

# Tortured for Three Years

### Helpless from Rheumatism Until Relieved By "Fruit-a-tives"



MR. P. R. BOISSINOT

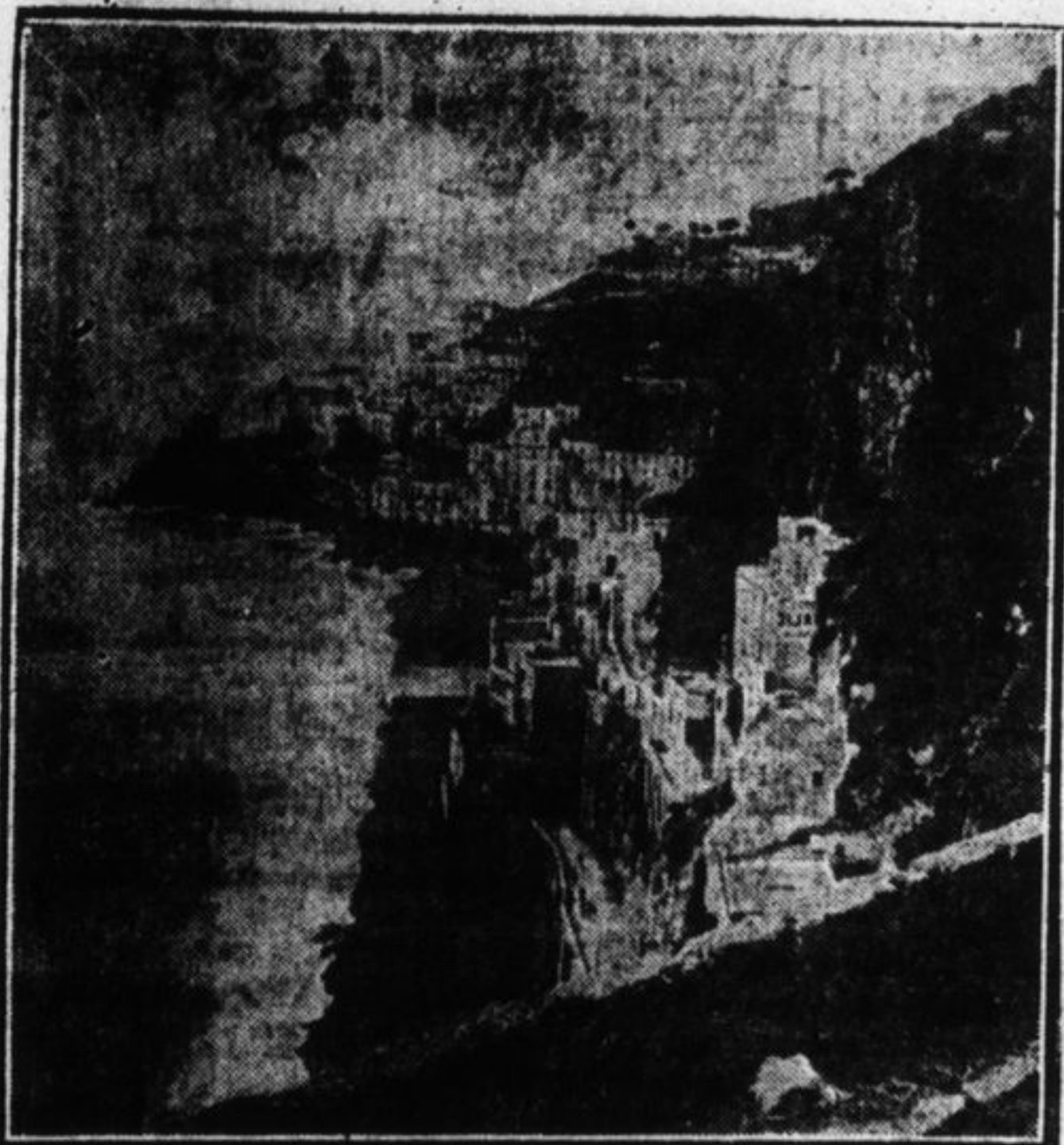
No wonder people regard "Fruit-a-tives" as a faithful family friend and are so eager to tell what it has done for them.

