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THE MOST EXPENSIVE TEA GROWN

MING OHA is the Chinese tea gift to man. Even now the coolie whispers enviously of its delights, the mandarin loudly praises it, and official China thinks so highly of it that it has certified it to be "the highest grade of tea obtainable." This certification appears on each package. Sold exclusively in Kingston at:-

59-61 BROCK STREET "A SQUARE HOUSE TO DEAL WITH"

# YOUR NEW SPRING SHOES

GET THEM AT SAWYER'S.

Stylish Shoes in Log Cabin, Grey and Brown Suede, in Strap Shoes or Oxfords, with High, Low or Flat Heels.

Brown, Patent and Gun Metal Oxfords.

The Sawyer Shoe Store Phone 159. 184 Princess St.

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The exceptional tone quality in the Weber Piano appeals to the most ascethetic taste.

HEAR FOR YOURSELF AND BE CONVINCED.

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Pelicy No. 79785 for \$1,000.

the 20 payment life plan. Prem-Policy becomes paid-up in

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District Manager 60 Brock Street 'Phone 610

Island Rolls, per lb. .... 37c.

Pure Cocoa 5 lbs, 65c. 1 pound free.

Pure Lard For particular people, lb. 17

Daw's Malt Excellent Spring Tonic, bot 29c

Oranges

Cullen's

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Good meals served to your liking. EVENING PARTIES given first class attention.

THE VICTORIA CAFE 354 King Street.



## Quick Eyeglass REPAIRS

It is certainly a relief to know that you can get repairs here quickly, without ser'ous inconvenience or loss of time. Only the exceptional mechanical facilities and a complete record system such as we maintain make this sort of optical service

Consult: \$42 KING STREET EYESIGHT SPECIALIST PHONE 1019W

## QUEEN'S TRACK CLUB CONTRACT IS AWARDED

in the Intercollegiate

that "it is time for a change." Queen's Kingston General Hospital. track meet in October.

Field Club:-President-John Collins, 'Meds. Vice-President-E. M. Patton, 'Arts. Captain-J. S. Daley, 'Meds. Manager-J. Alex. Edmison, 'Arts.

Mr. Downey, (Medicine.) Many plans were discussed. The amount to about \$100,000. 'Varsity system of holding separate A. will be invited to compete; there ener, and other large buildings in will even be events in which girls may different parts of the province. enter. Valuable medals will be the

prizes awarded.

held in Kingston this year, there is a kind in Canada. keen desire on the part of the track team executive to put on the track an ggregation that will at least hold its. own with the starry outfits from Tor- To Issue Orders For Closing of Unonto and Montreal. To bring this about no effort will be spared.

Advice To Trackmen

track coach, writes as follows:to ten weeks. If you are an aspirant ing house at 72 Queen street,

condition is regarded to be the sum- was in the city a few days ago and time between his periods of training. By so doing, he develops a better allround muscular tone and greater muscular sense of co-ordination. He does not "go stale," but is fresh, keen, and eager when he commences training in his specialized form of athletics.

Being the year of the Olympic games naturally great impetus will be given athletics in the spring until the Canadian team is selected. Every athlete noon. who ever wore a spike shoe will be on the tracks of Canada to look over prospective material and to offer advice College men are urged whenever possible, to train with these Olympic candidates, and to compete in the trials if only for the experience which is of nestimable value to any young athlete. Many races are lost through inexperience, nervousness, and ignorance of racing knowledge in general; many field events also, in which the better man does not always win, for the same reasons, civilization that admits of track and field, a suggestion may be offered. George Octon's famous exercise, "the 100 up," is used especially by athletes on board ship crossing the Atlantic, to keep in perfect condition, It is simply place-running, lifting the knees at right angles to the trunk of the date of the full collection being the body, and swinging the arms as in imposed. His attention was called running to the count of 100. It will get you into remarkably good running condition before stepping on a cinder track for final training. Skipping is also recommended as an excellent "conditioner." If, however, there nearby a country road or even a path through the bush, you are in luck. Sprinters and distance runners can get into tip-top form by taking hikes of two or three miles. Sprinters work over the distance by walking and at intervals jogging about 200 yards, increasing in speed to the maximum for about 100 yards and then gradually slackening to a jog, and finally to a walk again. Distance men set out at a walk and at intervals swing into an easy stride for about half a mile, being careful to avoid sore shin muscles which result from pounding or striking the ground heavily. Alternately walking and running will accomplish

