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Ouite frequently your eyes become tired and painful-due to prolonged reading, writing or sewing.

Our rest glasses, for temporary use will prove a pleasing surprise in comfort and satisfaction. Let us make up a pair for you.

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Germs of Catarrh Make Sore Throat

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No medicine brings such prompt relief to CATARRH or BRONCHI-TIS as the healing vapor of CA-TARRHOZONE.

For those who catch cold easily,

wonderful aid. When your throat rattles with cold, when your lungs and chest are sore, when you spit and sneeze -Hamilton Pill Co'y, Montreal.

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Have Musterole handy when a cold starts. It has all of the advantages of grandmother's mustard plaster WITH-OUT the blister. You just apply it with the fingers. First you feel a warm tingle as the healing ointment penetrates the pores, then comes a soothing, cooling sensation and quick relief.

Made of pure oil of mustard and other simple ingredients, Musterole is recommended by many nurses and doctors. Try Musterole for bronchitis, sore throat, stiff neck, pleurisy, rheumatism, lumbago, croup, asthma, neuralgia, congestion, pains and aches of the back or joints, sore muscles, sprains, bruises, chilblains, frosted feet, colds of the chest. It may prevent pneumonia and "flu." 40c and 75c, at all druggists. The Musterole Co. of Canada, Ltd., Montreal.



IS DANGEROUS

Recommends Daily Use of Magnesia To Overcome Trouble Caused by Fermenting Food and Acid Indigestion

ing after eating are almost certain evidence of the presence of excessive hydrochloric acid in the stomach. creating so-called "acid indigestion."

Acid stomachs are dangerous because too much acid irritates the delicate lining of the stomach, often leading to gastritis accompanied by serious stomach ulcers. Food ferments and sours, creating the dis- definite day, tressing gas which distends the stomach and hampers the normal functions of the vital internal organs, of-

ten affecting the heart. with ordinary digestive aids, which have no neutralizing effect the stomach acids. Instead get from any druggist a few ounces of Bisurated Magnesia and take a teaspoonful in a quarter glass of water right after eating. This will drive the gas, formation and there is no sourness or rives at A, he finds that those who pain. Bisurated Magnesia (in powder or tablet form-never liquid or milk) is harmless to the stomach, inexpensive to take and the best form of indigestion.

FOR SCALDS, CUTS AND BRUISES,
FOR COLDS, COUGHS AND BRONCHIAL AFFLICTIONS, FOR STIFF
MUSCLES, SPRAINS AND STRAINS
AND NUMEROUS OTHER AILMENTS
COMMON TO MAN AND BEAST, THERE
SO NOTHING SUPERIOR TO THAT OLD
TRIED AND RELIABLE REMEDY,

DI THOMAS' ECLECTRIC OIL

HELP FOR YOUNG WOME

Mrs. Holmberg Tells How Compound Helped Her

Viking, Alta.—"From the time I was ings in the lower part of my abdomen, followed by cramps and vomiting. This kept me from my work (I help my parents on the farm) as I usually had to go to bed for the rest of the day. Or at times I would have to walk the floor. suffered in this way until a friend induced me to try Lydia E. Pinkham's Vegetable Compound. I have had very satisfactory results so far and am recommending the Vegetable Compound to my friends. I surely am glad I tried it for I feel like a different person now that I don't have these troubles."— ODELIA HOLMBERG, Box 93, Viking, Alta.

Letters like this establish the merits of Lydia E. Pinkham's Vegetable Compound. They tell of the relief from such

pains and ailments after taking it. Lydia E. Pinkham's Vegetable Com pound, made from native roots and herb contains no narcotic or harmful drug and today holds the record of being in this country, and

LETTERS To The Editor

Sabbath Question Untangled Kingston, March 19 .-- (To the Editor): With your permission will reply to Mr. Wehman. He says we are both right and

both wrong, then adds: "Lindsay for those who sneeze too often, for says the Sabbath is the seventh day, those whose eyes run when out in he is right. Dr. Lake says as to any the wind, CATARRHOZONE is a day, in that he is wrong." Now what does he mean? Lindsay is right. Dr. Lake is wrong. They are both right and both wrong, and remember that healing CATARRHO- then quotes from Proverbs: "A ZONE will bring speedy relief. Two fool is known by many words." months' treatment \$1.00. Small size read another scripture which says: 50c. Refuse a substitute, at all "For as he thinketh in his heart, so druggists or by mail from The Dr. is he." (not the other fellows). Prov. 23:7.