After years of suffering, they appreciate the wonderful powers of this fruit treatment in relieving them of pain and misery and discouragement.

As Mr. P. R. Boissinot, of LaBroquerie, Man., wrote: "For three years, I had to give up work; my arms were so swollen and I was so sick. I felt I would never be able to work on the farm any more. But one day, a cousin came to see me and advised me to take "Fruit-a-tives". Now, I am in good health. I rest well and do all my work. I can recommend "Fruit-a-tives" for Rheumatism that made me suffer so much and I thank you for this good remedy."

"Fruit-a-tives" is the wonderful medicine made from the juices of apples, oranges, figs and prunes and tonics—and is the only complete treatment ever discovered for Rheumatism, Pain in the Back, Lumbago, Neuralgia, Headaches and other troubles due to the improper action of the stomach, bowels and kidneys.

25c. and 50c. a box—at all dealers or from Fruit-a-tives Limited, Ottawa, Ont.



The famous seaport of Amalfi, Italy, twenty-miles from Naples, was swept by a landslide which affected seven nearby villages. More than a hundred persons are known to have perished and thousands rendered homeless

#### WAGARVILLE.

April 1.—Sugar makers report a fair run of ssp. Miss Dorothy Goodberry has been ill with the grippe, but is gaining slowly. Mr. and Mrs. M. Kirkham were visiting at F. Simpkins' on Sunday for tea. Wellie Goodberry and Damon Goodberry were at John Chalk's, on Sunday, for dinner. Bert Wagar, from the west, is renewing old acquaintances in this vicinity. M. McCloud was at Earl Storm's on Sunday. Melville Wagar at Charles Peters', on Sunday; A. Wagar at home.

We think lawyers wise men, and they think we are fools. It is as natural to fear as to hope when one is unfortunate.

## THE HUMAN ZOO

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By C. D. Batchelor



MR. EARL DARCY

MR. EARL DARCY

MR. EARL DARCY

MR. DARCY

WANTED

ON THE

TELEPHONE

Feelings of a third-class tea hound on being paged in a first-class place.

## THE BATTLE AGAINST TUBERCULOSIS

(Continued from page 1). This theory of early infection is no doubt true in many or even most cases of tuberculosis and therefore to me the guarding of the very young infants against any possible exposure to tuberculosis and thus to infection, is where we want to begin if we wish to do all we can, and to be successful in eradicating this disease tuberculosis from our midst, and fortunately we have many means and ways of very materially preventing the spread of this disease.

There are two main types of tuberculosis in mankind, that caused by the Bovine Bacillus (derived from the cow) and called the Bovine type, and that caused by the Human Tubercle Bacillus and called the Human type.

#### Bovine Type of Tuberculosis.

This form is contracted by taking milk from a cow which has tuberculosis and usually one where the udder is infected and where the milk has not been treated either by proper pasteurizing or by boiling or sterilization, of the milk for three or four minutes, for either of these treatments of the milk will positively destroy all tubercle bacilli in the milk from an infected cow, and will not materially injure the milk in any way as a food, if brought to a boil quickly then boiled for three or four minutes, and then immediately cooled quickly after the boiling. This bovine type of tuberculosis is only found in infants and children, as adults are practically never infected with the bovine bacillus. It is the cause of a considerable proportion of the tubercular meningitis and of the general tuberculosis cases in children under five years of age, both forms of which are fatal in practically one hundred per cent. of cases, and also the cause of a very high percentage of the cases of tuberculosis of the glands of the neck and tuberculosis of the abdominal cavity. Thus we see how easily we can eradicate these fatal forms of tuberculosis in infants, and early childhood, and prevent its spread to other children if we will be sure to pasteurize or boil all milks used. Of course we know that the government is endeavoring to have cattle free from tuberculosis by frequent tests and destroying those infected, with the hope of gradually getting the disease wiped out, but, in the meantime, the public should remember that any germs possibly present should be sure to be destroyed and to remember how this can be so wisely done by the above simple method.

