

NEWS AND VIEWS FOR WOMEN READERS

LIFE'S SOCIAL SIDE

Editor of Women's Page, Telephone 2618. Private phone 957w.

Cooke's church, the home of the Irish Presbyterians of Kingston, always marks the festive day of the patron saint of Ireland with a tea and sale. This year it was impossible to hold the tea on the 17th of March, so on Wednesday visitors found the comfortable hall decked with green and gay with flowers. Mrs. R. J. Diack, the president, received, and the treasurer, Mrs. Leishman, was at the door. Small tables were about the room, where parties sat at tea, and a long table ran across the hall at one end, gay with St. Patrick's emblems and centred with wonderful red tulips. Here Mrs. James Dennison and Mrs. James McCullough poured tea, the committee being Mrs. M. Hyland, Mrs. E. Anderson, Mrs. Dods, Mrs. Thomas Donnelly, Mrs. H. Simmons, Mrs. McKay, Mrs. Montgomery, Mrs. Tuttle, Miss M. McGill and Mrs. E. Newman. Home cooking was sold by Mrs. James Dunlop, Mrs. W. Burns and Mrs. R. McCullough. Preserved fruit was in charge of Mrs. James Harris and Mrs. Thomas Glassford. Aprons of all kinds were at a table presided over by Mrs. T. M. McLaughlin and Mrs. Robert McMahon. A long table, charmingly decorated, was gay with pretty baskets of sweets and was in charge of Mrs. S. Horne and Mrs. Thomas Clugston.

Miss Gladys Saunders, Brantford, was hostess of a most enjoyable handkerchief shower at the home of Mrs. J. Hall, in honor of Miss Muriel Mason, who is leaving shortly to reside in Kingston. The guest of honor was made the recipient of many dainty kerchiefs coupled with the good will and best wishes of the donors, which will follow Miss Mason to her new place of abode.

W. S. Herrington, K.C., and Mrs. Herrington, Nanawee, are staying in Toronto for a few days with Mrs. James Mils, 128 Huntley street.

The marriage will take place quietly in London, England, on April 8th, of Miss Phyllis Taylor, second daughter of the late Col. E. T. Taylor, a former commandant of the Royal Military College, to Charles Marriott, M.A., (Cantab), at present on the staff of Dulwich College, Surrey.

Miss Ruth Campbell, B. A., and Miss Marjorie Fair, B.A., Kingston, spent the week-end in Ottawa, guests of Miss A. Muriel Dunne.

Miss Vera Shaw, Bagot street, is visiting Dr. and Mrs. F. L. Reid, Trenton.

George G. Hay, Montreal, spent the week-end with his sister, Mrs. Louis Vosper, Alfred street.

Mrs. W. H. Milsap, Nanawee, is visiting Dr. and Mrs. Howard, Brock street.

Rev. A. F. C. Whalley, Brookville, who is always a welcome visitor in the cathedral parish, was the guest of the Dean of Ontario, Wellington street, during his stay in town.

Miss Jennie Lane, who has been visiting Mrs. A. Neal, King street, left on Tuesday to spend a few days with her sister, Mrs. H. Barnes, Dufferin, before returning to her home at Pittsford.

Mrs. Grant, Halifax, is with her mother, Mrs. Thomas Ritchie, "Elmhurst."

The social evening given at the Curling Club on Wednesday was a pleasant affair.

Mr. and Mrs. Stuart Crawford, Alfred street, entertained at Mah Jongg

on Tuesday evening when their guests were men friends of Mr. Crawford's. Mrs. H. C. Mabee, William street, entertained at bridge on Wednesday afternoon, when three tables were in play and the prizes were won by Mrs. Louis Vosper and Miss Ruby Donnelly. Mrs. A. M. Adams made tea at the effectively arranged table, where golden daffodils made a bright spot of color. Mrs. Mabee and Mrs. Adams are entertaining at bridge again this afternoon.

The Editor Hears.

That the scholars of Sydenham street Sunday School are delighted with the moving pictures shown by the new machine. A film showing the life of Christ and one telling the story of the judgment of Solomon were shown on Sunday.

That the ostrich feather boa, which was sponsored by Molyneux at his opening and which is being warmly endorsed by other prominent courtiers of Paris, seems to be finding great favor in New York as well, for in white or brilliant colors it forms another version of the scarf for formal wear, being used to a great extent in bright shades as a striking color note on all white evening dresses.

That Victory Chapter, I.O.D.E. will put on an opera after Easter.

That the skirts are creeping knee-ward again, but as yet have not gone up very far. Few people care for long summer frocks and the vogue for sports clothes, which will of necessity have short skirts, helps the upward trend.

