

NEWS AND VIEWS FOR WOMEN READERS

LIFE'S SOCIAL SIDE

Editor of Women's Page, Telephone 2613. Private phone 887w.

It was indeed a "social evening" to which the directors of the Kingston Curlers Limited invited their friends on Monday. The club house was gay with bunting, big flags shut out the view of the rink, now out of use until next winter, and in the men's club room a musical programme was arranged which lasted about an hour until the twenty-two tables of cards were filled with players. The K.C.I. orchestra played popular music. Miss Olive Woodman, H. Singleton and Mr. Hess sang, the accompanists being H. Hill and Miss Verne Saunders. Miss Posselwhite recited charmingly. The ladies who gave such pleasure to the guests were presented by the directors with a corsage bouquet of sweet peas and the men each received a rose. A buffet supper was provided in the ladies' clubroom by Hambrook the caterer and the pretty room was crowded with guests who enjoyed the dainty refreshments served from a long table decked with pink carnations in silver tankards and pink candles in silver candlesticks. The committee in charge was H. Angrove, president, J. F. McMillan, vice-president, T. M. Asselstine, secretary-treasurer, P. D.

Lyman and E. Mooers. Among the out of town guests were Mr. and Mrs. E. J. Corkill, Napanee. Mr. Corkill is president of the Napanee Country Club.

Miss Joyce Wolton, Red Cord Diplomat's Guide of London, England, is meeting with qualified success in her trip through Eastern Canada. So great was the enthusiasm and interest in Halifax that the meeting at the kind invitation of the Lieut.-Governor and Mrs. Grant adjourned from the large hall procured to the ball room at Government House where Miss Wolton was a guest while in the city. Miss Wolton has had a successful ten days' camp in Kingston and leaves for Brantford on Thursday.

Miss Margaret Light, Beverly street, entertained at tea early in the week for some of the out-of-town Guides, who are in Kingston for the training camp held in Ontario Hall. Those present were: Miss Audrey Brown, Port Hope; Miss Yetta and Miss Minter, Ottawa; Miss Anderson and Miss Miller, Pembroke; Miss Jackson and Miss Melchion, Belleville; Miss McFadyen, Kingston, and Miss Wagner, Queen's.

Mrs. W. G. Minnes, Collingwood street, entertained the junior Monday Bridge Club this week.

ALL FAT PEOPLE SHOULD KNOW THIS

Fat people owe a debt of gratitude to the author of the now famous Marmola Prescription, and are still more indebted for the reduction of this harmless, effective obesity remedy to tablet form. Marmola Prescription Tablets can be obtained at all drug stores the world over at the reasonable price of one dollar for a box, or you can secure them direct on receipt of price from the Marmola Co., 4615 Woodward Ave., Detroit, Mich. This now leaves no excuse for dieting or violent exercise for the reduction of the overfat body to normal.

Simple Way to Get Rid of Blackheads

There is one simple, safe, and sure way that never fails to get rid of blackheads, that is to dissolve them. To do this, get two ounces of peroxide powder from any drug store—sprinkle a little on a hot, wet cloth—rub over the blackheads briskly—wash the parts and you will be saving the how the blackheads have disappeared. Big blackheads, little blackheads, no matter where they are, simply dissolve and disappear. Blackheads are a mixture of dirt and dust and secretions that form in the pores of the skin. The peroxide powder and the water dissolve the blackheads so they wash right out, leaving the pores clean and in their natural condition.

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'Tis Time to Lay Aside Your Winter Coat And Select a Smart, Plaid or Stripe Spring Coat. An exceptionally well tailored, smartly styled range is priced at \$25.00. Including the well-known "Salisbury" Coat, fashioned from the best of English Woollens. In every case, style, quality of material, workmanship and good appearance will be found unsurpassed at this price. Sizes 16 to 44. This range includes Navy and Black Tricotines. Also in sizes 16 to 44. J. H. McNeill & Co. Limited THE WOMEN'S SPECIALTY SHOP SUITS COATS DRESSES

ROYAL YEAST CAKES. GOOD home-made bread has always been the chief food of the earth's sturdiest races. None of the breakfast foods or health foods can equal bread in nourishment. Good bread is the most digestible food as well as the cheapest. ROYAL YEAST CAKES

route to Halifax, N.S. Mrs. Smith is sailing for England in April, where she will join her husband at Aldershot.

Major-General Garnet Hughes, C.B., C.M.G., D.S.O., recently arrived from England. He is a graduate of the Royal Military College, a son of the late Sir Sam Hughes.

Mr. and Mrs. A. F. Miller, Brockville, spent the week-end in Kingston.

Mr. and Mrs. Charles Livingston, Barrie street, are now at Atlantic City. They will be home about April 15th.

Mrs. Holloway Waddell, Lower Union street, is entertaining the Tuesday Bridge Club this afternoon.

The Misses Folger, "Edgewater," are bridge club hostesses to-day.

The Editor Hears

That some one says the robins have come back once more and the tulips have ventured to shove a few hardy leaves through the frozen earth. Spring is on the way at any rate and a warm rain and a southerly wind would drive the ice down the river.

That the Kingston Girl Guides are already making plans for their summer camp and the song and games learned during the winter camp in Ontario hall will add greatly to the fun. The officers who have attended the ten days' course will teach their companies and by summer they will all be proficient in the new ideas taught by Miss Wolton.

That Lady Astor says of politicians: "All parties have a sub-conscious prejudice against women. It began with Adam, and it has come down through the ages to our own time. I do not believe that a lot of the men know that they have got that sub-consciousness."

