

NEWS AND VIEWS FOR WOMEN READERS

LIFE'S SOCIAL SIDE

Editor of Women's Page, Telephone 2018. Private phone 867W.

On entering the big doors of the Dairy School on Monday evening the guests of the Frontenac Junior Woman's Institute and the Junior Farmers' Association were assured they were going to a real St. Patrick's day-party, for big green shamrocks and cleverly made streamers of green and white were on the handsome banisters of the hardwood staircase and on entering the large lecture room a charming arrangement of green and white softened the lights and long streamers caught here and there with shamrocks, added an effective touch. Miss Pearl Spence president of the Junior W. I., was unfortunately not able to be present, and in her stead Mrs. G. A. Macnaughton, Sydenham, secretary-treasurer of the Frontenac W. I. received with Mrs. J. D. Patterson, whose son, Mr. Patterson, is the president of the Junior Farmers' Association, Mr. and Mrs. A. W. Strrett were on hand to assist in the way that makes for success. This delightful party was a joy to behold and the most censorious critic of the modern dance would have had to go home unsatisfied. The guests are all invited by a committee and no one is allowed to enjoy the hospitality of the clubs unless they are known to some of the members. "Paul Jones" and several cotillions "called off" by a past-master at the art, were interspersed with fox-trots, one step and waltzes, danced to the music provided by a good orchestra. Refreshments were served and dancing continued for several hours. A party of ladies from Westbrook W. I. were present and several of the parents of the prettily frocked girls who made such excellent partners.

Shamrocks, gay streamers of green and the emblems suitable to a festivity in honor of the patron saint

LOSE YOUR FAT. KEEP YOUR HEALTH. Superfluous flesh is not healthy, neither is it healthy to diet or exercise too much for its removal. The simplest method known for reducing the over-fat body easily and steadily is the famous Marmola Method, tried and endorsed by thousands. Marmola Prescription Tablets contain an exact dose of the famous Marmola Prescription, and are sold by druggists the world over at one dollar for a box. They are harmless and leave no wrinkles or flabbiness. They are popular because effective and convenient. Ask your druggist for them or send price direct to the Marmola Co., 4612 Woodward Ave., Detroit, Mich., and procure a box.

Sure Way to Get Rid of Blackheads. There is one simple, safe and sure way that never fails to get rid of blackheads, that is to dissolve them. To do this, get two ounces of peroxide powder from any drug store—sprinkle a little on a hot, wet cloth—rub over the blackheads briskly—wash the parts and you will be surprised how the blackheads have disappeared. Big blackheads, little blackheads, no matter where they are, simply dissolve and disappear. Blackheads are a mixture of dust and dirt and secretions that form in the pores of the skin. The peroxide powder and the water dissolve the blackheads so they wash right out, leaving the pores free and clean and in their natural condition.

SAVE THE TROUBLE OF COFFEE MAKING—USE Maxim's Coffee. IT IS MADE JUST DISSOLVE AND DRINK IT. A GREAT CONVENIENCE AND OH, SO GOOD!

SURPRISE SOAP. A PURE HARD SOAP. How to Wash and Preserve Woolens. Woolen garments or articles cleansed with SURPRISE soap feel soft, fluffy, and well washed. Dry woolen articles in a moderate temperature—not in the sun—and do not allow them to freeze. Sun is injurious to wool; freezing causes shrinkage.

