X-RAY INDICATED CANCER, RELIEVED BY "FRUIT-A-TIVES"

Splendid Fruit Medicine Performs Another Miracle.

The incalculable value of "Fruita-tives" can best be appreciated when it completely relieves some dangerous, deadly malady that is sapping the health and strength of the sufferer. After reading this letter, it is easy to understand why Mrs. Glover was glad to write about "Fruita-tives" in the hope that her experience would guide others to try this wonderful fruit medicine.

"For years, I was a sufferer with chronic Dyspepsia, Indigestion and Constipation; the stomach pains were dreadful and finally my health broke down completely. After five X-rays had been taken, I was advised that my condition strongly resembled Cancer of the Stomach and an immediate operation was necessary. Dreading an operation, I consulted other physicians but grew steadily worse. I had almost given up hope when I deeided to try "Fruit-a-tives" recommended by many friends.



Immediately my condition began to improve. Pains disappeared; soon Dyspepsis and constipation were things of the past. After a few months I was perfectly well again and have been in the best of health for over a year now." Mrs. ANNIE GLOVER, 16 Henry Street, Ottawa.

Just try "Fruit-a-tives"-let them prove their real worth. 25c. and 50c. a bor, at all dealers or sent postpaid by Fruit-a-tives Limited, Ottawa, Ont.

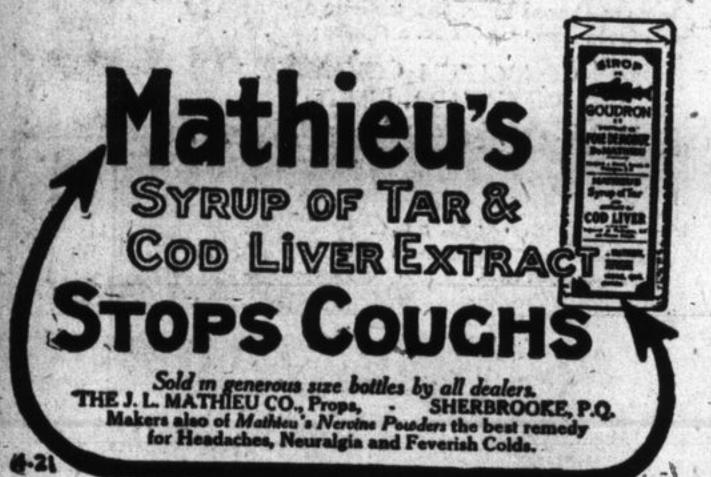
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You may have suffered from Asthma for years. You may, night after night have endured all the agonizing sensations of slow strangulation, with no hope for relief, except through the use of dangerous narcotics. If so, you will be happy to learn of

RAZ-MAH

You will probably get relief from a single dose; if \$1 box does not bring relief, your druggist will return your money in exchange for your name and address, and the empty box.

You can take RAZ-MAH in safety-it contains no habitforming drug. It acts directly on the cause of the Asthma-No smokes, sprays, snuffs-just swallow two capsules.

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For sale by Mahood Drug Co., and other good druggists.

for Asthma, Head and Bronchial Colds

Youth should be a saving's bank, Every wrong is avenged on earth.



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ARTICLE III.

those fourteen tiles "dead."

61.—The Chinese do not worry at | that call, and go game. all about the dead wall during the drawn.

62.—This is done in a very simple 74.—The player who draws the manner. Starting with the original last tile does not diward. seven pairs of tiles as a basis-they start with a lower tile, but that odd one does not count. It works out

The original dead wall, 7 pairs. If one "KONG" has been declared, pairs. If two "KONGS" have been de- | hand.

clared, 9 pairs. If three "KONGS" have been clared, 10 pairs.

clared, 11 pairs. independent of any odd tile. You will shifted and is blowing from the find that this method-the Chinese | South, then it shifts again, and blows

72 .- if, however, you have a 60 .- The "Dead Wall," at the start "PUNG" exposed on the lable, and of the game is the first seven pairs | the fourth tile is discarded you canof tiles to the right of the break. It not claim it for a "KONG"-you there are no loose tiles drawn during can only claim it for a "CHOW" the hand, the game will end with which may even give you "MAH JONGG"-in which case you make

73 .- Draw (Wash Out): In the playing of the hand. It is only to- event of a "draw," that is, the playward the end of the hand that they er who draws the last tile cannot call separate it from the tiles still to be "MAH JONGG"—the hand is a blank-nobody scores any ling.