Mr. Editor, of all the letters that have been written on this subject, Mr. Wehman's is the most nonsensical of them all. When God made the world He knew it was round; see Isa. 40:22, which says "he sitteth upon the circle of the earth." The Lord gave the Sabbath to man when He finished his work of creation and told man to be fruitful and replenish (or fill) the earth. Gen. 1:28. And to say that God blessed and sanctified a Sabbath and commanded man to keep it when He had made it impossible, is to charge God with foolishness.

The confusion he makes in regard to the day line and the Sabbath reminds me of that statement that language is sometimes used to conceal thought rather than to convey it. For the benefit of Mr. Wehman I will give a brief explanation of the day line which is the 180th meri-

dian of longtitude from Greenwich The day line is one of the very simple problems of life, so simple in fact, that I have often explained it without difficulty to children. Instead of it being a matter for confusing minds, and causing a loss in the count of the days of the week, it is the one thing that prevents any and all disturbances in our reckoning. It is a great regulator, preserving to all the nations of the earth the identity of our days. The revolutions of the earth it

self, as measured at fixed localities, are what measure and number the days, not the revolutions that may be indicated in the diary of a traveller. A person travelling east or west Gas and wind in the stomach ac- around the world puts himself at companied by that full, bloated feel- variance with the numerical order of its revolutions as computed at any fixed point; and that variation must be corrected when he reaches his destination and that is all the question there is involved in keeping a definite and identical day on a round earth. Attending to this one point, a person need never lose the

To illustrate: Let us suppose a It is the worst of folly to neglect pose he is able to make the circuit says: "Some are ever learning and that's the place) in 1912. And who wind and bloat right out of the circumference; and in ten days he struction." body, sweeten the stomach, neutral- would gain ten tenths, or a whole ize the excess acid and prevent its circumference. Thus when he arhave remained there, have marked ten revolutions of the earth, and have had ten days of time. But the of magnesia for stomach purposes. It earth has taken him around as once himself, which is the same as another revolution for him, making eleven, and giving him, according to his calendar, as he has kept it from day to day, eleven days instead of ten. What shall he do with that ex tra day? Drop it out of the count. Why? Because he knows that the earth itself has made but ten revolutions, as marked at A; and the revolutions of the earth abstractly considered, not the times he may go round it, mark the days and he must make his count correspond to that of the earth wherever he is. And going west vice versa. But let me say there is no such thing as gaining or losing time. The expression is unscientific, and indicates something that is only apparent, not real. Now Mr. Wehman would have us

believe that we actually gain or lose time travelling around the world; but let me add according to his the-Is years old I would get such sick feel- the opposite direction. Now, if it is actually true that one gained and the other lost a day, there must have been two days' difference in

their ages at the journey's end. And now according to Mr. - Wehman's theory, if he travelled easterhe would be older than his grandfather; and if he travelled in the opposite direction often enough, he would travel himself clear out of

east and west?

which may be interesting to some. found relief It is entitled, "Sabbath On direct on receipt of price, by The T.

That Sabbath day may be in every great convention meets to nominate At least those parts where mortal will be two or three men of out-(And no where else can precepts be There was a place where first the in both parties number something orb of light Appeared to rise, and westward took preliminary organization the conven-

its flight; That moment, in that place the day And as he in his circuit westward Or rather as the earth did eastward

To parts more westward daylight And thus at different times, from place to place,

The day began-this clearly was the And I should think a man must be

To think that day began all round So that in foreign lands it doth ap-There was a first day there as well

And if there was a first, the earth As sure as fate the seventh can be

And thus you see it matters not a On which meridian of earth we get,

of light. And ever since, successive day and

Thus while our antipodes in dark-We here the true, primeval Sab- am acquainted with the modus op-