of Ireland, were much in evidence in St. Joseph's hall on Monday afternoon when the Auxiliary of the Hotel Dieu gave a tea and luncheon in aid of the furnishing of this comfortable new building where the nurses make their home. At the door, Mrs. Sowarus, Sr., took the mission fee and further on the visitors were received by Mrs. W. B. Sugarue. The pies of linen were in charge of Miss Dooley and Miss O'Connor and the aprons were sold by Mrs. M. Bohan and Mrs. J. Lovatt. Green decorations were at the canopy table where Mrs. John F. Sowarus and Mrs. Jack McGill were stationed and the home cooking was presided over by Mrs. W. C. McDonald, Mrs. F. Lumb and Mrs. J. A. Sowarus. Ice cream which was enjoyed by the visitors sitting at small tables was sold by Mrs. John Martin and Mrs. Charles Martin. The table was unique in its decorations and altogether charming. In the centre was the harp of Ould Ireland, set in green and white and wound with green tulle and smilax. Throwing a soft light on the centre and on the handsome silver tea equipage were four tall green candles. Mrs. T. A. Keenan, Mrs. J. Lawrence, Mrs. E. Robins and Mrs. Durgan were in charge of the tea table assisted by Mrs. Peter Devlin and a bevy of prettily frocked girls. Music was provided during the afternoon by an orchestra of some of the soldier patients and several soloists. In the evening a successful euchre party was held.

A pleasant event took place at the home of Mrs. F. Sanders, Suffolk street, Guelph, on Thursday afternoon, when several of her friends tendered her a surprise party, on the occasion of her birthday. After wishing her many happy returns of the day, a pleasant afternoon was spent in front of the open grate. During the afternoon, luncheon was served in the dining room, which was tastefully decorated in green and white. The table was very pretty with St. Patrick's decorations and Killarney roses. About eight o'clock the same evening, thirty young people gathered at her home and also completely took her by surprise. Music and games were indulged in heartily by all, after which a dainty supper was served by the hostess, Mrs. Sanders is the wife of the Rev. F. Sanders, pastor of Calvary Congregational church, Kingston.

Miss Findley, president of the board of directors of the Montreal Y. W. C. A., who is staying at the Kingston "Y" met the local board at the home of Miss Drummond, Albert street, on Monday afternoon and gave a most interesting account of her extensive travels in connection with Y. W. C. A. work. Miss Findley has been in India and other eastern countries and was at the great "Y" conference at St. Wolfgang, Austria. She will remain in town for several days speaking to various societies in reference to the biennial meeting of the organization which takes place this year in May at Preston Springs.

At a large tea given in Ottawa last week by Mrs. W. F. Garland, wife of the member of parliament for Carleton Place, Mrs. A. E. Ross, wife of the member for Kingston, poured tea at the table adorned with spring blossoms.

Mrs. W. F. Nickle and Mrs. Henry are entertaining at luncheon in the Speaker's Chambers, Ontario legis-

lative buildings, on Tuesday, March 25th. Mrs. Victor Tremaine, Barriefield, is giving a Mah Jongg this afternoon. Miss Sophie Heward, Ottawa, is the guest of honor.

Mrs. Beverley Browne, William street, was the hostess of a small Mah Jongg party on Monday for Mrs. Henri Panet, Ottawa.

Mrs. Stewart Robertson, Sydenham street, was the hostess of the Junior Monday Bridge Club.

Miss Edith Carruthers, "Annadale," is entertaining the Tuesday Bridge Club to-day.

Mrs. Alexander Macphail, Clergy street, entertained the senior Bridge Club on Monday.

Miss Frances Baldwin, who was with Mrs. Philip Du Moulin, Sydenham street, has returned to Toronto. Miss Lawson, Barrie, is with Major and Mrs. Horace Lawson, Johnson street.

Mrs. J. Vrooman and Miss Josephine Vrooman, who have been spending the winter in St. John, N.B., the guests of Mrs. James F. Robertson, are in Montreal for a few days, enroute to the home in Nanapan, Ont.

Mrs. W. J. Thompson, South Mountain, is visiting Mrs. S. E. Porter, Alfred street.

Rev. A. O. Cooke, St. Mark's rectory, Barriefield, spent the weekend in Montreal with his sisters, Mrs. J. Farrand Pringle.

Capt. Munroe Reynolds, who came to Kingston with Mrs. Reynolds and their children, has returned to Halifax. Mrs. Reynolds will remain with her father, Rev. J. O. Crisp, University avenue, until after Easter.

