

PROBS:—Tuesday, easterly winds, partly cloudy and rather cold.

**Spring Medicines**  
Take Yours Now.  
Sarsaparilla . . \$1.00  
Blood Purifier \$1.00  
Herb Tablets . \$1.00  
Hypophosphites  
50c. and \$1.00  
Wampole's Wine \$1.00  
Benedictine Wine \$1.50  
Beef, Iron and Wine \$1  
Blaud Pills  
100 for 25c.  
**L. T. Best**  
Druggist  
Open Sundays

  
An  
Attractive  
**Bar Pin**  
is always one of  
the most appreci-  
ated of gifts.  
We have many to  
choose from. Some  
Beautiful Dia-  
mond and Plati-  
num Designs—  
Others set with  
Pearls or Sap-  
phires.  
There are also many  
very attractive Rhine-  
stone copies of Platinum  
Bars well worth seeing.



**HELIUM RESERVE NO. 1**—President Coolidge has set aside 7,100 acres of gas bearing land in Utah which will be known as Helium Reserve No. 1. It is believed to contain valuable deposits of helium, the non-inflammable gas for dirigibles, of which the United States has a practical monopoly.  
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**FOR SALE**  
\$3000—Frame, 7 rooms, improve-  
ments.  
\$3200—Frame, 6 rooms, improve-  
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\$5200—Brick, 7 rooms, ah im-  
provements.  
\$7000—Brick, 9 rooms, all modern,  
h.w. floors.  
\$5,000—Brick, 6 rooms, modern im-  
provements, garage.  
\$8,000—Brick, 8 rooms; all im-  
provements, garage, large gar-  
den, fruit and flowers, good  
location.  
\$8,500—Brick, 9 rooms; all modern;  
central.  
FURNISHED HOUSES TO RENT.  
**Bateman's Real Estate**  
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**SMITH BROS**  
JEWELERS  
LIMITED  
ESTD 1848  
King St. Kingston

**EFFICIENT HOUSEKEEPING**  
By Laura A. Kirkman.

**Dishes in This Week's Menu.**  
Kidney Stew: (Requested by Mrs. W.): Cut two pounds of beef kidneys in small pieces, wash well, and put in a stew pan covered with boiling water; let boil for 15 minutes, then drain off the water and pour cold water over the kidneys to remove the strong taste. Put back in a saucepan, cover with either soup stock or canned consommé, season with one teaspoon of salt, a dash of pepper, a few whole cloves, two large onions peeled and chopped, a little lemon rind, a very little allspice and a bit of bay leaf. Let boil till the kidneys are very tender, then thicken slightly with three tablespoons of flour rubbed to a paste in a little cold water. Serve hot.  
Lemon Bread Pudding: (Requested by "Constant Reader"): Put into a bowl one-half cup of granulated sugar and stir into this the beaten yolks of four eggs, the grated rind of one lemon, and one quart of milk; mix thoroughly then add two cups of soft breadcrumbs; turn the mixture into a baking dish, and bake for 30 to 40 minutes in a quick oven. When done spread over the top a meringue made of the four egg-whites stiffly beaten and sweetened with two tablespoons of sugar and flavored with the juice of one-half lemon. Return dish to a moderate oven for a few minutes, till meringue has browned. Serve cold.  
Red Kidney Beans with Spaghetti: Soak one cup of dried red kidney beans overnight in water to cover well, and in the morning drain and stew in water containing a pinch of soda; when tender, serve on a platter surrounded by spaghetti which you have separately cooked as follows: Boil one cupful of spaghetti, broken small, in boiling salted water till tender, then make a sauce to add to it. Sauce for the Spaghetti: Put two tablespoons of bacon fat in a saucepan and when melted add two tablespoons of raw minced onion and let cook till the onion is softened, then stir in one tablespoon of flour, and one and one-half cups of tomato juice (from either canned, or freshly-stewed tomatoes) and let bubble up a moment till thickened before turning it over the cooked spaghetti. A few crisply-fried slices of bacon make a pretty and tempting garnish for this dish.  
Scotch Short Bread: Rub the following ingredients together with the hands till well blended: Four cups of pastry flour, two cups of butter, three-fourths of a cup of powdered sugar and one-fourth teaspoon of ground nutmeg. Pack the mixture one-half inch deep in shallow pans lined with oiled paper and bake in a moderate oven till browned—about 30 minutes. Just before it is done, cut into squares.  
Tomorrow—Answered Letters.

man's pipe but it takes some time to get established. For beauty nothing can excel the purple clematis and some citizens want it named as the city flower.  
There is no better all-round insecticide for the garden than tobacco dust, or tobacco juice diluted with water. Squat is good also and acts as a fertilizer.  
Do not allow a fine tree to be removed from the front of your house without a protest. Under the recent tree-planting act, urged by horticulturalists, you have acquired an ownership.  
Join the local horticultural society and obtain a prize list for the show. Possibly you may not obtain a prize but you will be helping to beautify the community surroundings and will be an example to your neighbor. The members of the society are pleased to give any information they may have acquired.