75.-Rounds of the Games: The look around the table, and add one game consists of four hands around pair of tiles for each "KONG" which the table—the first four hands are has been exposed. The dead wall may the East Round, the second four hands are the South Round, then the West Round, and last of all, the North Round. The game will be completed in sixteen hands unless

the Banker wins a hand, in which

case he retains the bank for another 76 .- The winds have direct bearde- ing on the scoring, as you will see later. You must imagine in the first If four "KONGS" have been de- round, that it is the East Wind that is blowing. In the second round, 63.—The pairs must be complete, (the South round) the wind has way, at one sweep does away with from the West, and last of all. from the nuisance of the foreigner's the North.







method of constantly marking the | 77 .- Wind Indicators: East Wind end of the "dead wall" throughout has charge of the "Wind Box" which the playing of the hand.

with four sets of three, and a pair. ing point of the rounds, and by settle between themselves the dif-However, suppose you hold three of means of the indicators to show ference between the value of their a kind, say three "five" circles in which round is in progress. When hands, by subtracting the smaller "five" circle from the wall. This East Wind gives up the dice, and the difference. "Kong." In this case it is a "HID- tain the South, West and North in- has called "mah jongg"-East pays DEN KONG"—that is, you drew all dicators, to show the starting point double the value of South's handfour tiles from the wall yourself. If of the rounds. your wish to have it count as a Kong 78.—When the East Wind in- once. Now to continue: Suppose you declare it by laying it open on dicator reaches North ,and the Bank the table, on your right. In order te passes on again to East-North reshow that it is a "HIDDEN KONG" tains the East Wind Indicator and -you turn the two end tiles face turns it face down on the table. This

going "game" more quickly, you do the South Round. not use the four of a kind as a Kong.

"KONG" in your hand as long as you Banker's right, unless the Banker the marking on the chips in the var-

68.—If you have three of a kind in 71 to 84—Reserved. you can claim it, and declare a necessary in later issues.) "KONG." This is known as an SETTLING UP THE SCORE.

and then discard. which so many forget, even good their hands. If a player has no count players. If you declare a "KONG" at all, it is well to at once throw the SPRING IMPURITIES. and then discard in the ordinary way, hand in the discard. you will find that you have only nine | 86 .- A player who has a closed

he should keep with the dice-on his 64 .- "KONG." You will remem- left. The use of the Wind Box, in anything to any other player. ber that you complete your hard ordinary games—is to show the start-

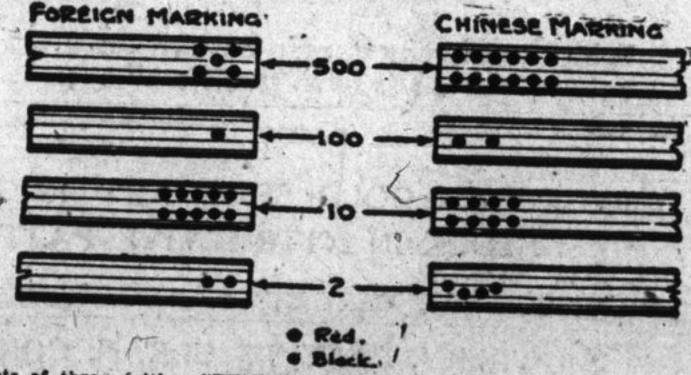
tile from a closed "KONG" for "MAH Round. The player to whom the larger score receives double the dif-JONGG"-except in one solitary Bank passes becomes East Wind for ference. case. You will find that is par. 151 that hand, and the Winds of the oth- When East settles with North er three players change accordingly. Wind however, the difference is 65.—It may be that for the sake of The original East Wind then starts sixteen points in favor of North.

gardless of who goes "MAH JONGG." points. 66 .- Four of a kind does not count The Bank does not go to the winner

80 .- In the event of a draw, the CHIPS. 67.—You may hold a closed Bank passes to the player of the 94.—There are some differences in the Bank for another hand-

"Open Kong." You take a loose tile 85.-When a layer declares "mah (To be Continued next Wednesday) jongg" the hand is finished and the 68.—Now you must fearn a rule players who have any count, expose

tiles in our hand. It is quite evident "three of a kind" places one of the that you can match these into three tiles on top of the other two, this COUNTERS



sets of three (either "PUNGS" "CHOWS") but you will not have closed "loose tile," from the dead end of ing it on top of the other tile, or the wall. You then discard. If you tiles, with which it is in combinaforget to take your loose tile you will | tion. be one tile short, and you cannot go

exposed on the table, say three "five points for "mah jongg." It is the circles," and you draw the fourth total of all these points which you "five circle" from the wall, you may double, for any farns you may have place the tile with the exposed in your hand. The examples on the "PUNG," and declare it a "KONG" following pages explain this quite whenever it is your turn to play af- clearly. terwards taking a loose tile as already explained. This is also