That the Save-the-Children fund, generously supported by the people of the British empire all over the world, is responding to this call for help to the utmost of its ability. Its chief commissioner in Greece, Dr. W. A. Kennedy, of Kingston, Ontario, and a graduate of Queen's University, with his small British staff, has established relief centres and refugee camps in different parts of Greece which are now providing 30,000 children with a hot meal and a ration of bread daily at a cost of 25 cents per child per week. An additional 8,000 adults are being fed from the same kitchens on behalf of an associated society, the Imperial War Relief fund, which does not restrict its appeal to children.

That the bright warm days brought a great rush of spring orders to the Kingston shops and Saturday was one of the busiest days of the season.

LORD RENFREW REMEMBERS JUNIOR RED CROSS HOSPITAL

An unexpected sequel to a little incident enacted during Lord Renfrew's visit to Calgary took place the other day, when Mrs. Mappin, school teacher at the Junior Red Cross sick children's hospital, received a letter from Buckingham Palace.

The little patients in the hospital, under the direction of Mrs. Mappin, make the dainty bouquets of flowers and other articles of pale shaded organdie. Thinking the prince would appreciate a gift from the hospital, they sent a box containing some of the nicest of the flowers to him at the Pallister, with the request that he take them home to her majesty the queen and to the Princess Mary. A most gracious letter of thanks was received by Mrs. Mappin from the prince, assuring her that he would

Efficient Housekeeping by Laura A. Kirkman

TOMORROW'S MENU. Breakfast: Bananas, Cereal. Coffee: Boiled Eggs. Tea: Toast, Luncheon, Baked Lentils, Lettuce, Rolls, Jelly. Dinner: Corned Beef, Boiled Potatoes, Beef, Cole Slaw, Coffee, Floating Islands.

Answered Letters. Constant Reader: I wonder if any of your readers can give me a recipe for Caramel Nut Pie? It would be interesting to see how different housekeepers make it.

A. V.: "Kindly give me some suggestions for a housewarming. Do invited guests take presents?"

New Home Contest: The hostess has arranged, on a tray, small tools that are used in building a house—hammer, nails, screwdriver, etcetera, as well as bits of home furnishings such as pieces of wall-paper, matting, carpet, etcetera.

Home Tragedy Contest: Each

be pleased to convey the gift to his mother and sister. The other day, however, a large envelope bearing the royal crest arrived at the Junior Red Cross hospital for Mrs. Mappin. It proved to be a letter of personal thanks from her majesty, saying that she would forward some of the flowers to Princess Mary, and extending thanks in her behalf.

MOTHERS And Their Children

When Children Dress Alike. One Mother Says: Now that it is considered fashionable to dress two children of the same family alike, I keep always on hand two rolls of initialed tape with which I mark every garment. This not only avoids disputes, as the girls are so nearly the same size, but gives them a feeling of responsibility for their own individual clothes, since there is no chance of wearing one another's things.

MAH JONGG DRESS APPEARS IN PARIS. The mah jongg dress made its initial bow recently to the Parisian public at the Auteuil race track on the occasion of the 27th annual running of the Grand Prix de Printemps, which coincided with the first real breath of spring. It was the first outdoor display of the styles and creations of the 1924 season, which, heretofore, owing to the chill weather and tardy spring, were visible only behind the dressmakers' shop windows. But beautiful sunshine has ushered in the season at least two weeks earlier than usual. The mah jongg dress consists of three distinct frocks, entirely independent one from another, but worn all at the same time and presenting a delightful "fused color effect." Over the inner dress of yellow crepe is placed a similar dress of gray and over that one of black. Other colors blend with less success; some seen to-day presented a rather rainbow effect. The three dresses can be worn singly, separately or jointly and severally. Foreigners who formed a large percentage of the 50,000 in attendance—the largest in the history of French racing this early in the year—predicted that the dress worn three fold would be very popular upon approaching seasons, in view of the customs regulations. Lead to one who will not repay and you will provoke his dislike.

quest, in turn, tells a little story about "The Worst Repair Job We Ever Had to Do in Our Home." A prize may be awarded the winner of this game also.

If anyone in the party sings well, he might entertain the rest with appropriate melodies such as, "My Little Gray Home in the West," "The Wee Hoose 'Mang the Heather" and other songs pertaining to home. At 10 o'clock refreshments are served—such as chicken sandwiches, hot cocoa with whipped cream, Fruit Salad, and Cake.

Subscriber: "I have been unable to obtain knitting directions for silk socks, size ten and one-half, and am wondering if you or some of your readers could help me?"

Home Woman: "Do you consider one of the new flannel dresses too young-looking for a woman of 40?"

Tomorrow—"Just How" To Bake White Bread.

All inquiries addressed to Miss Kirkman in care of the "Efficient Housekeeping" department will be answered in these columns in their turn. This requires considerable time, however, owing to the great number received. So if a personal or quicker reply is desired, a stamped and self-addressed envelope must be enclosed with the question. Be sure to us: YOUR full name, street number, and the names of your city and state.

AUNT HET

Illustration of a woman. "I reckon the Lord thinks I need to be made more humble. Ever' time I start to black the stove, some woman I don't like much calls and catches me all mused up."

IRRESISTIBLE

VIVAUDOU'S MAVIS EAU DE TOILETTE. A few drops in the bath or the hand basin lend delightful fragrance to the skin and a freshness that will last all day long.

SAVE THE TROUBLE OF COFFEE MAKING USE Washington Coffee. IT IS MADE JUST DISSOLVE AND DRINK IT. A GREAT CONVENIENCE AND OH SO GOOD!

Dr. Martel's Female Pills. Have assisted nature thousands of times in the last century, correcting causes, building up and strengthening organs, relieving DELAYED and PAINFUL MENSTRUATION, NEURALGIA, BACKACHE, DIZZINESS, etc.

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