**Going to Gotham? Try This.**  
On and after April 27th the travelling public will have the opportunity of travelling to New York City on a train which, besides affording typical "Canadian National" equipment and service, will cover the route in fast time, via Canadian National-Lehigh Valley Railways. The new train will leave Toronto daily at 5.30 p.m. and land its passengers at the magnificent and centrally located Pennsylvania depot at 8.25 a.m. next morning.  
Besides the usual sleeping car equipment, there will be a drawing-room-compartment car and exceptional dining car service.  
The return trip should, of course, be made on the corresponding New York-Toronto train, which will leave the metropolis daily at 6.15 p.m., arriving Toronto 8.53 a.m.  
For further particulars apply to J. P. Hanley, C.P. & T.A., C.N. Ry., Kingston, Ont.

**THE FEEDING OF CHILDREN.**  
**Better Method Revealed to Mothers**  
at Hartington. April 10.—The funeral of the twin son of Mr. and Mrs. James Wallace was held on Tuesday from their residence. Mrs. Daniel Freeman has accepted the position as pianist in the Methodist church, Ethel Moore resigning. Miss Harris, school nurse, visited the school, testing the children, and gave an address to mothers on the better mode of feeding children.  
Hawley Grant and little daughter spent the week-end in the city, Mrs. Grant being in the general hospital for treatment. Edgar Ryan spent a couple of days at home before sailing on the Keywest for the season. Mrs. Howell has returned from Rochester, N.Y. Bert Patterson has gone to Kingston for some time.

"Houbigant powder." Gibson's. Mrs. W. H. McClure, Violet, Ont., with her daughter, Doris, and son, Stewart, left for Hamilton on March 29th. Charles McClure left the following week for Oshawa.  
"Easter Huyler's." Gibson's. Easter week, Napanee residents will be canvassed for funds to carry on the work of the Victorian Order.

**GARDEN NOTES**  
By the Kingston Horticultural Society.

April is the great garden planning and planting month. Almost everything except the tender plants—tomatoes, cucumbers, melons, etc., may go into the ground this month. Plant sweet peas as soon as the ground can be worked.  
Divide and re-arrange the perennials as soon as the buds begin to swell. Dig in some manure.  
Do not prune the bridal wreath spruce until after it has bloomed. Prune the roses now. With the climbing roses remove nothing but the dead branches. Richmond and Grus-an-Tepitis are two grand varieties of the ever-blooming bush type, while "Dorothy Perkins" can hardly be excelled as a climbing rose.  
If you have no garden space, plan a window box. The horticultural society may offer prizes for the best of these. The tuberous-rooted begonia will give flowers even in full shade.  
Do not omit to plant some gladioli this year. They are fine enough to make a show in themselves. "Schwabens" is a grand variety and is grown in large quantities by the commercial growers.  
For the lawn there is no better seed than the Kentucky Blue grass. The Boston Ivy and the Virginia creeper are reliable climbing vines. The former will cling to a smooth wall. A good one, also, is the Dutch-

**ALL THIS WEEK A SPECIAL SELLING New Easter Suits!!**

Below we enumerate two special groups of Suits that are of exceptional value. They represent a distinct saving for all those who are interested in a new Suit for Spring. See the window displays!