"Open KONG." 71 .- If a player has "three of a score. kind" hidden in his hand, and the Galley threefourth tile is discarded—he can claim If East has won, then the other player may claim the tile for "MAH East holds. East pays double or re-JONGG"—and take it from him. But ceives double, the difference between if the player declaring the "KONG" his score and any other player's. has drawn, the loose tile—then no 90.—The winner then throws, his other player can claim the fourth hand in the discard. tile from him.

the odd tile to match up for the nec- | 87 .-- If you go "mah jongg" on a

you add every point there is in your 70 .- If you have already a "PUNG" hand before you add the bonus

> an by all players paying the winner his score, East paying double the

88.—In making up your score-

89 .- The first settlement is made

t to declare a Kong. Any other three players pay double the score

You might compete two sequences er always passes to the player on the tween. North and West would be very and have a pair left, useful to go right of the previous Banker-re- simple-West would pay North 28 93.-When the debts are all paid

wish ,and declare it any time when happens to be the player who draws lous makes of "mah jongg" sets it is your turn to play. You draw the last tile in which case he holds which are coming from China today. The filustration will show these various markings and the values of your hand concealed, and the fourth; (These will be used for any furth- each. In a few instances the sets intile is discarded by another player, er explanations which may be found clude chips marked with one gold dot,-this has the value of one thousand (1,000) points.

A Tonic Medicine a Necessity at This

and aid weak digestion. It is in the has an eye to the altar. spring that poisons in the blood find In England there are to-day 1.

an outlet in disfiguring pimples, 700,000 "surplus" women-half many other troubles are most persist- jority is little over 10,000. ent because of poor, weak blood and it is at this time when all nature there are still several counties and takes on new life that the blood most towns in which men predominate. seriously needs attention. Some peobut these only further weaken themselves. A purgative merely gallops through the system, emptlying the bowels, but does not help the blood. On the other hand, Dr. Williams' Pink Pills enrich the blood, which reaches every organ in the body bringing new strength and vigor to weak, easily tired men, women and children. Try Dr. Williams' Pink

Pills this spring-they will not dis-Sold by all medicine dealers, or sent by mail at 50c. a box by The Dr. Williams' Medicine Co., Brockville,

The most manifest sign of wisdom 902-The winner does not pay is continued cheerfulness,

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How Much Money Will You Have Saved?

Only 4 Men out of every 100 are Independent at age 65.

The Double Maturity Endowment Policy furnishes a guaranteed income for this period in life-combining economically in one contract, both Protection and Saving.

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Without obligation kindly forward me your booklet "Some Day You May be Old." I am years of age, and would like to accumulate \$

-towards independence.

91:-The other three player then

your hand, and draw the fourth the Bank passes to the next player, score from the larger and paying the gives your four of a kind, called East Wind Indicator. East will re- 92.—For instance, suppose South

> North and West each pay the value East has a hand scoring 32 West has a hand scoring 20

North has a hand scoring 48 In this instance East would re down, and the two centre tiles face shows that the East Round is finish- ceive from West 24 points that is, ed-that is, that each player in turn | the difference between the two scor-60A-NOTE: You cannot claim a has been East Wind in the East es is twelve ,and East having the

> therefore, East has to pay North 79-Passing the Bank: The Bank- thirty-two points. The settlement be-

as a Kong unless you declare it. It of the hand (unless he happens to -all the tiles are shuffled and new you do not declare it, the most it can be the player on the Banker's right.) walls are built up for the next hand.

SCARCITY OF MEN FELT IN ENGLAND

Dr. Williams' Pink Pills are an all-It is not encouraging to English year-round tonic for the blood and women who would be wives to learn nerves. But they are especially valu- that to-day the "surplus" females in able in the spring when the system is Great Britain are numerous enough loaded with impurities as a result of to re-people the entire counties of the indoor life of the winter months. Norfolk, Suffolk and Essex, There is no other season when the This preponderance is greatest in blood is so much in need of purifying England, where there are 110 feand enriching, and every dose of these males to every 100 males. Scotland