Mrs. Yetis and Miss Minter, Ottawa, who are in town with the Girl Guides, are at the "Y," Johnson street.

Little Miss Marion Haffner, Kingston, is spending a few weeks with her grandparents, Mr. and Mrs. W. H. Jacobs, Athens.

Miss Helen VanLoven, Nanapan, returned home on Monday afternoon, after spending several days with her aunt, Mrs. M. C. Dunn, Mack street. Lady Hendrie and Mrs. Hugh Owen, Montreal, are leaving at the end of this week for Atlantic City.

Mr. and Mrs. H. C. Welch, Kingston, have returned from California. Mr. Welch is completely restored to health.

Dr. P. T. Hellroy, Winnipeg, is a visitor in the city.

Miss Josephine Dwyer, Oshawa, has been visiting friends in the city for the past few days.

MOTHERS And Their Children



On Guard. One Mother Says: Knowing that children inherit the faults of their ancestors quite as much as their good traits and looks, I am always on guard to check at the outset certain faults they are likely to exhibit. I know tendencies I have had to overcome, and can give my children the benefit of what I have learned.

- THINGS TO REMEMBER. One pound of coffee will serve fifty people. One pound of butter will serve twenty people. One peck of potatoes will serve fifty people. One can of corn or peas will serve eight people. One pound of chicken creamed will serve three people generously. Six eggs will serve noodles for fifty people. One quart of salad dressing will make salad for fifty people. Four quarts of cranberries, eight cupsful of sugar and one quart of water will make cranberry jelly for fifty people.

Hear Mrs. Henderson. Mrs. W. H. Henderson, president of the Montreal Branch of the W. M. S., Methodist church in Canada, will speak in Sydenham street church hall on Wednesday, March 19th, at 8 p.m. Every one welcome.

"Vicks Vapo Rub," Gibson's. A man of sense may love like a madman, but never like a fool. He that would have what he hath not must do what he doth not. "Sarsaparilla Blood Tonic," sold at Gibson's. A fat housekeeper makes lean executives. "Squibbs Epsom Salts," Gibson's.

Efficient Housekeeping. By Laura A. Kirkman. TO-MORROW'S MENU. Breakfast: Stewed Dried Apricots, Cereal, Coffee, Poached Eggs, Toast. Luncheon: Fried Cornmeal Mush with Maple Syrup, Celery, Cocoa, Jam. Dinner: Pot Roast of Beef, Boiled Potatoes, Onions, French Dressing, Apple Betty.

Answered Letters. A Reader: "I have used a good many different stove polishes but cannot find one that gives a high gloss. I do not want to paint my stove in any way. Please publish the name of a good polish." Answer: I am sorry that I cannot publish trade names in this column, as that is advertising. With so many excellent stove polishes sold in the stores you should be able to find one that you like. Ask your grocer to recommend one. I have no recipes for stove polishes.