A Sabbath day's journey is just an old Jewish tradition. Jesus said it is lawful (or according to law) to do well on the Sabbath day. Distance doesn't count when it is to do good. Any Christian can keep the Sabbath on a ship, in a tent or by the riverside, as Paul and Luke did. Acts 16:13. The council at Jerusalem was not dealing with the ten commandments. Acts 15:20, 21. If Mr. Wehman thinks as he says he has the Bible and the apostles for authority, why doesn't he give some scriptural reference on the subject? He talks about stoning a man for breaking the Sabbath, that was under the theocracy when God spoke

Rom. 7:12, 14. James calls it the as its principal feature. royal law. James 2:8 and I believe Paul and James. And how can he have the fruits of the spirit with- back, how did Woodrow Wilson 23, for the love is the fulfilling of White House? This is not a short the law. Rom. 13:10. Let me ask story, and cannot be covered in a we call A, and travel eastward. Sup- ple who are under the law. Paul Kansas city convention (I think gist everywhere.

Yours respectfully. -W. B. LINDSAY.

son Reached the United

States Presidency. the successive stages which landed him in the presidential chair. might premise by saying that Mr. Wilson, like more than half of the presidents, was a political accident. pure and simple.

There was a phrase about a hunory, suppose: Two men-twins - dred years since in the States start from New York to make the which said: "Too smart a man to journey around the world. One goes be president." This saying originateastward, the other westward. They ed very likely about the time that Lydia E. Pinkham's Vegetable finally come together again in New the great Henry Clay of Kentucky York, after a lapse of several ran three times on the Whig ticket months; but he who went eastward for president and was defeated each finds himself exactly the same age time. Any one familiar with Amerias his brother who travelled in can politics knows that when the

At 80 Years of Age Was Troubled With Shortness of Breath ly around the world, in a short time Palpitation of the Heart And Fainting Spells

Mrs. M. O'Connor, Whitestone, Ont., writes:-"I have been troubled, If it is not possible to have a de- most of my life, with shortness of finite day, will Mr. Wehman tell me breath, palpitation of the heart and how Sunday laws are enforced both fainting spells. I was advised by friend to try Milburn's Heart and Now I add the following poem Nerve Pills, which I did, and at one

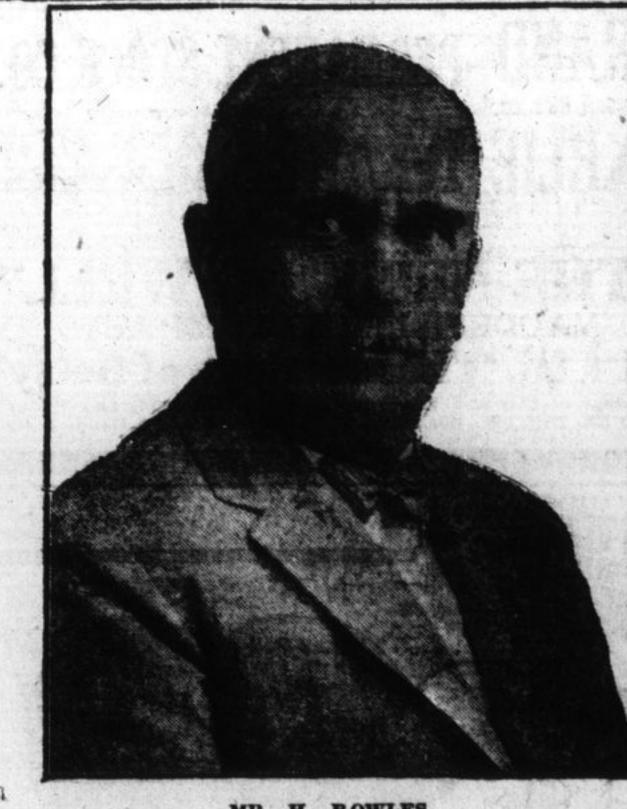
a candidate for the presidency, there standing ability and reputation offering themselves for the suffrages of the delegates. These conventions over a thousand delegates. After the tion gets down to business, and the roll of states is called by the secretary in alphabetical order beginning, say with Alabama. As each state is called the chairman of that state delegation arises and announces whether or not that state has a name to offer to the convention. If it has no name, that state is passed and if it has a name some spell-finder takes the platform and presents the merits of his man. After the roll call is finished the balloting begins. Again the roll of states is called in the same order as before, and as each state is called the chairman of that state delegation announces how the vote in his delegation stands. In the Republican party a majority vote of the convention names the presidential candidate, but in the democratic party a two-thirds vote of the convention is required to name a candidate for the presidency. These conventions, as every one knows, are very great affairs, and the num-Since each distinctly had its dawn ber of outsiders who throng thereto from every whither will number, it may be, a hundred thousand and

I have been privileged to attend several of these gatherings, and so in the same manner as the head of the ticket, but not until the contest for first place is ended.