pills helps to enrich the blood. In ranks next with 108 to 100; and the spring one feels weak and tired- Wales is third with only 101 to 100. Dr Williams' Pink Pills give strength. In Wales in fact, there are still al-In the spring the appetite is often most as many men as women, so that poor-Dr. Williams' Pink Pills de- the Welsh girl can crow over her velop the appetite, tone the stomach | English and Scottish sisters if she

eruptions and boils-Dr. Williams' million more than 10 years ago, or Pink Pills clear the skin because they a number as large as the populaessary pair to go game. Therefore, tile which scores points, you show go to the root of the trouble in the tion of Sheffield. Scottish women when you declare a "KONG," you at that it counts, either by standing blood. In the spring anaemia, rheu- outnumber the men by 157,000; once take an extra tile known as a the tile up in your hand, or by plac- matism, indigestion, neuralgia and while in Wales the women's ma-It is interesting to note

> Thus in Rotherham there are nearly ple dose themselves with purgatives, 1,500 more males than females; in St. Helens, 2,600 and in Barrow-in-Furness 1.672. And, among other towns Grimsby and Newport, have a female minority, which is shared by the counties of Durban, Breck-

nock, Monmouth and Glamorgan. On the other hand, Bath has 10,-000 more women than men. Birmingham hearly 50,000 and Manchester 40,000, while in Sussex the women outnumber the men by no fewer than 1,273 to 1,000, and in Surrey by 1,187 to 1,000.

It is thus clear that potential husbands are more plentiful such counties as Durban and such towns as St. Helens, while the man in search of a wife will have greater choice in Surrey and Sussex, Bath and Buringham.

S., RICHEST OF NATIONS, LEADS ALL IN ILLITERACY

By S. W. Straus, President American Society for Thrift

"The United States has the highest percentage of illiteracy among enlightened nations in the world."

One finds this amazing statement in a report issued by the National Education Association

after research of illiteracy conditions throughout the civilized world. The percentage of illiteracy in the United States is given as 6.0; among other nations it is France

4.9; England and Wales 1.8; Scotland 1.6; Sweden and Norway 1.0; Netherlands 9; Denmark .2. The number of absolute illiterates

is officially given as 5,000,000, but it has been estimated that there are from 5,000,000 to 15,000,000 additional persons whose education is so limited as to make it practically impossible for them to discharge intelligently their duties as citizens in the democracy. No less than 24.9 per cent of our young men are so limited in their command of the English language that they are unable to read newspapers or write letters.

The late Franklin K. Lane. while Secretary of the Interior, estimated that our country is losing \$825,000,000 a year through illiteracy. He stated that 10 per cent of our country folk cannot read or write, thus cutting them off from the benefits of bulletins on agriculture, farm

publications, newspapers, etc.

According to educationa! authorities illiteracy at its present rate of decrease will continue to be a national problem in the United States for the next 100 years.

Such widespread illiteracy in a nation which counts wealth at a figure in excess of \$300,000,000,000 is manifestation of public thriftlessness.

This loss cannot be computed by any material standard, and, as to its moral and mental aspects. one is reminded of Addison' words: "The philosopher, the saint, the hero, the wise, the good, the great man, very often lies concealed in a plebeian whom proper education might have disinterred and brought to life."

Old Folks Need Mild Bowel Tonic

And Should Avoid the Use of Harsh Pills and Drastic Purgatives.

Old people, no matter how sound and healthy, should avoid cathartic pills, purgative water, salts and all such temporary relief measures. They ease conditions to-day but bind you up worse than ever to-morrow.

It is better to get bowels into the habit of performing their needful function at a certain time each day and this can be done by strengthening the muscles of the stomach and bowels by the tonic action of Dr. Hamilton's Pills, a mild laxative that acts as close to

nature's way as possible. Thousands of people, old and young, prevent and care habitual constipation by using Dr. Hamilton's Pills, a mild yet active medicine that is noted for its prompt ness in curing headaches, belo ing gas, sourness in the stomac fullness after meals, liver soren and muddy complexion. have the best of health, good, eat well, digest and sleep well if you regulate the system by Dr. Hamilton's Pills of Mandrake and Butternut, 25c. per box at all dealers or by mail from The Catarrhozone Co., Montreal.

Dr. Martel's Female Pills strengthening organs, relieving DELAYE and PAINFUL MENSTRUATION, ME VOUSNESS, BACKACHE, DIZZINESS, e no dangerous drugs. Sold only in Scaled Hing Cover TIN BOX with our signature. Drugging overywhere, or direct by mail, plain packages and English and English St. 60 Enicherbecker Remedy Co., 71 E. Front St. Toronto, Con. Circular mailed on request.

Philosophers dwell in the moon