That we congratulate the City Union of the King's Daughters on having a new circle of bright little girls who will, we hope follow in the steps of the women who have done great things for Kingston. The Ever-Ready circle receives the right hand of fellowship from their elders.

That half a dozen Georgia girls some time ago started a goat farm near Atlanta with a herd of 400 goats.

GIRL GUIDES' WINTER CAMP HELD IN ONTARIO HALL

The meeting of the Kingston training course for Guides officially began on Monday evening. As always at such courses, the first move was to divide into patrols, under appointed leaders, and decide upon distinguished names. After animated discussion, the groups agreed upon cats, squirrels, butterflies and scorpions, and by Tuesday all were seen wearing appropriate emblems. It is now quite easy, even without much knowledge of nature study, to distinguish between a cat and a butterfly.

A talk was given by Miss Wolton on Monday evening on all the little points which, correctly known and followed, go to make up the proper wearing of uniform.

Country dancing and the singing of rounds and folk songs, are practised daily and much enjoyed.

The colors and hoisted and lowered each day with impressive ceremonial. Company drill, flag signalling, games, knot tying, stalking and tracking, etc., all have their place in the list of subjects, in fact all things necessary for the Guide tests are ex-

Weak, Nervous Men And Women Quickly Gain New Strength

They Renew Vitality and Nerve Force by a Home Treatment Costing Only Ten Cents a Day

The nerve power of our systems finds its life in our blood. Create more blood cells, make the blood richer and we rekindle the fire of bodily strength, for rich, red blood is the driving force of life.

If we are too easily exhausted, lack confidence and sustaining power, are nervous, irritable, sleep fitfully and awake unrefreshed; if we are too thin, pale, anemic looking, we should think first of our blood. Build more red blood. Gain new strength. Nourish the body tissues. Rejuvenate ourselves. It is red blood that makes our bodies tingle with the pulsing of life.

Men and women who need a blood builder should go at once to their druggist's and obtain a generous size bottle of Wincarnis. Here is a home treatment that costs less than ten cents a day. Wincarnis gives your blood the vitalizing elements that the body needs. It is a blood builder and a blood purifier. You will worry no longer because of failing strength.

plained and demonstrated, that the Guides may not only acquire the knowledge, but also the best ways of imparting it. Talks will also be given of the various branches of the movement—Brownies, Guides, Rangers and Lones.

It is not often that we have the privilege of instruction from an expert trainer from England, and we are glad to note that ever-increasing numbers are taking advantage of the fact.

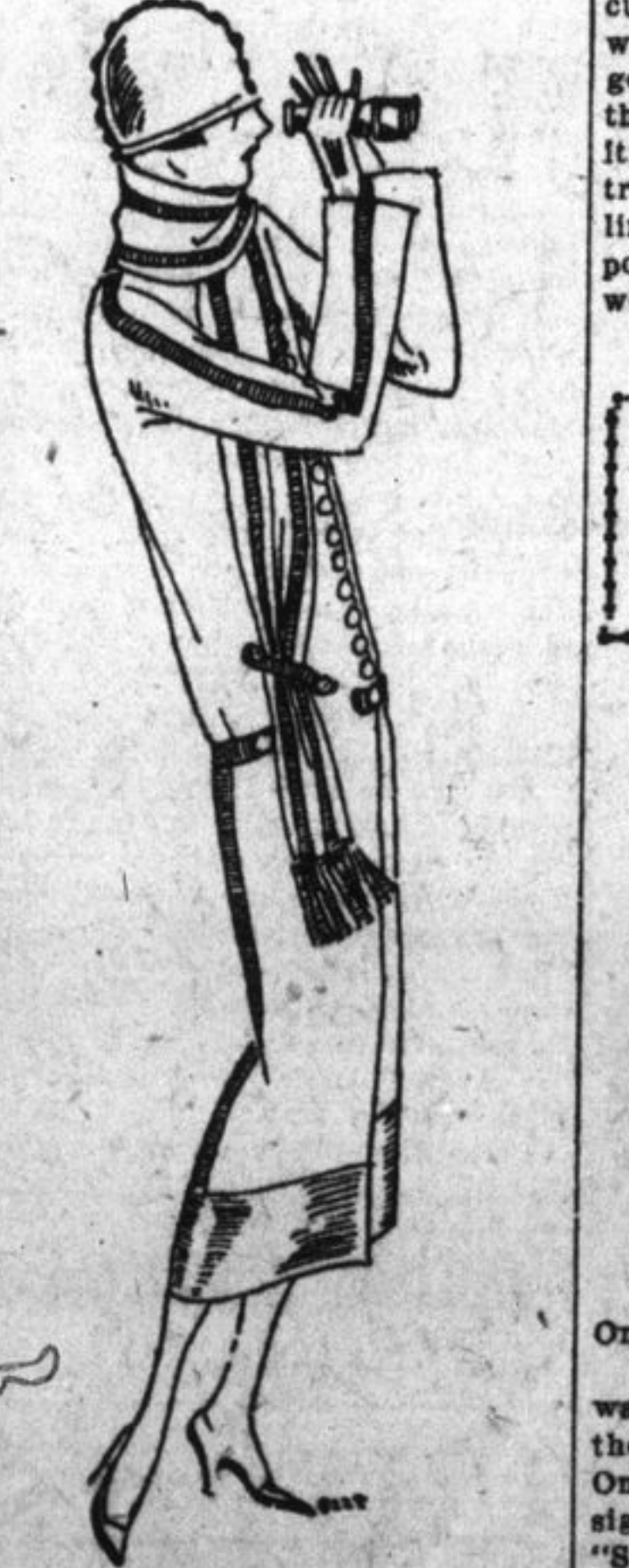
The Guides are looking forward to a visit from their provincial commissioner, Mrs. G. B. Smith, of London, and Miss Pennington, the provincial secretary, on Saturday, 22nd.