It might be said in passing what very few people even in Yankeeland seem to know that such dency is something entirely outside eyes. of the American constitution, and there is no provision any where in that great instrument for any such procedure. Our constitution makers never dreamed of any such thing. They made the most careful vision for the election of president and vice-president from the electoral directly to his people; but under college and from nowhere else. This the civil government, men are re- perhaps, is the most striking fact in served till the day of judgment, American history. It shows how litthen God will deal with transgres- the even these great men knew of sors of His law. II Peter 2:9; some traits of human nature. The country had not been going a score Mr. Wehman calls the law of God of years before the party system was a low, degraded standard. Paul calls inaugurated in full flash, with the it holy, just, and good and spiritual. presidential nominating convention

But I have digressed. To come out keeping the law? Gal. 5: 22, come to occupy the chair at the who is under the law? He who broke single article. William Jennings

great laboring masses, while the second place some one from the Republican party is largely made up state of New York and that failing. of the more wealthy classes of soci- go to Indiana and then to Connectiety. What more natural then, than cut. At that time it was imposto suppose that the rank and file of sible for the Democratic party to the democracy would rally about the win without the electoral vote of the standard of Bryan as the new Moses great state of New York, with her who would lead them out of the wil- | 36 votes in the electoral college. The derness of plutocracy. I think that Republicans might win once in five case gas on the stomach in TEN min-Mr. Bryan only served one term times, say, without New York, but utes. Most medicines act only on in congress and then removed to the Democrats must have New York lower bowel but Adlerika acts on Lincoln, Nebraska, which is still his with the eleven solid southern stat- BOTH upper and lower bowel and rehome. But he was a fine political es, always democratic, and scattercampaigner and was much in evi- ing votes from Indiana, Connecticut dence on the lecture platform. show how Wilson reached the White up a man from Maine, which state gist



MR. H. BOWLES.

Enjoys Happiest Summer In Years

erandi. The vice-president is named Toronto Man Thanks Famous Herbal Remedy For Relief It Brought Him-General Health Much Improved, And Suffering Relieved.

At last, a summer spent without continual suffering," says Mr. H. Bowles, of 23 Pryor Ave., Toronto. "For the past two years I have been s a constant sufferer from rheumatism, the pains shooting through my hips, thing as a presidential convention to ankles and shoulders so had that I could hardly get around at times. Disay flominate a candidate for the presi- spells often came over me and everything would turn black before my

> "Pains through my whole body would often double me up when walks ing about, and it seemed that I could never straighten up with comfort. Sick headaches also caused me hours of suffering. Life was a continual misery to me, and nothing I took in the way of medicine or treatments gave me any noticeable benefit; that is, until I started taking Dreco, which proved to be just the remedy my system needed, and readily responded to its corrective influence.



"The rheumatic pains are rapidly disappearing and my entire system is far stronger. I am able to get out and enjoy the summer in comfort, free from suffering, and I gladly state that Dreco is the cause of my great improvement. I am continuing to take it as a tonic and system-builder, and know that further improvement will be

Dreco is specially prepared from herbs, roots, bark and leaves and acts on the kidneys, liver, stomach and bowels and purifies the blood. It cleanses the whole system and affords wonderful relief from rheumatic pains, gastritis, dyspepsia and all other forms of indigestion, arouses a sluggish liver and relieves constipation. Let it make your life a comfort by putting your system in the shape that Nature intended it to be in. Dreco contains no mercury, potash or habit forming drugs