in time an ease of movement which is the mark of a budding champion. Field events are developed only by daily practice. The necessary equipment can readily be made or procured, but be sure to have a soft landing for the jumps. Almost every town has its champion stone-weight tosser. Start a competition. Put the reverse foot action of the Shot Put into good form,

and you will surprise the natives. When you consider that the Intercollegiate meet is on the third Friday in October, and that the team is chosen largely from the showing made in the Interfaculty sports which are held ten days before the Intercollegiate, it chooves every man to commente aily training wherever he may be located not later than August 25th.

Moving to Collin's Bay. Mr. and Mrs. Percy Hare, Darlington C.N.R. station, where Mr. Hare has been agent for the past four ars, were nonored before their deatture for Collin's Bay. A large amber of friends assembled at their ome and presented them with a licely-worded address and a handome ten service. Mr. and Mrs. are expressed their thanks for the ft by pleasing words and the renainder of the evening was spent games, contests and dancing.

Richard Clements, Stirling, is lead, aged seventy-five years.

FOR CLINIC BUILDING

ford-McKelvey & Birch Are Sub-Contractors.

For the first time in many years It was announced on Thursday manifested in track and field events at | tion Company Limited, Brantford, Queen's University. There is a stern had been awarded the contract to must no longer play the role of the though no price has been given out, Weak Sister at the Intercollegiate it is understood that the figure is At a largely attended and enthusias the members of the firm arrived in tic meeting, the following were elected the city on Thursday and with the as the executive of Queen's Track and superintendent, David Campbell, was busy during the day getting

ready to start the work. McKelvey & Birch, Ltd., has been given the sub-contract to do steam fitting, tinsmithing, ventila-Faculty Representatives-Mr. Skel- tion, plumbing, electrical and hardon, (Arts); Mr. Walli, (Science) and ware work for the new building. McKelvey & Birch's contract will

The firm of Secord & Sons are faculty meets will be adopted; the in- large building contractors, having teriaculty meet will be open and R.M. erected the King Edward hotel in C., Regiopolis, K.C.I., and the Y.M.C. Toronto, the new hospital in Kitch-

tention of the contractors to give Encouraging reports of promising employment to as many local

sanitary Buildings.

A special meeting of the Board of Health was held on Wednesday afternoon for the purpose of giving Frank Halbus, Toronto University authority for the issuing of the necessary notices in the case of two Ask any Intercollegiate track or dwelling places, which have been field champion how he managed to declared by Dr. Maloney, provincial make a record, and he will tell you it officer of health, as "unfit for was done by hard, daily, persistent habitation." The places referred to work extending over a period of eight | are the Revere House and a dwell-

to Intercollegiate track and field cham- The Kingston Board of Health has pionships, consider what is demanded had these two places under considof you long before you register next eration for some time and at a recent meeting unsatisfactory reports The best season of the year for get- were received about them. Dr. Mating your body into a perfect physical loney, provincial officer of health, mer, particularly if you can expose reported that both places were "unyour body to the health-giving proper- fit for habitation" and ordered that ties of the sun. A track man usually they be closed. Thus a meeting of finds it to his advantage to take up the board was found necessary in some other branches of sport for a order that the necessary notices may

British-American hotel on Friday at

During March, the club had two meetings with a hundred per cent. attendance. The club's average for March was 97.73 per cent. The luncheons with the hundred cent, attendance were held on March 7th and March 14th.

you have had two hundred per cent. meetings in March. You are making a fine record in attendance."