The Supremacy of the Sports Mode.

By ELEANOR GUNN

Although season in and season out at Palm Beach there are certain style characteristics in common, it must be admitted that the sports theme has been played to an extraordinary degree this year even at a resort which seems to call primarily for sports clothes. Last winter, chiffons and crepes were noted not only at the Coconut Grove and smart teas elsewhere, but on the sands during the noon hour. This season, we have to search even at tea time for frocks of this ilk.

The pendulum has swung toward the trim tailored lines, usually expressed in suits, but nowadays interpreted also in dresses of the midly persuasion or with long straight tunics which break the erstwhile straightline of the one-piece frock somewhere above or below the knee-line, usually the latter.



Efficient Housekeeping

TO-MORROWS MENU
Breakfast: Stewed Dried Peaches, Cereal, Codfish Cakes, Coffee, Popovers.
Luncheon: Scrambled Eggs, Wholewheat Bread, Tea, Rolls, Jelly.
Dinner: Baked Halibut, With Breadcrumb Stuffing, Mashed Potatoes, Canned Corn, Beat-Cabbage Salad, Coffee, Orange Gelatine.

The V-Necked Slip-Over Sweater. The following directions are for a knitted Lady's V-Necked Slipover Sweater, size 36 to 38. Materials: three balls each of blue and nickel-color iceland wool, and one pair each of number three, and number four and one-half bone or celluloid knitting needles.

Back: With one thread of each color and using the number four and one-half needles, cast on 81 stitches and work in the following fancy rib pattern: Row 1: \* K 2, P 2, repeat from 1/2, ending P 2, K 1, repeat Row 1, working five stitches, then change to the number three needles and work the Hemstitching as follows:

Row One of Hemstitching: With wrong side toward you, P across. Row Two: K 1, \* yarn over needle, K 2 together, repeat from \* across. Row Three: P across. Row Four: F plain, change to the number four and one-half needles and knit plain till the work measures ten inches from the hemstitching. Then decrease one stitch at each end, every other row seven times, and continue till armhole measures six inches. On the next row work first 22 stitches off onto a stitch-holder, bind off 23 for neck, and on the remaining 22 start the front as follows:

other exceptions, prints are not of any particular importance.

The exceptions are for bathing suits and beach capes, scarfs and certain Japanese crepes with scenic effects. This print is repeated many times and in various colors here, at Miami, and Havana. Most of the black and white effects result from appliques of black on white, but there are a few very large black motifs on white crepe. While last season we would have been at a loss to have been without a chiffon gown or two this season we can get along very comfortably without chiffon for daywear. While it is very popular by night, it is not indispensable, owing largely to the fact that it has not been necessary to consider coolness and comfort in the selection of our dance frocks. Fur bordered brocades and velvets are not amiss these chilly nights.

If comparisons are sometimes made they are often illustrative, it is perhaps, easier to visualize the current mode by contrasting the woollens and crepes, the satins and general avoidance of transparency this season with diaphanous qualities of last. The trend is all toward trim, well-cut and well-tailored lines and sportswear is more important to-day than since the time we learned to conjure with the term.