Dreco is being specially introduced in Kingston by Mathe law, of course. At Portsmouth Bryan made Woodrow Wilson presi- hood's Drug Store. It is also sold as follows: - Napanee. man to start from some point which there is a place well filled with peo- dent out of whole cloth at the Wallace & Co.; Gananoque, W. E. Austin, and a good drug-

such a serious condition or to treat of the earth, and come back to his never able to come to the knowledge made Bryan so strong that he could House, and so some review of Bry- had never given an electoral vote the floor of the house who was the led there was but one name on the campaign funds. Consul. Sask., March 19 .- (To mouthpiece of the "gold-bugs" of lips of the delegates and that name the Editor): The Latins have a the city of New York. Mr. Cockran, was William J. Bryan. He was no- the soul of stubborness, insisted upphrase running like this: "de mor- a lawyer and Roman Catholic, was minated on the first ballot handed on the insertion of this plank, and tius nil nigi bonum"-"unless at that time and still is, the finest down. So far everything was right. lost the state of New York which at good say nothing, of the dead." It orator, far and away, in my opinion, Henceforth everything in the con- that time was safely Democratic, is well, perhaps, that we keep this on this or any other continent. The vention was to be wrong. Any one with proper management, by phrase in mind when we write of measuring of oratorical swords with who has ever attended these gather- least twenty thousand. Woodrow Wilson. As a native of the such a man, the spokesman of Tam- ings is struck with the fact that out The incorporation of the silver state of New York, and a resident many Hall, naturally brought Bryan of this namely host of lawyers, jud- plank in the platform was the beginthere until forty years of age, it is into much prominence. We Demo- ges and what-not, there will only ning of the end of Bryan's career, only natural that I should have crats at Buffalo immediately orga- be two or three men who can see and caused him to be christened by same knowledge of the early poli- nized "Bryan clubs" and this prac- a hole through a ladder, and who the Republicans as the "Great Detical history of Mr. Wilson, and of tice was followed throughout the have the horse-sense and the saga- feated"-and so are we one step on country. And just here is a good city to lay out a campaign that will the road that led Mr. Wilson to the I place to remark that the Democratic win .. The thing to do after Bryan White House. party, as a rule, is composed of the was nominated was to select for

starting point, in just ten days. of the truth. II Tim 3:7. Peter name a man for the presidency? an's career becomes necessary. We for Democrats in its history. The Every day, of course, he is carried says in Paul's writings"... are Well, to make it short, it was men will start in the year 1884 when father of this candidate was a shiparound by the revolution of the some things hard to be understood, who like your humble servant, were Grover Cleveland of my own city of builder and a strong Republican, and earth. But travelling, as he is, with which they that are unlearned and opposed to the so called "Gold Buffalo was elected to the presi- labored night and day to defeat the the earth, from west to east, he each unstable wrest, as they do also the Standard," and who believed in the dency. In 1888 Mr. Cleveland was ticket of which his son was one of day gains upon it one tenth of its other scriptures, unto their own de- ration of sixteen ounces of silver renominated but badly defeated be- the standard-bearers. But the madto one of gold. About the years, cause he was one of the weakest ness of the convention did not stop say from 1875 to 1880 there appear- men who ever occupied the presi- here. The city of New York was ed a new star on the political hori- dential chair. In 1892 he was again the only place in 'e republic where zon of the state of Illinois, nominated, and was elected through the Democrats had more money than in the person of one W. J. a defection in the other party the Republicans. In every other Bryan, alias "Billy Bryan." He brought about by a personal quar- place the Republicans had the money was elected to Congress from that rel between the small-minded Pre- bags. It was, therefore, as plain as state and at once became a noted fig- sident Benjamin Harrison of Ohio, a pipe-staff that under no possible is used by thousands of people who many times as it has them, and in adenjoy their meals with no more fear dition to that, he has passed around the last the dition to that, he has passed around the last the las somewhat violent attack that he are now at the year 1896. When drive away the rich "gold-bugs" made upon W. Bourke Cockrane on the Democratic convention assemb- who supplied the major part of the

But Bryan, always impractical, and

-M. S. BURNETTE.

Glycerine Mixture for Gas on Stomach

Simple glycerine, buckthorn bark. moves all gasses and poisons. Brings out matter you never thought was in your system. Excellent for obest and west of the father of waters. nate constipation. Guards against I have set out, as above stated, to What did the convention do but put appendicitis. T. H. Sargent, drug

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