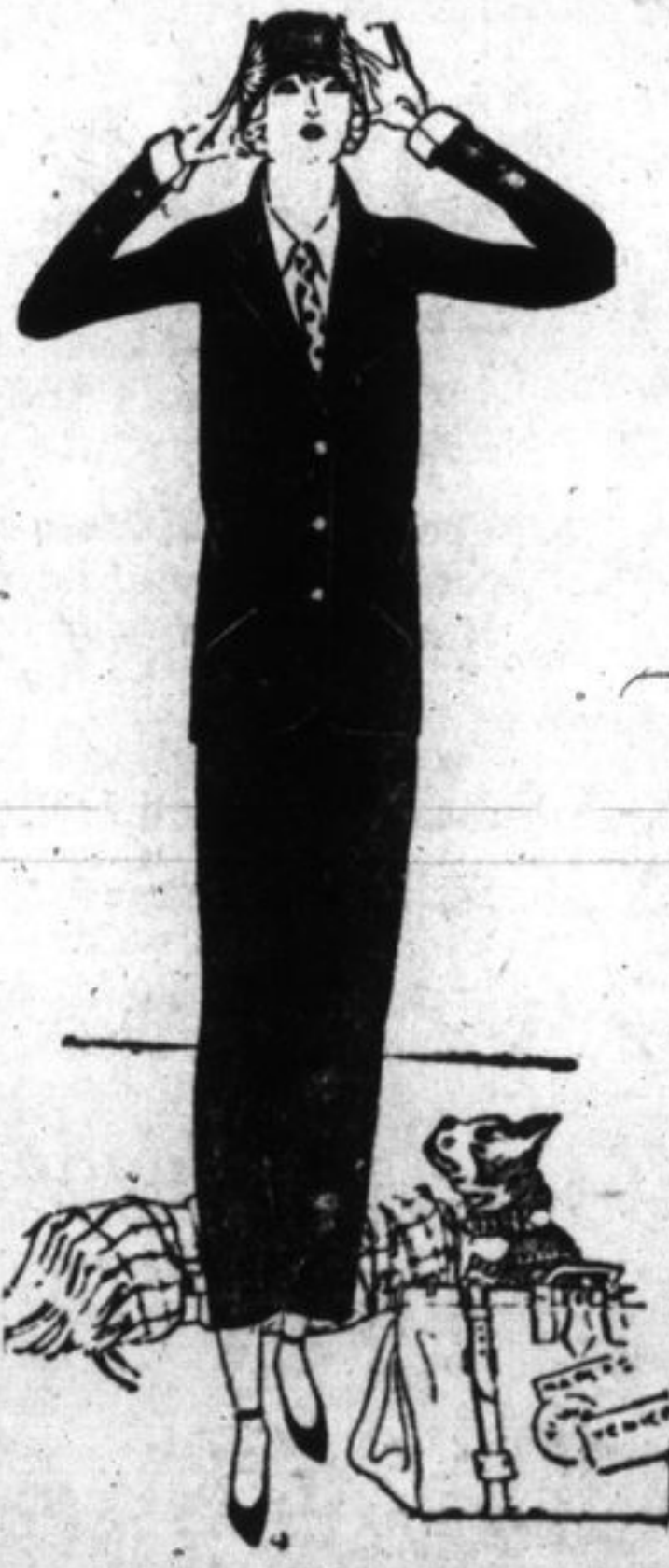


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**\$16.95**

100 smartly Tailored Suits in box and tailored styles. The box suits are made of All Wool Tricotine and Poiret Twill. The colors are Navy, Black, Brown and Sand—lined with Striped Satinette and trimmed with Braid.

The tailored or boyish models are developed in Donegal and Fiskin Tweeds in single and double-breasted styles, in a broad variety of colorings. Sizes 14 to 40.

AT  
**\$24.95**



60 Novelty and O'Rossen Tailored Suits—the season's leading numbers.

It's the tailoring, fit and finish, plus the finest all wool fabrics and silk linings that make these wonderful Suits extraordinary values at this extra special price.

The materials include Imported English Pencil-Stripes, French Tricotines and Poiret Twills, Scotch Tweeds and Novelty Broadcloth Flannels.

In colors there are Navys, Blacks, Browns, Rookies and Novelty combinations. Sizes 14 to 42.

These are absolutely outstanding values in the trade—and we would suggest for first choice. Come to-morrow!

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- Fur Boxes . . . . . \$8.00
- Refrigerators . . . . . \$15, \$18, \$22, \$28
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- Paint (colors) . . . . . \$1.50 quart
- Varnish . . . . . \$1.75 quart
- Rakes . . . . . 75c. to \$1.50 each
- Spades . . . . . \$1.25 each
- Digging Forks . . . . . \$1.50 each
- Gas Ranges, 3 Burner . . . . . \$22.00
- Electric Ranges, 3 hole . . . . . \$78 and \$98.

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General Contractors, Heating Specialists, Steam Fitters and Plumbers, Jobbers of Plumbers' and Gas-Fitters' Supplies, Stoves, Shelv, Heavy and House Furnishing Hardware, Tools, Oil, Etc.; Supplies, Sheet Metal and Tin Work; Electric work; Painting and Paper Hanging. Special work of all kinds undertaken.

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