, baled, cwt \$1.50 Wheat, western, bus \$1.25 Wheat, local, bus \$30.00 Bran, ton \$1.00 Buckwheat, bus \$1.75-\$2.00 Corn, feed, cwt \$1.85 Corn, car lots, cwt \$1.85

Hay, baled cwt 75 Hay, loose, ton \$7-\$12 Oats, western, bus 65 Oats, local, bus 65 Beef: Roast Beef lb 14-23 Steak, porterhouse, lb 23-25 Steak, round, lb 18-20 BOLLING CUTS lb 9-12 Stewing cuts, lb 8-12 1/2 Beef, western, cwt 10-14 Beef, hinds, cwt 12-17 Beef, local, lb 8-12 Veal, lb 10-12 Pork: Loin Roasts, lb 20 Hogs, live weight, cwt \$7.75 Chops, lb 13-23 Hogs, dressed, cwt \$10-\$12 Bacon, breakfast, lb 30-45 Bacon, Psa-meal, lb 38-42 Ham, sliced, lb 60 Ham, cooked, lb 50-60 Ham, smoked, lb 35-40 Picnic Ham, lb 18-25 Hinds, lb 16-20 Pork sausages, lb 20-28 Sausage, beef and pork, lb . . . 10-15 Lamb: Carcass, yearlings, lb 15-17 Carcass, spring lb 22-25 Hinas yearlings, lb 15-20 Hinds, spring, lb 25-30

Forequarter, spring, lb 20-25 Lamb chops 30-32 Mutton chops, lb 15-20 Mutton carcass, lb 12-15 Poultry: Fowl, lb 20-25 Chickens, lb 23-28 Chickens, crate fatted, lb 30 Chickens, dressed, each \$0-\$1.50 Ducks, each 75-\$1.50 Hides, etc. Deacon skins, each 75-\$1.00 Horse hides \$2.00-\$3.00 Hides, lb 05-06 Sheep skins, fresh, each \$1.00-\$1.50 Veal skins, lb 10-12 Wool, washed, lb 30 Wool, unwashed 25 Furs: Fox, each \$12.00-\$14.00 Raccoon, each \$3.00-\$5.00 Skunk, each \$1.00 Mink, each \$7-\$10 Muskrat, each \$1.50-\$2.00

INSIST ON TANLAC VEGETABLE PILLS For Constipation

ECZEMA You are not eating what you need. It relieves at once and gradually heals the skin. Sample box free. Chase's Ointment free if you mention this paper and send 2c stamp for postage. 50c a box; all dealers or Edmondson, Sales & Co., Limited, Toronto.

SMOKE SENATOR CUT PLUG

Deliciously Fragrant

15¢ packages

1/2 lb. tins.

Valuable Coupons in Each Package and Tin