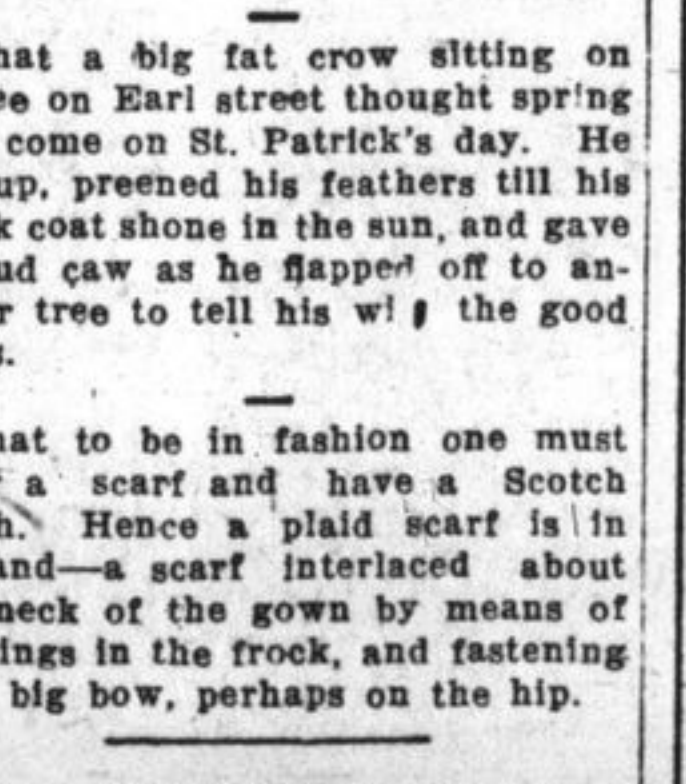
P.S.H.: Kindly publish a good cookie recipe. Answer: Old-Fashioned Cookies: Cream together one-half cup of butter and one cup of granulated sugar; add one beaten egg, one-half cup of sour cream, one-fourth teaspoon of soda (dissolved in the cream) and two and one-half cups of flour sifted with three and one-half level teaspoons of baking powder. Stir well. The batter should be quite stiff. Drop it from a spoon onto buttered tins, dredge with granulated sugar and bake in a moderate oven for 15 minutes. (They are soft when properly made.)

The Editor Hears. That girls from wealthy families in the United States will camp five miles below Kingston during the summer. The camp will be named in honor of Count Frontenac. The next question is "Where are their relatives going to stay when they can find comfortable quarters, and one more source of revenue will be diverted from Kingston.

That the kindly women of Kingston only need a hint of the needs of a society of the standing of the V.O.N. to seek to supply them. A week ago a member of the committee told the editor of the Whig's Women's Page that the nurses were badly in need of white fannette to use in their work. The fact was mentioned in this column and already the nurses have received a piece of fannette from a ladies' bridge club and the promise of money from other kind friends.

That the people of Kingston will give to missions when appealed to in a way that touches their hearts deeply enough to touch their pockets. That a big fat crow sitting on a tree on Earl street thought spring had come on St. Patrick's day. He sat up, preened his feathers till his black coat shone in the sun, and gave a loud caw as he flapped off to another tree to tell his wif the good news.

That to be in fashion one must wear a scarf and have a Scotch touch. Hence a plaid scarf is in demand—a scarf interlaced about the neck of the gown by means of openings in the frock, and fastening in a big bow, perhaps on the hip.



AUNT HET

"I'm gettin' too old for the vanities of this world, but it still embarrasses me a little if my upper plate pops when I'm chewin'." "Children's Cough Syrup," Gibson's. A fool may make money, but it takes a wise man to spend it. A gentleman without living is like a pudding without suet. "Sarsaparilla Blood Tonic," sold at Gibson's.

Dr. Martel's Female Pills. Have assisted nature thousands of times last half century, correcting cases, building up and strengthening women suffering from HEADACHE, VOMITING, BACKACHE, DIZZINESS, etc. No dangerous drugs. Sold only in Sealed Blister Packs. Cover THE BOX with our diagnosis. Druggists everywhere, or direct by mail, please package \$2.00. Edith's Pharmacy, 111 E. Front St., Toronto, Ont. Circular mailed on request.

A Reader: "Have you recipes for Potato Pancakes and Pork Cake? Kindly answer by personal letter." Answer: I am publishing your request for two reasons: first, because I hope that some of our Reader Friends may have these recipes and will send them to me to publish for you; and, secondly, because you did not enclose a stamp. I cannot send personal replies unless a stamped, self-addressed envelope is enclosed.