#### Human Tuberculosis.

Now, as to the second type of tuberculosis, the Human type, that contracted by contact with or infection by the Human Tubercle Bacillus and causing any form of tuberculosis and which may affect any organ of the human body, but particularly the throat, lungs and bronchial glands and it is from these forms that the disease is most likely to spread to others through the sputum and other secretions of the nose and throat. This type is not spread by spitting alone, but also by sneezing and coughing when particles containing the bacilli are expelled into the surrounding area and thus infect others, unless the precaution of covering the mouth and nose properly is taken when infected and active tubercular persons must cough or sneeze, and as a further prevention of spreading by expectoration there is or should be legislation prohibiting such being done and we should

all do our best to see that such is properly carried out especially in public places and we should also see as a further prevention of this disease spreading, the placing of a proper drinking fountain in place of the old-fashioned common drinking cup.

Against this type of tuberculosis the young infant must also be protected especially the malnourished and the bottle fed babies, as these have a less resistance and a greater tendency to infection, if exposed by residing with persons who have active tuberculosis, as often those caring for babies on the bottle thoughtlessly always moisten the nipple with their own mouths before giving the food to the baby, or later on always taste the various foods before feeding the baby, with the same spoon, or baby gets an extra share of kisses and usually on the mouth. Thus in these many little ways the germs are thoughtlessly transmitted. Remember all babies have a good start in life, for none are born with tuberculosis, none inherit even when the mother is suffering from active tuberculosis at the time of the baby's birth, but in order to keep this infant from exposure and infection it will be necessary to at once separate mother and child and to keep baby away from the infected mother and by so doing that infant will grow up free from tuberculosis if not exposed from some other source. So we see the absolute necessity of safe-guarding all infants and children and by so doing we are helping very much by preventing infection and thus always remember the great helpfulness or proper sanitation and especially of the wonderful blessing we have

## Constant Headaches and Dizziness

It is hard to struggle along with a head that aches and pains all the time, and in nine cases out of ten the persistent headaches are due to some derangement of the stomach, liver or bowels. Undoubtedly the cause must be removed before permanent relief may be had. Burdock Blood Bitters removes the cause of the headache as it acts on every organ of the body and strengthens, purifies and regulates the whole system. Mrs. Peter Curran, 27 Morrison St., Sydney, N.S., writes:—"I have been troubled for the last five years with constant headaches and dizziness. After trying several remedies, which I found to be of no avail, Burdock Blood Bitters was recommended to me. B.B.B. did me a world of good, and I cannot praise this remedy enough." Manufactured only by The T. Millburn Co., Limited, Toronto, Ont.

#### in sunlight in helping to stamp out this disease.

If we can get the proper care and treatment for all those who have active or even dormant tuberculosis, or can even get them instructed as how best to care for themselves and to take precautions against infecting others, we will have done a great deal towards stamping out this disease. But in order to properly handle and instruct these active cases it will be necessary to get legislation which will aid in giving first treatment and care where such is needed and to this end we are now striving, and when this will have been obtained then will the spreading of tuberculosis diminish rapidly and we hope soon be entirely wiped out.

## Beauty

### A Gleamy Mass of Hair

35c "Danderine" does Wonders for Any Girl's Hair



Girls! Try this! When combing and dressing your hair, just moisten your hair with a little "Danderine" and brush it through your hair. The effect is startling! You can do your hair up immediately and it will appear twice as thick and heavy—a mass of gleamy hair, sparkling with life and possessing that incomparable softness, freshness and luxuriance. While beautifying the hair "Danderine" is also toning and stimulating each single hair to grow thick, long and strong. Hair stops falling out and dandruff disappears. Get a bottle of "Danderine", refreshing bottle of "Danderine" at any drug or toilet counter and just see how healthy and youthful your hair becomes.