MOTHERS And Their Children



Drinking Water. One Mothers Says: My children did not drink enough water and did not seem to realize the importance of their doing so. One morning they found a big sign over the washbowl which read: "STOP, LOOK AND LISTEN! Would you take out a car without water in the radiator? Your engine is just as delicate as any other. Keep it filled. Drink a cup at 7, 8.30, 3.45, 5.30 and 8." The idea amused the children, and as these hours were most convenient, it worked out very well.

American farmers saved 1,332,539,294 days in producing their eight leading crops last year by machine methods, compared with the methods of farming in vogue less than 100 years ago.

When one tries to pull you out of the rut, it is only fair that you should help in the work.

Front: Bind off two stitches every other row, at neck end, twice, on remaining 18 inches. Knit two inches, then increase one stitch toward the front every fourth row, 19 times, but when the armhole measures 11 inches increase one stitch every other row, toward armhole eight times. After the 19 stitches have been added toward the front, continue till underarm seam measures ten inches, slip onto a stitch-holder, and work second front this far. Now work the stitches of both fronts onto one needle, increase one stitch, having 81 stitches on needle, change to the number three needles again, and work hemstitching the same as before (that is, to match the back); work also five inches of fancy rib pattern as before, to correspond with back, and bind off loosely.

Sleeves: With the number four and one-half needles pick up 54 stitches around armhole, work Hemstitching, then knit plain till sleeve measures 13 inches in length; change to number three needles, work hemstitching again, finish with two ribs, knit plain once around, and bind off.

Tomorrow—Contributed Recipes.

All inquiries addressed to Miss Kirkman in care of the "Efficient Housekeeping" department will be answered in these columns in their turn. This requires considerable time, however, owing to the great number received. So if a personal or quicker reply is desired, a stamped and self-addressed envelope must be enclosed with the question. Be sure to us: YOUR full name, street number, and the names of your city and state.

AUNT HET



"I didn't have many ugly child, but sometimes I set and look at Pa and wonder how come they all turned out so good lookin'."

William Hohenzollern, once German emperor, has taken to the habit of a stroll every Sunday afternoon, at Doorn, Holland, a practice that has been popular among the family members of Germany for many generations.

WHY STAY FAT?

YOU CAN REDUCE The answer of most fat people is that it is too hard, too troublesome and too dangerous to force the weight down. Marmola Prescription Tablets overcome all these difficulties. They are absolutely harmless, entail no dieting, or exercise, and have the added advantage of cheapness. A box is sold at one dollar by all druggists the world over, or send the price direct to the Marmola Co., 4612 Woodward Ave., Detroit, Mich. Now that you know this, you have no excuse for being fat but can reduce steadily and easily without going through long stages of tiresome exercise and starvation diet or fear of bad effects.



Dr. Mariel's Female Pills Have relieved untold thousands of women of century-curling pains, holding up and straggling organs, relieving DELAYED and PAINFUL MENSTRUATION, HEAD-ACHES, BACKACHE, DIZZINESS, etc. Contains 100 Pills in a Convenient Box. Covers 100 Pills in a Convenient Box. Covers 100 Pills in a Convenient Box. Covers 100 Pills in a Convenient Box.

GALLAGHER'S TAXI SERVICE 960 DAY AND NIGHT

The Children Thrive on Toast. Order a loaf to-day of Mackey's Good White Bread and see how happy the children will go to school in the morning. Your Grocer Sells It, or Phone 834, and Our Salesmen Will Gladly Call.

For your morning smile. CHASE & SANBORN'S SEAL BRAND COFFEE

Luxite Silk Stockings at \$1.00 a pair. A Stocking that gives satisfactory wear—made with deep ribbed garter tops and reinforced heels and toes—comes in Black, White and all the new shades for Spring. Sizes 8 1/2 to 10 1/2. PRETTY CHECK FLANNELS—For Skirts and Dresses—a big variety of this popular material. NEW VOILES and CREPE For Summer wear. Now is the time to pick your dress while the assortment is at its best. W. N. Linton & Co. Phone 191. The Waldron Store.

THE GRAND PIANO OF THE MINIATURE STYLE. Should be the first consideration of those thinking of an instrument for their home. The cost is not more than a good Upright, and we sell them on easy terms. LINDSAY'S THE MUSIC CENTRE OF CANADA 121 PRINCE STREET KINGSTON. A group of Argentine army officers to follow course of military instruction in the French army, in accordance with an invitation extended recently by the French government. California has a population of 3,000,000, to 4,000,000 deer, according to estimates of the California fish and game commission and the United States forest service.

SURPRISE SOAP A PURE HARD SOAP. Save Soap Simply rub SURPRISE on the soiled parts and you get immediate results from the foaming, cleansing suds. There is no danger of undissolved particles of soap scattering through the clothes—no waste.