Utilities Might Advertise. A citizen complains that he has had to pay discounts on water bills that he had not received prior to to the regulations which made fail ure to receive an account not a cause to entitle a consumer to discount The citizen suggests that the Uutilities Committee advertise when water and gas accounts are collectable and this will help out the consumers to pay promptly and get discounts

"The Hat Store" SPRING CAPS

before is our variety of Spring Cloth Caps for Men and Boys. You will find the Cap here that exactly suits and at the right

FOR MEN FOR BOYS

50c., 75c., \$1.00,

"We Hat Everybody"

Intends to Take a Bigger Part To Second Company, Brant-

there is a real lively interest being that P. H. Secord & Sons Construcdetermination on the part of many erect the new clinic building at the something under \$400,000. One of

As far as possible, it is the in-

track men coming to Queen's next fall mechanics and laborers as possible. The new clinic building will be As the Intercollegiate meet is to be the most up-to-date structure of its

### BOARD OF HEALTH MEETS.

## Rotary Club Activities.

Rev. C. S. Buckingham, Ottawa, will be the speaker at the luncheon of the Kingston Rotary Club in the

District Governor Edwin Weekes writes as follows to Secretary Roy.

"It is very gratifying to know that

An honorable death is better that a disgraceful life.

By the Hundreds-

New Cloths New Values



Larger and better than ever

\$1, \$1.25, \$1.50, \$1.75 and \$2.00

# What Will I Do About My Tires This Spring?

THAT'S THE QUESTION!

# **MOORE'S**

DOMINION AND FIRESTONE DEALERS 206-8 Wellington Street

# NEW DRESS GOODS AND SILKS

FOR SPRING AND SUMMER WEAR

HOMESPUN, \$1.50-

54 inch, all pure Wool Homespun, 10 different shades; all new; to choose from. Priced ....

CANTON CREPE, \$3.50 42 inch Canton Crepe, pure Silk, 54 inch, all pure wool Botany nice, heavy weight; all the new

BROCADED MOROCAIN 42 inch Fancy Brocaded Morocain, in Pearl, Ivory, Almond, Green, Seal Brown and Blackregular \$4.50. Now .... \$3.75 SERGE, \$1.50

Serge, excellent shades of Navy and Black, at ..... \$1.50 yard

VELLA VELLA

One of the newest knitted fabrics for dresses; will not crush; all the new shades for Spring wear. .... \$3.50 yard

CREPE AILEEN, \$2.25

Don't miss this opportunity to-morrow-Navy and Black Crepe Aileen-36 inches wide-only 100 yards in the lot. ...... Sale Price \$2.25 yard

NEW WASH GOODS-

Our showing of Wash Fabrics for Spring and Summer wear includes Homespuns, Silk and Cotton fabrics, plain and fancy Rateens, Repps, Poplins, Eponge, Crepes, plain and fancy Voiles, and many other new novelties. All moderately priced.

The Pictorial Fashion Book for Summer now on sale . . . . 25c. copy

# Newman & Shaw

THE ALWAYS BUSY STORE

New England Cafe on Wednesday Even-

The members of the Senior liter ary society dramatic club of the Kingston Collegiate Institute, which recently presented "The Merchant of Venice Up-to-Date," dined at the New England cafe on Wednesday evening. After partaking of an ex- local Y.M.C.A. held an enjoyable ceptionally fine meal, a toast list supper meeting in the boys' depart-

had received. Miss M. Sheridan, one of the by the literary committee. spoke of the small beginning of invite the senior members of the literary society and how it had men's department. grown, with the result that the K. C. I. students had presented a play which was a credit to them. She also spoke of the public speaking competition, which was recently held at the school. Eleven scholars had competed for prizes which had been offered by Miss Hall, one of the teachers, and Stewart Lavell

president of the society. Miss Lola Saundercook in posing the toast to Miss Edwards and Miss Sheridan" told of hard these two teachers had worked to make the play a success. She thanked both for the interest they had shown and made special reference to painting of the scenery which was done by Miss Edwards. The toast to the "Press" was pro posed by Miss Violet Anglin and responded to by Fred B. Pense of the

partment was presented by his men against her. She will be brought to granting leave with pay to two civie ther tobacco pouch and Tar of to-

nine years, died in Smith's Falls on son of James Lattimore, Gananoque, a resident of Belleville, died