## BOOKS

#### BLUE HOMESPUN.

By Frank Oliver Call, Ryerson Press, Toronto. Price \$1.50. Illustrated by Orson S. Wheeler. We have just received a collection of sonnets which will be found attractive if only for their lyrical quality, simplicity and freedom from the striving after effect which mars much of the work of the younger school of Canadian verse-makers. In a daintily-bound book, Frank Oliver Call gives us twelve sonnets of French Canada; five "From a Walled Garden," which will delight those who love a real garden, and nine "Simples" which include "The Cathedral Builders," a poem which beautifully expresses a beautiful thought. But to those who have passed happy summer days in the land that was once New France, the sonnets which tell of the simple life of the habitant will appeal strongly. In the first sonnet, "The Road to Ste. Angèle," Mr. Call draws with a few unerring strokes the background of the picture he brings before us. "Through a small village, past a great stone church, Leads the long straight road of rutted clay. Where heavy-laden cars and buckboards lurk Between flat stubble fields." And then the poet in his other sonnets limns the familiar figures of the French village. The old habitant sitting at his door at sundown, thinking on his crops; "The



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## SEAMAN-KENT HARDWOOD FLOORING

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Raconteur," warming himself by the great red-hot stove of a winter evening tells weird tales of the "Windigo" that haunts the woods and "The Walker of the Snow." We hear the shanty-men singing the old chansons ending in a prayer to Saint Marguerite. Very beautifully does the poet bring out the deep religion that permeates the daily life of the simple men and women who live far from the stress of modern life. Old Marie bending over her loom is watched over by the picture of the Holy Virgin in a robe as blue as the pile of homespun ever glowing larger; "The Mother," whose pride in the son who sings the daily mass at Saint Hubert is tempered with sorrow for the boy who had followed the long empty road to search for adventure, and the black-robed nuns in the grey walled convent are typical of the life of French Canada. Mr. Call has struck a daring and original note with success in "The Sugar Maker," "Old Philippe" when April wrought its magic "—la, comes" and to him "The drooping sap rang out like sanctus bells." Lifting his eyes to the "blue mysterious sky, he bowed as though the Host were passing by." And why not? The gift of the maple sap was assuredly a sign of the presence of the Bon Dieu. The illustrations by Orson S. Wheeler are remarkably good.

dict in the Ruyland circle is exciting enough while it lasts, and Augusta is clever enough to fascinate us even while her hardness and tyranny repel; but she and several of the other characters have somewhat the air of being dramatised formulas rather than observed human beings.

#### TOLD BY AN IDOT.

By Rose Macaulay. Ryerson Press, Toronto, \$2.

It will be no great surprise to the readers of "Potteriam" to learn that its author regards as life as being a tale "full of sound and fury" and devoid of meaning. It is of course possible to represent any given transverse section of life as having that aspect, and it is particularly easy in the case of the life of a rather futile English family from, say, 1870 to 1920; and it is such a family and such a period that Miss Macaulay has chosen. The futility of human affairs is decidedly a favorite note of a large school of modern novelists, and is probably popular with a great many of the younger novel-readers, who read with the conviction that it is not their fault that life has been so futile and that it only remains for them to make it much less so. Older readers are likely to conclude that there is little prospect of its being materially improved in the near future, but that it never was quite so meaningless as Miss Macaulay wants us to believe or rather, that whether it ever was so or not, no large number of the human beings who have participated in it have consented to regard it as being so. A clever, cynical, cruel book, the acceptance of whose doctrine in full would result in a rather general epidemic of suicide.

#### MISTRESS WILDING.

By Rafael Sabatini. Thomas Allen, Toronto, \$2.

Mr. Sabatini needs no recommendation from us. He is universally known, not only to all readers but to the millions who can no longer read but can absorb mental nourishment from the movies, as the author of "Scaramouche" and a half-dozen other dazzling tales of romantic adventure. And this is equal to the best of the lot, with an opening more exquisitely intriguing and exciting than any of the others, a fine narrative of plot and peril in the Monmouth Rebellion, and that inevitable flavoring of romance that is added by a marriage that is no marriage, and a hatred between the wedded pair that is gradually turned to love by the hero's heroism and the lady's truthfulness. In justice to the incautious reader, we should warn him or her that marriages of this sort are less common in real life than they have lately been in English and American fiction.

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