Economical Housekeeper: "My floor matting is badly stained and faded. Yet it is not much worn. Can it be painted in any way?" Answer: Yes, it can be made quite presentable by receiving two coats of high-grade floor paint. First wash the matting with strong soda water to remove grease and let dry thoroughly before applying the paint. Grass and fibre rugs can be treated in the same way except that they need to be washed with soap-suds and a very little ammonia (in the water) instead of the soda solution. Stretch and tack firmly to the floor before painting. E.: "For a large number of people, such as one serves at church suppers, one can save time and strength by mashing potatoes in a bread mixer. I thought this hint might help other women." Answer: I am sure it will, and I want to thank you for it. To-morrow—The Delicate Sweetbread.

All inquiries addressed to Miss Kirkman in care of the "Efficient Housekeeping" department will be answered in these columns in their turn. This requires considerable time, however, owing to the great number received. So if a personal or quicker reply is desired, a stamped and self-addressed envelope must be enclosed with the question. Be sure to use YOUR full name, street number, and the names of your city and state.

Glenburnie W. M. S. The fourth meeting of the Glenburnie W. M. S. held since its organization took place at the home of Mrs. B. Coulter, the previous meetings being held at the homes of Mrs. A. Craig, Mrs. M. Shannon and at the church. An hour was spent in the usual routine of business and after the meeting was closed tea was served by the hostess. On Wednesday, March 12th, the members again met at Mrs. Coulter's house to quilt a beautiful patchwork quilt donated by Miss Mary Shannon to the W. M. S. The next meeting will be held on the first Wednesday in April at the home of Mrs. W. J. Blacklock, Glenburnie.

"Huylers Sweets," sold in Kingston only at Gibson's. A fault once denied is twice committed.

Miss Allen's Tested Recipes No. 113

French Fried Potatoes from Alberta. (This recipe won a prize in the Calgary recipe contest) Pare potatoes, cut in halves, lengthwise or in sections like an orange. Let stand in cold water an hour, dry in towel and fry in hot Crisco to a rich straw color and till tender. Drain on a skimmer and soft brown paper. Sprinkle with salt and serve at once. The fat is at right heat when a bread crumb browns in 20 seconds.

CRISCO Made in Canada. For light, tender cakes. For digestible and flaky pastry. For crisp, digestible fried foods.

Dr. Martel's Female Pills. Have assisted nature thousands of times last half century, correcting cases, building up and strengthening women suffering from HEADACHE, VOMITING, BACKACHE, DIZZINESS, etc. No dangerous drugs. Sold only in Sealed Blister Packs. Cover THE BOX with our diagnosis. Druggists everywhere, or direct by mail, please package \$2.00. Edith's Pharmacy, 111 E. Front St., Toronto, Ont. Circular mailed on request.

GALLAGHER'S TAXI SERVICE 960 DAY AND NIGHT. Two great eagerness to require an obligation is a species of ingratitude. There are follies as catching as contagious disorders.

LIPTON'S TEA. Direct from our tea gardens to your teapot. Red Label 38c. 1/2 lb. 75c. lb. Thomas J. Lipton Tea Planter Ceylon.

EAT MACKEY'S BETTER BREAD BECAUSE: WE USE 100% PURE SALT. A SMALL ITEM, BUT IMPORTANT IN MAKING GOOD BREAD. PHONE 834. MACKEY'S BREAD.

NEW SPRING FABRICS. COTTON CREPES in dainty colors and patterns. Just the right weight for undies . . . . . 39c. a yard. NEW GINGHAMS in Checks, Plaids and plain shades, all the wanted colors, from . . 21c. to 50c. a yard. VOILES, CREPES and RATINES—a big variety of the newest styles to choose from, at popular prices.

NEW GINGHAM DRESSES—this season's latest styles, all sizes from 36 to 51. W. N. Linton & Co. Phone 191. The Waldron Store.

THE GRAND PIANO OF THE MINIATURE STYLE. Should be the first consideration of those thinking of an instrument for their home. The cost is not more than a good upright, and we sell them on easy terms.

LINDSAY'S THE MUSIC CENTRE OF KINGSTON 121 PRINCESS STREET KINGSTON. Two great eagerness to require an obligation is a species of ingratitude. There are follies as catching as contagious disorders.