Easter Millinery Hats that are different. Prices that are right. Parisian Shop

LADIES' GYMNASIUM CLUB. Of The Y.M.C.A. Holds An Enjoyable The ladies' gymnasium club of the

was carried out. John V. Mills in a ment Wednesday evening, the meetvery able manner acted as toast- ing being splendidly conducted by the president, Miss N. Dainty. The The toast to the "School" was pro- reports of the committee convenors posed by Donald M. Simpson and re- indicated that the activities of the sponded to by Principal E. O. Sliter. | club were well taken care of, and Mr. Sliter took occasion to congratu- the outlook is very bright. After late the pupils on the excellent per- a supper, served by the women's formance which they gave last week auxiliary, an old time sing-song was and said that things of that nature conducted, the music for the same go toward making a better school. | being provided by an orchestra fur-"The Senior Literary Society" nished by the local musicians' union, was proposed by W. S. Lavell, presi- with the following assisting: Messrs. dent of the society, and responded to Sid. D. Salsbury, B. McAuley, H. B. by Miss M. Sheridan. Stewart Lavell, Salsbury, Joseph Nardelli. Recitain course of his few remarks said tions were given by Mrs. D. Currie that he was delighted to belong to and Miss E. Davies, and some fine

such an organization and he was counsel was given to the ladies in sure every person had received a a short address by the honorary pregreat benefit from the training they sident, Mrs. John Wright. The programme of last night was arranged teachers who had assisted the boys month's meeting will be in charge and girls to "put their play over," of the executive committee who will

The Board's Decision Sustained. In the Appellate court of Toronto an Ottawa lawyer sought to have the name of Mrs. Dorothy Fulford Hardy, wife of Senator Hardy, restored to the assessment rolls of Ottawa, where she was entered as assessable on an income of \$100,000 The Ontario Railway and Municipal Board had stricken it out as her residence was in Elizabethtownship near Brockville. The court sustained the board's decision. Justice Latchford pointed out that Mrs Hardy's home in Elizabethtown township had been her place of residence for twenty years, and that the court could come to no other decision but that it was her real home.

Mrs. Eileen Walsh Beck, the wo man who did up Belleville merchants, has been arrested in Toron-William Cook on retiring as works to. Charges of securing goods unmanager of the Belleville gas de- | der false pretences will be laid

The death took place in Toronto, on Tuesday, of Charles H. Latti-Mrs. J. D. McInnes, aged thirty- more, in his thirty-ninth year, only buried at Gananoque on Thursday, home of her son.

# Two Very Attractive Properties For Sale

Chean! UNION STREET-Detached solid brick, 10 rooms, two bath tric light, two fireplaces, brick stable for two horses, driveshed brick garage for two cars, woodshed, cement floor, good basement divided, about onehalf acre land facing on three

ELLERBECK STREET double frame dwelling, rooms each, hardwood Hoors, furnace, electric lights, two garages, garden and deep lot. Full information on both at

Houses to rent. Fire Insurance.

Money to loan.

Residence 2529w and 589J. RATEPAYERS' ASSOCIATION.

Phones: Office ..... 589w.

Petition Circulated at Meeting it City Hall. Joseph Nash held another meeting in the city hall Wednesday night. All seats were occupied and quite a number gathered round the aisles. A petition was circulated asking for signatures calling upon the council to give the free use of the hall for a later date this month for

the purpose of forming a Ratepayers' Mr. Nash went into further details of topics already discussed by him in previous meetings, explaining later developments in the same problems and submitting his views to the gathering. He told of a large and reputable firm which would build any sized hotel at six per cent, instead of the fifteen per cent. as outlined in the proposition of the city council's hotel committee. He mentioned hotels in other cities which are being operated success-

fully. His remarks closed with a criticemployees.

Mrs. R. M. Roy, for many years Monday. A husband and two chil- A widow survives. The remains were Tuesday in St. Thomas, Ont., at the